

# 2012 MEN'S OUTDOOR PERFORMANCE LIST

Final

## 100 Meters

10.17	0.1	Aaron Ernest.....	IAAF World Junior Championships (7/11)
10.29	0.2	Shermund Allsop.....	Sagcor National Championships (6/23)
10.33	1.6	Keyth Talley.....	SEC Championships (5/13)
10.36	-0.2	Rynell Parson.....	NCAA East Prelims (5/25)
10.47	0.6	Barrett Nugent.....	LSU Relays (3/23)
10.54	1.8	Trevor Sansone.....	Louisiana Classics (3/17)
10.75	1.9	Kyron Blaise.....	Arizona State Tri-Meet (4/14)
10.79	1.8	Ben Guarisco.....	Louisiana Classics (3/17)
10.94	1.2	Damar Forbes.....	LSU Relays (3/23)

### Top-Wind Aided Times

10.15	2.9	Aaron Ernest.....	Texas Relays (3/31)
10.28	3.1	Keyth Talley.....	LSU Relays (3/24)
10.36	3.1	Barrett Nugent.....	LSU Relays (3/24)
10.37	2.6	Shermund Allsop.....	LSU Alumni Gold (4/21)
10.43	3.1	Trevor Sansone.....	LSU Relays (3/24)

## 200 Meters

20.53	-0.4	Aaron Ernest.....	IAAF World Junior Championships (7/13)
20.70	1.0	Keyth Talley.....	NCAA East Prelims (5/26)
20.71	0.2	Shermund Allsop.....	NCAA East Prelims (5/26)
20.76	1.0	Riker Hylton.....	Arizona State Tri-Meet (4/14)
21.14	0.7	Caleb Williams.....	Arizona State Tri-Meet (4/14)
21.35	-0.9	Robert Simmons.....	Battle on the Bayou (4/7)
21.93	0.8	Ben Guarisco.....	Battle on the Bayou (4/7)
22.27	-2.3	Trevor Sansone.....	Louisiana Classics (3/17)
22.57	-2.3	Vincent LeDuff.....	Louisiana Classics (3/17)

### Top-Wind Aided Times

20.39	3.7	Aaron Ernest.....	SEC Championships (5/13)
20.92	3.0	Shermund Allsop.....	LSU Alumni Gold (4/21)

## 400 Meters

45.79		Caleb Williams.....	Battle on the Bayou (4/7)
45.89		Riker Hylton.....	NCAA East Prelims (5/25)
45.99		Robert Simmons.....	SEC Championships (5/12)
46.13		Ade Alleyne-Forte.....	Sagcor National Championships (6/23)
46.18		Quincy Downing.....	NCAA East Prelims (5/25)
47.80		Keith Griffith.....	SEC Championships (5/12)
48.26		Anthony Whitaker.....	Battle on the Bayou (4/7)
48.79		Vincent LeDuff.....	Louisiana Classics (3/17)
49.78		James Thurn.....	Louisiana Classics (3/17)
49.92		Howard Shepard.....	Louisiana Classics (3/17)

## 800 Meters

1:47.87		Howard Shepard III.....	NCAA East Prelims (5/25)
1:49.53		James Thurn.....	Battle on the Bayou (4/7)
1:50.68		Quincy Downing.....	SEC Championships (5/13)
1:57.10		Keith Griffith.....	SEC Championships (5/11)
1:58.71		Cullen Doody.....	Louisiana Classics (3/17)
1:59.60		Barrett Miller.....	Battle on the Bayou (4/7)
2:00.60		Philip Dempsey.....	Battle on the Bayou (4/7)
2:01.07		Philip Primeaux.....	Battle on the Bayou (4/7)
2:03.83		William Wiesler.....	Louisiana Classics (3/17)
2:08.17		Bryan Mutell.....	Louisiana Classics (3/17)

## 1,500 Meters

3:50.23		Cullen Doody.....	Battle on the Bayou (4/7)
3:58.74		Barrett Miller.....	Battle on the Bayou (4/7)
3:59.37		Philip Primeaux.....	LSU Relays (3/23)
4:04.44		Roger Cooke.....	Battle on the Bayou (4/7)
4:04.92		Philip Dempsey.....	Battle on the Bayou (4/7)
4:09.18		William Wiesler.....	Battle on the Bayou (4/7)
4:13.85		Bryan Mutell.....	Louisiana Classics (3/17)

## 5,000 Meters

14:48.07		Cullen Doody.....	Penn Relays (4/26)
15:27.55		Roger Cooke.....	LSU Relays (3/23)
15:46.35		William Wiesler.....	LSU Relays (3/23)
15:52.70		Bryan Mutell.....	LSU Alumni Gold (4/21)

## 10,000 Meters

No times

## 110-Meter Hurdles

13.32	1.8	Barrett Nugent.....	NACAC Championships (7/7)
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### Top-Wind Aided Times

No times

## 400-Meter Hurdles

52.10		James Thurn.....	SEC Championships (5/11)
53.66		Courtney Edwards.....	LSU Alumni Gold (4/21)

## 3,000-Meter Steeplechase

No times

## 4x100-Meter Relay

38.38		Nugent, Ernest, Talley, Allsop.....	NCAA Championships (6/9)
38.77		Nugent, Ernest, Talley, Allsop.....	NCAA Championships (6/6)
39.49		Nugent, Ernest, Talley, Allsop.....	Penn Relays (4/28)
39.54		Nugent, Ernest, Talley, Sansone.....	Texas Relays (3/31)
39.61		Nugent, Ernest, Talley, Allsop.....	NCAA East Prelims (5/26)
39.62		Nugent, Allsop, Talley, Ernest.....	LSU Relays (3/23)

## 4x400-Meter Relay

3:01.21		Simmons, Downing, Alleyne-Forte, Hylton.....	NCAA Championships (6/9)
3:01.97		Downing, Simmons, Alleyne-Forte, Hylton.....	NCAA Championships (6/7)
3:03.20		Downing, Simmons, Alleyne-Forte, Hylton.....	NCAA East Prelims (5/26)
3:03.20		Downing, Williams, Alleyne-Forte, Hylton.....	Battle on the Bayou (4/7)
3:03.80		Downing, Simmons, Alleyne-Forte, Hylton.....	SEC Championships (5/13)
3:04.47		Downing, Simmons, Alleyne-Forte, Hylton.....	Penn Relays (4/28)
3:04.54		Simmons, Williams, Alleyne-Forte, Hylton.....	Texas Relays (3/31)

## High Jump

6-9 1/2 (2.07)		William LeBlanc.....	SEC Championships (5/13)
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## Pole Vault

17-5 1/2 (5.32)		Andreas Duplantis.....	NCAA East Prelims (5/26)
17-4 1/2 (5.30)		Thomas Reinecke.....	SEC Championships (5/13)
17-0 3/4 (5.20)		Joseph Caraway.....	SEC Championships (5/13)
16-8 3/4 (5.10)		Jaora Johnson.....	SEC Championships (5/13)
15-9 (4.80)		Chris Watson.....	Louisiana Classics (3/17)

## Long Jump

26-8 1/4 (8.13)	1.2	Damar Forbes.....	SEC Championships (5/12)
25-11 1/2 (7.91)	1.9	Kyron Blaise.....	SEC Championships (5/12)
23-6 (7.16)	0.3	Earnest Green.....	LSU Relays (3/23)

### Top-Wind Aided Marks

23-8 1/4 (7.22)	2.2	Earnest Green.....	LSU Alumni Gold (4/21)
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## Triple Jump

54-1 1/4 (16.49)	0.8	Kyron Blaise.....	SEC Championships (5/13)
48-2 1/2 (14.69)	1.2	Damar Forbes.....	SEC Championships (5/13)
46-11 1/2 (14.31)	1.2	Earnest Green.....	SEC Championships (5/13)
45-1 1/2 (13.75)	-1.2	Brandon Gordon.....	Louisiana Classics (3/17)

### Top-Wind Aided Marks

54-13/4 (16.50)	2.1	Kyron Blaise.....	NCAA Championships (6/8)
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## Shot Put

54-7 1/2 (16.65)		Rodney Brown.....	SEC Championships (5/13)
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## Discus

190-8 (58.12)		Rodney Brown.....	Louisiana Classics (3/17)
161-10 (49.34)		Daniel Obioha.....	SEC Championships (5/12)
150-11 (46.02)		Jeremy Tuttle.....	Penn Relays (4/27)

## Javelin

229-6 (69.96)		Aaron Moore.....	SEC Championships (5/13)
227-6 (69.34)		Jeremy Tuttle.....	SEC Championships (5/13)
214-5 (65.35)		Ryan Roubion.....	LSU Relays (3/24)
208-1 (63.42)		Philip LeBlanc.....	LSU Relays (3/24)

## Hammer

217-10 (66.39)		Michael Lauro.....	SEC Championships (5/11)
188-9 (57.53)		Jeremy Tuttle.....	LSU Alumni Gold (4/21)

## Decathlon

No scores

# 2012 WOMEN'S OUTDOOR PERFORMANCE LIST

## Final

### 100 Meters

10.96	1.9	Kimberlyn Duncan.....	SEC Championships (5/13)
11.04	1.5	Semoy Hackett.....	Olympic Games (8/3)
11.35	1.8	Takeia Pinckney.....	SEC Championships (5/12)
11.62	1.0	Toshika Sylvester.....	LSU Alumni Gold (4/21)
11.87	-0.3	Jasmin Stowers.....	LSU Relays (3/23)
12.31	0.9	Shanekia Hall.....	Arizona State Tri-Meet (4/14)

### Top-Wind Aided Times

10.94	3.0	Kimberlyn Duncan.....	Texas Relays (3/31)
11.67	2.6	Toshika Sylvester.....	Battle on the Bayou (4/7)
11.72	2.6	Jasmin Stowers.....	Battle on the Bayou (4/7)
12.00	2.6	Shanekia Hall.....	Battle on the Bayou (4/7)

### 200 Meters

22.19	1.9	Kimberlyn Duncan.....	NCAA Championships (6/7)
22.55	0.2	Semoy Hackett.....	NCAA East Prelims (5/26)
24.18	-0.5	Takeia Pinckney.....	Battle on the Bayou (4/7)
24.22	1.7	Latoya McDermott.....	Arizona State Tri-Meet (4/14)
24.45	1.7	Toshika Sylvester.....	Arizona State Tri-Meet (4/14)
24.80	1.7	Jonique Day.....	Arizona State Tri-Meet (4/14)
24.90	-1.6	Montenae Roye-Speight.....	Louisiana Classics (3/17)
24.99	-0.5	Kendra White.....	Louisiana Classics (3/17)
25.03	-0.7	Kaitlyn Moreau.....	Battle on the Bayou (4/7)
25.18	0.3	Alex Gochenour.....	Texas Relays (3/28)

### Top-Wind Aided Times

22.12	2.6	Kimberlyn Duncan.....	SEC Championships (5/13)
22.74	2.6	Semoy Hackett.....	SEC Championships (5/13)
23.78	2.6	Latoya McDermott.....	SEC Championships (5/13)
23.80	3.5	Toshika Sylvester.....	LSU Alumni Gold (4/21)
23.94	2.7	Takeia Pinckney.....	SEC Championships (5/11)
24.74	2.9	Kaitlyn Moreau.....	LSU Alumni Gold (4/21)
25.05	2.9	Alex Gochenour.....	LSU Alumni Gold (4/21)

### 400 Meters

51.13		Rebecca Alexander.....	NACAC Championships (7/7)
52.11		Jonique Day.....	NCAA East Prelims (5/25)
53.59		Siedda Herbert.....	Battle on the Bayou (4/7)
53.76		Latoya McDermott.....	SEC Championships (5/12)
54.15		Kendra White.....	USA Junior Championships (6/16)
54.61		Montenae Roye-Speight.....	Battle on the Bayou (4/7)
56.73		Samantha Levin.....	Louisiana Classics (3/17)

### 800 Meters

2:01.40		Charlene Lipsey.....	NCAA Championships (6/8)
2:07.40		Samantha Levin.....	SEC Championships (5/11)
2:12.71		Laura Carleton.....	Battle on the Bayou (4/7)
2:21.14		Alex Gochenour.....	Texas Relays (3/29)
2:27.16		Leigh-Ann Naccari.....	Louisiana Classics (3/17)
2:27.51		Laura Aleman.....	Louisiana Classics (3/17)
2:37.80		Kaitlyn Moreau.....	SEC Championships (5/11)
2:42.94		Christine Derbins.....	Louisiana Classics (3/17)
2:48.70		Michelle Mobley.....	Battle on the Bayou (4/7)
2:57.12		Lindsay Roe.....	Louisiana Classics (3/17)

### 1,500 Meters

4:18.16		Charlene Lipsey.....	SEC Championships (5/13)
4:22.31		Laura Carleton.....	SEC Championships (5/13)
4:49.16		Laura Aleman.....	Battle on the Bayou (4/7)
4:50.31		Leigh-Ann Naccari.....	Louisiana Classics (3/17)
5:20.14		Christine Derbins.....	Louisiana Classics (3/17)
5:20.90		Michelle Mobley.....	Louisiana Classics (3/17)
5:36.66		Lindsay Roe.....	Battle on the Bayou (4/7)

### 5,000 Meters

16:28.08		Laura Carleton.....	Penn Relays (4/26)
17:48.69		Leigh-Ann Naccari.....	LSU Alumni Gold (4/21)
18:16.34		Laura Aleman.....	LSU Relays (3/23)
19:28.60		Christine Derbins.....	LSU Relays (3/23)

### 10,000 Meters

No times

### 100-Meter Hurdles

12.92	0.9	Jasmin Stowers.....	LSU Alumni Gold (4/21)
13.33	0.9	Shanekia Hall.....	Texas Relays (3/30)
13.92	1.8	Alex Gochenour.....	SEC Championships (5/12)
14.29	-0.7	Kaitlyn Moreau.....	Louisiana Classics (3/17)

### Top-Wind Aided Times

13.03	3.3	Jasmin Stowers.....	Texas Relays (3/31)
13.29	2.4	Shanekia Hall.....	SEC Championships (5/12)
13.67	2.4	Alex Gochenour.....	SEC Championships (5/10)

### 400-Meter Hurdles

55.22		Cassandra Tate.....	NCAA Championships (6/8)
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### 3,000-Meter Steeplechase

