

# LSU

## 2010 CROSS COUNTRY

### PERFORMANCE LISTS

#### 2010 SCHEDULE

SEPT. 18	MSU INVITATIONAL	STARKVILLE, MISS.
SEPT. 25	LSU INVITATIONAL	BATON ROUGE, LA.
OCT. 9	MCNEESE COWBOY STAMPEDE	LAKE CHARLES, LA.
OCT. 16	CHILE PEPPER FESTIVAL	FAYETTEVILLE, ARK.
NOV. 1	SEC CHAMPIONSHIPS	FORT JACKSON, S.C.
NOV. 13	NCAA SOUTH CENTRAL REGIONAL	WACO, TEXAS
NOV. 22	NCAA CHAMPIONSHIPS	TERRE HAUTE, IND.

#### MEET RESULTS

MSU INVITATIONAL  
SEPT. 18, 2010  
STARKVILLE, MISS.  
MEN 8K / WOMEN 5K

##### MEN TEAM RESULTS

	POINTS
1. MISSISSIPPI STATE	20
2. LSU	37
3. JACKSON STATE	85
4. HINDS CC	--

##### WOMEN TEAM RESULTS

	POINTS
1. MISSISSIPPI STATE	19
2. LSU	40
3. JACKSON STATE	85
4. HINDS CC	--

##### MEN INDIVIDUAL RESULTS

	TIME
1. RICHARD CHAUTIN	24:41.13
8. TIM LANDRY	26:01.56
10. CULLEN DOODY	26:26:18
11. ALDEN HEAPHY	26:27.55
14. ROGER COOKE	26:47.49
16. LUKE DESSAUER	27:08.52
19. KENNETH SCHIFFMAN	27:24.95
20. KEN EHRHARDT	28:12.86

##### WOMEN INDIVIDUAL RESULTS

	TIME
4. LAURA CARELTON	18:44.10
6. DOKOTA GOODMAN	18:57.60
7. BREA GOODMAN	19:03.40
12. LEIGH-ANN NACARRI	19:40.00
14. CHARLENE LIPSEY	19:55.10
16. LAUREN YBARZABAL	20:14.80
18. LAURA ALEMAN	21:27.70
23. ANNA DAIGLE	23:24.20
24. HOPE PHELPS	23:32.60



# 2010 CROSS COUNTRY

## PERFORMANCE LISTS

LSU INVITATIONAL  
SEPT. 25, 2010  
BATON ROUGE, LA.  
MEN 8K / WOMEN 6K

### MEN TEAM RESULTS

	POINTS
1. HOUSTON	47
2. LSU	53
3. HOUSTON BAPTIST	83
4. SOUTHEASTERN LOUISIANA	92
5. UL-MONROE	146
6. NORTHWESTERN STATE	164
7. TULANE	169
8. UL-LAFAYETTE	185
9. XAVIER (LA)	212
10. JACKSON STATE	266

### WOMEN TEAM RESULTS

	POINTS
1. MCNEESE STATE	38
2. HOUSTON	58
3. TULANE	73
4. LSU	75
5. HOUSTON BAPTIST	142
6. SOUTHEASTERN LOUISIANA	161
7. UL-MONROE	201
8. NORTHWESTERN STATE	233
9. UL-LAFAYETTE	236
10. SOUTHERN	316
11. XAVIER (LA)	323
12. JACKSON STATE	335

### MEN INDIVIDUAL RESULTS

	TIME
2. RICHARD CHAUTIN	25:58.90
6. TIM LANDRY	26:43.54
11. CULLEN DOODY	27:41.28
16. ALAN STICKER	28:09.87
21. LUKE DESSAUER	28:16.08
22. ROGER COOKE	28:25.75
31. KEN EHRHARDT	29:08.12

