

2008 MEN'S OUTDOOR BESTS FINAL

100 Meters (10.55)

9.89	0.0	cr/sr	Richard ThompsonOlympic Games (8/16)
10.05	-0.1	r	Trindon HollidaySEC Championships (5/18)
10.37	0.7	r	Gabriel MvumvureWillie Williams Classic (3/22)
10.54	0.8	r	Will CoppageSEC Championships (5/17)
10.96	0.3		Demetrius ByrdSEC Championships (5/17)
11.02	N/A		Erik PowellCole/Lancon Twilight Classic (4/30)
11.44	2.0		Scott GibsonTiger Invitational (4/12)

Wind-Aided Times

10.30	5.1	w+	Gabriel MvumvureNCAA Mideast Regional (5/30)
10.53	2.8	r/w	Will CoppageTiger Invitational (4/12)

200 Meters (21.35)

20.18	1.9		Richard ThompsonNCAA Mideast Regional (5/30)
20.83	1.6		Gabriel MvumvureNCAA Mideast Regional (5/31)
21.28	0.9	r	Armanti HayesWillie Williams Classic (3/21)
22.07	1.1		Erik PowellWillie Williams Classic (3/21)
23.23	0.9		Scott GibsonLSU Alumni Gold (4/19)

Wind-Aided Times

20.68	2.5	w	Gabriel MvumvureNCAA Mideast Regional (5/30)
21.52	2.6	w	Reggie DardarTiger Invitational (4/12)

400 Meters (47.20)

46.10		r	Armanti HayesSEC Championships (5/18)
46.85		r	Reggie DardarWillie Williams Classic (3/22)
47.30			Elkana KosgeiTiger Invitational (4/12)
47.94			Reuben TwijukyeTiger Invitational (4/12)
48.43			Jamaal JamesTiger Invitational (4/12)
50.89			Erik PowellWillie Williams Classic (3/22)

800 Meters (1:50.40)

1:47.05		r	Elkana KosgeiSEC Championships (5/18)
1:47.91		r	Jamaal JamesSEC Championships (5/18)
1:48.13		r	Reuben TwijukyeLSU Alumni Gold (4/19)
1:51.02			Michael HendryWillie Williams Classic (3/22)
1:53.66			Jeff AdolphLSU Alumni Gold (4/19)
1:54.26			Alan StickerWarhawk Classic (4/26)

1,500 Meters (3:47.80)

3:42.98		r	John KosgeiTiger Invitational (4/12)
3:47.82			Michael HendrySEC Championships (5/17)
3:49.29			Alan StickerLSU Alumni Gold (4/19)
3:52.71			Elkana KosgeiLSU Tiger Relays (3/29)
3:59.54			Michael FlorekWarhawk Classic (4/26)
4:00.41			Joseph SimuchimbaLSU Tiger Relays (3/29)
4:02.15			Drew HaroLSU Alumni Gold (4/19)
4:04.99			Brett BorneLSU Alumni Gold (4/19)
4:15.11			Jacob SimmonsWarhawk Classic (4/26)
4:21.29			Kyle HeckerWarhawk Classic (4/26)

5,000 Meters (14:12.00)

13:54.40		r	John KosgeiSEC Championships (5/18)
14:31.24			Joseph SimuchimbaTiger Invitational (4/12)
14:52.34			Drew HaroSEC Championships (5/18)
14:54.67			Michael FlorekLSU Alumni Gold (4/19)
14:59.93			Alan StickerSEC Championships (5/18)
15:11.97			Michael HendrySEC Championships (5/18)
15:28.37			James PresleyLSU Alumni Gold (4/19)

10,000 Meters (29:30.00/28:45.00)

30:02.74			Joseph SimuchimbaSEC Championships (5/16)
32:11.76			James PresleyLSU Tiger Relays (3/28)

110-Meter Hurdles (14.30)

13.64	-1.0		Ryan FontenotNCAA Championships (6/12)
14.29	0.0	r	Patrick LeeWillie Williams Classic (3/22)
15.24	0.8		John LopezLSU Alumni Gold (4/19)
16.83	1.0		Chris BujolLSU Alumni Gold (4/19)

Wind-Aided Times

13.51	2.5	r/w	Ryan FontenotTiger Invitational (4/12)
15.48	2.5	w	John LopezTiger Invitational (4/12)

400-Meter Hurdles (52.51)

50.94		r	Patrick LeeTexas Relays (4/5)
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3,000-Meter Steeplechase (9:07.00)

9:37.25			Jacob SimmonsSEC Championships (5/17)
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4x100-Meter Relay (40.66)

38.42			Hayes, Thompson, Mvumvure, HollidayNCAA Championships (6/13)
38.67		r	Hayes, Thompson, Mvumvure, HollidaySEC Championships (5/18)
38.74		r	Hayes, Thompson, Mvumvure, HollidayTexas Relays (4/5)
39.11			Hayes, Thompson, Mvumvure, HollidayNCAA Championships (6/11)
39.17		r	Fontenot, Thompson, Hayes, HollidayLSU Alumni Gold (4/19)
39.18		r	Hayes, Thompson, Mvumvure, HollidayPenn Relays (4/26)
39.49		r	Hayes, Thompson, Mvumvure, HollidayPenn Relays (4/25)

4x400-Meter Relay (3:10.00)

3:04.33		r	Hayes, E. Kosgei, Twijukye, DardarTexas Relays (4/5)
3:04.76		r	Dardar, E. Kosgei, Twijukye, HayesLSU Alumni Gold (4/19)
3:06.11		r	Twijukye, E. Kosgei, Hayes, DardarLSU Tiger Relays (3/29)
3:06.20		r	Dardar, E. Kosgei, Twijukye, HayesSEC Championships (5/18)
3:06.64		r	Hayes, Twijukye, James, DardarPenn Relays (4/25)
3:07.11			Hayes, E. Kosgei, Twijukye, DardarNCAA Championships (6/12)
3:07.19		r	Hayes, E. Kosgei, Twijukye, DardarTiger Invitational (4/12)

High Jump (6-10 3/4 {2.10})

6-2 3/4 (1.90)			Chris BujolWillie Williams Classic (3/21)
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Pole Vault (16-6 3/4 {5.05})

17-5 (5.31)			Josh DominguezNCAA Mideast Regional (5/31)
16-1 3/4 (4.92)			Kyle RoseLSU Alumni Gold (4/19)
15-7 3/4 (4.77)			Marcus McGeheeLSU Alumni Gold (4/19)

Long Jump (24-1 {7.34})

25-8	1.4	r	Jeremy HicksSEC Championships (5/17)
23-11	1.4		Will CoppageSEC Championships (5/17)
23-6	-0.3		Zedric ThomasLSU Alumni Gold (4/19)
20-7 3/4	-0.2		Chris BujolLSU Alumni Gold (4/19)

Triple Jump (49-2 1/2 {15.00})

52-3 1/4	2.0		Zedric ThomasNCAA Mideast Regional (5/31)
49-7 3/4	-1.6	r	Reggie HaslomSEC Championships (5/18)

Shot Put (55-1 1/2 {16.80})

59-1 1/4 (18.01)		r	Ricky Jean-FrancoisLSU Tiger Relays (3/28)
56-0 (17.07)		r	Adam WilcoxLSU Tiger Relays (3/28)

Discus (169-7 {51.70})

150-11 (46.00)			Ricky Jean-FrancoisLSU Alumni Gold (4/19)
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Hammer (186-4 {56.80})

215-11 (65.81)		r	Rabun FoxTiger Invitational (4/12)
191-4 (58.32)			Chris BlessNCAA Mideast Regional (5/31)
170-6 (51.97)			Ross RoubionCole/Lancon Twilight Classic (4/30)

Javelin (202-1 {61.60})

237-2 (72.30)		r	Chad RadgowskiTiger Invitational (4/12)
234-7 (71.51)			Preston ChathamNCAA Championships (6/13)
216-1 (65.87)			Mark DeBlancNCAA Mideast Regional (5/30)

Decathlon (7,500/6,900)

No marks

KEY

a - NCAA automatic qualifying mark
 dec - Mark earned in decathlon competition
 p - NCAA provisional qualifying mark
 r - Regional qualifying time/mark
 cr - Collegiate record
 sr - School record
 w - Wind-aided
 w+ - Wind reading over the NCAA allowable limits of 4.0

2008 WOMEN'S OUTDOOR BESTS

FINAL

100 Meters (11.75)

11.06	1.9	r	Kelly BaptisteTexas Relays (4/5)
11.17	1.6	r	Juanita BroaddusSEC Championships (5/18)
11.27	1.6	r	Samantha HenrySEC Championships (5/18)
11.42	1.7	r	Kenyanna WilsonTiger Invitational (4/12)
11.68	1.7	r	Kristina DavisTiger Invitational (4/12)
11.71	1.3	r	Angel BoydLSU Tiger Relays (3/28)
11.76	0.5		Monique CabralWillie Williams Classic (3/22)
12.46	0.1		Tenaya JonesTiger Invitational (4/12)

Wind-Aided Times

10.97	3.5	w	Kelly BaptisteNCAA Mideast Regional (5/31)
11.04	4.7	w+	Samantha HenryNCAA Mideast Regional (5/30)
11.31	3.5	w	Kenyanna WilsonNCAA Mideast Regional (5/31)
11.54	2.1	r/w	Monique CabralLSU Tiger Relays (3/28)
11.58	2.1	w	Kristina DavisNCAA Mideast Regional (5/30)

200 Meters (23.96)

22.67	1.9		Kelly BaptisteNCAA Mideast Regional (5/31)
22.90	1.9		Samantha HenryNCAA Mideast Regional (5/30)
23.18	0.7	r	Juanita BroaddusSEC Championships (5/18)
23.29	2.0	r	Brooklynn MorrisLSU Alumni Gold (4/19)
23.54	1.2	r	Monique CabralTiger Invitational (4/12)
23.76	1.3	r	Kenyanna WilsonLSU Alumni Gold (4/19)
23.95	1.2	r	Deonna LawrenceLSU Alumni Gold (4/19)
23.97	1.2		Kristina DavisLSU Alumni Gold (4/19)

Wind-Aided Times

22.77	2.9	w	Kelly BaptisteNCAA Mideast Regional (5/30)
23.97	4.0	w	Kristina DavisTiger Invitational (4/12)

400 Meters (54.61)

52.74			Brooklynn MorrisNCAA Mideast Regional (5/31)
52.74			Deonna LawrenceNCAA Mideast Regional (5/31)
53.17		r	LaTavia ThomasTiger Invitational (4/12)
54.26		r	Brittany HallWillie Williams Classic (3/22)
54.90			Kayann ThompsonLSU Alumni Gold (4/19)
58.33			Lindsay DayWillie Williams Classic (3/22)

800 Meters (2:09.80)

2:03.22		r	LaTavia ThomasLSU Alumni Gold (4/19)
2:04.82		r	Kayann ThompsonSEC Championships (5/18)
2:05.95		r	Brittany HallSEC Championships (5/18)
2:10.68			Lindsay DaySEC Championships (5/16)
2:16.01			Katie DawsonWillie Williams Classic (3/22)

1,500 Meters (4:27.80)

4:34.71			Katie DawsonLSU Alumni Gold (4/19)
4:44.44			Christy ZirkleLSU Alumni Gold (4/19)

5,000 Meters (16:52.00)

17:49.80			Lindsay DaySEC Championships (5/18)
17:50.15			Katie DawsonSEC Championships (5/18)
18:04.92			Megan BroussardLSU Alumni Gold (4/19)
18:27.80			Christina PorterLSU Alumni Gold (4/19)

100-Meter Hurdles (13.92)

12.85	1.0	r	Nickiesha WilsonTexas Relays (4/5)
13.19	0.9	r	Jessica OhanajaLSU Alumni Gold (4/19)
13.27	0.9	r	Angel BoydLSU Alumni Gold (4/19)
13.62	1.0	r	Tenaya JonesLSU Alumni Gold (4/19)

Wind-Aided Times

12.63	2.7	w	Nickiesha WilsonNCAA Mideast Regional (5/31)
12.91	2.7	w	Jessica OhanajaNCAA Mideast Regional (5/31)
12.93	2.7	w	Angel BoydNCAA Mideast Regional (5/31)
13.43	5.3	w+	Tenaya JonesNCAA Mideast Regional (5/30)