No times

### 4x100-Meter Relay

42.99		Pinckney, Hackett, Alexander, Duncan.....	Texas Relays (3/31)
43.26		Pinckney, Hackett, Alexander, Duncan.....	NCAA East Prelims (5/26)
43.27		Pinckney, Hackett, Alexander, Duncan.....	SEC Championships (5/13)
43.35		Pinckney, Hackett, Alexander, Duncan.....	LSU Alumni Gold (4/21)

### 4x400-Meter Relay

3:24.59	sr	McDermott, Alexander, Tate, Day.....	NCAA Championships (6/9)
3:28.01		McDermott, Alexander, Tate, Day.....	NCAA Championships (6/7)
3:29.25		McDermott, Alexander, Tate, Day.....	SEC Championships (5/13)
3:30.42		Alexander, Tate, Herbert, Day.....	Texas Relays (3/31)

### High Jump

5-8 3/4 (1.75)		Lynnika Pitts.....	LSU Relays (3/23)
5-2 1/4 (1.58)		Alex Gochenour.....	SEC Championships (5/10)
4-11 3/4 (1.52)		Kaitlyn Moreau.....	SEC Championships (5/10)

### Pole Vault

13-11 3/4 (4.26)		Rachel Laurent.....	Battle on the Bayou (4/7)
12-4 3/4 (3.78)		Lacey Sanchez.....	LSU Alumni Gold (4/21)
10-10 3/4 (3.32)		Brianne Bergeron.....	LSU Relays (3/24)
10-4 (3.15)		Danielle Garcia-Arnold.....	Louisiana Classics (3/17)

### Long Jump

20-5 (6.22)	0.4	Brittany Porter.....	NCAA East Prelims (5/24)
19-4 3/4 (5.91)	-0.8	Lynnika Pitts.....	NCAA East Prelims (5/24)
18-5 3/4 (5.63)	0.8	Alex Gochenour.....	SEC Championships (5/11)
17-0 3/4 (5.20)	0.0	Kaitlyn Moreau.....	Arizona State Tri-Meet (4/14)

### Top-Wind Aided Marks

20-9 1/4 (6.33)	2.5	Brittany Porter.....	SEC Championships (5/12)
20-5 3/4 (6.24)	2.8	Lynnika Pitts.....	SEC Championships (5/12)
17-6 (5.33)	2.5	Kaitlyn Moreau.....	LSU Relays (3/23)

### Triple Jump

40-2 3/4 (12.26)	-1.9	Lynnika Pitts.....	SEC Championships (5/13)
39-2 1/4 (11.94)	0.3	Brittany Porter.....	SEC Championships (5/13)

### Top-Wind Aided Marks

No marks

### Shot Put

51-7 1/4 (15.73)		Tori Bliss.....	NCAA East Prelims (5/24)
41-7 3/4 (12.69)		Brieanna Kennedy.....	LSU Relays (3/23)
39-3 3/4 (11.98)		Alex Gochenour.....	SEC Championships (5/10)
39-0 1/2 (11.90)		Kaitlyn Moreau.....	SEC Championships (5/10)

### Discus

181-0 (55.18)		Samia Stokes.....	SEC Championships (5/13)
163-6 (49.83)		Brieanna Kennedy.....	Arizona State Tri-Meet (4/14)
149-6 (45.56)		Tori Bliss.....	Arizona State Tri-Meet (4/14)
128-3 (39.10)		Danielle Martin.....	LSU Relays (3/24)

### Javelin

157-11 (48.13)		Annie Simoneaux.....	SEC Championships (5/12)
123-3 (37.58)		Alex Gochenour.....	Battle on the Bayou (4/7)
82-4 (25.09)		Kaitlyn Moreau.....	SEC Championships (5/11)

### Hammer

205-3 (62.56)		Brieanna Kennedy.....	LSU Alumni Gold (4/21)
197-2 (60.11)		Karen Henning.....	LSU Relays (3/23)
191-5 (58.34)		Denise Hinton.....	Arizona State Tri-Meet (4/14)
173-9 (52.95)		Samia Stokes.....	LSU Relays (3/23)
141-11 (43.25)		Danielle Martin.....	LSU Relays (3/23)
143-7 (43.77)		Katie Carroll.....	Battle on the Bayou (4/7)

### Heptathlon

5,354		Alex Gochenour.....	SEC Championships (5/11)
4,605		Kaitlyn Moreau.....	SEC Championships (5/11)

# 2012 MEN'S OUTDOOR PERFORMANCE LIST

## Final

### ADE ALLEYNE-FORTE

#### 400 Meters

46.56		Battle on the Bayou (4/7).....	7th
47.26		LSU Alumni Gold (4/21).....	6th
46.50		SEC Championships (5/12).....	9th-prelims
47.20		SEC Championships (5/13).....	8th
46.60		NCAA East Prelims (5/24).....	12th-prelims
46.22		NCAA East Prelims (5/25).....	10th-Quarterfinal
46.34		NCAA Championships (6/6).....	16th
47.73		Sagcor National Championships (6/23).....	11th-prelims
46.13		Sagcor National Championships (6/23).....	6th

### SHERMUND ALLSOP

#### 100 Meters

10.44	3.0	w	Louisiana Classics (3/17).....	2nd
10.64	3.0	w	LSU Relays (3/23).....	5th-prelims
10.59	3.1	w	LSU Relays (3/24).....	8th
FS			Texas Relays (3/30).....	FS
10.43	2.2	w	Battle on the Bayou (4/7).....	2nd
10.37	2.6	w	LSU Alumni Gold (4/21).....	1st-B section
10.46	0.8		Penn Relays (4/27).....	3rd-prelims
10.70	-0.6		Penn Relays (4/28).....	7th
FS			SEC Championships (5/12).....	FS
10.44	0.5		NCAA East Prelims (5/24).....	8th-prelims
10.38	1.2		NCAA East Prelims (5/25).....	16th
10.29	0.2		Sagcor National Championships (6/23).....	10th-prelims
10.29	0.9		Sagcor National Championships (6/23).....	8th

#### 200 Meters

21.64	-1.7		Louisiana Classics (3/17).....	3rd
21.17	-0.9		Battle on the Bayou (4/7).....	5th
20.92	3.0		LSU Alumni Gold (4/21).....	1st-B section
21.20	0.0		SEC Championships (5/11).....	11th
20.85	0.6		NCAA East Prelims (5/25).....	17th-prelims
20.71	0.2		NCAA East Prelims (5/26).....	15th
21.28	1.9		Sagcor National Championships (6/24).....	9th-prelims

### KYRON BLAISE

#### 100 Meters

FS			Battle on the Bayou (4/7).....	FS
10.75	1.9		Arizona State Tri-Meet (4/14).....	5th

#### Long Jump

24-6 1/2	0.1		Battle on the Bayou (4/7).....	4th
24-6 1/4	2.1	w	Arizona State Tri-Meet (4/14).....	1st
25-11 1/2	1.9		SEC Championships (5/12).....	3rd
24-10	1.5		NCAA East Prelims (5/24).....	12th
25-6 3/4	1.4		NCAA Championships (6/6).....	6th
25-0 1/2	1.4		Sagcor National Championships (6/23).....	1st

#### Triple Jump

54-2 3/4	5.4	w+	LSU Relays (3/24).....	2nd
53-5	3.7	w	LSU Relays (3/24).....	2nd
53-6 1/2	2.6	w	Texas Relays (3/30).....	1st
52-11 1/2	3.6	w	LSU Alumni Gold (4/21).....	3rd-Invitational
51-7 1/4	NWI		Penn Relays (4/28).....	3rd
54-1 1/4	0.8		SEC Championships (5/13).....	2nd
51-11	1.7		NCAA East Prelims (5/25).....	4th
54-1 3/4	2.1	w	NCAA Championships (6/8).....	3rd
52-3 3/4	-0.8		Sagcor National Championships (6/24).....	2nd

### RODNEY BROWN

#### Shot Put

52-8 3/4			Louisiana Classics (3/17).....	3rd
48-11 1/2			LSU Relays (3/24).....	15th
52-1			Battle on the Bayou (4/7).....	14th
FOUL			LSU Alumni Gold (4/21).....	FOUL
47-9			Penn Relays (4/27).....	19th

54-7 1/2			SEC Championships (5/13).....	7th
59-6 1/4 (6 kg.)			USA Junior Championships (6/17).....	7th

#### Discus

190-8			Louisiana Classics (3/17).....	2nd
182-4			LSU Relays (3/24).....	1st
190-3			Texas Relays (3/31).....	5th
177-4			Battle on the Bayou (4/7).....	2nd
183-4			Arizona State Tri-Meet (4/14).....	2nd
181-8			LSU Alumni Gold (4/21).....	2nd
184-1			Penn Relays (4/27).....	3rd
173-9			SEC Championships (5/12).....	6th
FOUL			NCAA East Prelims (5/24).....	FOUL
206-9 (1.75 kg.)			USA Junior Championships (6/17).....	1st
179-4 (1.75 kg.)			IAAF World Junior Championships (7/10).....	18th

### JOSEPH CARAWAY

#### Pole Vault

16-7 1/4			LSU Relays (3/24).....	6th
16-6 3/4			Texas Relays (3/29).....	T4th-B Section
15-9 1/4			Battle on the Bayou (4/7).....	17th
16-3 1/4			Arizona State Tri-Meet (4/14).....	4th
16-8 1/4			LSU Alumni Gold (4/21).....	5th
16-10 3/4			Penn Relays (4/27).....	1st-College
17-0 3/4			SEC Championships (5/13).....	7th
16-5 1/2			NCAA East Prelims (5/26).....	T27th

### ROGER COOKE

#### 1,500 Meters

4:20.08			Louisiana Classics (3/17).....	33rd
4:04.44			Battle on the Bayou (4/7).....	22nd

#### 3,000 Meters

9:15.26			Battle on the Bayou (4/7).....	11th
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#### 5,000 Meters

15:27.55			LSU Relays (3/23).....	7th
16:07.44			LSU Alumni Gold (4/21).....	7th

### PHILIP DEMPSEY

#### 800 Meters

2:01.45			Louisiana Classics (3/17).....	T14th
2:00.60			Battle on the Bayou (4/7).....	31st

#### 1,500 Meters

4:20.75			Louisiana Classics (3/17).....	34th
4:07.10			LSU Relays (3/23).....	7th
4:04.92			Battle on the Bayou (4/7).....	23rd
4:12.05			LSU Alumni Gold (4/21).....	15th

### CULLEN DOODY

#### 800 Meters

1:58.71			Louisiana Classics (3/17).....	9th
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#### 1,500 Meters

4:06.76			Louisiana Classics (3/17).....	14th
3:54.02			LSU Relays (3/23).....	2nd
3:50.23			Battle on the Bayou (4/7).....	6th
3:55.02			LSU Alumni Gold (4/21).....	5th

#### 3,000 Meters

8:52.46			Battle on the Bayou (4/7).....	8th
8:42.25			Arizona State Tri-Meet (4/14).....	3rd

#### 5,000 Meters

14:48.07			Penn Relays (4/26).....	27th
14:55.25			SEC Championships (5/13).....	11th

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## QUINCY DOWNING

### 400 Meters

48.05	Louisiana Classics (3/17)	3rd
46.88	Arizona State Tri-Meet (4/14)	2nd
46.38	NCAA East Prelims (5/24)	7th-prelims
46.18	NCAA East Prelims (5/25)	9th-Quarterfinal
46.80	NCAA Championships (6/6)	21st
46.71	USA Junior Championships (6/16)	4th-prelims
46.68	USA Junior Championships (6/17)	4th

### 800 Meters

1:50.76	Battle on the Bayou (4/7)	13th
1:50.88	LSU Alumni Gold (4/21)	5th
1:50.79	SEC Championships (5/11)	8th-prelims
1:50.68	SEC Championships (5/13)	6th

## ANDREAS DUPLANTIS

### Pole Vault

16-7 1/4	LSU Relays (3/24)	5th
16-6 3/4	Texas Relays (3/29)	T4th-B Section
17-0 1/4	Battle on the Bayou (4/7)	4th
16-3 1/4	Arizona State Tri-Meet (4/14)	3rd
16-8 1/4	LSU Alumni Gold (4/21)	4th
16-2 3/4	Penn Relays (4/27)	3rd-College
17-4 1/2	SEC Championships (5/13)	6th
17-5 1/2	NCAA East Prelims (5/26)	T8th
16-10 3/4	NCAA Championships (6/8)	19th
16-10 3/4	IAAF World Junior Championships (7/10)	T1st-prelims
17-0 3/4	IAAF World Junior Championships (7/12)	10th

## COURTNEY EDWARDS

### 400 Hurdles

54.30	LSU Relays (3/23)	8th-prelims
54.57	Battle on the Bayou (4/7)	8th
53.66	LSU Alumni Gold (4/21)	2nd-B section
57.01	Cole-Lancon Invitational (4/28)	3rd
54.16	SEC Championships (5/11)	16th

## AARON ERNEST

### 100 Meters

10.31	1.8	Louisiana Classics (3/17)	1st
10.38	-0.4	LSU Relays (3/23)	1st-prelims
10.27	3.1	w LSU Relays (3/24)	1st
10.30	1.8	Texas Relays (3/30)	5th-prelims
10.15	2.9	w Texas Relays (3/31)	2nd
10.43	1.9	Arizona State Tri-Meet (4/14)	3rd
10.16	5.0	w+ LSU Alumni Gold (4/21)	5th
10.26	0.8	Penn Relays (4/27)	1st-prelims
10.47	-0.6	Penn Relays (4/28)	2nd
10.19	2.5	w SEC Championships (5/12)	3rd-prelims
10.23	1.6	SEC Championships (5/13)	2nd
10.42	0.5	NCAA East Prelims (5/24)	7th-prelims
10.29	1.2	NCAA East Prelims (5/25)	10th-Quarterfinal
10.17	1.2	NCAA Championships (6/6)	6th-Semifinal
10.45	-2.3	NCAA Championships (6/8)	8th
10.32	0.5	USA Junior Championships (6/15)	2nd-prelims
10.46	-1.8	USA Junior Championships (6/15)	2nd
10.39	-1.6	IAAF World Junior Championships (7/10)	3rd-prelims
10.21	1.3	IAAF World Junior Championships (7/11)	2nd-semifinals
10.17	0.1	IAAF World Junior Championships (7/11)	2nd

### 200 Meters

21.29	-1.5	Louisiana Classics (3/17)	1st
20.79	2.6	w Battle on the Bayou (4/7)	2nd
20.84	1.0	LSU Alumni Gold (4/21)	5th
21.08	-1.2	SEC Championships (5/11)	6th-prelims
20.39	3.7	w SEC Championships (5/13)	2nd
20.61	0.3	NCAA East Prelims (5/25)	9th-prelims
20.54	0.5	NCAA East Prelims (5/26)	8th-Quarterfinal