### WOMEN INDIVIDUAL RESULTS

	TIME
6. LAURA CARELTON	21:24.28
11. BREA GOODMAN	21:42.17
20. DAKOTA GOODMAN	22:27.07
21. LEIGH-ANN NACCARI	22:33.57
22. LAUREN YBARZABAL	22:34.35
32. CHARLENE LIPSEY	22:58.09
58. LAURA ALEMAN	24:21.24
80. HOPE PHELPS	25:53.00
89. LINDSAY ROE	26:49.27
98. ANNA-CHERIE DAIGLE	27:32.91



# 2010 CROSS COUNTRY

## PERFORMANCE LISTS

### MCNEESE COWBOY STAMPEDE

OCT. 9, 2010

LAKE CHARLES, LA.

MEN 4 MILES / WOMEN 5K

#### MEN TEAM RESULTS

1. MCNEESE STATE	18
2. LSU	74
3. LOUISIANA TECH	--
4. UT-ARLINGTON	104
5. CENTRAL ARKANSAS	149
6. SOUTHEASTERN LOUISIANA	153
7. NORTHWESTERN STATE	195
8. UL-LAFAYETTE	199

#### POINTS

#### WOMEN TEAM RESULTS

1. UT-ARLINGTON	38
2. LSU	63
3. CENTRAL ARKANSAS	66
4. SOUTHEASTERN LOUISIANA	102
5. UL-LAFAYETTE	104
6. NORTHWESTERN STATE	121

#### POINTS

#### MEN INDIVIDUAL RESULTS

	TIME
3. RICHARD CHAUTIN	19:27.00
13. TIM LANDRY	20:27.32
16. ALDEN HEAPHY	20:30.49
22. KYLE HECKER	20:41.58
23. CULLEN DOODY	20:46.88
31. SEAN SWANNER	21:18.02
36. PARAS SHAH	21:27.72
40. KEN EHRHARDT	21:37.09
43. KENNETH SCHIFFMAN	21:48.82
44. ALAN STICKER	21:51.17
50. LUKE DESSAUER	22:17.25

#### TIME

#### WOMEN INDIVIDUAL RESULTS

3. LAURA CARELTON	18:06.10
5. CHARLENE LIPSEY	18:14.06
19. LEIGH-ANN NACCARI	19:05.43
22. LAUREN YBARZABAL	19:15.16
33. LAURA ALEMAN	20:08.19
52. ANNA-CHERIE DAIGLE	22:56.46

#### TIME



# 2010 CROSS COUNTRY

## PERFORMANCE LISTS

### CHILE PEPPER FESTIVAL

OCT. 16, 2010

FAYETTEVILLE, ARK.

MEN 10K / WOMEN 5K

#### MEN TEAM RESULTS

1. OKLAHOMA STATE	22
2. INDIANA	73
3. ARKANSAS	74
4. ADAMS STATE	134
5. TEXAS A&M	242
6. WYOMING	294
7. ARKANSAS-LITTLE ROCK	298
8. UMASS	312
9. OAKLAND	319
10. OKLAHOMA CHRISTIAN	334
25. LSU	689

#### POINTS

#### WOMEN TEAM RESULTS

1. OKLAHOMA STATE	72
2. INDIANA	76
3. TEXAS A&M	162
4. ADAMS STATE	196
5. OAKLAND	262
6. TEXAS A&M-CC	297
7. UAB	348
8. LIPSCOMB	349
9. OAKLAND	369
10. AUBURN	389
26. LSU	652

#### POINTS

#### MEN INDIVIDUAL RESULTS

73. RICHARD CHAUTIN	31:16.82
193. CULLEN DOODY	32:49.97
195. TIM LANDRY	32:51.00
201. ALDEN HEAPHY	32:54.13
228. ALAN STICKER	33:12.23
248. KYLE HECKER	33:26.33
296. SEAN SWANNER	34:00.89
309. ROGER COOKE	34:11.89
382. KENNETH SCHIFFMAN	35:24.90
415. PARAS SHAH	36:19.40