400-Meter Hurdles (1:00.82)

54.45			Nickiesha WilsonNCAA Championships (6/13)
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3,000-Meter Steeplechase (10:50.25)

No marks

4x100-Meter Relay (45.70)

42.59		r	Morris, Henry, Broaddus, BaptistePenn Relays (4/25)
42.80		r	Morris, Henry, Broaddus, BaptisteSEC Championships (5/18)
42.84		r	Morris, Henry, Broaddus, BaptisteLSU Alumni Gold (4/19)
42.85			K. Wilson, Henry, Morris, BaptisteNCAA Championships (6/13)
43.10		r	Ohanaja, Henry, Broaddus, BaptisteTexas Relays (4/5)

43.35			Morris, Henry, Broaddus, BaptisteNCAA Championships (6/11)
43.51			Morris, Henry, Broaddus, BaptisteNCAA Mideast Regional (5/30)
43.60			Morris, Henry, Broaddus, BaptisteNCAA Mideast Regional (5/31)
43.62		r	Ohanaja, Henry, Broaddus, BaptisteLSU Tiger Relays (3/29)
43.97		r	Wilson, Cabral, Morris, DavisLSU Tiger Relays (3/29)
44.19		r	Ohanaja, Henry, Broaddus, BaptisteTexas Relays (4/4)

4x400-Meter Relay (3:42.00)

3:28.33			Morris, Baptiste, Thomas, LawrenceNCAA Championships (6/14)
3:29.28		r	Morris, Wilson, Broaddus, LawrenceLSU Alumni Gold (4/19)
3:29.72		r	Morris, Wilson, Thomas, LawrenceTexas Relays (4/5)
3:30.83		r	Morris, Wilson, Thomas, LawrenceLSU Tiger Relays (3/29)
3:31.21			Morris, Broaddus, Thomas, LawrenceNCAA Championships (6/12)
3:32.09		r	Wilson, Thompson, Thomas, LawrenceSEC Championships (5/18)
3:32.22			Morris, Hall, Thomas, LawrenceNCAA Mideast Regional (5/31)
3:33.24		r	Morris, Wilson, Thomas, LawrencePenn Relays (4/26)
3:36.70		r	Hall, Baptiste, Broaddus, DayLSU Tiger Relays (3/29)
3:38.41		r	Morris, Wilson, Thomas, LawrenceTiger Invitational (4/12)

High Jump (5-8 3/4 (1.75))

5-8 3/4 (1.75)		r	Brittani CarterSEC Championships (5/17)
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Pole Vault (12-7 1/2 (3.85))

13-7 1/4 (4.15)		r	Katelyn RodriguePenn Relays (4/24)
12-2 1/2 (3.72)			Mallory ThompsonLSU Alumni Gold (4/19)
11-1 3/4 (3.40)			Lauren SaucierLSU Tiger Relays (3/28)

Long Jump (19-8 1/4 (6.00))

19-11	3.0	w	Kathy ColemanNCAA Mideast Regional (5/30)
19-6	0.7		Melissa OgbourneWillie Williams Classic (3/21)
19-2 1/2	-0.5		Andrea LintonSEC Championships (5/18)
17-3 1/2	1.0		Nedra GrossWillie Williams Classic (3/21)

Triple Jump (40-5 (12.32))

44-5 1/4	3.9		Andrea LintonNCAA Mideast Regional (5/31)
43-8	3.5		Nedra GrossNCAA Mideast Regional (5/31)
41-5 1/4	0.9	r	Kathy ColemanSEC Championships (5/18)
40-11	3.4	r	Melissa OgbourneSEC Championships (5/18)

Shot Put (46-11 (14.30))

No marks

Javelin (142-6 (43.45))

158-8 (48.36)		r	Anna LyonsLSU Tiger Relays (3/28)
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Discus (155-2 (47.30))

No marks

Hammer (177-8 (54.15))

194-2 (59.18)		r	Kim WilliamsSEC Championships (5/16)
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Heptathlon (5,500/5,050)

No marks

KEY

a - NCAA automatic qualifying mark
 hep - Mark earned in heptathlon competition
 p - NCAA provisional qualifying mark
 r - Regional qualifying time/mark
 cr - Collegiate record
 sr - School record
 w - Wind-aided
 w+ - Wind reading over the NCAA allowable limits of 4.0

2008 MEN'S PERFORMANCE LIST FINAL

JEFF ADOLPH

800 Meters

1:56.03	Tiger Invitational (4/12)	.6th
1:53.66	LSU Alumni Gold (4/19)	.11th
1:54.30	Cole/Lancon Twilight Classic (4/30)	.2nd
1:56.27	Warhawk Classic (4/26)	.3rd

CHRIS BLESS

Hammer Throw

181-0	LSU Tiger Relays (3/28)	.2nd
183-9	Texas Relays (4/3)	.12th
173-0	Tiger Invitational (4/12)	.5th
182-8	LSU Alumni Gold (4/19)	.2nd
185-5	Penn Relays (4/29)	.8th-college
186-6	r Cole/Lancon Twilight Classic (4/30)	.2nd
185-3	SEC Championships (5/16)	.10th
191-4	NCAA Mideast Regional (5/31)	.15th

BRETT BORNE

1,500 Meters

4:05.38	Willie Williams Classic (3/21)	.24th
4:11.96	LSU Tiger Relays (3/29)	.6th
4:08.47	Tiger Invitational (4/12)	.12th
4:04.99	LSU Alumni Gold (4/19)	.23rd

DAVIDE BROWN

High Jump

NH	LSU Tiger Relays (3/28)	.NH
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CHRIS BUJOL

110-Meter Hurdles

FS	Tiger Invitational (4/12)	.FS
16.83	1.0 LSU Alumni Gold (4/19)	.31st

High Jump

6-2 3/4	Willie Williams Classic (3/21)	.8th
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Long Jump

19-2 3/4	Willie Williams Classic (3/21)	.15th
20-7 3/4	LSU Alumni Gold (4/19)	.27th

DEMETRIUS BYRD

100 Meters

10.96	0.3 SEC Championships (5/17)	.25th
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PRESTON CHATHAM

Javelin

220-11	r Willie Williams Classic (3/21)	.1st
227-5	r Texas Relays (4/5)	.5th
223-7	r Tiger Invitational (4/12)	.2nd
219-9	r Penn Relays (4/29)	.2nd
220-11	r SEC Championships (5/18)	.3rd
224-6	NCAA Mideast Regional (5/30)	.2nd
222-5	NCAA Championships (6/11)	.4th-prelims
234-7	NCAA Championships (6/13)	.4th

WILL COPPAGE

100 Meters

10.60	1.1 Willie Williams Classic (3/22)	.3rd
10.99	1.5 Texas Relays (4/4)	.40th
10.53	2.8 r/w Tiger Invitational (4/12)	.4th
10.58	1.2 LSU Alumni Gold (4/19)	.13th
10.54	0.8 r SEC Championships (5/17)	.11th

Long Jump

23-8	1.2 LSU Tiger Relays (3/28)	.7th
22-8 1/2	3.5 Texas Relays (4/4)	.9th
23-6	1.0 Tiger Invitational (4/12)	.4th
23-10	1.0 LSU Alumni Gold (4/19)	.10th

21-9 1/2	-1.6 Penn Relays (4/25)	.10th
23-11	1.4 SEC Championships (5/17)	.9th

JOSH CUSIMANO

5,000 Meters

DNF	Tiger Invitational (4/12)	.DNF
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10,000 Meters

DNF	LSU Tiger Relays (3/28)	.DNF
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REGGIE DARDAR

200 Meters

21.52	2.6 Tiger Invitational (4/12)	.7th
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400 Meters

46.85	r Willie Williams Classic (3/22)	.1st
47.05	r LSU Alumni Gold (4/19)	.8th
47.32	SEC Championships (5/17)	.9th-prelims
46.92	r SEC Championships (5/18)	.8th
47.20	NCAA Mideast Regional (5/30)	.11th

MARK DEBLANC

Javelin

198-3	Willie Williams Classic (3/21)	.5th
200-10	LSU Tiger Relays (3/29)	.3rd
192-2	Texas Relays (4/4)	.11th
212-5	r Tiger Invitational (4/12)	.4th
202-4	r Penn Relays (4/26)	.2nd-college
FOUL	SEC Championships (5/18)	.FOUL
216-1	NCAA Mideast Regional (5/30)	.6th

JOSH DOMINGUEZ

Pole Vault

16-2 3/4	Willie Williams Classic (3/21)	.4th
16-0 3/4	LSU Tiger Relays (3/29)	.1st
16-0 3/4	Texas Relays (4/3)	.t10th
16-10 3/4	r Tiger Invitational (4/12)	.2nd
16-1 3/4	LSU Alumni Gold (4/19)	.2nd
16-0 3/4	Penn Relays (4/26)	.5th
16-2 3/4	SEC Championships (5/18)	.6th
17-5	NCAA Mideast Regional (5/31)	.3rd
16-8 3/4	NCAA Championships (6/11)	.t16th

MICHAEL FLOREK

1,500 Meters

4:00.39	LSU Tiger Relays (3/29)	.2nd
3:59.54	Warhawk Classic (4/26)	.2nd

5,000 Meters

15:20.99	Willie Williams Classic (3/21)	.7th
14:54.67	LSU Alumni Gold (4/19)	.3rd
DNF	SEC Championships (5/18)	.DNF

RYAN FONTENOT

110-Meter Hurdles

13.68	0.0 r	Willie Williams Classic (3/22)	.1st
13.68	3.2 r/w	LSU Tiger Relays (3/28)	.1st-prelims
13.91	0.0 r	LSU Tiger Relays (3/29)	.1st
13.98	2.2 r/w	Texas Relays (4/4)	.4th-prelims
13.87	-1.5 r	Texas Relays (4/5)	.2nd
13.51	2.5 r/w	Tiger Invitational (4/12)	.1st
13.76	-0.8 r	LSU Alumni Gold (4/19)	.1st
13.85	-1.6 r	Penn Relays (4/25)	.2nd-prelims
DNF		Penn Relays (4/26)	.DNF
13.98	0.5 r	SEC Championships (5/17)	.9th-prelims
13.57	2.4 r/w	SEC Championships (5/18)	.3rd
13.89	3.2 w	NCAA Mideast Regional (5/30)	.7th-prelims
13.58	3.3 w	NCAA Mideast Regional (5/31)	.4th
13.64	-1.0	NCAA Championships (6/12)	.3rd-prelims
13.66	0.8	NCAA Championships (6/13)	.9th

2008 MEN'S PERFORMANCE LIST FINAL

RABUN FOX

Hammer Throw

198-11	r	Willie Williams Classic (3/22)	.3rd
210-11	r	LSU Tiger Relays (3/28)	.1st
212-6	r	Texas Relays (4/3)	.4th
215-11	r	Tiger Invitational (4/12)	.3rd
200-1	r	LSU Alumni Gold (4/19)	.1st
208-8	r	Penn Relays (4/26)	.1st
213-1	r	SEC Championships (5/16)	.3rd
209-0		NCAA Mideast Regional (5/31)	.8th
203-2		NCAA Championships (6/12)	.18th

SCOTT GIBSON

100 Meters

11.44	2.0	Tiger Invitational (4/12)	.15th
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200 Meters

23.25	3.0	Tiger Invitational (4/12)	.19th
23.23	0.9	LSU Alumni Gold (4/19)	.39th

DREW HARO

1,500 Meters

4:02.15		LSU Alumni Gold (4/19)	.19th
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5,000 Meters

15:19.71		Tiger Invitational (4/12)	.2nd
14:52.34		SEC Championships (5/16)	.24th

10,000 Meters

DNF		LSU Tiger Relays (3/28)	.DNF
DNF		SEC Championships (5/16)	.DNF

REGGIE HASLOM

Triple Jump

49-7 3/4	-1.6	r	SEC Championships (5/18)	.7th
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ARMANTI HAYES

200 Meters

21.28	0.9	r	Willie Williams Classic (3/21)	.2nd
21.71	-0.6		SEC Championships (5/16)	.18th

400 Meters

46.72		r	Tiger Invitational (4/12)	.1st
46.43		r	LSU Alumni Gold (4/19)	.3rd
47.24			SEC Championships (5/17)	.4th-prelims
46.10		r	SEC Championships (5/18)	.4th
46.86			NCAA Mideast Regional (5/30)	.8th-prelims
46.63			NCAA Mideast Regional (5/31)	.6th