20.54	2.4	w NCAA Championships (6/7)	8th-Semifinal
21.00	-4.3	NCAA Championships (6/9)	5th
20.96	-1.5	USA Junior Championships (6/16)	1st-prelims
20.88	0.1	USA Junior Championships (6/17)	2nd
21.01	-0.5	IAAF World Junior Championships (7/12)	10th-prelims
21.06	-2.8	IAAF World Junior Championships (7/12)	6th-semifinals
20.53	-0.4	IAAF World Junior Championships (7/13)	2nd

## DAMAR FORBES

### 100 Meters

10.94	1.2	LSU Relays (3/23)	22nd
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### Long Jump

26-0 1/4	2.0	Texas Relays (3/31)	3rd
25-7 1/4	-0.9	Battle on the Bayou (4/7)	1st
24-5 1/2	2.9	w LSU Alumni Gold (4/21)	5th-Invitational
25-7 1/2	2.9	w Penn Relays (4/27)	2nd
26-8 1/4	1.2	SEC Championships (5/12)	2nd
25-4	4.3	w+ NCAA East Prelims (5/24)	3rd
26-6 1/2	2.4	w NCAA Championships (6/6)	2nd
25-10 3/4	-0.7	Jamaican Senior Championships (6/30)	1st
25-6 3/4	-0.7	Olympic Games (8/3)	18th

### Triple Jump

48-2 1/2	1.2	SEC Championships (5/13)	11th
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## BRANDON GORDON

### Long Jump

FOUL		LSU Relays (3/23)	FOUL
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### Triple Jump

45-1 1/2	-1.2	Louisiana Classics (3/17)	9th
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## EARNEST GREEN

### Long Jump

23-6	0.3	LSU Relays (3/23)	3rd
23-2 3/4	1.5	Texas Relays (3/30)	5th-B Section
23-1 1/4	-0.1	Battle on the Bayou (4/7)	10th
22-6 1/2	1.1	Arizona State Tri-Meet (4/14)	4th
23-8 1/4	2.2	w LSU Alumni Gold (4/21)	7th-Invitational
22-10	NWI	Penn Relays (4/27)	9th-College
23-8	2.5	w SEC Championships (5/12)	11th

### Triple Jump

46-11 1/2	1.2	SEC Championships (5/13)	13th
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## KEITH GRIFFITH

### 400 Meters

49.39		Louisiana Classics (3/17)	10th
48.13		Battle on the Bayou (4/7)	12th
48.55		Arizona State Tri-Meet (4/14)	6th
48.41		LSU Alumni Gold (4/21)	3rd-B section
47.80		SEC Championships (5/12)	19th

### 800 Meters

DNF		Battle on the Bayou (4/7)	DNF
DNF		LSU Alumni Gold (4/21)	DNF
1:57.10		SEC Championships (5/11)	29th

## BEN GUARISCO

### 100 Meters

10.79	1.8	Louisiana Classics (3/17)	13th
10.89	-0.1	LSU Relays (3/23)	17th
10.81	0.0	Battle on the Bayou (4/7)	14th

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## 200 Meters

22.19	-2.3	Louisiana Classics (3/17)	12th
21.93	0.8	Battle on the Bayou (4/7)	19th

## RIKER HYLTON

### 200 Meters

20.76	1.0	Arizona State Tri-Meet (4/14)	4th
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### 400 Meters

46.07		Battle on the Bayou (4/7)	4th
DNF		LSU Alumni Gold (4/21)	DNF
46.05		SEC Championships (5/12)	7th-prelims
46.50		SEC Championships (5/13)	4th
46.28		NCAA East Prelims (5/24)	5th-prelims
45.89		NCAA East Prelims (5/25)	6th-Quarterfinal
46.35		NCAA Championships (6/6)	17th
47.44		Jamaican Senior Championships (6/28)	12th-prelims
45.36		Jamaican Senior Championships (6/30)	7th-Semifinal
45.41		Jamaican Senior Championships (7/1)	6th

## JAORA JOHNSON

### Pole Vault

16-2 3/4		Louisiana Classics (3/17)	4th
NH		Battle on the Bayou (4/7)	NH
15-9 1/4		Arizona State Tri-Meet (4/14)	6th
16-3 1/2		LSU Alumni Gold (4/21)	6th
NH		Cole-Lancon Invitational (4/28)	NH
16-8 3/4		SEC Championships (5/13)	11th
15-11 3/4		NCAA East Prelims (5/26)	T38th

## MICHAEL LAURO

### Hammer

212-2		Battle on the Bayou (4/7)	1st
211-6		Arizona State Tri-Meet (4/14)	2nd
206-11		Penn Relays (4/28)	4th
217-10		SEC Championships (5/11)	3rd
211-2		NCAA East Prelims (5/25)	7th
216-8		NCAA Championships (6/8)	4th
212-0		U.S. Olympic Trials (6/21)	20th

## PHILLIP LeBLANC

### Javelin

189-4		Louisiana Classics (3/17)	13th
208-1		LSU Relays (3/24)	4th
193-2		Battle on the Bayou (4/7)	8th
204-8		Arizona State Tri-Meet (4/14)	3rd
174-4		LSU Alumni Gold (4/21)	16th
196-9		Penn Relays (4/28)	9th-College
198-2		SEC Championships (5/13)	11th
185-3		NCAA East Prelims (5/24)	42nd

## WILLIAM LeBLANC

### High Jump

6-8 3/4		Louisiana Classics (3/17)	4th
6-5 1/2		LSU Relays (3/23)	T4th
6-8		Battle on the Bayou (4/7)	9th
6-6 3/4		Arizona State Tri-Meet (4/14)	4th
6-5 1/2		LSU Alumni Gold (4/21)	7th
NH		Penn Relays (4/27)	NH-College
6-9 1/2		SEC Championships (5/13)	11th

## VINCENT LeDUFF

### 200 Meters

22.57	-2.3	Louisiana Classics (3/17)	20th
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## 400 Meters

48.79		Louisiana Classics (3/17)	8th
49.07		Battle on the Bayou (4/7)	23rd
49.68		LSU Alumni Gold (4/21)	12th-B section
49.06		Cole-Lancon Invitational (4/28)	3rd

## BARRETT MILLER

### 800 Meters

1:59.60		Battle on the Bayou (4/7)	30th
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### 1,500 Meters

4:05.27		Louisiana Classics (3/17)	12th
4:00.22		LSU Relays (3/23)	4th
3:58.74		Battle on the Bayou (4/7)	18th
4:02.40		LSU Alumni Gold (4/21)	9th

## AARON MOORE

### Javelin

225-9		LSU Relays (3/24)	2nd
227-5		Texas Relays (3/30)	6th
216-9		Battle on the Bayou (4/7)	1st
203-4		Arizona State Tri-Meet (4/14)	4th
225-9		LSU Alumni Gold (4/21)	3rd
204-5		Penn Relays (4/28)	9th
229-6		SEC Championships (5/13)	3rd
218-8		NCAA East Prelims (5/24)	11th
216-7		NCAA Championships (6/7)	20th

## BRYAN MUTELL

### 800 Meters

2:08.17		Louisiana Classics (3/17)	27th
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### 1,500 Meters

4:13.85		Louisiana Classics (3/17)	28th
4:23.54		LSU Relays (3/24)	8th-B section

### 3,000 Meters

9:18.78		Battle on the Bayou (4/7)	12th
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### 5,000 Meters

16:41.81		LSU Relays (3/23)	20th
15:52.70		LSU Alumni Gold (4/21)	5th

## BARRETT NUGENT

### 100 Meters

10.47	0.6		LSU Relays (3/23)	3rd-prelims
10.36	3.1	w	LSU Relays (3/24)	3rd

### 100 Hurdles

13.76	2.5	w	Texas Relays (3/30)	3rd-prelims
13.37	2.9	w	Texas Relays (3/31)	1st
13.49	1.0		Battle on the Bayou (4/7)	1st
13.68	0.6		Arizona State Tri-Meet (4/14)	1st
13.41	3.8	w	LSU Alumni Gold (4/21)	2nd
13.67	-0.1		Penn Relays (4/27)	2nd-prelims
FS			Penn Relays (4/28)	FS
13.50	0.7		SEC Championships (5/12)	1st-prelims
13.40	2.7	w	SEC Championships (5/13)	1st
13.52	2.1	w	NCAA East Prelims (5/25)	3rd-prelims
13.50	0.8		NCAA East Prelims (5/26)	4th-Quarterfinal
13.36	1.8		NCAA Championships (6/7)	4th-Semifinal
13.80	-3.5		NCAA Championships (6/9)	4th
13.52	0.3		U.S. Olympic Trials (6/29)	16th-prelims
13.49	1.2		U.S. Olympic Trials (6/30)	12th
13.61	1.5		NACAC Under-23 Championships (7/7)	1st-prelims
13.32	1.8		NACAC Under-23 Championships (7/7)	2nd

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## DANIEL OBIOHA

### Discus

154-8	Louisiana Classics (3/17)	7th
153-2	LSU Relays (3/24)	4th
159-8	Battle on the Bayou (4/7)	10th
152-9	Arizona State Tri-Meet (4/14)	4th
150-5	LSU Alumni Gold (4/21)	9th
149-4	Penn Relays (4/27)	27th-College
161-10	SEC Championships (5/12)	10th

## RYNELL PARSON

### 100 Meters

10.40	2.2	w	SEC Championships (5/12)	9th-prelims
10.36	1.6		SEC Championships (5/13)	5th
10.58	-1.2		NCAA East Prelims (5/24)	27th-prelims
10.36	-0.2		NCAA East Prelims (5/25)	14th

## PHILIP PRIMEAUX

### 800 Meters

2:01.45	Louisiana Classics (3/17)	14th
2:01.07	Battle on the Bayou (4/7)	32nd

### 1,500 Meters

4:03.82	Louisiana Classics (3/17)	9th
3:59.37	LSU Relays (3/23)	3rd
4:02.91	Battle on the Bayou (4/7)	21st
4:03.02	LSU Alumni Gold (4/21)	10th

## THOMAS REINECKE

### Pole Vault

17-3	LSU Relays (3/24)	2nd
17-4 1/2	Texas Relays (3/29)	1st-B Section
17-0 1/4	Battle on the Bayou (4/7)	2nd
16-9 1/4	Arizona State Tri-Meet (4/14)	2nd
17-1	LSU Alumni Gold (4/21)	3rd
17-0 3/4	Penn Relays (4/28)	2nd
17-4 1/2	SEC Championships (5/13)	5th
16-11 1/2	NCAA East Prelims (5/26)	20th

## RYAN ROUBION

### Javelin

198-6	Louisiana Classics (3/17)	7th
214-5	LSU Relays (3/24)	3rd
197-7	Texas Relays (3/29)	7th-B Section
211-5	Battle on the Bayou (4/7)	3rd
190-8	Penn Relays (4/28)	15th-College
204-7	SEC Championships (5/13)	8th
196-10	NCAA East Prelims (5/24)	30th

## TREVOR SANSONE

### 100 Meters

10.54	1.8		Louisiana Classics (3/17)	7th
10.68	0.1		LSU Relays (3/23)	9th-prelims
10.43	3.1	w	LSU Relays (3/24)	5th
10.87	0.6		Texas Relays (3/30)	43rd
11.86	2.2	w	Battle on the Bayou (4/7)	23rd
10.50	2.2	w	SEC Championships (5/12)	17th-prelims
10.78	0.5		NCAA East Prelims (5/24)	41st

### 200 Meters

22.27	-2.3		Louisiana Classics (3/17)	15th
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## HOWARD SHEPARD III

### 400 Meters

49.92	Louisiana Classics (3/17)	14th
50.62	Arizona State Tri-Meet (4/14)	7th

### 800 Meters

1:48.47	Battle on the Bayou (4/7)	5th
1:49.17	LSU Alumni Gold (4/21)	2nd
1:48.97	SEC Championships (5/11)	5th-prelims
1:50.55	SEC Championships (5/13)	5th
1:50.09	NCAA East Prelims (5/24)	16th-prelims
1:47.87	NCAA East Prelims (5/25)	5th-Quarterfinal
1:51.49	NCAA Championships (6/6)	23rd

## ROBERT SIMMONS

### 200 Meters

21.40	-1.7		Louisiana Classics (3/17)	2nd
21.35	-0.9		Battle on the Bayou (4/7)	11th

### 400 Meters

47.01	Louisiana Classics (3/17)	1st
47.54	LSU Alumni Gold (4/21)	9th
45.99	SEC Championships (5/12)	6th-prelims
46.72	SEC Championships (5/13)	6th
46.65	NCAA East Prelims (5/24)	16th-prelims
46.05	NCAA East Prelims (5/25)	8th-Quarterfinal
46.41	NCAA Championships (6/6)	19th

## KEYTH TALLEY

### 100 Meters

10.47	1.1		LSU Relays (3/23)	2nd-prelims
10.28	3.1	w	LSU Relays (3/24)	2nd
10.37	1.5		Texas Relays (3/30)	8th-prelims
10.44	2.9	w	Texas Relays (3/31)	6th
10.39	2.2	w	Battle on the Bayou (4/7)	1st
10.33	2.8	w	SEC Championships (5/12)	6th-prelims
10.33	1.6		SEC Championships (5/13)	4th
10.54	-1.0		NCAA East Prelims (5/24)	22nd-prelims
10.47	1.2		NCAA East Prelims (5/25)	21st

### 200 Meters

20.91	1.0		Arizona State Tri-Meet (4/14)	5th
21.77	0.0		SEC Championships (5/11)	20th
20.77	0.8		NCAA East Prelims (5/25)	11th-prelims
20.70	1.0		NCAA East Prelims (5/26)	13th

## JAMES THURN

### 400 Meters

49.78	Louisiana Classics (3/17)	13th
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### 400 Hurdles

52.34	Arizona State Tri-Meet (4/14)	3rd
52.40	LSU Alumni Gold (4/21)	3rd
52.10	SEC Championships (5/11)	9th-prelims
52.69	SEC Championships (5/13)	8th

### 800 Meters

1:49.53	Battle on the Bayou (4/7)	8th
1:53.40	NCAA East Prelims (5/24)	43rd

## JEREMY TUTTLE

### Discus

150-1	LSU Relays (3/24)	10th
147-10	Battle on the Bayou (4/7)	20th
144-10	LSU Alumni Gold (4/21)	10th
150-11	Penn Relays (4/27)	25th-College
FOUL	SEC Championships (5/12)	FOUL