#### TIME

#### WOMEN INDIVIDUAL RESULTS

65. LAURA CARELTON	18:03.61
149. DAKOTA GOODMAN	18:45.96
151. BREA GOODMAN	18:47.90
180. CHARLENE LIPSEY	19:00.41
186. LEIGH-ANN NACCARI	19:03.21
237. LAUREN YBARZABAL	19:23.50
293. LAURA ALEMAN	19:47.12

#### TIME



# 2010 CROSS COUNTRY

## PERFORMANCE LISTS

### SEC CHAMPIONSHIPS

NOV. 1, 2010

FORT JACKSON, S.C.

MEN 8K / WOMEN 6K

#### MEN TEAM RESULTS

	POINTS
1. ARKANSAS	34
2. ALABAMA	62
3. FLORIDA	69
4. TENNESSEE	132
5. OLE MISS	154
6. GEORGIA	155
7. MISSISSIPPI STATE	211
8. KENTUCKY	222
9. LSU	231
10. AUBURN	234
11. VANDERBILT	278

#### WOMEN TEAM RESULTS

	POINTS
1. FLORIDA	60
2. ARKANSAS	61
3. VANDERBILT	76
4. GEORGIA	130
5. MISSISSIPPI STATE	156
6. ALABAMA	177
7. AUBURN	190
8. KENTUCKY	207
9. OLE MISS	209
10. SOUTH CAROLINA	251
11. LSU	279
12. TENNESSEE	326

#### MEN INDIVIDUAL RESULTS

	TIME
24. RICHARD CHAUTIN	25:02.01
53. TIM LANDRY	26:20.35
55. ALAN STICKER	26:23.93
58. CULLEN DOODY	26:30.74
61. KYLE HECKER	26:35.42
70. ALDEN HEAPHY	27:00.89
71. ROGER COOKE	27:01.73
84. SEAN SWANNDER	27:43.69
88. LUKE DESSAUER	28:04.57
91. KENNETH SCHIFFMAN	28:14.99

#### WOMEN INDIVIDUAL RESULTS

	TIME
37. LAURA CARLETON	22:07.96
52. CHARLENE LIPSEY	22:34.86
68. LEIGH-ANN NACCARI	23:03.41
69. DAKOTA GOODMAN	23:04.88
77. BREA GOODMAN	23:10.93
91. LAUREN YBARZABAL	24:00.18
98. LAURA ALEMAN	24:46.76
100. ANNA DAIGLE	27:45.54



# 2010 CROSS COUNTRY

## PERFORMANCE LISTS

NCAA SOUTH CENTRAL REGIONAL  
NOV. 13, 2010  
WACO, TEXAS

### MEN TEAM RESULTS

	POINTS
1. ARKANSAS	30
2. TEXAS	66
3. LAMAR	102
4. BAYLOR	151
5. TEXAS A&M	166
6. MCNEESE STATE	173
7. ARKANSAS - LITTLE ROCK	201
8. STEPHEN F. AUSTIN	215
9. UTSA	216
10. RICE	265
14. LSU	378

### POINTS

### WOMEN TEAM RESULTS

	POINTS
1. TEXAS	43
2. RICE	72
3. ARKANSAS	99
4. BAYLOR	105
5. TEXAS A&M	140
6. STEPHEN F. AUSTIN	150
7. SMU	216
8. TEXAS A&M - CC	243
9. LAMAR	313
10. HOUSTON	327
16. LSU	378

### POINTS

### MEN INDIVIDUAL RESULTS

	TIME
31. RICHARD CHAUTIN	31:20.30
88. CULLEN DOODY	33:17.10
89. TIM LANDRY	33:22.70
104. ALAN STICKER	34:33.60
107. ROGER COOKE	34:52.90
110. KYLE HECKER	35:34.80

### TIME

### WOMEN INDIVIDUAL RESULTS

	TIME
60. DAKOTA GOODMAN	22:12.90
67. LAURA CARLETON	22:19.20
86. CHARLENE LIPSEY	22:57.70
92. LEIGH-ANN NACCARI	23:06.00
98. BREA GOODMAN	23:17.10
110. LAUREN YBARZABAL	23:19.40
122. LAURA ALEMAN	24:37.40

### TIME



# 2010 CROSS COUNTRY

## PERFORMANCE LISTS

NCAA CHAMPIONSHIPS  
NOV. 22, 2010  
TERRE HAUTE, IND.