KYLE HECKER

1,500 Meters

4:21.29			Warhawk Classic (4/26)	.14th
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5,000 Meters

DNF			Tiger Invitational (4/12)	.DNF
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MICHAEL HENDRY

800 Meters

1:51.02			Willie Williams Classic (3/22)	.3rd
1:53.35			Cole/Lancon Twilight Classic	.1st

1,500 Meters

3:48.78			LSU Tiger Relays (3/29)	.1st
3:54.69			LSU Alumni Gold (4/19)	.9th
3:47.82			SEC Championships (5/17)	.10th-prelims
3:51.52			SEC Championships (5/18)	.9th

5,000 Meters

15:11.97			SEC Championships (5/16)	.35th
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JEREMY HICKS

Long Jump

23-10 1/4	2.0		LSU Tiger Relays (3/28)	.6th
23-10	1.5		Texas Relays (4/4)	.6th
24-6 1/4	-0.8	r	LSU Alumni Gold (4/19)	.8th
25-8	0.0	r	SEC Championships (5/17)	.2nd
23-11 1/2	1.0		NCAA Mideast Regional (5/30)	.21st

TRINDON HOLLIDAY

100 Meters

10.38	2.3	r/w	Texas Relays (4/4)	.3rd-prelims
10.20	0.3	r	Texas Relays (4/5)	.1st
10.23	2.8	r/w	Tiger Invitational (4/12)	.1st
10.17	1.8	r	LSU Alumni Gold (4/19)	.1st
10.21	0.8	r	SEC Championships (5/17)	.2nd-prelims
10.05	-0.1	r	SEC Championships (5/18)	.2nd
10.07	5.1	w+	NCAA Mideast Regional (5/30)	.4th-prelims
10.07	1.9		NCAA Mideast Regional (5/31)	.2nd
10.62	-6.5		NCAA Championships (6/11)	.8th-prelims
10.34	-3.8		NCAA Championships (6/11)	.2nd-Semifinal
10.18	-0.5		NCAA Championships (6/13)	.3rd
10.15	1.7		U.S. Olympic Trials (6/28)	.14th-prelims
10.09	1.6		U.S. Olympic Trials (6/28)	.16th-Semifinal
10.17	2.2		U.S. Olympic Trials (6/29)	.11th

JAMAAL JAMES

400 Meters

48.43			Tiger Invitational (4/12)	.9th
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800 Meters

1:48.98		r	LSU Alumni Gold (4/19)	.3rd
1:50.09		r	SEC Championships (5/16)	.3rd-prelims
1:47.91		r	SEC Championships (5/18)	.2nd
1:48.57			NCAA Mideast Regional (5/30)	.4th-prelims
1:48.87			NCAA Mideast Regional (5/31)	.7th
1:50.02			NCAA Championships (6/11)	.7th-prelims
1:49.43			NCAA Championships (6/12)	.16th
1:49.13			Sagcor National Open Championships (6/22)	.3rd

RICKY JEAN-FRANCOIS

Shot Put

59-1 1/4		r	LSU Tiger Relays (3/28)	.1st
55-6 1/4		r	Texas Relays (4/4)	.4th
54-9 1/4			Tiger Invitational (4/12)	.4th
58-4 1/2		r	LSU Alumni Gold (4/19)	.1st
58-8		r	Penn Relays (4/25)	.2nd
58-0 1/2		r	SEC Championships (5/18)	.7th
58-4			NCAA Mideast Regional (5/30)	.4th
57-9 3/4			NCAA Championships (6/12)	.18th

Discus

147-1			LSU Tiger Relays (3/29)	.7th
150-7			Tiger Invitational (4/12)	.8th
150-11			LSU Alumni Gold (4/19)	.10th

ELKANA KOSGEI

400 Meters

47.30			Tiger Invitational (4/12)	.3rd
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800 Meters

1:47.42		r	LSU Alumni Gold (4/19)	.1st
1:48.92		r	SEC Championships (5/16)	.2nd-prelims
1:47.05		r	SEC Championships (5/18)	.1st
1:48.47			NCAA Mideast Regional (5/30)	.1st-prelims
1:48.10			NCAA Mideast Regional (5/31)	.2nd
1:50.33			NCAA Championships (6/11)	.4th-prelims
1:47.88			NCAA Championships (6/12)	.7th-Semifinal
1:47.34			NCAA Championships (6/14)	.4th

1,500 Meters

3:52.71			LSU Tiger Relays (3/29)	.2nd
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2008 MEN'S PERFORMANCE LIST FINAL

JOHN KOSGEI

1,500 Meters

3:42.98	r	Tiger Invitational (4/12)	.1st
3:44.36	r	LSU Alumni Gold (4/19)	.1st
3:44.52	r	SEC Championships (5/17)	.3rd-prelims
3:46.31	r	SEC Championships (5/18)	.2nd
3:46.62		NCAA Mideast Regional (5/30)	.7th-prelims
3:48.31		NCAA Mideast Regional (5/31)	.4th
3:46.05		NCAA Championships (6/12)	.18th

5,000 Meters

DNF		Tiger Invitational (4/12)	.DNF
13:54.40	r	SEC Championships (5/18)	.5th

PATRICK LEE

110-Meter Hurdles

14.29	0.0	r	Willie Williams Classic (3/22)	.2nd
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400-Meter Hurdles

52.91			LSU Tiger Relays (3/28)	.2nd-prelims
51.89	r		LSU Tiger Relays (3/29)	.1st
51.87	r		Texas Relays (4/3)	.5th-prelims
50.94	r		Texas Relays (4/5)	.4th
51.57	r		Tiger Invitational (4/12)	.1st
51.65	r		LSU Alumni Gold (4/19)	.5th
52.83			SEC Championships (5/16)	.14th
52.10			NCAA Mideast Regional (5/30)	.13th

JOHN LOPEZ

110-Meter Hurdles

15.39	1.8		LSU Tiger Relays (3/28)	.16th
15.48	2.5		Tiger Invitational (4/12)	.10th
15.24	0.8		LSU Alumni Gold (4/19)	.20th

MARCUS McGEHEE

Pole Vault

14-7 1/4			LSU Tiger Relays (3/29)	.8th
14-7 1/4			Tiger Invitational (4/12)	.15th
15-7 3/4			LSU Alumni Gold (4/19)	.7th
15-7			Cole/Lancon Twilight Classic (4/30)	.3rd

GABRIEL MVUMVURE

100 Meters

10.37	0.7	r	Willie Williams Classic (3/22)	.1st
10.45	2.4	r/w	LSU Tiger Relays (3/28)	.1st-prelims
10.47	0.7	r	LSU Tiger Relays (3/29)	.1st
10.46	4.9	w+	Texas Relays (4/4)	.7th-prelims
10.44	0.3	r	Texas Relays (4/5)	.6th
10.51	-1.4	r	Penn Relays (4/25)	.4th-prelims
10.71	0.8		SEC Championships (5/17)	.18th
10.30	5.1	w+	NCAA Mideast Regional (5/30)	.12th

200 Meters

21.23	0.9	r	Willie Williams Classic (3/21)	.1st
21.30	-1.0	r	SEC Championships (5/16)	.9th-prelims
21.27	0.6	r	SEC Championships (5/18)	.7th
20.68	2.5		NCAA Mideast Regional (5/30)	.5th-prelims
20.83	1.6		NCAA Mideast Regional (5/31)	.6th
20.87	-0.8		NCAA Championships (6/12)	.6th-prelims
20.84	-0.9		NCAA Championships (6/12)	.12th

ERIK POWELL

100 Meters

11.02	N/A		Cole/Lancon Twilight Classic (4/30)	.1st
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200 Meters

22.07	1.1		Willie Williams Classic (3/21)	.14th
24.36	3.0		Tiger Invitational (4/12)	.22nd
22.11	N/A		Cole/Lancon Twilight Classic (4/30)	.1st

400 Meters

50.89			Willie Williams Classic (3/22)	.17th
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JAMES PRESLEY

5,000 Meters

15:53.47			Tiger Invitational (4/12)	.5th
15:28.37			LSU Alumni Gold (4/19)	.5th

10,000 Meters

32:11.76			LSU Tiger Relays (3/28)	.1st
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CHAD RADGOWSKI

Javelin

213-6	r	Willie Williams Classic (3/21)	.2nd
224-3	r	LSU Tiger Relays (3/29)	.1st
222-7	r	Texas Relays (4/5)	.8th
237-2	r	Tiger Invitational (4/12)	.1st
228-8	r	Penn Relays (4/26)	.1st
215-8	r	SEC Championships (5/18)	.4th
220-4		NCAA Mideast Regional (5/30)	.3rd
210-11		NCAA Championships (6/11)	.13th

KYLE ROSE

Pole Vault

15-9			Willie Williams Classic (3/21)	.5th
15-7			LSU Tiger Relays (3/29)	.4th
16-0 3/4			Tiger Invitational (4/12)	.3rd
16-1 3/4			LSU Alumni Gold (4/19)	.5th
NH			Penn Relays (4/25)	.NH
NH			SEC Championships (5/18)	.NH

ROSS ROUBION

Hammer Throw

164-0			LSU Tiger Relays (3/28)	.6th
143-5			Tiger Invitational (4/12)	.9th
157-9			LSU Alumni Gold (4/19)	.7th
170-6			Cole/Lancon Twilight Classic (4/30)	.3rd

JACOB SIMMONS

1,500 Meters

4:15.11			Warhawk Classic (4/26)	.12th
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3,000-Meter Steeplechase

9:55.81			Tiger Invitational (4/12)	.2nd
9:56.67			LSU Alumni Gold (4/19)	.5th
9:37.25			SEC Championships (5/17)	.16th

5,000 Meters

DNF			SEC Championships (5/18)	.DNF
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10,000 Meters

DNF			LSU Tiger Relays (3/28)	.DNF
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JOSEPH SIMUCHIMBA

1,500 Meters

4:00.41			LSU Tiger Relays (3/29)	.3rd
4:04.86			LSU Alumni Gold (4/19)	.22nd

5,000 Meters

14:35.89			Willie Williams Classic (3/21)	.1st
14:31.24			Tiger Invitational (4/12)	.1st
14:43.31			SEC Championships (5/16)	.24th

10,000 Meters

DNF			LSU Tiger Relays (3/28)	.DNF
30:02.74			SEC Championships (5/16)	.7th

2008 MEN'S PERFORMANCE LIST FINAL

ALAN STICKER

800 Meters

1:54.59	Tiger Invitational (4/12)	3rd
1:54.26	Warhawk Classic (4/26)	1st

1,500 Meters

3:59.74	Willie Williams Classic (3/21)	14th
3:58.62	LSU Tiger Relays (3/29)	1st
DNF	Tiger Invitational (4/12)	DNF
3:49.29	LSU Alumni Gold (4/19)	4th
3:51.58	SEC Championships (5/17)	15th

5,000 Meters

14:59.93	SEC Championships (5/16)	30th
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ZEDRIC THOMAS

Long Jump

22-8 1/2	0.7	Willie Williams Classic (3/21)	6th
ND		Texas Relays (4/4)	ND
FOUL		Tiger Invitational (4/12)	FOUL
23-8 3/4	-0.3	LSU Alumni Gold (4/19)	12th
21-6 1/4	-2.1	Penn Relays (4/25)	13th-college
23-1 1/4	0.1	SEC Championships (5/17)	12th

Triple Jump

49-10	0.2	r	LSU Tiger Relays (2/29)	3rd
FOUL			Texas Relays (4/4)	FOUL
50-2	1.3	r	Tiger Invitational (4/12)	2nd
49-6 1/4	0.2	r	LSU Alumni Gold (4/19)	6th
47-1 3/4	0.0		Penn Relays (4/26)	13th-college
49-11	-1.7	r	SEC Championships (5/18)	6th
52-3 1/4	2.0		NCAA Mideast Regional (5/31)	5th
50-10 3/4	-1.4		NCAA Championships (6/13)	18th