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### Hammer

181-1	LSU Relays (3/23)	6th
179-7	Battle on the Bayou (4/7)	10th
FOUL	Arizona State Tri-Meet (4/14)	FOUL
188-9	LSU Alumni Gold (4/21)	3rd
186-3	SEC Championships (5/11)	4th
FOUL	USA Junior Championships (6/15)	FOUL

### Javelin

212-11	Louisiana Classics (3/17)	4th
215-1	Texas Relays (3/29)	2nd-B Section
212-9	Battle on the Bayou (4/7)	2nd
211-11	Arizona State Tri-Meet (4/14)	1st
216-0	Penn Relays (4/28)	8th
227-6	SEC Championships (5/13)	5th
218-7	NCAA East Prelims (5/24)	12th
212-10	NCAA Championships (6/7)	21st
211-10	USA Junior Championships (6/15)	4th

## CHRIS WATSON

### Pole Vault

15-9	Louisiana Classics (3/17)	7th
NH	Battle on the Bayou (4/7)	NH
NH	LSU Alumni Gold (4/21)	NH
15-3 1/2	Cole-Lancon Invitational (4/28)	3rd

## ANTHONY WHITAKER

### 400 Meters

48.26	Battle on the Bayou (4/7)	13th
48.78	LSU Alumni Gold (4/21)	6th-B section

## WILLIAM WIESLER

### 800 Meters

2:03.83	Louisiana Classics (3/17)	23rd
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### 1,500 Meters

4:13.79	Louisiana Classics (3/17)	27th
4:10.93	LSU Relays (3/24)	3rd-B section
4:09.18	Battle on the Bayou (4/7)	24th

### 3,000 Meters

9:39.53	Battle on the Bayou (4/7)	15th
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### 5,000 Meters

15:46.35	LSU Relays (3/23)	9th
DNF	LSU Alumni Gold (4/21)	DNF

## CALEB WILLIAMS

### 200 Meters

21.14	0.7	Arizona State Tri-Meet (4/14)	6th
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### 400 Meters

45.79	Battle on the Bayou (4/7)	3rd
47.34	NCAA East Prelims (5/24)	35th

## 4x100-METER RELAY

40.26	Guarisco, Ernest, Sansone, Allsop	Louisiana Classics (3/17) - 1st
39.62	Nugent, Allsop, Talley, Ernest	LSU Relays (3/23) - 1st-prelims
DNF	Nugent, Allsop, Talley, Ernest	LSU Relays (3/24) - DNF
40.15	Nugent, Ernest, Talley, Parson	Texas Relays (3/30) - 5th-prelims

39.54	Nugent, Ernest, Talley, Sansone	Texas Relays (3/31) - 6th
39.74	Nugent, Ernest, Talley, Sansone	Battle on the Bayou (4/7) - 1st
39.66	Nugent, Ernest, Talley, Williams	Arizona State Tri-Meet (4/14) - 2nd
DNF	Nugent, Hylton, Williams, Ernest	LSU Alumni Gold (4/21) - DNF
39.72	Nugent, Ernest, Talley, Allsop	Penn Relays (4/27) - 1st-prelims
39.49	Nugent, Ernest, Talley, Allsop	Penn Relays (4/28) - 3rd
DQ	Nugent, Ernest, Talley, Allsop	SEC Championships (5/13) - DQ
39.61	Nugent, Ernest, Talley, Allsop	NCAA East Prelims (5/26) - 4th-Quarterfinal
38.77	Nugent, Ernest, Talley, Allsop	NCAA Championships (6/6) - 2nd-Semifinal
38.38	Nugent, Ernest, Talley, Allsop	NCAA Championships (6/9) - 1st

## 4x200-METER RELAY

1:23.67	Simmons, Allsop, Alleyne-Forte, Sansone	LSU Relays (3/24) - 2nd
DQ	Hylton, Williams, Talley, Ernest	LSU Relays (3/24) - DQ
1:22.44	Hylton, Williams, Talley, Ernest	Texas Relays (3/31) - 3rd

## 4x400-METER RELAY

3:13.26	Thurn, Shepard, Griffith, Downing	Louisiana Classics (3/17) - 2nd
3:07.20	Simmons, Williams, Alleyne-Forte, Hylton	LSU Relays (3/24) - 1st
3:11.28	LeDuff, Shepard, Griffith, Downing	LSU Relays (3/24) - 2nd
3:04.54	Simmons, Williams, Alleyne-Forte, Hylton	Texas Relays (3/31) - 1st
3:03.20	Downing, Williams, Alleyne-Forte, Hylton	Battle on the Bayou (4/7) - 2nd
3:12.17	Whitaker, Shepard, Thurn, Griffith	Battle on the Bayou (4/7) - 6th
DNF	Simmons, Williams, Downing, Hylton	Arizona State Tri-Meet (4/14) - DNF
DNF	Griffith, Talley, Thurn, NO ANCHOR	Arizona State Tri-Meet (4/14) - DNF
3:07.45	Downing, Simmons, Alleyne-Forte, Hylton	LSU Alumni Gold (4/21) - 1st
3:08.09	Downing, Simmons, Alleyne-Forte, Hylton	Penn Relays (4/27) - 2nd-prelims
3:04.47	Downing (47.5), Simmons (45.8), Alleyne-Forte (45.8), Hylton (45.4)	Penn Relays (4/28) - 1st
3:03.80	Downing, Simmons, Alleyne-Forte, Hylton	SEC Championships (5/13) - 2nd
3:03.20	Downing (46.68), Simmons (45.49), Alleyne-Forte (45.57), Hylton (45.46)	NCAA East Prelims (5/26) - 1st
3:01.97	Downing, Simmons, Alleyne-Forte, Hylton	NCAA Championships (6/7) - 2nd-Semifinal
3:01.21	Simmons, Downing, Alleyne-Forte, Hylton	NCAA Championships (6/9) - 3rd

## 4x800-METER RELAY

7:37.52	Thurn, Shepard, Griffith, Downing	Texas Relays (3/29) - 8th
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# 2012 MEN'S OUTDOOR PERFORMANCE LIST

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## SPRINT MEDLEY RELAY

3:19.95	Simmons, Alleyne-Forte, Downing, Shepard.....LSU Relays (3/23) - 1st
3:26.59	LeDuff, Whitaker, Thurn, Griffith.....LSU Relays (3/23) - 3rd
3:20.47	Hylton, Ernest, Williams, Shepard.....Texas Relays (3/30) - 5th

## DISTANCE MEDLEY RELAY

10:16.84	Doody, Whitaker, Primeaux, Miller.....LSU Relays (3/24) - 4th
10:01.66	Shepard, Griffith, Thurn, Doody.....Penn Relays (4/27) - 7th-College

## 4x1,500-METER RELAY

16:43.71	Primeaux, Dempsey, Doody, Miller.....Texas Relays (3/30) - 8th
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# 2012 WOMEN'S OUTDOOR PERFORMANCE LIST

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## LAURA ALEMAN

### 800 Meters

2:27.51 Louisiana Classics (3/17) .....23rd

### 1,500 Meters

4:49.71 Louisiana Classics (3/17) .....18th  
4:49.16 Battle on the Bayou (4/7) .....10th

### 3,000 Meters

10:47.98 Battle on the Bayou (4/7) .....4th  
10:29.31 Arizona State Tri-Meet (4/14) .....2nd

### 5,000 Meters

18:16.34 LSU Relays (3/23) .....7th  
18:24.69 LSU Alumni Gold (4/21) .....5th

## REBECCA ALEXANDER

### 400 Meters

52.52 Battle on the Bayou (4/7) .....2nd  
53.19 LSU Alumni Gold (4/21) .....1st  
53.18 SEC Championships (5/12) .....4th-prelims  
51.83 SEC Championships (5/13) .....2nd  
52.70 NCAA East Prelims (5/24) .....3rd-prelims  
51.89 NCAA East Prelims (5/25) .....2nd-Quarterfinal  
51.39 NCAA Championships (6/6) .....3rd-Semifinal  
51.20 NCAA Championships (6/8) .....2nd  
52.30 U.S. Olympic Trials (6/22) .....10th-prelims  
52.69 U.S. Olympic Trials (6/23) .....12th  
53.43 NACAC Under-23 Championships (7/6) .....2nd-prelims  
51.13 NACAC Under-23 Championships (7/7) .....1st

## BRIANNE BERGERON

### Pole Vault

10-10 3/4 LSU Relays (3/24) .....11th  
10-7 Battle on the Bayou (4/7) .....11th  
NH LSU Alumni Gold (4/21) .....NH  
10-10 1/4 Cole-Lancon Invitational (4/28) .....2nd

## TORI BLISS

### Shot Put

49-5 LSU Relays (3/23) .....1st  
49-7 1/4 Texas Relays (3/31) .....9th  
47-10 Battle on the Bayou (4/7) .....6th  
49-0 1/4 Arizona State Tri-Meet (4/14) .....4th  
49-6 1/4 LSU Alumni Gold (4/21) .....1st  
48-8 3/4 Penn Relays (4/26) .....7th  
51-7 SEC Championships (5/12) .....3rd  
51-7 1/4 NCAA East Prelims (5/24) .....13th

### Discus

137-1 LSU Relays (3/24) .....6th  
143-9 Battle on the Bayou (4/7) .....10th  
149-6 Arizona State Tri-Meet (4/14) .....8th  
139-7 LSU Alumni Gold (4/21) .....6th  
145-2 SEC Championships (5/13) .....11th

## LAURA CARLETON

### 800 Meters

2:17.27 Louisiana Classics (3/17) .....4th  
2:12.71 Battle on the Bayou (4/7) .....15th

### 1,500 Meters

4:22.75 LSU Relays (3/23) .....2nd  
4:25.25 SEC Championships (5/12) .....12th-prelims  
4:22.31 SEC Championships (5/13) .....8th

### 3,000 Meters

10:00.29 Battle on the Bayou (4/7) .....1st  
9:37.17 Arizona State Tri-Meet (4/14) .....1st

### 5,000 Meters

16:28.08 Penn Relays (4/26) .....5th  
17:14.98 SEC Championships (5/13) .....15th  
16:38.29 NCAA East Prelims (5/26) .....13th

## KATIE CARROLL

### Hammer

134-3 Louisiana Classics (3/17) .....20th  
128-8 LSU Relays (3/23) .....18th  
143-7 Battle on the Bayou (4/7) .....22nd  
136-0 LSU Alumni Gold (4/21) .....17th  
140-5 Cole-Lancon Invitational (4/28) .....5th

## JONIQUE DAY

### 200 Meters

24.80 1.7 Arizona State Tri-Meet (4/14) .....6th

### 400 Meters

52.72 Battle on the Bayou (4/7) .....3rd  
54.59 LSU Alumni Gold (4/21) .....5th  
53.28 SEC Championships (5/12) .....7th-prelims  
53.48 SEC Championships (5/13) .....8th  
52.83 NCAA East Prelims (5/24) .....6th-prelims  
52.11 NCAA East Prelims (5/25) .....4th-Quarterfinal  
52.97 NCAA Championships (6/6) .....16th  
52.81 Jamaican Senior Championships (6/28) .....13th-prelims  
52.80 Jamaican Senior Championships (6/30) .....10th

## CHRISTINE DERBINS

### 800 Meters

2:42.94 Louisiana Classics (3/17) .....43rd

### 1,500 Meters

5:20.14 Louisiana Classics (3/17) .....32nd

### 5,000 Meters

19:28.60 LSU Relays (3/23) .....11th

## KIMBERLYN DUNCAN

### 100 Meters

11.26 1.3 Texas Relays (3/30) .....3rd-prelims  
10.94 3.0 w Texas Relays (3/31) .....1st  
11.37 0.9 Arizona State Tri-Meet (4/14) .....1st  
11.05 1.0 LSU Alumni Gold (4/21) .....1st  
11.17 3.3 w SEC Championships (5/12) .....1st-prelims  
10.96 1.9 SEC Championships (5/13) .....1st  
11.35 -1.5 NCAA East Prelims (5/24) .....3rd-prelims  
11.18 1.5 NCAA East Prelims (5/25) .....1st-Quarterfinal  
11.11 -1.2 NCAA Championships (6/6) .....2nd-Semifinal  
11.16 -1.7 NCAA Championships (6/8) .....2nd

### 200 Meters

22.55 4.9 w+ LSU Alumni Gold (4/21) .....1st  
22.75 0.1 Samford Invitational (5/5) .....1st  
23.07 -1.2 SEC Championships (5/11) .....1st-prelims  
22.12 2.6 w SEC Championships (5/13) .....1st  
22.68 -0.6 NCAA East Prelims (5/25) .....1st-prelims  
22.22 0.1 NCAA East Prelims (5/26) .....1st-Quarterfinal  
22.19 1.9 NCAA Championships (6/7) .....1st-Semifinal  
22.86 -2.3 NCAA Championships (6/9) .....1st  
22.69 0.8 U.S. Olympic Trials (6/28) .....4th-prelims  
22.37 0.6 U.S. Olympic Trials (6/29) .....6th-Semifinal  
22.34 1.2 U.S. Olympic Trials (6/30) .....4th

# 2012 WOMEN'S OUTDOOR PERFORMANCE LIST

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22.72 0.9 NACAC Under-23 Championships (7/8) ..... 1st

11.26 0.0 Olympic Games (8/3) ..... 16th

### DANIELLE GARCIA-ARNOLD

#### Pole Vault

10-4		Louisiana Classics (3/17) .....	6th
NH		LSU Relays (3/24) .....	NH
NH		Battle on the Bayou (4/7) .....	NH

### ALEX GOCHENOUR

#### 100 Hurdles

14.06	-0.7	Louisiana Classics (3/17) .....	5th
14.23	-0.2	LSU Relays (3/23) .....	4th-prelims
14.13	1.4	LSU Relays (3/24) .....	4th
14.00	-0.2	Texas Relays (3/28) .....	3rd-Heptathlon
14.33	-2.6	Battle on the Bayou (4/7) .....	11th
13.93	1.5	LSU Alumni Gold (4/21) .....	1st-B section
14.23	-0.6	Penn Relays (4/27) .....	25th
13.67	2.4	w SEC Championships (5/10) .....	3rd-Heptathlon
13.92	1.8	SEC Championships (5/12) .....	15th