**MEN TEAM RESULTS**  
NO RUNNERS COMPETED

**POINTS**

**WOMEN TEAM RESULTS**  
NO RUNNERS COMPETED

**POINTS**

**MEN INDIVIDUAL RESULTS**

**TIME**

**WOMEN INDIVIDUAL RESULTS**

**TIME**

# LSU

## 2010 CROSS COUNTRY

### PERFORMANCE LISTS

#### RICHARD CHAUTIN

MSU INVITATIONAL	8K	1	24:41.13
LSU INVITATIONAL	8K	2	25:58.90
MCNEESE STAMPEDE	4M	3	19:27.00
CHILE PEPPER FEST	10K	73	31:16.82
SEC CHAMPIONSHIPS	8K	24	25:02.01
NCAA REGIONAL	10K	31	31:20.30

#### ROGER COOKE

MSU INVITATIONAL	8K	14	26:47.49
LSU INVITATIONAL	8K	22	28:25.75
CHILE PEPPER FEST	10K	309	34:11.89
SEC CHAMPIONSHIPS	8K	71	27:01.73
NCAA REGIONAL	10K	107	34:52.90

#### LUKE DESSAUER

MSU INVITATIONAL	8K	16	27:08.52
LSU INVITATIONAL	8K	21	28:16.08
MCNEESE STAMPEDE	4M	50	22:17.25
SEC CHAMPIONSHIPS	8K	88	28:04.57

#### CULLEN DOODY

MSU INVITATIONAL	8K	10	26:26.18
LSU INVITATIONAL	8K	11	27:41.28
MCNEESE STAMPEDE	4M	23	20:46.88
CHILE PEPPER FEST	10K	193	32:49.97
SEC CHAMPIONSHIPS	8K	58	26:30.74
NCAA REGIONAL	10K	88	33:17.10

#### KEN EHRHARDT

MSU INVITATIONAL	8K	20	28:12.86
LSU INVITATIONAL	8K	31	29:08.12
MCNEESE STAMPEDE	4M	40	21:37.09

#### ALDEN HEAPHY

MSU INVITATIONAL	8K	11	26:27.55
MCNEESE STAMPEDE	4M	16	20:30.49
CHILE PEPPER FEST	10K	201	32:54.13
SEC CHAMPIONSHIPS	8K	70	27:00.89

#### KYLE HECKER

MCNEESE STAMPEDE	4M	22	20:41.58
CHILE PEPPER FEST	10K	248	33:26.33
SEC CHAMPIONSHIPS	8K	61	26:35.42
NCAA REGIONAL	10K	110	35:34.80

#### TIM LANDRY

MSU INVITATIONAL	8K	8	26:01.56
LSU INVITATIONAL	8K	6	26:43.54
MCNEESE STAMPEDE	4M	13	20:27.32
CHILE PEPPER FEST	10K	195	32:51.00
SEC CHAMPIONSHIPS	8K	53	26:20.35
NCAA REGIONAL	10K	89	33:22.70

#### KENNETH SCHIFFMAN

MSU INVITATIONAL	8K	19	27:24.95
MCNEESE STAMPEDE	4M	43	21:48.82
CHILE PEPPER FEST	10K	382	35:24.90
SEC CHAMPIONSHIPS	8K	91	28:14.99