RICHARD THOMPSON

100 Meters

10.00	1.0	sr/r	Texas Relays (4/5)	1st-Invitational
10.18	0.6	r	SEC Championships (5/17)	1st-prelims
9.93	-0.1	sr/r	SEC Championships (5/18)	1st
10.05	5.5	w+	NCAA Mideast Regional (5/30)	3rd-prelims
9.97	1.9		NCAA Mideast Regional (5/31)	1st
10.57	-3.7		NCAA Championships (6/11)	7th-prelims
10.33	-2.6		NCAA Championships (6/11)	3rd-Semifinal
10.12	-0.5		NCAA Championships (6/13)	1st
10.53	1.7		Sagcor National Open Championships (6/20)	9th-prelims
10.11	0.4		Sagcor National Open Championships (6/21)	2nd-Semifinal
10.10	0.8		Sagcor National Open Championships (6/21)	2nd
10.24	0.0		Olympic Games (8/15)	10th-prelims
9.99	0.0		Olympic Games (8/15)	2nd-Quarterfinal
9.93	0.3		Olympic Games (8/16)	3rd-Semifinal
9.89	0.0	cr/sr	Olympic Games (8/16)	2nd

200 Meters

20.74	2.6	r/w	Tiger Invitational (4/12)	1st
20.75	0.0	r	SEC Championships (5/16)	1st-prelims
20.23	0.6	r	SEC Championships (5/18)	1st
20.18	1.9		NCAA Mideast Regional (5/30)	1st-prelims
20.21	1.6		NCAA Mideast Regional (5/31)	1st
20.84	-0.8		NCAA Championships (6/12)	3rd-prelims
20.62	-0.9		NCAA Championships (6/12)	4th-Semifinal
20.44	0.8		NCAA Championships (6/14)	2nd

REUBEN TWIJUKYE

400 Meters

47.94			Tiger Invitational (4/12)	6th
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800 Meters

1:48.13		r	LSU Alumni Gold (4/19)	2nd
1:50.34		r	SEC Championships (5/16)	11th
1:49.84			NCAA Mideast Regional (5/30)	11th
1:50.95			NCAA Championships (6/11)	23rd

ADAM WILCOX

Shot Put

53-10 1/2			Willie Williams Classic (3/21)	9th
56-0		r	LSU Tiger Relays (3/28)	4th
50-2			Texas Relays (4/4)	11th
52-1 1/4			Tiger Invitational (4/12)	7th
53-1			LSU Alumni Gold (4/19)	6th
51-9			NCAA Mideast Regional (5/30)	25th

4X100-METER RELAY

40.53		r	Hicks, Thomas, Fontenot, Coppage	LSU Tiger Relays (3/29) - 1st
FS			Hayes, Thompson, Mvumvure, Holliday	LSU Tiger Relays (3/29) - FS
39.73		r	Hayes, Thompson, Mvumvure, Holliday	Texas Relays (4/4) - 2nd-prelims
38.74		r	Hayes, Thompson, Mvumvure, Holliday	Texas Relays (4/5) - 1st
39.93		r	Fontenot, Thompson, Hayes, Holliday	Tiger Invitational (4/12) - 1st
39.17		r	Fontenot, Thompson, Hayes, Holliday	LSU Alumni Gold (4/19) - 1st
39.49		r	Hayes, Thompson, Mvumvure, Holliday	Penn Relays (4/25) - 2nd-prelims
39.18		r	Hayes, Thompson, Mvumvure, Holliday	Penn Relays (4/26) - 1st
38.67		r	Hayes, Thompson, Mvumvure, Holliday	SEC Championships (5/18) - 1st
39.86			Hayes, Thompson, Mvumvure, Holliday	NCAA Regional (5/30) - 3rd-prelims
44.79			Hayes, Thompson, Mvumvure, Holliday	NCAA Mideast Regional (5/31) - 8th
39.11			Hayes, Thompson, Mvumvure, Holliday	NCAA Championships (6/11) - 1st-prelims
38.42			Hayes, Thompson, Mvumvure, Holliday	NCAA Championships (6/12) - 1st

4X400-METER RELAY

3:10.88			Powell (51.59), Hayes (45.42), Lee (48.47), Dardar (45.40)	Willie Williams (3/22) - 1st
3:06.11		r	Twijukye (48.08), E. Kosgei (46.42), Hayes (45.33), Dardar (46.28)	LSU Relays (3/29) - 1st
3:04.33		r	Hayes, (46.67), E. Kosgei (46.05), Twijukye (46.19), Dardar (45.42)	Texas Relays (4/5) - 2nd
3:07.19		r	Hayes (47.64), E. Kosgei (46.07), Twijukye (47.09), Dardar (46.39)	Tiger Invite (4/12) - 1st
3:04.76		r	Dardar (46.68), E. Kosgei (46.39), Twijukye (46.50), Hayes (45.19)	LSU Alumni Gold (4/19) - 1st
3:06.64		r	Hayes (46.9), Twijukye (47.5), James (46.5), Dardar (45.7)	Penn Relays (4/25) - 6th-prelims
3:08.61		r	Dardar (47.1), E. Kosgei (47.7), James (47.0), Hayes (46.8)	Penn Relays (4/26) - 2nd
3:06.20		r	Dardar, E. Kosgei, Twijukye, Hayes	SEC Championships (5/18) - 6th
3:11.32			Dardar (47.15), E. Kosgei (46.81), Twijukye (51.85), Hayes (45.50)	NCAA Regional (5/31) - 12th
3:07.11			Hayes, E. Kosgei, Twijukye, Dardar	NCAA Championships (6/12) - 13th

1,600-METER SPRINT MEDLEY RELAY

3:19.27			Hayes, Mvumvure, Dardar, J. Kosgei	LSU Tiger Relays (3/28) - 1st
DQ			Twijukye, Thompson, James, Hendry	LSU Tiger Relays (3/28) - DQ
3:20.52			Hayes, Mvumvure, Dardar, James	Texas Relays (4/4) - 4th
3:16.68			Holliday, Thompson, Dardar, E. Kosgei	Penn Relays (4/25) - 1st

DISTANCE MEDLEY RELAY

9:40.66			E. Kosgei, James, Twijukye, J. Kosgei	Texas Relays (4/5) - 1st
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**2008 MEN'S PERFORMANCE LIST
FINAL**

4X800-METER RELAY

7:50.13	Adolph, Sticker, Borne, FlorekLSU Tiger Relays (3/28) - 1st
7:19.89	Hendry, James, Twijukye, E. KosgeiTexas Relays (4/3) - 2nd
7:24.42	Twijukye, J. Kosgei, James, E. KosgeiPenn Relays (4/26) - 2nd

4X1,500-METER RELAY

16:15.07	Sticker, Florek, Borne, SimuchimbaTexas Relays (4/5) - 5th
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2008 WOMEN'S PERFORMANCE LIST FINAL

KELLY BAPTISTE

100 Meters

11.06	1.9	r	Texas Relays (4/5)	.1st-Invitational
11.32	0.5	r	SEC Championships (5/17)	.1st-prelims
11.09	1.6	r	SEC Championships (5/18)	.1st
11.14	2.9	w	NCAA Mideast Regional (5/30)	.2nd-prelims
10.97	3.5	w	NCAA Mideast Regional (5/31)	.1st
11.78	-6.4		NCAA Championships (6/11)	.4th-prelims
11.28	-0.4		NCAA Championships (6/11)	.1st-Semifinal
11.20	-0.5		NCAA Championships (6/13)	.1st
11.36	1.3		Sagcor National Open Championships (6/20)	.1st-prelims
11.21	3.8	w	Sagcor National Open Championships (6/21)	.1st-Semifinal
11.01	2.7	w	Sagcor National Open Championships (6/21)	.1st
11.39	-0.4		Olympic Games (8/16)	.17th-prelims
11.42	0.1		Olympic Games (8/16)	.22nd

200 Meters

22.96	1.5	r	Tiger Invitational (4/12)	.1st
23.52	-1.0	r	SEC Championships (5/16)	.2nd-prelims
22.87	0.7	r	SEC Championships (5/18)	.2nd
22.77	2.9	w	NCAA Mideast Regional (5/30)	.1st-prelims
22.67	1.9		NCAA Mideast Regional (5/31)	.1st
23.29	-1.5		NCAA Championships (6/12)	.7th-prelims
23.20	-1.6		NCAA Championships (6/12)	.6th-Semifinal
22.95	-0.2		NCAA Championships (6/14)	.4th

ANGEL BOYD

100 Meters

11.71	1.3	r	LSU Tiger Relays (3/28)	.5th-prelims
FS			LSU Tiger Relays (3/29)	.FS
11.79	1.0		LSU Alumni Gold (4/19)	.16th

100-Meter Hurdles

13.43	0.0	r	Willie Williams Classic (3/22)	.1st
13.04	2.6	r/w	LSU Tiger Relays (3/28)	.1st-prelims
13.40	-1.1	r	LSU Tiger Relays (3/29)	.3rd
13.67	1.3	r	Texas Relays (4/4)	.10th
13.63	-2.4	r	Texas Relays (4/5)	.3rd-Invitational
DNF			Tiger Invitational (4/12)	.DNF
13.27	0.9	r	LSU Alumni Gold (4/19)	.4th
13.46	1.1	r	Penn Relays (4/25)	.11th
13.47	0.1	r	SEC Championships (5/17)	.5th-prelims
13.42	2.4	r/w	SEC Championships (5/18)	.5th
13.08	2.6	w	NCAA Mideast Regional (5/30)	.5th-prelims
12.93	2.7	w	NCAA Mideast Regional (5/31)	.4th
13.40	1.1		NCAA Championships (6/12)	.16th-prelims
DQ			NCAA Championships (6/13)	.DQ

JUANITA BROADDUS

100 Meters

11.52	0.6	r	SEC Championships (5/17)	.3rd-prelims
11.17	1.6	r	SEC Championships (5/18)	.2nd
11.27	2.1	w	NCAA Mideast Regional (5/30)	.3rd-prelims
11.30	3.5	w	NCAA Mideast Regional (5/31)	.4th
11.72	-3.2		NCAA Championships (6/11)	.9th-prelims
11.56	-0.4		NCAA Championships (6/11)	.8th-Semifinal
12.44	-0.5		NCAA Championships (6/13)	.8th
12.44	3.5	w	U.S. Olympic Trials (6/27)	.33rd

200 Meters

24.31	0.2		Willie Williams Classic (3/21)	.3rd
23.41	1.2	r	Tiger Invitational (4/12)	.4th
23.49	1.3	r	LSU Alumni Gold (4/19)	.7th
23.89	-1.0	r	SEC Championships (5/16)	.9th-prelims
23.18	0.7	r	SEC Championships (5/18)	.4th
23.25	2.9	w	NCAA Mideast Regional (5/30)	.7th-prelims
24.07	1.9		NCAA Mideast Regional (5/31)	.8th

MEGAN BROUSSARD

5,000 Meters

18:41.03			Willie Williams Classic (3/21)	.13th
18:38.77			Tiger Invitational (4/12)	.3rd
18:04.92			LSU Alumni Gold (4/19)	.4th
18:07.31			SEC Championships (5/18)	.31st

10,000 Meters

DNF			SEC Championships (5/16)	.DNF
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MONIQUE CABRAL

100 Meters

11.76	0.5		Willie Williams Classic (3/22)	.3rd
11.54	2.1	r/w	LSU Tiger Relays (3/28)	.3rd-prelims
11.77	2.4		Texas Relays (4/4)	.14th
11.77	0.9		LSU Alumni Gold (4/19)	.13th
11.69	0.6	r	SEC Championships (5/17)	.11th
11.73	2.9	w	NCAA Mideast Regional (5/30)	.16th
11.57	1.5		Sagcor National Open Championships (6/20)	.6th-prelims
11.49	1.5		Sagcor National Open Championships (6/21)	.6th-Semifinal
11.49	2.7	w	Sagcor National Open Championships (6/20)	.7th

200 Meters

24.47	0.2		Willie Williams Classic (3/21)	.5th
23.54	1.2	r	Tiger Invitational (4/12)	.5th
24.37	-1.0		SEC Championships (5/16)	.15th
23.59	1.9		NCAA Mideast Regional (5/30)	.11th

BRITTANI CARTER

High Jump

5-8 3/4		r	Willie Williams Classic (3/22)	.1st
5-7			LSU Tiger Relays (3/28)	.2nd
NH			Texas Relays (4/4)	.NH
5-8 3/4		r	Tiger Invitational (4/12)	.1st
5-8 3/4		r	LSU Alumni Gold (4/19)	.4th
NH			Penn Relays (4/25)	.NH
5-8 3/4		r	SEC Championships (5/17)	.T3rd
NH			NCAA Mideast Regional (5/31)	.NH