#### 200 Meters

25.18	0.3	Texas Relays (3/28) .....	7th-Heptathlon
25.05	2.9	w LSU Alumni Gold (4/21) .....	9th-B section
25.36	-0.7	SEC Championships (5/10) .....	5th-Heptathlon

#### 800 Meters

2:21.14		Texas Relays (3/29) .....	11th-Heptathlon
2:22.08		SEC Championships (5/11) .....	7th-Heptathlon

#### High Jump

5-1		Louisiana Classics (3/17) .....	T5th
5-1 3/4		Texas Relays (3/28) .....	T19th-Heptathlon
5-1 1/4		Battle on the Bayou (4/7) .....	14th
5-2 1/4		SEC Championships (5/10) .....	T7th-Heptathlon

#### Long Jump

18-1 3/4	-0.5	Louisiana Classics (3/17) .....	5th
18-4 1/2	-0.5	LSU Relays (3/23) .....	5th
17-11	1.5	Texas Relays (3/28) .....	T14th-Heptathlon
18-2 1/2	2.0	LSU Alumni Gold (4/21) .....	T10th
18-5 3/4	0.8	SEC Championships (5/11) .....	4th-Heptathlon

#### Shot Put

36-4 1/4		Texas Relays (3/28) .....	12th-Heptathlon
39-3 3/4		SEC Championships (5/10) .....	3rd-Heptathlon

#### Javelin

116-3		Texas Relays (3/29) .....	5th-Heptathlon
123-3		Battle on the Bayou (4/7) .....	9th
114-5		SEC Championships (5/11) .....	6th-Heptathlon

#### Heptathlon

5,225		Texas Relays (3/29) .....	9th
5,354		SEC Championships (5/11) .....	7th

### SEMOY HACKETT

#### 100 Meters

11.24	2.1	w Texas Relays (3/30) .....	2nd-prelims
11.16	3.0	w Texas Relays (3/31) .....	4th
11.39	-1.5	Battle on the Bayou (4/7) .....	1st
11.21	2.9	w LSU Alumni Gold (4/21) .....	2nd
11.25	2.8	w SEC Championships (5/12) .....	2nd-prelims
11.10	1.9	SEC Championships (5/13) .....	2nd
11.46	-0.6	NCAA East Prelims (5/24) .....	7th-prelims
11.31	1.3	NCAA East Prelims (5/25) .....	3rd-Quarterfinal
11.32	0.1	Sagcor National Championships (6/23) .....	1st-prelims
11.14	0.6	Sagcor National Championships (6/23) .....	2nd
11.04	1.5	Olympic Games (8/3) .....	9th-prelims

#### 200 Meters

23.14	4.9	w+ LSU Alumni Gold (4/21) .....	3rd
23.32	0.1	Samford Invitational (5/5) .....	3rd
23.48	-0.3	SEC Championships (5/11) .....	3rd-prelims
22.74	2.6	w SEC Championships (5/13) .....	2nd
23.05	0.3	NCAA East Prelims (5/25) .....	4th-prelims
22.55	0.2	NCAA East Prelims (5/26) .....	2nd-Quarterfinal
23.48	1.7	Sagcor National Championships (6/24) .....	1st-prelims
22.98	-1.9	Sagcor National Championships (6/24) .....	2nd
22.81	1.2	Olympic Games (8/6) .....	13th-prelims
22.55	1.0	Olympic Games (8/7) .....	7th-semifinals
22.87	-0.2	Olympic Games (8/8) .....	8th

### SHANEKIA HALL

#### 100 Meters

12.11	3.0	w LSU Relays (3/23) .....	4th-prelims
12.02	3.3	w LSU Relays (3/24) .....	4th
12.00	2.6	w Battle on the Bayou (4/7) .....	12th
12.31	0.9	Arizona State Tri-Meet (4/14) .....	8th

#### 100 Hurdles

13.76	-2.5	LSU Relays (3/23) .....	1st-prelims
13.61	1.4	LSU Relays (3/24) .....	1st
13.33	0.9	Texas Relays (3/30) .....	7th-prelims
13.61	2.2	w Texas Relays (3/31) .....	9th
13.46	0.4	Battle on the Bayou (4/7) .....	4th
13.62	0.2	Arizona State Tri-Meet (4/14) .....	2nd
13.40	0.9	LSU Alumni Gold (4/21) .....	4th
13.52	2.7	w Penn Relays (4/27) .....	6th-prelims
13.83	0.9	Penn Relays (4/28) .....	8th
13.29	2.4	SEC Championships (5/12) .....	3rd-prelims
13.46	1.8	SEC Championships (5/13) .....	5th
13.36	3.1	w NCAA East Prelims (5/25) .....	18th-prelims
13.11	0.6	NCAA East Prelims (5/26) .....	8th
16.88	1.1	NCAA Championships (6/7) .....	24th

### KAREN HENNING

#### Hammer

197-2		LSU Relays (3/23) .....	3rd
191-0		Texas Relays (3/29) .....	7th
194-11		Battle on the Bayou (4/7) .....	4th
188-11		Arizona State Tri-Meet (4/14) .....	6th
184-7		Penn Relays (4/26) .....	8th
193-2		SEC Championships (5/11) .....	3rd
147-4		NCAA East Prelims (5/26) .....	44th

### SIEDDA HERBERT

#### 400 Meters

53.59		Battle on the Bayou (4/7) .....	6th
54.58		LSU Alumni Gold (4/21) .....	7th
54.18		SEC Championships (5/12) .....	12th
54.21		NCAA East Prelims (5/24) .....	32nd

### DENISE HINTON

#### Hammer

182-6		LSU Relays (3/23) .....	5th
191-0		Texas Relays (3/29) .....	8th
186-2		Battle on the Bayou (4/7) .....	5th
191-5		Arizona State Tri-Meet (4/14) .....	5th
190-8		LSU Alumni Gold (4/21) .....	2nd
FOUL		Penn Relays (4/26) .....	FOUL
FOUL		SEC Championships (5/11) .....	FOUL
FOUL		NCAA East Prelims (5/26) .....	FOUL

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## BRIANNA KENNEDY

### Shot Put

41-7 3/4 LSU Relays (3/23) ..... 8th

### Discus

161-7 Louisiana Classics (3/17) ..... 2nd  
 159-0 LSU Relays (3/24) ..... 2nd  
 143-7 Texas Relays (3/31) ..... 12th-B Section  
 151-0 Battle on the Bayou (4/7) ..... 7th  
 163-6 Arizona State Tri-Meet (4/14) ..... 6th  
 157-10 Penn Relays (4/27) ..... 6th  
 151-6 SEC Championships (5/13) ..... 8th  
 151-10 NCAA East Prelims (5/25) ..... 21st

### Hammer

194-4 Louisiana Classics (3/17) ..... 3rd  
 203-0 LSU Relays (3/23) ..... 2nd  
 184-8 Texas Relays (3/29) ..... 12th  
 199-7 Battle on the Bayou (4/7) ..... 2nd  
 204-7 Arizona State Tri-Meet (4/14) ..... 2nd  
 205-3 LSU Alumni Gold (4/21) ..... 1st  
 165-2 Penn Relays (4/26) ..... 12th  
 195-6 SEC Championships (5/11) ..... 2nd  
 198-2 NCAA East Prelims (5/26) ..... 8th  
 197-3 NCAA Championships (6/7) ..... 13th

## RACHEL LAURENT

### Pole Vault

12-6 1/4 LSU Relays (3/24) ..... 2nd  
 13-7 1/4 Texas Relays (3/31) ..... 11th  
 13-11 3/4 Battle on the Bayou (4/7) ..... 2nd  
 13-5 3/4 Arizona State Tri-Meet (4/14) ..... 1st  
 12-10 3/4 LSU Alumni Gold (4/21) ..... T2nd  
 NH Penn Relays (4/26) ..... NH  
 13-4 1/4 SEC Championships (5/12) ..... T3rd  
 13-5 1/4 NCAA East Prelims (5/25) ..... 7th  
 13-3 1/2 NCAA Championships (6/6) ..... 18th

## SAMANTHA LEVIN

### 400 Meters

56.73 Louisiana Classics (3/17) ..... 6th

### 800 Meters

2:07.82 Battle on the Bayou (4/7) ..... 6th  
 2:07.73 LSU Alumni Gold (4/21) ..... 3rd  
 2:07.40 SEC Championships (5/11) ..... 6th-prelims  
 2:07.54 SEC Championships (5/13) ..... 8th  
 2:11.56 NCAA East Prelims (5/24) ..... 42nd

### 1,500 Meters

DNF LSU Relays (3/23) ..... DNF

## CHARLENE LIPSEY

### 800 Meters

2:02.91 Battle on the Bayou (4/7) ..... 1st  
 2:03.13 LSU Alumni Gold (4/21) ..... 1st  
 2:06.85 SEC Championships (5/11) ..... 3rd-prelims  
 2:02.60 SEC Championships (5/13) ..... 1st  
 2:06.42 NCAA East Prelims (5/24) ..... 9th-prelims  
 2:04.08 NCAA East Prelims (5/25) ..... 2nd-Quarterfinal  
 2:03.76 NCAA Championships (6/6) ..... 3rd-Semifinal  
 2:01.40 NCAA Championships (6/8) ..... 2nd  
 2:03.74 U.S. Olympic Trials (6/22) ..... 17th  
 2:10.99 NACAC Under-23 Championships (7/6) ..... 2nd-prelims  
 2:11.15 NACAC Under-23 Championships (7/7) ..... 5th

### 1,500 Meters

4:20.91 LSU Relays (3/23) ..... 1st  
 4:23.15 SEC Championships (5/12) ..... 3rd-prelims  
 4:18.16 SEC Championships (5/13) ..... 5th

## DANIELLE MARTIN

### Discus

122-11 Louisiana Classics (3/17) ..... 19th  
 128-3 LSU Relays (3/24) ..... 9th  
 112-0 Battle on the Bayou (4/7) ..... 20th  
 125-5 LSU Alumni Gold (4/21) ..... 9th

### Hammer

138-1 Louisiana Classics (3/17) ..... 19th  
 141-11 LSU Relays (3/23) ..... 14th  
 141-9 Battle on the Bayou (4/7) ..... 23rd  
 140-8 LSU Alumni Gold (4/21) ..... 14th

## LATOYA McDERMOTT

### 200 Meters

24.22 1.7 Arizona State Tri-Meet (4/14) ..... 3rd  
 23.86 2.7 w SEC Championships (5/11) ..... 7th-prelims  
 23.78 2.6 w SEC Championships (5/13) ..... 7th

### 400 Meters

54.42 Battle on the Bayou (4/7) ..... 10th  
 54.16 LSU Alumni Gold (4/21) ..... 3rd  
 53.76 SEC Championships (5/12) ..... 11th  
 54.18 NCAA East Prelims (5/24) ..... 31st

## MICHELLE MOBLEY

### 800 Meters

2:50.24 Louisiana Classics (3/17) ..... 47th  
 2:48.70 Battle on the Bayou (4/7) ..... 25th

### 1,500 Meters

5:20.90 Louisiana Classics (3/17) ..... 33rd  
 5:27.44 LSU Relays (3/24) ..... 8th-B section  
 5:26.50 Battle on the Bayou (4/7) ..... 17th

## KAITLYN MOREAU

### 100 Hurdles

14.29 -0.7 Louisiana Classics (3/17) ..... 7th  
 14.66 -1.4 LSU Relays (3/23) ..... 7th-prelims  
 14.51 1.4 LSU Relays (3/24) ..... 7th  
 15.05 1.4 Texas Relays (3/30) ..... 64th  
 14.88 -2.6 Battle on the Bayou (4/7) ..... 16th  
 14.93 0.2 Arizona State Tri-Meet (4/14) ..... 6th  
 14.35 3.9 w LSU Alumni Gold (4/21) ..... 5th-B section  
 14.53 -1.1 SEC Championships (5/10) ..... 9th-Heptathlon  
 14.51 1.6 SEC Championships (5/12) ..... 19th

### 200 Meters

25.55 -1.4 Louisiana Classics (3/17) ..... 18th  
 25.03 -0.7 Battle on the Bayou (4/7) ..... 17th  
 25.30 1.4 Arizona State Tri-Meet (4/14) ..... 9th  
 24.74 2.9 w LSU Alumni Gold (4/21) ..... 4th-B section  
 25.37 -0.7 SEC Championships (5/10) ..... 6th-Heptathlon

### 800 Meters

2:37.80 SEC Championships (5/11) ..... 9th-Heptathlon

### High Jump

4-11 3/4 SEC Championships (5/10) ..... T9th

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## Long Jump

15-10 1/4	-0.1	Louisiana Classics (3/17)	20th
17-6	2.5	w LSU Relays (3/23)	14th
16-7	-1.3	Battle on the Bayou (4/7)	13th
17-0 3/4	0.0	Arizona State Tri-Meet (4/14)	9th
FOUL		LSU Alumni Gold (4/21)	FOUL
16-6	0.0	SEC Championships (5/11)	9th-Heptathlon

## Shot Put

39-0 1/2		SEC Championships (5/10)	4th-Heptathlon
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## Javelin

82-4		SEC Championships (5/11)	9th-Heptathlon
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## Heptathlon

4,605		SEC Championships (5/11)	8th
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## LEIGH-ANN NACCARI

### 800 Meters

2:27.16		Louisiana Classics (3/17)	22nd
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### 1,500 Meters

4:50.31		Louisiana Classics (3/17)	19th
4:50.51		Battle on the Bayou (4/7)	12th

### 3,000 Meters

10:46.35		Battle on the Bayou (4/7)	3rd
10:30.54		Arizona State Tri-Meet (4/14)	3rd

### 5,000 Meters

18:07.54		LSU Relays (3/23)	5th
17:48.69		LSU Alumni Gold (4/21)	2nd
18:17.21		SEC Championships (5/13)	27th

## TAKEIA PINCKNEY

### 100 Meters

11.57	1.2	Texas Relays (3/30)	12th
11.70	-2.4	Battle on the Bayou (4/7)	5th
11.36	2.9	w LSU Alumni Gold (4/21)	7th
16.27	0.3	Penn Relays (4/27)	19th
11.35	1.8	SEC Championships (5/12)	5th-prelims
11.49	1.9	SEC Championships (5/13)	7th
11.73	-1.5	NCAA East Prelims (5/24)	22nd-prelims
11.71	-0.6	NCAA East Prelims (5/25)	24th

### 200 Meters

24.18	-0.5	Battle on the Bayou (4/7)	6th
23.94	2.7	w SEC Championships (5/11)	9th-prelims
24.80	2.6	w SEC Championships (5/13)	8th