#### PARAS SHAH

MCNEESE STAMPEDE	4M	36	21:27.72
CHILE PEPPER FEST	10K	415	36:19.40

#### ALAN STICKER

LSU INVITATIONAL	8K	16	28:09.87
MCNEESE STAMPEDE	4M	44	21:51.17
CHILE PEPPER FEST	10K	228	33:12.23
SEC CHAMPIONSHIPS	8K	55	26:23.93
NCAA REGIONAL	10K	104	34:33.60

#### SEAN SWANNER

MCNEESE STAMPEDE	4M	31	21:18.02
CHILE PEPPER FEST	10K	296	34:00.89
SEC CHAMPIONSHIPS	8K	84	27:43.69



# LSU

## 2010 CROSS COUNTRY

### PERFORMANCE LISTS

#### LAURA ALEMAN

MSU INVITATIONAL	5K	18	21:27.70
LSU INVITATIONAL	6K	58	24:21.24
MCNEESE STAMPEDE	5K	33	20:08.19
CHILE PEPPER FEST	5K	293	19:47.12
SEC CHAMPIONSHIPS	6K	98	24:46.76
NCAA REGIONAL	6K	122	24:37.40

#### LAURA CARLETON

MSU INVITATIONAL	5K	4	18:44.10
LSU INVITATIONAL	6K	6	21:24.28
MCNEESE STAMPEDE	5K	3	18:06.10
CHILE PEPPER FEST	5K	65	18:03.61
SEC CHAMPIONSHIPS	6K	37	22:07.96
NCAA REGIONAL	6K	67	22:19.20

#### ANNA-CHERIE DAIGLE

MSU INVITATIONAL	5K	12	19:40.00
LSU INVITATIONAL	6K	98	27:32.91
MCNEESE STAMPEDE	5K	52	22:56.46
SEC CHAMPIONSHIPS	6K	100	27:45.54

#### BREA GOODMAN

MSU INVITATIONAL	5K	7	19:03.40
LSU INVITATIONAL	6K	11	21:42.17
CHILE PEPPER FEST	5K	151	18:47.90
SEC CHAMPIONSHIPS	6K	77	23:10.93
NCAA REGIONAL	6K	98	23:17.10

#### DAKOTA GOODMAN

MSU INVITATIONAL	5K	6	18:57.60
LSU INVITATIONAL	6K	20	22:27.07
CHILE PEPPER FEST	5K	149	18:45.96
SEC CHAMPIONSHIPS	6K	69	23:04.88
NCAA REGIONAL	6K	60	22:12.90

#### CHARLENE LIPSEY

MSU INVITATIONAL	5K	14	19:55.10
LSU INVITATIONAL	6K	32	22:58.09
MCNEESE STAMPEDE	5K	5	18:14.06
CHILE PEPPER FEST	5K	180	19:00.41
SEC CHAMPIONSHIPS	6K	52	22:34.86
NCAA REGIONAL	6K	86	22:57.70

#### LEIGH-ANN NACCARI

MSU INVITATIONAL	5K	12	19:40.00
LSU INVITATIONAL	6K	21	22:33.57
MCNEESE STAMPEDE	5K	19	19:05.43
CHILE PEPPER FEST	5K	186	19:03.21
SEC CHAMPIONSHIPS	6K	68	23:03.41
NCAA REGIONAL	6K	92	23:06.00

#### HOPE PHELPS

MSU INVITATIONAL	5K	24	23:32.60
LSU INVITATIONAL	6K	80	25:53.00

#### LINDSAY ROE

MSU INVITATIONAL	5K	30	25:49.50
LSU INVITATIONAL	6K	89	26:49.27

#### LAUREN YBARZABAL

MSU INVITATIONAL	5K	16	20:14.80
LSU INVITATIONAL	6K	22	22:34.35
MCNEESE STAMPEDE	5K	22	19:15.16
CHILE PEPPER FEST	5K	237	19:23.50
SEC CHAMPIONSHIPS	6K	91	24:00.18
NCAA REGIONAL	6K	100	23:19.40