KATHY COLEMAN

Long Jump

19-10 1/4	1.3	r	LSU Tiger Relays (3/28)	.3rd
19-0	4.4	w+	Texas Relays (4/4)	.8th
19-8	1.0		LSU Alumni Gold (4/19)	.7th
19-0 1/2	N/A		Penn Relays (4/24)	.8th
18-9 3/4	-0.3		SEC Championships (5/17)	.9th
19-11	3.0	w	NCAA Mideast Regional (5/30)	.15th

Triple Jump

40-6	4.4	w+	Tiger Invitational (4/12)	.2nd
40-3 1/2	1.4		LSU Alumni Gold (4/19)	.7th
FOUL			Penn Relays (4/25)	.FOUL
41-5 1/4	0.9		SEC Championships (5/18)	.5th
40-8 1/4	3.9	w	NCAA Mideast Regional (5/31)	.15th

KRISTINA DAVIS

100 Meters

11.76	0.5		Willie Williams Classic (3/22)	.2nd
11.67	2.3	r/w	LSU Tiger Relays (3/28)	.4th-prelims
11.91	1.0		LSU Tiger Relays (3/29)	.5th
11.68	1.7	r	Tiger Invitational (4/12)	.6th
11.75	1.0	r	LSU Alumni Gold (4/19)	.12th
11.88	0.5		SEC Championships (5/17)	.16th
11.58	2.1	w	NCAA Mideast Regional (5/30)	.13th

200 Meters

23.97	4.0		Tiger Invitational (4/12)	.9th
23.97	1.2		LSU Alumni Gold (4/19)	.14th
24.66	-1.7		SEC Championships (5/16)	.20th

2008 WOMEN'S PERFORMANCE LIST FINAL

KATIE DAWSON

800 Meters

2:16.01 Willie Williams Classic (3/22)5th

1,500 Meters

4:38.68 LSU Tiger Relays (3/29)1st
 4:37.37 Tiger Invitational (4/12)3rd
 4:34.71 LSU Alumni Gold (4/19)1st
 4:42.57 SEC Championships (5/17)15th

5,000 Meters

17:50.15 SEC Championships (5/18)28th

LINDSAY DAY

400 Meters

58.33 Willie Williams Classic (3/22)15th

800 Meters

2:11.11 Tiger Invitational (4/12)5th
 2:11.58 LSU Alumni Gold (4/19)9th
 2:10.68 SEC Championships (5/16)10th

1,500 Meters

DNF LSU Tiger Relays (3/29)DNF

5,000 Meters

17:49.80 SEC Championships (5/18)27th

NEDRA GROSS

Long Jump

17-3 1/2 1.0 Willie Williams Classic (3/21)13th

Triple Jump

38-7 3/4 -0.9 LSU Tiger Relays (3/29)5th
 40-11 1/2 3.4 r/w Texas Relays (4/4)8th
 40-1 1/4 0.2 LSU Alumni Gold (4/19)8th
 41-2 1/2 1.5 r Penn Relays (4/25)7th-college
 42-2 3/4 0.6 r SEC Championships (5/18)3rd
 43-8 3.5 NCAA Mideast Regional (5/31)3rd
 41-2 1/2 1.9 NCAA Championships (6/13)19th

BRITTANY HALL

400 Meters

54.26 r Willie Williams Classic (3/22)4th
 54.89 LSU Alumni Gold (4/19)13th

800 Meters

2:06.79 r Tiger Invitational (4/12)3rd
 DNF LSU Alumni Gold (4/19)DNF
 2:07.52 r SEC Championships (5/16)8th-prelims
 2:05.95 r SEC Championships (5/18)5th
 2:09.77 NCAA Mideast Regional (5/30)14th

1,500 Meters

DNF LSU Tiger Relays (3/29)DNF

SAMANTHA HENRY

100 Meters

11.81 1.9 Texas Relays (4/4)17th
 FS Texas Relays (4/5)FS-Invitational
 11.27 0.9 r LSU Alumni Gold (4/19)1st
 11.65 0.6 r SEC Championships (5/17)6th-prelims
 11.27 1.6 r SEC Championships (5/18)3rd
 11.04 4.7 w+ NCAA Mideast Regional (5/30)1st-prelims
 11.36 3.5 w NCAA Mideast Regional (5/31)7th
 11.80 -3.2 NCAA Championships (6/11)13th-prelims
 11.51 -0.4 NCAA Championships (6/11)7th-Semifinal
 11.63 -0.5 NCAA Championships (6/13)7th
 11.16 1.6 Jamaican Olympic Trials (6/27)5th
 11.43 -0.1 Jamaican Olympic Trials (6/28)9th
 11.61 0.9 NACAC U-23 Championships (7/18)5th-prelims
 11.39 0.3 NACAC U-23 Championships (7/18)3rd

200 Meters

23.14 1.5 r Tiger Invitational (4/12)2nd
 23.80 -1.7 r SEC Championships (5/16)3rd-prelims
 22.98 0.7 r SEC Championships (5/18)3rd
 22.90 1.9 NCAA Mideast Regional (5/30)2nd-prelims
 23.45 1.9 NCAA Mideast Regional (5/31)7th
 23.34 -1.5 NCAA Championships (6/12)8th-prelims
 23.04 -0.7 NCAA Championships (6/12)4th-Semifinal
 23.22 -0.2 NCAA Championships (6/14)5th
 23.23 -2.7 Jamaican Olympic Trials (6/29)7th-prelims
 23.27 1.1 Jamaican Olympic Trials (6/29)8th

TENAYA JONES

100 Meters

12.46 0.1 Tiger Invitational (4/12)12th

100-Meter Hurdles

13.82 0.0 r Willie Williams Classic (3/22)4th
 13.70 2.6 r/w LSU Tiger Relays (3/28)4th
 13.89 -1.1 r LSU Tiger Relays (3/29)5th
 13.73 2.5 r/w Texas Relays (4/4)13th
 13.58 2.5 r/w Tiger Invitational (4/12)3rd
 13.62 1.0 r LSU Alumni Gold (4/19)8th
 13.94 1.4 Penn Relays (4/25)19th
 13.68 0.1 r SEC Championships (5/17)10th
 13.43 5.3 w+ NCAA Mideast Regional (5/30)12th
 14.14 -1.4 USA Junior Championships (6/21)9th-prelims
 14.15 -0.7 USA Junior Championships (6/21)6th

DEONNA LAWRENCE

200 Meters

23.95 1.2 r LSU Alumni Gold (4/19)13th

400 Meters

53.44 r Willie Williams Classic (3/22)3rd
 54.57 r Tiger Invitational (4/12)8th
 54.87 SEC Championships (5/17)14th
 53.25 NCAA Mideast Regional (5/30)8th-prelims
 52.74 NCAA Mideast Regional (5/31)7th
 54.48 NCAA Championships (6/12)23rd

ANDREA LINTON

Long Jump

19-2 1/2 -0.5 SEC Championships (5/17)8th

Triple Jump

42-4 1/4 1.3 r Texas Relays (4/5)6th
 41-8 1/2 0.2 r SEC Championships (5/18)4th
 44-5 1/4 3.9 NCAA Mideast Regional (5/31)2nd
 41-0 1/2 1.2 NCAA Championships (6/13)21st
 42-9 1/2 0.9 Jamaican Olympic Trials (6/28)2nd

ANNA LYONS

Javelin

149-6 r Willie Williams Classic (3/21)3rd
 158-8 r LSU Tiger Relays (3/28)1st
 147-10 r Texas Relays (4/4)3rd
 152-7 r LSU Alumni Gold (4/19)4th
 137-5 Penn Relays (4/24)10th
 154-2 r SEC Championships (5/17)4th
 152-0 NCAA Mideast Regional (5/31)6th

BROOKLYNN MORRIS

200 Meters

23.29 2.0 r LSU Alumni Gold (4/19)4th

400 Meters

53.29 r Willie Williams Classic (3/22)1st
 53.19 r Tiger Invitational (4/12)5th
 53.26 r SEC Championships (5/17)5th-prelims
 53.06 r SEC Championships (5/18)6th

2008 WOMEN'S PERFORMANCE LIST FINAL

53.20	NCAA Mideast Regional (5/30)	.7th-prelims
52.74	NCAA Mideast Regional (5/31)	.6th
53.35	NCAA Championships (6/12)	.13th-prelims
52.93	NCAA Championships (6/13)	.9th

MELISSA OGBOURNE

Long Jump

19-6	0.7	Willie Williams Classic (3/21)	.1st
18-11 1/4	2.8	Texas Relays (4/4)	.6th
19-4 3/4	2.0	Tiger Invitational (4/12)	.1st
19-3 1/4	0.0	LSU Alumni Gold (4/19)	.9th
19-5 1/2	0.7	SEC Championships (5/17)	.7th

Triple Jump

40-0	-1.0	LSU Tiger Relays (3/29)	.1st
38-4 3/4	2.6	w Texas Relays (4/4)	.16th
40-6	1.0	r Tiger Invitational (4/12)	.1st
39-9 3/4	0.3	LSU Alumni Gold (4/19)	.9th
40-11	3.4	r/w SEC Championships (5/18)	.7th
41-8	4.9	w+ NCAA Mideast Regional (5/31)	.7th
41-10 3/4-1/3		Jamaican Olympic Trials (6/28)	.4th

JESSICA OHANAJA

100-Meter Hurdles

13.33	2.9	r/w LSU Tiger Relays (3/28)	.3rd-prelims
13.32	-1.1	r LSU Tiger Relays (3/29)	.2nd
13.36	3.8	r/w Texas Relays (4/4)	.2nd-prelims
13.21	1.0	r Texas Relays (4/5)	.3rd
13.30	2.5	r/w Tiger Invitational (4/12)	.1st
13.19	0.9	r LSU Alumni Gold (4/19)	.3rd
13.21	-0.9	r Penn Relays (4/25)	.3rd-prelims
13.58	0.4	r Penn Relays (4/26)	.7th
13.28	0.1	r SEC Championships (5/17)	.2nd-prelims
13.02	2.4	r/w SEC Championships (5/18)	.2nd
13.00	2.7	w NCAA Mideast Regional (5/30)	.3rd-prelims
12.91	2.7	w NCAA Mideast Regional (5/31)	.3rd
13.04	0.3	NCAA Championships (6/12)	.3rd-prelims
13.10	1.5	NCAA Championships (6/13)	.4th-Semifinal
13.32	-2.8	NCAA Championships (6/14)	.6th
13.37	0.0	NNPC Championships (7/3)	.2nd

CHRISTINA PORTER

5,000 Meters

19:41.74	Willie Williams Classic (3/21)	.18th
18:42.07	Tiger Invitational (4/12)	.4th
18:27.80	LSU Alumni Gold (4/19)	.5th
DNF	SEC Championships (5/18)	.DNF

KATELYN RODRIGUE

Pole Vault

13-1 1/2	r	LSU Tiger Relays (3/28)	.1st
13-1 1/2	r	Texas Relays (4/5)	.5th
13-1 1/2	r	Tiger Invitational (4/12)	.2nd
13-2 1/4	r	LSU Alumni Gold (4/19)	.2nd
13-7 1/4	sr/r	Penn Relays (4/24)	.1st
13-4 1/2	r	SEC Championships (5/17)	.2nd
12-11 3/4		NCAA Mideast Regional (5/30)	.T9th
12-9 1/2		NCAA Championships (6/11)	.t23rd

LAUREN SAUCIER

Pole Vault

11-1 3/4	Willie Williams Classic (3/22)	.t4th
11-1 3/4	LSU Tiger Relays (3/28)	.6th
NH	Tiger Invitational (4/12)	.NH
10-8 3/4	LSU Alumni Gold (4/19)	.14th

LATAVIA THOMAS

400 Meters

53.17	r	Tiger Invitational (4/12)	.4th
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800 Meters

2:03.22	r	LSU Alumni Gold (4/19)	.3rd
2:06.12	r	SEC Championships (5/16)	.4th-prelims
2:03.39	r	SEC Championships (5/18)	.1st
2:08.72		NCAA Mideast Regional (5/30)	.3rd-prelims
2:04.06		NCAA Mideast Regional (5/31)	.2nd
2:08.51		NCAA Championships (6/12)	.4th-prelims
2:04.17		NCAA Championships (6/13)	.4th-Semifinal
2:04.38		NCAA Championships (6/14)	.2nd
2:03.90		U.S. Olympic Trials (6/27)	.5th-prelims
2:17.53		U.S. Olympic Trials (6/28)	.15th-semifinal
2:05.15		U.S. Olympic Trials (6/30)	.11th