## LYNNIKA PITTS

### High Jump

5-8 3/4		LSU Relays (3/23)	1st
5-7		Texas Relays (3/30)	T9th-B Section
5-5 1/4		Battle on the Bayou (4/7)	T8th
5-5		Arizona State Tri-Meet (4/14)	1st
NH		LSU Alumni Gold (4/21)	NH
5-4 1/2		Penn Relays (4/26)	16th-College
5-7 3/4		SEC Championships (5/12)	10th

### Long Jump

17-9 1/2	0.6	LSU Relays (3/23)	11th
20-5 3/4	2.8	w SEC Championships (5/12)	6th
19-4 3/4	-0.8	NCAA East Prelims (5/24)	28th

## Triple Jump

39-3 1/4	2.1	w Texas Relays (3/30)	14th
FOUL		Battle on the Bayou (4/7)	FOUL
37-1 3/4	0.0	Arizona State Tri-Meet (4/14)	4th
39-3 1/4	3.8	w LSU Alumni Gold (4/21)	9th-Invitational
38-5	2.8	w Penn Relays (4/27)	7th
40-2 3/4	-1.9	SEC Championships (5/13)	10th

## BRITTANY PORTER

### Long Jump

FOUL		LSU Relays (3/23)	FOUL
20-5	2.2	w Texas Relays (3/30)	2nd-B Section
20-4 1/2	2.1	w Battle on the Bayou (4/7)	1st
19-5 1/4	0.0	Arizona State Tri-Meet (4/14)	2nd
20-1	3.9	w LSU Alumni Gold (4/21)	4th-Invitational
19-8 3/4	0.0	Penn Relays (4/26)	5th-College
20-9 1/4	2.5	w SEC Championships (5/12)	2nd
20-5	0.4	NCAA East Prelims (5/24)	9th
20-3 3/4	1.8	NCAA Championships (6/7)	15th

### Triple Jump

39-2 1/4	0.3	SEC Championships (5/13)	14th
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## LINDSAY ROE

### 800 Meters

2:57.12		Louisiana Classics (3/17)	48th
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### 1,500 Meters

5:47.77		Louisiana Classics (3/17)	34th
5:47.29		LSU Relays (3/24)	9th-B section
5:36.66		Battle on the Bayou (4/7)	18th

## LAURA ROSE

### Pole Vault

NH		LSU Relays (3/24)	NH
NH		Battle on the Bayou (4/7)	NH
NH		LSU Alumni Gold (4/21)	NH
NH		Cole-Lancon Invitational (4/28)	NH

## MONTENAE ROYE-SPEIGHT

### 200 Meters

24.90	-1.6	Louisiana Classics (3/17)	4th
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### 400 Meters

55.20		Louisiana Classics (3/17)	1st
54.61		Battle on the Bayou (4/7)	12th
55.01		LSU Alumni Gold (4/21)	2nd-B section
54.80		SEC Championships (5/12)	17th

### 800 Meters

DNF		LSU Alumni Gold (4/21)	DNF
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## LACEY SANCHEZ

### Pole Vault

11-6 1/2		LSU Relays (3/24)	5th
11-9		Battle on the Bayou (4/7)	10th
11-8		Arizona State Tri-Meet (4/14)	7th
12-4 1/2		LSU Alumni Gold (4/21)	5th
12-0		Cole-Lancon Invitational (4/28)	1st
NH		SEC Championships (5/12)	NH

# 2012 WOMEN'S OUTDOOR PERFORMANCE LIST

Final

## ANNIE SIMONEAUX

### Javelin

147-5	Texas Relays (3/30)	9th
152-9	Battle on the Bayou (4/7)	3rd
154-5	Arizona State Tri-Meet (4/14)	1st
143-1	Penn Relays (4/26)	5th
157-11	SEC Championships (5/12)	2nd
146-1	NCAA East Prelims (5/24)	14th

## SAMIA STOKES

### Discus

171-5	Louisiana Classics (3/17)	1st
157-3	LSU Relays (3/24)	3rd
168-3	Texas Relays (3/30)	4th
173-0	Battle on the Bayou (4/7)	1st
171-4	Arizona State Tri-Meet (4/14)	3rd
163-1	LSU Alumni Gold (4/21)	1st
172-7	Penn Relays (4/27)	2nd
181-0	SEC Championships (5/13)	3rd
169-6	NCAA East Prelims (5/25)	8th
162-3	NCAA Championships (6/6)	18th

### Hammer

173-9	LSU Relays (3/23)	6th
158-10	Battle on the Bayou (4/7)	17th
164-4	Arizona State Tri-Meet (4/14)	10th
167-6	Penn Relays (4/26)	16th-College
150-4	SEC Championships (5/11)	13th

## JASMIN STOWERS

### 100 Meters

11.87	-0.3	LSU Relays (3/23)	3rd-prelims
11.82	3.3	w LSU Relays (3/24)	3rd
11.72	2.6	w Battle on the Bayou (4/7)	6th
11.97	0.9	Arizona State Tri-Meet (4/14)	6th

### 100 Hurdles

13.39	2.4	w Texas Relays (3/30)	10th
13.03	3.3	w Texas Relays (3/31)	3rd-Invitational
13.10	0.4	Battle on the Bayou (4/7)	1st
13.50	0.2	Arizona State Tri-Meet (4/14)	1st
12.92	0.9	LSU Alumni Gold (4/21)	1st
13.24	-0.6	Penn Relays (4/27)	1st-prelims
13.05	0.9	Penn Relays (4/28)	1st
13.16	1.6	SEC Championships (5/12)	1st-prelims
12.96	1.8	SEC Championships (5/13)	1st
13.01	2.9	w NCAA East Prelims (5/25)	4th-prelims
13.03	0.5	NCAA East Prelims (5/26)	4th-Quarterfinal
13.01	1.1	NCAA Championships (6/7)	6th-Semifinal
13.20	-3.1	NCAA Championships (6/9)	5th
13.15	0.7	U.S. Olympic Trials (6/22)	19th-prelims
13.21	1.2	U.S. Olympic Trials (6/23)	18th

## TOSHIKA SYLVESTER

### 100 Meters

11.82	-0.2	LSU Relays (3/23)	1st-prelims
11.68	3.3	w LSU Relays (3/24)	1st
12.05	2.0	Texas Relays (3/30)	51st
11.67	2.6	w Battle on the Bayou (4/7)	4th
11.77	0.9	Arizona State Tri-Meet (4/14)	2nd
11.62	1.0	LSU Alumni Gold (4/21)	10th

### 200 Meters

24.53	1.0	Battle on the Bayou (4/7)	15th
24.45	1.7	Arizona State Tri-Meet (4/14)	4th
23.80	3.5	w LSU Alumni Gold (4/21)	10th
DNF		SEC Championships (5/11)	DNF

## CASSANDRA TATE

### 400 Hurdles

57.06	Battle on the Bayou (4/7)	1st
57.39	LSU Alumni Gold (4/21)	1st
57.95	SEC Championships (5/11)	3rd-prelims
56.82	SEC Championships (5/13)	2nd
57.70	NCAA East Prelims (5/24)	4th-prelims
56.40	NCAA East Prelims (5/25)	2nd-Quarterfinal
55.97	NCAA Championships (6/6)	3rd-Semifinal
55.22	NCAA Championships (6/8)	1st
56.74	U.S. Olympic Trials (6/28)	13th-prelims
55.77	U.S. Olympic Trials (6/29)	8th-Semifinal
55.36	U.S. Olympic Trials (7/1)	5th
55.62	NACAC Under-23 Championships (7/8)	1st

## KENDRA WHITE

### 200 Meters

24.99	-0.5	Louisiana Classics (3/17)	5th
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### 400 Meters

56.51	Louisiana Classics (3/17)	2nd
55.35	Battle on the Bayou (4/7)	17th
55.97	LSU Alumni Gold (4/21)	3rd-B section
54.15	USA Junior Championships (6/16)	11th

## 4x100-METER RELAY

43.94	Stowers, Hackett, Alexander, Duncan	LSU Relays (3/23) - 1st-prelims
43.86	Stowers, Hackett, Alexander, Duncan	LSU Relays (3/24) - 1st
43.86	Pinckney, Hackett, Alexander, Duncan	Texas Relays (3/30) - 2nd-prelims
42.99	Pinckney, Hackett, Alexander, Duncan	Texas Relays (3/31) - 1st
43.74	Pinckney, Hackett, Alexander, Duncan	Battle on the Bayou (4/7) - 1st
45.39	Pinckney, Hackett, Alexander, Duncan	Arizona State Tri-Meet (4/14) - 1st
43.35	Pinckney, Hackett, Alexander, Duncan	LSU Alumni Gold (4/21) - 1st
44.79	Pinckney, Hackett, Alexander, Duncan	Penn Relays (4/26) - 4th-prelims
44.01	Pinckney, Hackett, Alexander, Duncan	Penn Relays (4/27) - 2nd
43.27	Pinckney, Hackett, Alexander, Duncan	SEC Championships (5/13) - 1st
43.26	Pinckney, Hackett, Alexander, Duncan	NCAA East Prelims (5/26) - 1st-Quarterfinal

## 4x200-METER RELAY

1:32.64	Tate, Hackett, Alexander, Duncan	LSU Relays (3/24) - 1st
1:34.95	Pinckney, Day, Herbert, McDermott	LSU Relays (3/24) - 2nd
1:38.23	Sylvester, Chase, Roye-Speight, White	LSU Relays (3/24) - 3rd
1:30.01	Tate, Hackett, Alexander, Duncan	Texas Relays (3/31) - 1st
1:33.11	McDermott, Hackett, Alexander, Duncan	Penn Relays (4/27) - 2nd-prelims
1:31.86	McDermott, Hackett, Alexander, Duncan	Penn Relays (4/28) - 1st

## 4x400-METER RELAY

DNF	White, Levin, Roye-Speight, NO ANCHOR	Louisiana Classics (3/17) - DNF
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# 2012 WOMEN'S OUTDOOR PERFORMANCE LIST

Final

3:36.21	McDermott, Tate, Herbert, Day.....	LSU Relays (3/24) - 1st
3:41.36	White, Lipsey, Levin, Roye-Speight.....	LSU Relays (3/24) - 2nd
3:35.05	McDermott, Tate, Herbert, Day.....	Texas Relays (3/30) - 5th-prelims
3:30.42	Alexander, Tate, Herbert, Day.....	Texas Relays (3/31) - 2nd
3:36.95	McDermott, Duncan, Roye-Speight, Day .....	Battle on the Bayou (4/7) - 4th
DNF	White, Lipsey, Gochenour, NO ANCHOR.....	Battle on the Bayou (4/7) - DNF
3:37.40	Alexander, McDermott, Lipsey, Day.....	Arizona State Tri-Meet (4/14) - 1st
DNF	White, Roye-Speight, Levin, NO ANCHOR.....	Arizona State Tri-Meet (4/14) - DNF
3:33.41	Alexander, Tate, McDermott, Day .....	LSU Alumni Gold (4/21) - 2nd
3:35.38	McDermott, Tate, Herbert, Day.....	Penn Relays (4/26) - 4th-prelims
3:29.25	McDermott, Alexander, Tate, Day.....	SEC Championships (5/13) - 1st
3:30.05	McDermott (53.71), Alexander (52.11), Tate (52.57), Day (51.64).....	NCAA East Prelims (5/26) - 1st
3:28.01	McDermott, Alexander, Tate, Day.....	NCAA Championships (6/7) - 1st-Semifinal
3:24.59	sr McDermott, Alexander, Tate, Day.....	NCAA Championships (6/9) - 2nd

## SPRINT MEDLEY RELAY

3:54.52	Hackett, Tate, Day, Levin .....	LSU Relays (3/23) - 1st
4:27.77	McDermott, Roye-Speight, White, Mobley.....	LSU Relays (3/23) - 8th
3:43.79	sr Hackett, Duncan, Tate, Lipsey .....	Texas Relays (3/30) - 1st
3:44.50	Hackett, Duncan, Day, Lipsey.....	Penn Relays (4/27) - 2nd

## DISTANCE MEDLEY RELAY

12:27.97	Aleman, Chase, Carleton, Naccari .....	LSU Relays (3/24) - 3rd
11:16.82	Lipsey, Roye-Speight, Levin, Carleton.....	Texas Relays (3/31) - 1st

## 4X100-METER SHUTTLE HURDLE RELAY

54.68	Gochenour, Hall, Moreau, Stowers.....	Penn Relays (4/27) - 1st
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## MEN'S OUTDOOR PERSONAL BESTS

### ADE ALLEYNE-FORTE

400 Meters .....46.22

### SHERMUND ALLSOP

100 Meters ..... 10.38  
200 Meters..... 20.71

### KYRON BLAISE

Long Jump .....25-11 1/2  
Triple Jump .....54-1 1/4

### RODNEY BROWN

Shot Put .....54-7 1/2  
Discus..... 190-8

### JOSEPH CARAWAY

Pole Vault ..... 17-0 3/4

### ROGER COOKE

1,500 Meters .....4:04.44  
5,000 Meters ..... 15:27.55

### PHILIP DEMPSEY

800 Meters .....2:00.60  
1,500 Meters .....4:04.92

### CULLEN DOODY

800 Meters .....1:58.71  
1,500 Meters .....3:50.23  
5,000 Meters ..... 14:48.07

### QUINCY DOWNING

400 Meters .....46.18  
800 Meters .....1:50.68

### ANDREAS DUPLANTIS

Pole Vault ..... 17-5 1/2

### COURTNEY EDWARDS

400 Hurdles .....53.66

### AARON ERNEST

100 Meters ..... 10.15w/10.17  
200 Meters..... 20.39w/20.53  
Long Jump .....23-7

### RICHARD FISHER

800 Meters .....1:55.04

### DAMAR FORBES

Long Jump ..... 27-0  
Triple Jump .....52-0

### BRANDON GORDON

Long Jump ..... 23-0  
Triple Jump .....48-6 1/4

### EARNEST GREEN

Long Jump ..... 24-3  
Triple Jump ..... 48-11

### KEITH GRIFFITH

400 Meters .....47.40  
800 Meters ..... 1:52.94

### BEN GUARISCO

100 Meters .....10.60  
200 Meters.....21.36w

### RIKER HYLTON

200 Meters ..... 20.76  
400 Meters ..... 45.30

### JAORA JOHNSON

Pole Vault ..... 16-8 3/4

### MICHAEL LAURO

Hammer ..... 223-0

### PHILLIP LeBLANC

Javelin ..... 208-1

### WILLIAM LeBLANC

High Jump..... 6-10

### VINCENT LeDUFF

400 Meters ..... 48.59

### AARON MOORE

Javelin .....229-6

### BRYAN MUTELL

800 Meters .....2:08.17  
1,500 Meters .....4:13.85  
5,000 Meters .....15:52.70

### BARRETT NUGENT

110-Meter Hurdles ..... 13.19w/13.32

### DANIEL OBIOHA

Discus.....167-9

### RYNELL PARSON

100 Meters ..... 10.23  
200 Meters..... 21.05

### THOMAS REINECKE

Pole Vault ..... 17-4 1/2

### RYAN ROUBION

Javelin .....214-5

### TREVOR SANSONE

100 Meters .....10.54  
200 Meters.....22.27

### HOWARD SHEPARD III

400 Meters .....49.92  
800 Meters .....1:47.87

### ROBERT SIMMONS

200 Meters .....21.11  
400 Meters .....45.84

### KEYTH TALLEY

100 Meters .....10.33  
200 Meters.....20.70

### JAMES THURN

400-Meter Hurdles.....52.10  
800 Meters .....1:49.53

### JEREMY TUTTLE

Discus.....150-11  
Hammer.....188-9  
Javelin .....227-6

### CHRIS WATSON

Pole Vault .....16-2

### ANTHONY WHITAKER

400 Meters .....48.26

### WILLIAM WIESLER

800 Meters .....2:03.83  
1,500 Meters .....4:09.18  
5,000 Meters .....15:46.35

### CALEB WILLIAMS

200 Meters ..... 20.95w/21.14  
400 Meters .....45.61

## WOMEN'S OUTDOOR PERSONAL BESTS

### LAURA ALEMAN

800 Meters ..... 2:27.51  
 1,500 Meters ..... 4:49.16  
 5,000 Meters ..... 18:16.34

### REBECCA ALEXANDER

200 Meters ..... 23.41w/23.78  
 400 Meters ..... 51.13

### BRIANNE BERGERON

Pole Vault ..... 11-1

### TORI BLISS

Shot Put ..... 51-7 1/4  
 Discus ..... 149-6

### LAURA CARLETON

800 Meters ..... 2:12.71  
 1,500 Meters ..... 4:22.31  
 5,000 Meters ..... 16:28.08

### KATIE CARROLL

Hammer ..... 143-7

### JONIQUE DAY

400 Meters ..... 52.11

### KIMBERLYN DUNCAN

100 Meters ..... 10.94w/10.96  
 200 Meters ..... 22.12w/22.19

### ALEX GOCHENOUR

100 Hurdles ..... 13.67w/13.89  
 200 Meters ..... 24.48  
 800 Meters ..... 2:19.14  
 High Jump ..... 5-6  
 Long Jump ..... 18-5 3/4  
 Shot Put ..... 39-3 3/4  
 Javelin ..... 123-3  
 Heptathlon ..... 5,354

### BREA GOODMAN

800 Meters ..... 2:14.37  
 1,500 Meters ..... 4:35.28  
 5,000 Meters ..... 17:33.54

### DAKOTA GOODMAN

800 Meters ..... 2:15.73  
 1,500 Meters ..... 4:36.99  
 5,000 Meters ..... 17:33.99

### SEMOY HACKETT

100 Meters ..... 11.04  
 200 Meters ..... 22.41w/22.55

### SHANEKIA HALL

100 Hurdles ..... 13.11

### KAREN HENNING

Hammer ..... 197-2

### SIEDDA HERBERT

100 Meters ..... 11.78  
 200 Meters ..... 24.89  
 400 Meters ..... 53.59

### DENISE HINTON

Hammer ..... 191-5

### BRIANNA KENNEDY

Shot Put ..... 47-6 1/2  
 Javelin ..... 151-6  
 Discus ..... 163-6  
 Hammer ..... 205-3

### RACHEL LAURENT

Pole Vault ..... 14-3 1/4

### SAMANTHA LEVIN

400 Meters ..... 54.46  
 800 Meters ..... 2:06.74  
 1,500 Meters ..... 4:39.80

### CHARLENE LIPSEY

800 Meters ..... 2:01.40  
 1,500 Meters ..... 4:18.16

### LATOYA McDERMOTT

400 Meters ..... 53.48

### KAITLYN MOREAU

100 Hurdles ..... 14.29  
 200 Meters ..... 24.74w/25.03  
 800 Meters ..... 2:37.80  
 High Jump ..... 4-11 3/4  
 Long Jump ..... 17-6w/17-0 3/4  
 Shot Put ..... 39-0 1/2  
 Javelin ..... 82-4  
 Heptathlon ..... 4,605

### LEIGH-ANN NACCARI

1,500 Meters ..... 4:50.31  
 5,000 Meters ..... 17:48.69

### TAKEIA PINCKNEY

100 Meters ..... 11.26  
 200 Meters ..... 23.32

### LYNNIKA PITTS

High Jump ..... 5-8 3/4  
 Long Jump ..... 20-5 3/4w/19-4 3/4  
 Triple Jump ..... 42-4w/40-2 3/4

### BRITTANY PORTER

Long Jump ..... 20-9 1/4w/20-5

### MONTENAE ROYE-SPEIGHT

200 Meters ..... 24.11  
 400 Meters ..... 53.62

### LACEY SANCHEZ

Pole Vault ..... 13-1 1/2

### ANNIE SIMONEAUX

Javelin ..... 157-11

### SAMIA STOKES

Discus ..... 181-0  
 Hammer ..... 176-3

### JASMIN STOWERS

100 Meters ..... 11.82  
 100-Meter Hurdles ..... 12.88

### TOSHIKA SYLVESTER

100 Meters ..... 11.54  
 200 Meters ..... 24.06

### CASSANDRA TATE

100 Meters ..... 11.79  
 200 Meters ..... 23.68  
 400-Meter Hurdles ..... 55.22

### KENDRA WHITE

200 Meters ..... 24.43  
 400 Meters ..... 53.72



# MEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

## 100 Meters

1. Richard Thompson	2008	9.89
2. Trindon Holliday	2009	10.00
3. Xavier Carter	2006	10.09
4. Slip Watkins	1989	10.15
Fabian Muyaba	1993	10.15
Byron Logan	1998	10.15
7. Glenroy Gilbert	1993	10.16
8. Aaron Ernest	2012	10.17
Chris Cummings	1996	10.17
10. Kelly Willie	2006	10.19

## 200 Meters

1. Xavier Carter	2005	20.02
2. Richard Thompson	2008	20.18
3. Rohsaan Griffin	1996	20.21
4. Curtis Perry	1997	20.25
5. Efram Coley	1980	20.35
6. Dino Napier	1989	20.37
Glenroy Gilbert	1993	20.37
8. Derrick Brew	1999	20.38
9. Slip Watkins	1989	20.40
10. Byron Logan	1998	20.41

## 400 Meters

1. Derrick Brew	1999	44.29
2. Xavier Carter	2006	44.53
3. Kelly Willie	2004	44.63
4. Alleyne Francique	2002	44.87
5. Pete Coley	2002	44.89
6. Riker Hylton	2011	45.30
7. Al Coffee	1969	45.44c
8. Lloyd Wills	1972	45.54c
9. Caleb Williams	2011	45.61
10. Mike Alridge	1998	45.64

## 800 Meters

1. Robin van Helden	1987	1:45.53
2. David Singoei	1993	1:45.64
3. Richard Jones	2010	1:46.42
4. Bob Smith	1972	1:46.9c
5. Jamaal James	2007	1:47.00
6. Elkana Kosgei	2008	1:47.05
7. Reuben Twijkuye	2007	1:47.11
8. Sadiki White	2010	1:47.57
9. Howard Shepard	2012	1:47.87
10. Passmore Furusa	1995	1:47.91

## 1,500 Meters

1. Passmore Furusa	1995	3:39.71
2. Bobby Beck	1984	3:41.8
3. Terry Thornton	1989	3:42.20
4. Mike Quigley	1980	3:42.36
5. Robin van Helden	1989	3:42.37
6. John Kosgei	2008	3:42.98
7. John Stewart	1972	3:44.2c
8. Bob Smith	1974	3:44.3c
9. Mark Elliott	1989	3:44.52
10. Patrick Gavin	2006	3:45.03

## 3,000-Meter Steeplechase

1. Magnus Bengtsson	1990	8:38.14
2. Mark Dobbins	1979	8:39.72
3. Terry Thornton	1991	8:44.19
4. Passmore Furusa	1994	8:45.33
5. Bobby Beck	1981	8:47.35
6. Paul Marmaro	1987	8:47.83
7. Stuart Mee	1987	8:48.26
8. David Hall	1986	8:56.01
9. Bob Wyman	1993	9:00.40
10. Jaime Bastidas	1998	9:02.64

## 5,000 Meters

1. Mark Elliott	1989	13:33.10
2. Terry Thornton	1989	13:49.69
3. John Kosgei	2008	13:54.40
4. John Stewart	1971	14:04.0c
5. Mike Smith	1986	14:10.74
6. Abderrzak Merchoud	1997	14:12.79
7. Mike Quigley	1980	14:13.43
8. Tom Douple	1974	14:13.4
9. Sam Mwape	2004	14:14.52
10. Jimmy Wiggins	2004	14:14.90

## 10,000 Meters

1. Terry Thornton	1990	28:18.68
2. Mark Elliott	1989	28:32.44
3. Likhaya Dayile	2001	29:16.82
4. Mike Smith	1986	29:18.88
5. Joseph Simuchimba	2007	29:39.83

6. Jimmy Wiggins	2005	29:50.94
7. Sam Mwape	2005	30:02.83
8. Pablo Presedo	1988	30:12.65
9. Richard Chautin	2010	30:28.04
10. Tom Douple	1974	30:40.8c

## 110-Meter Hurdles

1. Barrett Nugent	2012	13.32
2. Eric Reid	1987	13.50
3. Larry Shipp	1975	13.55
4. Alleyne Lett	2007	13.57
5. Orlando McDaniel	1980	13.64
Ryan Fontenot	2008	13.64
7. Charles James	1984	13.67
8. Allen Misher	1973	13.73
Bernard Williams	1985	13.73
10. Greg Scott	1999	13.74

## 400-Meter Hurdles

1. Bennie Brazell	2005	47.67
2. Isa Phillips	2007	48.51
3. Luero Colquhoun	2002	48.91
4. Regan Nichols	1996	49.43
5. Bernard Williams	1986	49.65
6. Billy Hardin	1964	49.94c
7. Carey Schimph	1975	50.44c
8. David Singoei	1992	50.69
9. Glenn "Slats" Hardin	1934	50.74c
10. Patrick Lee	2009	50.90

## High Jump

1. Tom Lange	1990	7-5 3/4
2. J.J. Barton	1997	7-4 1/2
3. Larey Weaver	1982	7-3 3/4
4. Alain Metellus	1986	7-3 1/4
5. Louis Callaway	1986	7-1
6. Claston Bernard	2002	7-2 1/4
7. Bruce Reid	1988	7-0 1/4
8. John Dupont	1995	6-11 3/4
9. Juan Thomas	1994	6-11 1/2
10. Ted Heroman	1972	6-11

## Pole Vault

1. Russ Buller	2000	18-8 3/4
2. Greg Duplantis	1986	18-5 1/4
3. Grey Rappe	1983	18-0 1/2
Derrick Prentice	1996	18-0 1/2
5. Edgar Daiz	1991	17-9
6. Josh Dominguez	2010	17-8 1/2
Ricky Wright	1986	17-8 1/2
8. Marcus McGehee	2011	17-7 3/4
9. Andreas Duplantis	2012	17-5 1/2
10. Mark Rose	1983	17-5

## Long Jump

1. John Moffitt	2004	27-9 1/2
2. Llewellyn Starks	1990	27-0 1/2
3. Damar Forbes	2011	27-0
4. Walter Davis	2001	26-8 1/4
5. Reggie Jones	1993	26-5 3/4
6. LeJuan Simon	2004	26-3 1/2
7. Jeremy Hicks	2009	26-3
8. Lotfi Khaida	1992	26-2 1/4
Matthew Rose	1989	26-2 1/4
10. Eugene McCain	1979	26-1 1/2
Marcus Thomas	2000	26-1 1/2

## Triple Jump

1. Walter Davis	2002	57-8 1/2
2. Reggie Jones	1992	56-2
3. Lotfi Khaida	1993	55-6 1/4
4. Marcus Thomas	2000	54-6 3/4
5. Zedric Thomas	2011	54-5 1/2
6. LeJuan Simon	2004	54-4 1/2
7. John Moffitt	2003	54-2 3/4
LeVar Anderson	1999	54-2 3/4
9. Kyrin Blaise	2012	54-1 1/4
10. Jermaine Grant	1995	53-13/4

## Shot Put

1. Joe Maciejczyk	1982	65-7
2. Simon Williams	1991	62-10 3/4
3. Gunnar Pflingsten	1997	62-4 1/2
4. Rolf Kahles	1997	62-3
5. Scott Petersen	1993	62-1
6. Alex Forst	2000	60-10 3/4
7. John Dermody	1996	60-7 1/4
8. Frank Mazza	1989	60-4 1/2
9. Tom Marshall	1980	59-8
10. Christian Nehme	1998	59-7

## Discus

1. John Nichols	1989	209-1
2. Simon Williams	1992	200-7
3. Alex Forst	1998	195-7
4. Mike Yasolsky	1989	193-4
5. Derrick Farrell	1993	192-5
6. Rodney Brown	2012	190-8
7. Dave Paddison	1991	183-11
8. Dave Grant	1995	183-10
9. Rolf Kahles	1997	181-3
10. Frank Mazza	1989	180-2

## Hammer

1. Walter Henning	2010	239-5
2. Michael Lauro	2011	223-0
3. Dave Paddison	1994	222-3
4. Javier Nieto	1999	216-5
5. Rabun Fox	2008	215-11
6. John Woosley	1998	202-1
7. Nigel Green	1996	201-8
8. Ross Roubion	2011	200-3
9. Chris Bless	2008	197-2
10. Dave Galvan	1996	193-10

## Javelin

1. Mikael Olander	1987	247-11
2. Chad Radgowski	2007	239-8
3. Mark Morris	1992	236-1
4. Preston Chatham	2007	234-7
5. Willie Boudloche	1993	231-11
6. Blake Theriot	2000	231-8
7. Aaron Moore	2012	229-6
Craig Nall	2000	229-6
9. Jeremy Tuttle	2012	227-6
10. Anthony Martel	2009	221-7