KAYANN THOMPSON

400 Meters

55.12	Willie Williams Classic (3/22)	.7th
54.90	LSU Alumni Gold (4/19)	.14th

800 Meters

2:06.11	r	Tiger Invitational (4/12)	.1st
2:07.25	r	SEC Championships (5/16)	.6th-prelims
2:04.82	r	SEC Championships (5/18)	.2nd
2:06.74		NCAA Mideast Regional (5/30)	.5th-prelims
2:09.55		NCAA Mideast Regional (5/31)	.7th
2:13.67		NCAA Championships (6/12)	.26th

1,500 Meters

DNF	LSU Tiger Relays (3/29)	.DNF
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MALLORY THOMPSON

Pole Vault

11-7 3/4	Willie Williams Classic (3/22)	.2nd
11-7 3/4	LSU Tiger Relays (3/28)	.3rd
12-1 1/2	Tiger Invitational (4/12)	.4th
12-2 1/2	LSU Alumni Gold (4/19)	.7th
11-11 1/4	Penn Relays (4/24)	.t4th-college
12-1 1/2	SEC Championships (5/17)	.10th

KIM WILLIAMS

Hammer Throw

183-0	r	Willie Williams Classic (3/21)	.2nd
181-5	r	LSU Tiger Relays (3/28)	.1st
177-4		Texas Relays (4/4)	.8th
184-5	r	Tiger Invitational (4/12)	.3rd
184-5	r	LSU Alumni Gold (4/19)	.2nd
184-4	r	Penn Relays (4/24)	.4th
194-2	r	SEC Championships (5/16)	.4th
177-8		NCAA Mideast Regional (5/30)	.16th

KENYANNA WILSON

100 Meters

11.64	0.5	r	Willie Williams Classic (3/22)	.1st
11.50	1.6	r	LSU Tiger Relays (3/28)	.2nd-prelims
11.54	1.0	r	LSU Tiger Relays (3/29)	.1st
11.53	3.4	r/w	Texas Relays (4/4)	.3rd-prelims
11.53	0.6	r	Texas Relays (4/5)	.5th
11.42	1.7	r	Tiger Invitational (4/12)	.3rd
11.65	0.9	r	LSU Alumni Gold (4/19)	.9th
11.69	-0.6	r	Penn Relays (4/25)	.6th-prelims
12.01	-4.1		Penn Relays (4/26)	.3rd
11.61	0.5	r	SEC Championships (5/17)	.9th-prelims
11.55	1.6	r	SEC Championships (5/18)	.8th
11.34	2.3	w	NCAA Mideast Regional (5/30)	.4th-prelims
11.31	3.5	w	NCAA Mideast Regional (5/31)	.5th
11.93	-3.7		NCAA Championships (6/11)	.18th

2008 WOMEN'S PERFORMANCE LIST FINAL

200 Meters

24.25	0.2		Willie Williams Classic (3/21)2nd
23.76	1.3	r	LSU Alumni Gold (4/19)11th
24.39	-1.7		SEC Championships (5/16)16th

NICKIESHA WILSON

100-Meter Hurdles

13.26	0.0	r	LSU Tiger Relays (3/28)2nd-prelims
13.19	-1.1	r	LSU Tiger Relays (3/29)1st
13.11	1.8	r	Texas Relays (4/4)1st-prelims
12.85	1.0	r	Texas Relays (4/5)1st
12.88	0.9	r	LSU Alumni Gold (4/19)2nd
13.04	1.4	r	Penn Relays (4/25)1st-prelims
13.03	0.4	r	Penn Relays (4/26)1st
13.00	-0.1	r	SEC Championships (5/17)1st-prelims
12.81	2.4	r/w	SEC Championships (5/18)1st
12.78	5.3	w+	NCAA Mid-east Regional (5/30)1st-prelims
12.63	2.7	w	NCAA Mid-east Regional (5/31)1st
12.95	0.3		NCAA Championships (6/12)2nd-prelims
13.00	1.5		NCAA Championships (6/13)2nd-Semifinal
13.00	-2.8		NCAA Championships (6/14)2nd

400-Meter Hurdles

55.83		r	Tiger Invitational (4/12)1st
FS			SEC Championships (5/16)FS
55.82			NCAA Mid-east Regional (5/30)1st-prelims
55.71			NCAA Mid-east Regional (5/31)1st
57.31			NCAA Championships (6/11)2nd-prelims
55.89			NCAA Championships (6/12)1st-Semifinal
54.45			NCAA Championships (6/13)1st
54.74			Jamaican Olympic Trials (6/28)2nd
55.78			NACAC U-23 Championships (7/21)1st
55.75			Olympic Games (8/17)10th-prelims
54.67			Olympic Games (8/18)9th

CHRISTY ZIRKLE

1,500 Meters

4:51.71			Tiger Invitational (4/12)6th
4:44.44			LSU Alumni Gold (4/19)7th
4:50.45			SEC Championships (5/17)21st

5,000 Meters

DNF			SEC Championships (5/18)DNF
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4X100-METER RELAY

44.67		r	Boyd, Cabral, Davis, K. Wilson	Willie Williams Classic (3/22) - 1st
43.62		r	Ohanaja, Henry, Broaddus, Baptiste	LSU Tiger Relays (3/29) - 1st
43.97		r	K. Wilson, Cabral, Morris, Davis	LSU Tiger Relays (3/29) - 2nd
44.19		r	Ohanaja, Henry, Broaddus, Baptiste	Texas Relays (4/4) - 1st-prelims
43.10		r	Ohanaja, Henry, Broaddus, Baptiste	Texas Relays (4/5) - 2nd
45.16		r	Ohanaja, Cabral, Davis, K. Wilson	Tiger Invitational (4/12) - 1st
DNF			Morris, Henry, Broaddus, Baptiste	Tiger Invitational (4/12) - DNF
42.84		r	Morris, Henry, Broaddus, Baptiste	LSU Alumni Gold (4/19) - 1st
43.54		r	Morris, Henry, Broaddus, Baptiste	Penn Relays (4/24) - 2nd-prelims
42.59		r	Morris, Henry, Broaddus, Baptiste	Penn Relays (4/25) - 1st
42.80		r	Morris, Henry, Broaddus, Baptiste	SEC Championships (5/18) - 1st
43.51		r	Morris, Henry, Broaddus, Baptiste	NCAA Regional (5/30) - 1st-prelims
43.60			Morris, Henry, Broaddus, Baptiste	NCAA Mid-east Regional (5/31) - 1st
43.35			Morris, Henry, Broaddus, Baptiste	NCAA Championships (6/11) - 2nd-prelims
42.85			K. Wilson, Henry, Morris, Baptiste	NCAA Championships (6/13) - 2nd

4X200-METER RELAY

1:34.75			Lawrence, Cabral, Davis, K. Wilson	LSU Tiger Relays (3/29) - 1st
1:33.58			K. Wilson, Cabral, Lawrence, Morris	Texas Relays (4/5) - 2nd
1:32.56			Lawrence, Cabral, K. Wilson, Morris	Penn Relays (4/25) - 3rd-prelims
1:31.77			Morris, Henry, Broaddus, Baptiste	Penn Relays (4/26) - 2nd

4X400-METER RELAY

3:38.71		r	Hall (54.79), Broaddus (54.22), Thompson (55.42), Lawrence (54.28)	Willie Williams (3/22) - 1st
3:30.83		r	Morris (53.23), Wilson (52.44), Thomas (52.53), Lawrence (52.63)	LSU Relays (3/29) - 1st
3:36.70		r	Hall (54.35), Baptiste (51.60), Broaddus (52.85), Day (57.90)	LSU Relays (3/29) - 3rd
3:29.72		r	Morris (52.97), Wilson (52.09), Thomas (52.04), Lawrence (52.62)	Texas Relays (4/5) - 1st
3:38.41		r	Morris (54.50), Wilson (54.99), Thomas (53.26), Lawrence (55.66)	Tiger Invite (4/12) - 1st
3:42.34			Hall (54.97), Broaddus (54.52), Thompson (54.19), Day (58.66)	Tiger Invite (4/12) - 2nd
3:29.28		r	Morris (52.84), Wilson (51.55), Broaddus (52.74), Lawrence (52.15)	Alumni Gold (4/19) - 1st
3:34.13		r	Hall (55.40), Broaddus (53.28), Morris (52.82), Lawrence (52.63)	Penn Relays (4/24) - 4th-pre
3:33.24		r	Morris (53.8), N. Wilson (53.1), Thomas (52.8), Lawrence (53.5)	Penn Relays (4/26) - 2nd
3:32.09		r	N. Wilson, Thompson, Thomas, Lawrence	SEC Championships (5/18) - 1st
3:32.22			Morris, (53.57), Hall (53.68), Thomas (52.98), Lawrence (51.99)	NCAA Regional (5/31) - 1st
3:31.21			Morris, Broaddus, Thomas, Lawrence	NCAA Championships (6/12) - 2nd-prelims
3:28.33			Morris, Baptiste, Thomas, Lawrence	NCAA Championships (6/14) - 2nd

1,600-METER SPRINT MEDLEY RELAY

3:47.55			Henry, Baptiste, Lawrence, Hall	LSU Tiger Relays (3/28) - 1st
3:48.50			Morris, Broaddus, Thomas, Thompson	LSU Tiger Relays (3/28) - 2nd
DQ			Broaddus, Baptiste, Lawrence, Thomas	Texas Relays (4/4) - DQ
3:46.65			Henry, Baptiste, Lawrence, Thomas	Penn Relays (4/25) - 1st

DISTANCE MEDLEY RELAY

11:45.50			Day, Hall, Thompson, Dawson	Texas Relays (4/5) - 5th
11:38.16			Day, Cabral, Thompson, Dawson	Penn Relays (4/24) - 8th-college

4X800-METER RELAY

9:13.82			Day, Dawson, Broussard, Zirkle	LSU Tiger Relays (3/28) - 2nd
8:45.04			Day, Hall, Thompson, Thomas	Texas Relays (4/3) - 1st
8:30.98			Day, Thompson, Hall, Thomas	Penn Relays (4/26) - 1st

SHUTTLE HURDLE RELAY

52.77		cr/sr	Jones, Boyd, Ohanaja, N. Wilson	Penn Relays (4/25) - 1st
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MEN'S OUTDOOR PERSONAL BESTS

JEFF ADOLPH

800 Meters1:53.64
 1,500 Meters4:02:10

CHRIS BLESS

Hammer191-4

HAROLD BOUTTE

1,500 Meters4:07.46

PRESTON CHATHAM

Javelin234-7

WILL COPPAGE

100 Meters10.54
 Long Jump24-11 1/4

REGGIE DARDAR

200 Meters21.55
 400 Meters45.86

MARK DeBLANC

Javelin216-1

JOSH DOMINGUEZ

Pole Vault17-5

RYAN FONTENOT

110-Meter Hurdles13.51w/13.64

RABUN FOX

Discus139-0
 Hammer215-11

SCOTT GIBSON

100 Meters10.81
 200 Meters21.85
 400 Meters49.09

JEREMY HANDY

400 Meters49.98
 800 Meters1:59.00

DREW HARO

1,500 Meters4:05.06
 5,000 Meters14:52.34

REGGIE HASLUM

Long Jump22-5 1/4
 Triple Jump50-11 1/2w/50-3 1/2

ARMANTI HAYES

200 Meters21.16
 400 Meters46.10

MICHAEL HENDRY

800 Meters1:50.37
 1,500 Meters3:47.82

JEREMY HICKS

Long Jump25-10 3/4

TRINDON HOLLIDAY

100 Meters10.02

JAMAAL JAMES

800 Meters1:47.00

RICKY JEAN-FRANCOIS

Shot Put65-7

ELKANA KOSGEI

800 Meters1:47.05

JOHN KOSGEI

1,500 Meters3:42.98
 5,000 Meters13:54.40

PATRICK LEE

110-Meter Hurdles13.95
 400-Meter Hurdles50.94

JOHN LOPEZ

110-Meter Hurdles14.34

WAYNE MITCHELL

Long Jump22-6 1/2
 Triple Jump45-10 3/4

GABRIEL MVUMVURE

100 Meters10.37
 200 Meters20.68w/20.83

ERIK POWELL

100 Meters10.75
 400 Meters48.03

JAMES PRESLEY

5,000 Meters15:28.37

CHAD RADGOWSKI

Javelin239-8

KYLE ROSE

Pole Vault16-1 3/4

ROSS ROUBION

Discus144-8
 Hammer170-6

JACOB SIMMONS

1,500 Meters4:06.55
 3,000-Meter Steeplechase9:21.59
 5,000 Meters14:41.04

JOSEPH SIMUCHIMBA

5,000 Meters14:19.96
 10,000 Meters29:39.83

ALAN STICKER

1,500 Meters3:49.29
 5,000 Meters14:59.93

ZEDRIC THOMAS

Triple Jump52-3 1/4

RICHARD THOMPSON

100 Meters9.89
 200 Meters20.18

REUBEN TWIJUKYE

800 Meters1:47.11

ADAM WILCOX

Shot Put56-0

WOMEN'S OUTDOOR PERSONAL BESTS

KELLY BAPTISTE

100 Meters11.06
200 Meters22.67

ANGEL BOYD

100-Meter Hurdles12.93w/13.21

JUANITA BROADDUS

100 Meters11.17
200 Meters23.17w/23.18

MEGAN BROUSSARD

3,000 Meters10:06.99
5,000 Meters17:52.73

MONIQUE CABRAL

100 Meters11.49
200 Meters23.54

BRITTANI CARTER

High Jump6-0

KATHY COLEMAN

Long Jump20-8
Triple Jump41-11 1/4

KRISTINA DAVIS

100 Meters11.68
200 Meters23.97

KATIE DAWSON

800 Meters2:16.14
1,500 Meters4:34.71

LINDSAY DAY

800 Meters2:09.99
1,500 Meters4:42.80

NEDRA GROSS

Triple Jump43-8w/42-2 3/4

BRITTANY HALL

800 Meters2:05.95

SAMANTHA HENRY

100 Meters11.16
200 Meters22.84

TENAYA JONES

100-Meter Hurdles13.58w/13.62

DEONNA LAWRENCE

400 Meters51.75

ANDREA LINTON

Long Jump20-10 1/2
Triple Jump44-5 1/4w/44-1 1/4

ANNA LYONS

Javelin158-8

DANIELLE MARTIN

Discus125-10

TIAERRA McLAURIN

100 Meters11.85w/11.90

BROOKLYNN MORRIS

100 Meters11.30
200 Meters22.99w/23.03
400 Meters52.73

MELISSA OGBOURNE

Long Jump19-5 1/2
Triple Jump41-10 3/4

JESSICA OHANAJA

100-Meter Hurdles12.91w/13.01

CHRISTINA PORTER

1,500 Meters5:04.77
5,000 Meters18:27.80

JENNIFER RADECKER

1,500 Meters4:50.90

KATELYN RODRIGUE

Pole Vault13-7 1/4

LAUREN SAUCIER

Pole Vault11-1 3/4

LATAVIA THOMAS

400 Meters53.17
800 Meters2:03.22

KAYANN THOMPSON

800 Meters2:02.64

MALLORY THOMPSON

Pole Vault12-2 1/2

LINDSEY TURNER

Javelin135-3

ERIN VANDIVORT

1,500 Meters5:00.65
5,000 Meters18:38.80

KIM WILLIAMS

Hammer194-2

KENYANNA WILSON

100 Meters11.37
200 Meters23.76

NICKIESHA WILSON

100-Meter Hurdles12.63w/12.85
400-Meter Hurdles53.97

CHRISTY ZIRKLE

1,500 Meters4:44.44
5,000 Meters18:32.28

MEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

100 Meters

1.	Richard Thompson	2008	9.89
2.	Trindon Holliday	2007	10.02
3.	Xavier Carter	2006	10.09
4.	Slip Watkins	1989	10.15
	Fabian Muyaba	1993	10.15
	Byron Logan	1998	10.15
7.	Glenroy Gilbert	1993	10.16
8.	Chris Cummings	1996	10.17
9.	Kelly Willie	2006	10.19
10.	Reggie Jones	1993	10.25
	Kirk Cummins	1996	10.25

200 Meters

1.	Xavier Carter	2005	20.02
2.	Richard Thompson	2008	20.18
3.	Rohsaan Griffin	1996	20.21
4.	Curtis Perry	1997	20.25
5.	Efram Coley	1980	20.35
6.	Dino Napier	1989	20.37
	Glenroy Gilbert	1993	20.37
8.	Derrick Brew	1999	20.38
9.	Slip Watkins	1989	20.40
10.	Byron Logan	1998	20.41

400 Meters

1.	Derrick Brew	1999	44.29
2.	Xavier Carter	2006	44.53
3.	Kelly Willie	2004	44.63
4.	Alleyne Francique	2002	44.87
5.	Pete Coley	2002	44.89
6.	Al Coffee	1969	45.44c
7.	Lloyd Wills	1972	45.54c
8.	Mike Alridge	1998	45.64
9.	Robert Parham	2001	45.74ht
10.	Siraj Williams	2007	45.77

800 Meters

1.	Robin van Helden	1987	1:45.53
2.	David Singoei	1993	1:45.64
3.	Bob Smith	1972	1:46.9c
4.	Jamaal James	2007	1:47.00
5.	Eikana Kosgel	2008	1:47.05
6.	Reuben Twijukye	2007	1:47.11
7.	Passmore Furusa	1995	1:47.91
8.	Mark Fowler	1988	1:48.19
9.	Rod Green	1984	1:48.34
10.	Maurice Horton	1991	1:48.47

1,500 Meters

1.	Passmore Furusa	1995	3:39.71
2.	Bobby Beck	1984	3:41.8
3.	Terry Thornton	1989	3:42.20
4.	Mike Quigley	1980	3:42.36
5.	Robin van Helden	1989	3:42.37
6.	John Kosgel	2008	3:42.98
7.	John Stewart	1972	3:44.2c
8.	Bob Smith	1974	3:44.3c
9.	Mark Elliott	1989	3:44.52
10.	Patrick Gavin	2006	3:45.03

3,000-Meter Steeplechase

1.	Magnus Bengtsson	1990	8:38.14
2.	Mark Dobbins	1979	8:39.72
3.	Terry Thornton	1991	8:44.19
4.	Passmore Furusa	1994	8:45.33
5.	Bobby Beck	1981	8:47.35
6.	Paul Marmaro	1987	8:47.83
7.	Stuart Mee	1987	8:48.26
8.	David Hall	1986	8:56.01
9.	Bob Wyman	1993	9:00.40
10.	Jaime Bastidas	1998	9:02.64

5,000 Meters

1.	Mark Elliott	1989	13:33.10
2.	Terry Thornton	1989	13:49.69
3.	John Kosgel	2008	13:54.40
4.	John Stewart	1971	14:04.0c
5.	Mike Smith	1986	14:10.74
6.	Abderrzak Merchoud	1997	14:12.79
7.	Mike Quigley	1980	14:13.43
8.	Tom Double	1974	14:13.4
9.	Sam Mwape	2004	14:14.52
10.	Jimmy Wiggins	2004	14:14.90

10,000 Meters

1.	Terry Thornton	1990	28:18.68
2.	Mark Elliott	1989	28:32.44
3.	Likhaya Dayile	2001	29:16.82
4.	Mike Smith	1986	29:18.88
5.	Joseph Simuchimba	2007	29:39.83
6.	Jimmy Wiggins	2005	29:50.94
7.	Sam Mwape	2005	30:02.83
8.	Pablo Presedo	1988	30:12.65
9.	Tom Double	1974	30:40.8c
10.	Ryan Gallup	2003	31:05.71

110-Meter Hurdles

1.	Eric Reid	1987	13.50
2.	Larry Shipp	1975	13.55
3.	Alleyne Lett	2007	13.57
4.	Orlando McDaniel	1980	13.64
	Ryan Fontenot	2008	13.64
6.	Charles James	1984	13.67
7.	Allen Misher	1973	13.73
	Bernard Williams	1985	13.73
9.	Greg Scott	1999	13.74
10.	Bert Rareshide	1996	13.81

400-Meter Hurdles

1.	Bennie Brazell	2005	47.67
2.	Isa Phillips	2007	48.51
3.	Lueroy Colquhoun	2002	48.91
4.	Regan Nichols	1996	49.43
5.	Bernard Williams	1986	49.65
6.	Billy Hardin	1964	49.94c
7.	Carey Schimph	1975	50.44c
8.	David Singoei	1992	50.69
9.	Glenn "Slats" Hardin	1934	50.74c
10.	Patrick Lee	2008	50.94

High Jump

1.	Tom Lange	1990	7-5 3/4
2.	J.J. Barton	1997	7-4 1/2
3.	Larey Weaver	1982	7-3 3/4
4.	Alain Metellus	1986	7-3 1/4
5.	Louis Callaway	1986	7-1
6.	Claston Bernard	2002	7-2 1/4
7.	Bruce Reid	1988	7-0 1/4
8.	John Dupont	1995	6-11 3/4
9.	Juan Thomas	1994	6-11 1/2
10.	Ted Heroman	1972	6-11

Pole Vault

1.	Russ Buller	2000	18-8 3/4
2.	Greg Duplantis	1986	18-5 1/4
3.	Grey Rappe	1983	18-0 1/2
	Derrick Prentice	1996	18-0 1/2
5.	Edgar Daiz	1991	17-9
6.	Ricky Wright	1986	17-8 1/2
7.	Josh Dominguez	2008	17-5
	Mark Rose	1983	17-5
9.	Daniel Trosclair	2002	17-4 3/4
10.	Mario Sategna	1995	17-2 3/4

Long Jump

1.	John Moffitt	2004	27-2 1/2
2.	Llewellyn Starks	1990	27-0 1/2
3.	Walter Davis	2001	26-8 1/4
4.	Reggie Jones	1993	26-5 3/4
5.	LeJuan Simon	2004	26-3 1/2
6.	Lotfi Khaïda	1992	26-2 1/4
	Matthew Rose	1989	26-2 1/4
8.	Eugene McCain	1979	26-1 1/2
	Marcus Thomas	2000	26-1 1/2
10.	Jeremy Hicks	2006	25-10 3/4

Triple Jump

1.	Walter Davis	2002	57-8 1/2
2.	Reggie Jones	1992	56-2
3.	Lotfi Khaïda	1993	55-6 1/4
4.	Marcus Thomas	2000	54-6 3/4
5.	LeJuan Simon	2004	54-4 1/2
6.	John Moffitt	2003	54-2 3/4
	LeVar Anderson	1999	54-2 3/4
8.	Jermaine Grant	1995	53-1 3/4
9.	Willie Bradley	2004	53-1
10.	Ernest Marvin	1981	52-10 1/2

Shot Put

1.	Joe Maciejczyk	1982	65-7
2.	Simon Williams	1991	62-10 3/4
3.	Gunnar Pflugsten	1997	62-4 1/2
4.	Rolf Kahles	1997	62-3
5.	Scott Petersen	1993	62-1
6.	Alex Forst	2000	60-10 3/4
7.	John Dermody	1996	60-7 1/4
8.	Frank Mazza	1989	60-4 1/2
9.	Tom Marshall	1980	59-8
10.	Christian Nehme	1998	59-7

Discus

1.	John Nichols	1989	209-1
2.	Simon Williams	1992	200-7
3.	Alex Forst	1998	195-7
4.	Mike Yasolsky	1989	193-4
5.	Derrick Farrell	1993	192-5
6.	Dave Paddison	1991	183-11
7.	Dave Grant	1995	183-10
8.	Rolf Kahles	1997	181-3
9.	Frank Mazza	1989	180-2
10.	Alleyne Lett	2005	178-4

Hammer

1.	Dave Paddison	1994	222-3
2.	Javier Nieto	1999	216-5
3.	Rabun Fox	2008	215-11
4.	John Woosley	1998	202-1
5.	Nigel Green	1996	201-8
6.	Dave Galvan	1996	193-10
7.	Nathan Turner	1997	193-0
8.	Gunnar Pflugsten	1998	187-9
9.	Chris Bless	2008	186-6
10.	Matt Vincent	2004	174-9