## Decathlon (1985 IAAF Tables)

1. Mario Sategna	1995	8,172
2. Mikael Olander	1988	8,126
3. Claston Bernard	2002	8,094
4. Sheldon Blockburger	1987	7,964
5. Bruce Reid	1988	7,900w
6. Bengt Jarlso	1989	7,733
7. Darion Powell	2006	7,640
8. Alleyne Lett	2005	7,550
9. Edwin Billot	2006	7,468
10. Karon Vanderhoff	1992	7,449w

## 4x100-Meter Relay

1. Jermaine Grant, Mike Alridge, Byron Logan, Curtis Perry	1998	38.24
2. Walter Davis, Robert Parham, Pete Coley, Bennie Brazell	2002	38.32
3. Barrett Nugent, Aaron Ernest, Keyth Talley, Sherman Allsop	2012	38.38
4. Armanti Hayes, Richard Thompson, Gabriel Mvumvure, Trindon Holliday	2008	38.42
5. Richard Thompson, Xavier Carter, Marvin Stevenson, Kelly Willie	2006	38.44
6. Jermaine Grant, Chris Cummings, Eddie Kennison, Rohsaan Griffin	1995	38.64
7. Kelly Willie, Robert Parham, Pete Coley, Bennie Brazell	2003	38.65
8. Armanti Hayes, Richard Thompson, Gabriel Mvumvure, Trindon Holliday	2008	38.67
Barrett Nugent, Will Coppage, Armanti Hayes, Trindon Holliday	2009	38.67
10. Reggie Jones, Bryant Williams, Chris King, Jason Sanders	1992	38.70
Reggie Jones, Glenroy Gilbert, Chris King, Fabian Muyaba	1993	38.70

## 4x400-Meter Relay

1. Reggie Dardar, Kelly Willie, Bennie Brazell, Xavier Carter	2005	2:59.59
2. Robert Simmons, Ade Alleyne-Forte, Caleb Williams, Riker Hylton	2011	3:01.07
3. Robert Simmons, Quincy Downing, Ade Alleyne-Forte, Riker Hylton	2012	3:01.21
4. Marvin Stevenson, Bennie Brazell, Kelly Willie, Pete Coley	2004	3:01.39
5. Reggie Dardar, Kelly Willie, Melville Rogers, Xavier Carter	2006	3:01.58
6. Robert Parham, Luero Colquhoun, Pete Coley, Alleyne Francique	2001	3:01.66
7. Quincy Downing, Robert Simmons, Ade Alleyne-Forte, Riker Hylton	2012	3:01.97
8. Robert Parham, Bennie Brazell, Pete Coley, Kelly Willie	2003	3:02.01
(tie) Reggie Dardar, Melville Rogers, Xavier Carter, Kelly Willie	2006	3:02.01

# WOMEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

## 100 Meters

1. Dawn Sowell	1989	10.78
2. D'Andre Hill	1996	10.92
3. Kimberlyn Duncan	2012	10.96
4. Peta-Gaye Dowdie	1999	11.03
5. Semoy Hackett	2012	11.04
Muna Lee	2003	11.04
7. Kelly Baptiste	2008	11.06
8. Cheryl Taplin	1994	11.07
9. Sheila Echols	1987	11.09
10. Esther Jones	1991	11.11

## 200 Meters

1. Dawn Sowell	1989	22.04
2. Kimberlyn Duncan	2012	22.19
3. Zundra Feagin	1996	22.30
4. Muna Lee	2004	22.47
5. Stephanie Durst	2002	22.48
6. D'Andre Hill	1996	22.49
Esther Jones	1990	22.49
8. Peta-Gaye Dowdie	2000	22.51
9. Semoy Hackett	2012	22.55
10. Kelly Baptiste	2008	22.67
Sherry Fletcher	2007	22.67

## 400 Meters

1. LaTarsha Stroman	1997	50.60
2. Hazelann Regis	2004	50.64
3. Nadia Davy	2003	50.66
4. Rebecca Alexander	2012	51.13
5. Claudine Williams	1999	51.40
6. Youlanda Warren	1992	51.55
7. Ronetta Smith	2002	51.62
8. Deonna Lawrence	2006	51.75
9. Monique Hall	2004	51.93
10. Charlene Maulsseed	1995	52.03

## 800 Meters

1. Neisha Bernard-Thomas	2004	2:01.32
2. Charlene Lipsey	2012	2:01.40
LaTavia Thomas	2010	2:01.40
4. Claudine Williams	1999	2:02.52
5. Camille Cato	1987	2:02.73
6. Sylvia Brydson	1989	2:03.02
7. Kayann Thompson	2010	2:03.54
Lee Ann Van Landingham	1982	2:03.54
9. Christine Slythe	1985	2:03.57
10. Brittany Hall	2009	2:03.68

## 1,500 Meters

1. Christine Slythe	1985	4:17.14
2. Charlene Lipsey	2012	4:18.16
3. Charlotte Mayoock	1997	4:18.68
4. Muffy McLeod	1985	4:20.25
5. Silje Rasmussen	1996	4:20.96
6. Laura Carleton	2012	4:22.31
7. Lisa Reed	1987	4:27.1
8. Ruth Nanyinza	2005	4:30.16
9. Susanne Strunz	2001	4:30.19
10. Tina Bengtson	1981	4:32.8

## 3,000 Meters

1. Lisa Reed	1987	9:22.04
2. Charlotte Mayoock	1997	9:25.58
3. Muffy McLeod	1985	9:32.28
4. Laura Carleton	2012	9:37.17
5. Suzanne Strunz	2000	9:52.50
6. Michelle Cross	1981	9:56.1
7. Colleen Scanlan	1986	9:57.4
8. Bridget Cusack	2000	9:58.61
9. Ann Quigley	1980	10:03.92
10. Megan Broussard	2007	10:06.99

## 5,000 Meters

1. Muffy McLeod	1985	16:18.89
2. Lisa Reed	1988	16:27.65
3. Laura Carleton	2012	16:28.08
4. Ruth Nanyinza	2004	17:03.02
5. Katie Denton	2005	17:10.47
6. Ann Quigley	1980	17:22.0
7. Suzanne Strunz	2000	17:22.02
8. Bridget Cusack	2000	17:27.43
9. Elaine Gomez	1984	17:28.45
10. Brea Goodman	2011	17:33.54

## 10,000 Meters

1. Lisa Reed	1988	35:27.94
2. Katie Denton	2005	35:39.94
3. Bridget Cusack	2001	36:32.79
4. Elaine Gomez	1984	36:37.25
5. Emily Blake	1997	37:12.76

## 100-Meter Hurdles

1. Tananjalya Stanley	1989	12.70
2. Kim Carson	1996	12.72
3. Lolo Jones	2004	12.77
4. Dawn Bowles	1991	12.82
Astia Walker	1997	12.82
6. Joyce Bates	2000	12.85
Nickiesha Wilson	2008	12.85
8. Jasmin Stowers	2011	12.88
9. Cinnamon Sheffield	1989	12.95
10. Jessica Ohanaja	2007	13.01

## 400-Meter Hurdles

1. Nickiesha Wilson	2007	53.97
2. Schowonda Williams	1987	54.82
3. Debbie Paris	1994	55.17
4. Cassandra Tate	2012	55.22
5. Donalda Duprey	1991	56.29
6. Sylvia Brydson	1989	57.69
7. Doria Appleberry	2002	58.16
8. Leslie Nixon	1988	58.25
9. Althea Thomas	2003	58.30
10. Celena Clarke	1998	58.34

## 3,000-Meter Steeplechase

1. Susanne Strunz	2001	10:18.54ht
2. Kate Accardo	2006	11:35.10
3. Sandra Smith	2003	11:57.98

## High Jump

1. Gai Kapernick	1994	6-2 1/4
2. Brittani Carter	2010	6-0 1/2
Kym Carter	1987	6-0 1/2
Kelli Flynn	1993	6-0 1/2
5. Harelidau Argyle	1997	6-0
6. Gretchen Francois	1998	5-11 1/4
7. Kim Fenton	1989	5-10 3/4
8. Shaunette Davidson	2007	5-10 1/2
Sharon Jaklofsky	1991	5-10 1/2
10. Leslie Nixon	1988	5-10

## Pole Vault

1. Rachel Laurent	2011	14-3 1/4
2. Katelina Rodrigue	2008	13-7 1/4
3. Lacey Sanchez	2012	12-4 3/4
4. Mallory Thompson	2008	12-2 1/2
5. Calah Young	2005	11-11 3/4
6. Lauren Saudier	2011	11-10 1/2
7. Randi Opperman	2002	11-5 3/4
Megan Duet	2005	11-5 3/4
9. Brienne Bergeron	2010	11-1
10. Jackie Dove	2006	10-10

## Long Jump

1. Sheila Echols	1987	22-9 1/4
2. Daphnie Saunders	1993	22-2 1/2
3. Claire Connor	1988	21-9
4. Keisha Spencer	2000	21-8 1/4
5. Marita Hunt	1995	21-5 1/2
6. Tina Harris	2005	21-4 3/4
7. Dahlia Duhaney	1991	21-3 1/2
Camille Jackson	1993	21-3 1/2
9. Julie Lewis	1988	21-1 1/4
10. Monique Freeman	1999	20-10 3/4

## Triple Jump

1. Keisha Spencer	2000	45-10
2. Suzette Lee	1997	45-8
3. Nicole Toney	2003	44-6 3/4
4. Andrea Linton	2007	44-1 1/4
5. Sharon Clarke	1986	43-11 3/4
6. Melissa Ogbourne	2010	43-8
7. Camille Jackson	1993	43-6
8. Bianca Rockett	1999	43-0 1/4
9. Daphnie Saunders	1993	42-10
10. Andrea Booker	2002	42-7

## Shot Put

1. Danyel Mitchell	1994	54-6 1/2
2. Teresa Williford	1986	53-5
3. Katie McKeever	2003	51-9 3/4
4. Tori Bliss	2012	51-7
5. Laurie Trapp	1992	49-0 3/4
6. Kym Carter	1987	48-7 1/4
7. Lavern Eve	1986	48-2
8. Jacqui Sheffield	1984	47-8 1/2
9. Brianna Kennedy	2011	47-6 1/2
10. Jill Lipp	2000	47-0 3/4

## Discus

1. Danyel Mitchell	1994	194-4
2. Samia Stokes	2012	181-0
3. Laurie Trapp	1992	175-11
4. Katie McKeever	2003	173-10
5. Teresa Williford	1987	172-10
6. Brianna Kennedy	2012	163-6
7. Mallory McDonald	2002	162-9
8. Lavern Eve	1987	161-1
9. Anyssa Olivarez	1996	157-8
10. Maria Pettersson	1997	156-6

## Javelin

1. Lavern Eve	1987	204-9
2. Cheryl Coker	1988	179-1
3. Wanda Ferster	1989	169-11
5. Anna Lyons	2009	168-11
5. Amanda Harmata	2007	166-4
6. Annie Simoneaux	2012	157-11
7. Maria Romero	2003	157-4
8. Kim Poche	1996	153-0
9. Brianna Kennedy	2009	151-6
10. Neely Falgout	2002	150-5

## Hammer

1. Britney Henry	2004	205-11
2. Brianna Kennedy	2012	204-7
3. Mallory McDonald	2003	197-4
4. Karen Henning	2012	197-2
5. Kim Williams	2010	195-9
6. Denise Hinton	2012	191-5
7. Candice Gonzalez	2002	188-1
8. Samia Stokes	2011	176-3
9. Allison Horner	2009	175-5
10. Danielle Martin	2011	148-5

## Heptathlon

1. Sharon Jaklofsky	1992	6,013w
2. Cheryl Wilson	1989	5,855
3. Jovennie McDuffie	1991	5,778
4. Lana Zimmerman	1985	5,606w
5. Kym Carter	1987	5,545
6. Camilla Strid	1991	5,532
7. Katarina Hallberg	1990	5,506w
8. Loren Leaverton	2000	5,366
9. Rhonda Phillips	1988	5,363w
10. Alex Gochenour	2012	5,354

## 4x100-Meter Relay

1. Tananjalya Stanley, Dawn Sowell, Cinnamon Sheffield, Esther Jones	1989	42.50
2. Stephanie Durst, Monique Hall, Lolo Jones, Muna Lee	2003	42.55
3. Brooklynn Morris, Samantha Henry, Juanita Broadus, Kelly Baptiste	2008	42.59
4. Lolo Jones, Monique Hall, Stephanie Durst, Muna Lee	2004	42.61
5. Kenyanna Wilson, Semoy Hackett, Rebecca Alexander, Kimberlyn Duncan	2011	42.64
6. Astia Walker, Kwajalein Butler, Zundra Feagin, D'Andre Hill	1996	42.76
7. Brooklynn Morris, Samantha Henry, Juanita Broadus, Kelly Baptiste	2008	42.80
8. Brooklynn Morris, Samantha Henry, Juanita Broadus, Kelly Baptiste	2008	42.84
9. Kenyanna Wilson, Samantha Henry, Brooklynn Morris, Kelly Baptiste	2008	42.85
10. Lolo Jones, Monique Hall, Nadia Davy, Muna Lee	2004	42.92

## 4x400-Meter Relay

1. Latoya McDermott, Rebecca Alexander, Cassandra Tate, Jonique Day	2012	3:24.59
2. N. Bernard-Thomas, Hazelann Regis, Monique Hall, Nadia Davy	2004	3:25.26
3. Brooklynn Morris, Meisue Francis, Cynethea Rooks, Deonna Lawrence	2006	3:25.78
4. Nadia Davy, Neisha Bernard-Thomas, Monique Hall, Hazelann Regis	2003	3:27.04
5. Nadia Davy, Monique Hall, N. Bernard-Thomas, Hazelann Regis	2003	3:27.88
6. Brooklynn Morris, Meisue Francis, Deonna Lawrence, Cynethea Rooks	2006	3:27.85
7. Debbie Parriss, Indira Hamilton, H. Van Norman, Youlanda Warren	1993	3:27.97
8. Latoya McDermott, Rebecca Alexander, Cassandra Tate, Jonique Day	2012	3:28.01
9. Nickiesha Wilson, Cynethea Rooks, LaTavia Thomas, Deonna Lawrence	2007	3:28.07
10. Meisue Francis, Brooklynn Morris, Cynethea Rooks, Deonna Lawrence	2006	3:28.23