Javelin

1.	Mikael Olander	1987	247-11
2.	Chad Radgowski	2007	239-8
3.	Mark Morris	1992	236-1
4.	Preston Chatham	2007	234-7
5.	Willie Boudloche	1993	231-11
6.	Blake Theriot	2000	231-8
7.	Craig Nall	2000	229-6
8.	Enno Tjepkema	1988	220-9
9.	Brandon Racca	2007	220-8
10.	Keith Nunez	2003	218-7

Decathlon (1985 IAAF Tables)

1.	Mario Sategna	1995	8,172
2.	Mikael Olander	1988	8,126
3.	Claston Bernard	2002	8,094
4.	Sheldon Blockburger	1987	7,964
5.	Bruce Reid	1988	7,900w
6.	Bengt Jarlsjo	1989	7,733
7.	Darion Powell	2006	7,640
8.	Alleyne Lett	2005	7,550
9.	Edwin Billot	2006	7,468
10.	Kanon Vanderhoff	1992	7,449w

4x100-Meter Relay

1.	Jermaine Grant, Mike Alridge, Byron Logan, Curtis Perry	1998	38.24
2.	Walter Davis, Robert Parham, Pete Coley, Bennie Brazell	2002	38.32
3.	Armanti Hayes, Richard Thompson, Gabriel Mvumvure, Trindon Holliday	2008	38.42
4.	Richard Thompson, Xavier Carter, Marvin Stevenson, Kelly Willie	2006	38.44
5.	Jermaine Grant, Chris Cummings, Eddie Kennison, Rohsaan Griffin	1995	38.64
6.	Kelly Willie, Robert Parham, Pete Coley, Bennie Brazell	2003	38.65
7.	Armanti Hayes, Richard Thompson, Gabriel Mvumvure, Trindon Holliday	2008	38.67
8.	Reggie Jones, Bryant Williams, Chris King, Jason Sanders	1992	38.70
	(tie) Reggie Jones, Glenroy Gilbert, Chris King, Fabian Muyaba	1993	38.70
10.	Armanti Hayes, Richard Thompson, Gabriel Mvumvure, Trindon Holliday	2008	38.74

4x400-Meter Relay

1.	Reggie Dardar, Kelly Willie, Bennie Brazell, Xavier Carter	2005	2:59.59
2.	Marvin Stevenson, Bennie Brazell, Kelly Willie, Pete Coley	2004	3:01.39
3.	Reggie Dardar, Kelly Willie, Melville Rogers, Xavier Carter	2006	3:01.58
4.	Robert Parham, Lueroy Colquhoun, Pete Coley, Alleyne Francique	2001	3:01.66
5.	Robert Parham, Bennie Brazell, Pete Coley, Kelly Willie	2003	3:02.01
	(tie) Reggie Dardar, Melville Rogers, Xavier Carter, Kelly Willie	2006	3:02.01
7.	Reggie Dardar, Melville Rogers, Xavier Carter, Kelly Willie	2006	3:02.21
8.	Marvin Stevenson, Pete Coley, Bennie Brazell, Kelly Willie	2004	3:02.30
	(tie) Siraj Williams, Melville Rogers, Marvin Stevenson, Reggie Dardar	2006	3:02.30
10.	Reggie Dardar, Melville Rogers, Xavier Carter, Kelly Willie	2006	3:02.31

WOMEN'S ALL-TIME INDOOR PERFORMANCE LIST

100 Meters

1.	Dawn Sowell	1989	10.78
2.	D'Andre Hill	1996	10.92
3.	Peta-Gaye Dowdie	1999	11.03
4.	Muna Lee	2003	11.04
5.	Kelly Baptiste	2008	11.06
6.	Cheryl Taplin	1994	11.07
7.	Sheila Echols	1987	11.09
8.	Esther Jones	1991	11.11
9.	Samantha Henry	2008	11.16
10.	Juanita Broadus	2008	11.17

200 Meters

1.	Dawn Sowell	1989	22.04
2.	Zundra Feagin	1996	22.30
3.	Muna Lee	2004	22.47
4.	Stephanie Durst	2002	22.48
5.	D'Andre Hill	1996	22.49
	Esther Jones	1990	22.49
7.	Peta-Gaye Dowdie	2000	22.51
8.	Kelly Baptiste	2008	22.67
	Sherry Fletcher	2007	22.67
10.	Astia Walker	1997	22.69

400 Meters

1.	LaTarsha Stroman	1997	50.60
2.	Hazelann Regis	2004	50.64
3.	Nadia Davy	2003	50.66
4.	Claudine Williams	1999	51.40
5.	Youlanda Warren	1992	51.55
6.	Ronetta Smith	2002	51.62
7.	Deonna Lawrence	2006	51.75
8.	Monique Hall	2004	51.93
9.	Charlene Maulseed	1995	52.03
10.	Debbie Parris	1994	52.14

800 Meters

1.	Neisha Bernard-Thomas	2004	2:01.32
2.	Claudine Williams	1999	2:02.52
3.	Camille Cato	1987	2:02.73
4.	Sylvia Brydson	1989	2:03.02
5.	LaTavia Thomas	2008	2:03.22
6.	Lee Ann Van Landingham	1982	2:03.54
7.	Christine Slythe	1985	2:03.57
8.	Kathi Harris	1987	2:04.70
9.	Kayann Thompson	2008	2:04.82
10.	Tanya Osbourne	2005	2:04.97

1,500 Meters

1.	Christine Slythe	1985	4:17.14
2.	Charlotte Mayock	1997	4:18.68
3.	Muffy McLeod	1985	4:20.25
4.	Silje Rasmussen	1996	4:20.96
5.	Lisa Reed	1987	4:27.1
6.	Ruth Nanyinza	2005	4:30.16
7.	Susanne Strunz	2001	4:30.19
8.	Tina Bengtson	1981	4:32.8
9.	Katie Dawson	2007	4:34.71
10.	Michelle Gross	1981	4:37.2

3,000 Meters

1.	Lisa Reed	1987	9:22.04
2.	Charlotte Mayock	1997	9:25.58
3.	Muffy McLeod	1985	9:32.28
4.	Suzanne Strunz	2000	9:52.50
5.	Michelle Gross	1981	9:56.1
6.	Colleen Scanlan	1986	9:57.4
7.	Bridget Cusack	2000	9:58.61
8.	Ann Quigley	1980	10:03.92
9.	Megan Broussard	2007	10:06.99
10.	Kate Accardo	2006	10:15.72

5,000 Meters

1.	Muffy McLeod	1985	16:18.89
2.	Lisa Reed	1988	16:27.65
3.	Ruth Nanyinza	2004	17:03.02
4.	Katie Denton	2005	17:10.47
5.	Ann Quigley	1980	17:22.0
6.	Suzanne Strunz	2000	17:22.02
7.	Bridget Cusack	2000	17:27.43
8.	Elaine Gomez	1984	17:28.45
9.	Megan Broussard	2007	17:52.73
10.	Kate Accardo	2007	17:57.53

10,000 Meters

1.	Lisa Reed	1988	35:27.94
2.	Katie Denton	2005	35:39.94
3.	Bridget Cusack	2001	36:32.79
4.	Elaine Gomez	1984	36:37.25
5.	Emily Blake	1997	37:12.76

100-Meter Hurdles

1.	Tananjalyn Stanley	1989	12.70
2.	Kim Carson	1996	12.72
3.	Lolo Jones	2004	12.77
4.	Dawn Bowles	1991	12.82
	Astia Walker	1997	12.82
6.	Joyce Bates	2000	12.85
	Nicklesha Wilson	2008	12.85
8.	Cinnamon Sheffield	1989	12.95
9.	Jessica Ohanaja	2007	13.01
10.	Brittany Littlejohn	2004	13.04

400-Meter Hurdles

1.	Nicklesha Wilson	2007	53.97
2.	Schowonda Williams	1987	54.82
3.	Debbie Parris	1994	55.17
4.	Donalda Duprey	1991	56.29
5.	Sylvia Brydson	1989	57.69
6.	Doria Appleberry	2002	58.16
7.	Leslie Nixon	1988	58.25
8.	Althea Thomas	2003	58.30
9.	Celena Clarke	1998	58.34
10.	Wendy Truvillion	1987	58.40

3,000-Meter Steeplechase

1.	Susanne Strunz	2001	10:18.54ht
2.	Kate Accardo	2006	11:35.10
3.	Sandra Smith	2003	11:57.98

High Jump

1.	Gai Kapernick	1994	6-2 1/4
2.	Kym Carter	1987	6-0 1/2
	Kelli Flynn	1993	6-0 1/2
	Hareldau Argyle	1997	6-0
5.	Gretchen Francois	1998	5-11 1/4
6.	Kim Fenton	1989	5-10 3/4
7.	Shaunette Davidson	2007	5-10 1/2
	Sharon Jaklofsky	1991	5-10 1/2
8.	Leslie Nixon	1988	5-10
10.	Brittani Carter	2008	5-8 3/4
	Lana Zimmerman	1983	5-8 3/4
	Shontae Harris	2005	5-8 3/4
	Dianne Harrison	2005	5-8 3/4

Pole Vault

1.	Katelyn Rodrigue	2008	13-7 1/4
2.	Mallory Thompson	2008	12-2 1/2
3.	Calah Young	2005	11-11 3/4
4.	Randi Opperman	2002	11-5 3/4
	Megan Duet	2005	11-5 3/4
6.	Lauren Saucier	2008	11-1 3/4
7.	Jackie Dove	2006	10-10
8.	Margaret Reaves	2001	10-2
	Megan Sharkey	2004	9-10
10.	Jessica Biggerstaff	2002	9-6 1/4
	Candice Sigur	2001	9-6 1/4

Long Jump

1.	Sheila Echols	1987	22-9 1/4
2.	Daphnie Saunders	1993	22-2 1/2
3.	Claire Connor	1988	21-9
4.	Keisha Spencer	2000	21-8 1/4
5.	Marita Hunt	1995	21-5 1/2
6.	Tina Harris	2005	21-4 3/4
7.	Dahlia Duhaney	1991	21-3 1/2
	Camille Jackson	1993	21-3 1/2
9.	Julie Lewis	1988	21-1 1/4
10.	Monique Freeman	1999	20-10 3/4

Triple Jump

1.	Keisha Spencer	2000	45-10
2.	Suzette Lee	1997	45-8
3.	Nicole Toney	2003	44-6 3/4
4.	Andrea Linton	2007	44-1 1/4
5.	Sharon Clarke	1986	43-11 3/4
6.	Camille Jackson	1993	43-6
7.	Bianca Rockett	1999	43-0 1/4
8.	Daphnie Saunders	1993	42-10
9.	Andria Booker	2002	42-7
10.	Nedra Gross	2008	42-2 3/4

Shot Put

1.	Danyel Mitchell	1994	54-6 1/2
2.	Teresa Williford	1986	53-5
3.	Katie McKeever	2003	51-9 3/4
4.	Laurie Trapp	1992	49-0 3/4
5.	Kym Carter	1987	48-7 1/4
6.	Lavern Eve	1986	48-2
7.	Jacqui Sheffield	1984	47-8 1/2
8.	Jill Lipp	2000	47-0 3/4
9.	Maria Pettersson	1998	46-5
10.	Sharon Jaklofsky	1992	45-4 1/2

Discus

1.	Danyel Mitchell	1994	194-4
2.	Laurie Trapp	1992	175-11
3.	Katie McKeever	2003	173-10
4.	Teresa Williford	1987	172-10
5.	Mallory McDonald	2002	162-9
6.	Lavern Eve	1987	161-1
7.	Anysa Olivarez	1996	157-8
8.	Maria Pettersson	1997	156-6
9.	Mattie Cymek	1994	155-1
10.	Stacy Shaw	1986	152-8

Javelin

1.	Lavern Eve	1987	204-9
2.	Cheryl Coker	1988	179-1
3.	Wanda Ferster	1989	169-11
4.	Amanda Harmata	2007	166-4
5.	Anna Lyons	2008	158-8
6.	Maria Romero	2003	157-4
7.	Kim Poche	1996	153-0
8.	Neely Falgout	2002	150-5
9.	Jacqui Sheffield	1984	150-3
10.	Camilla Strid	1991	145-11

Hammer

1.	Britney Henry	2004	205-11
2.	Mallory McDonald	2003	197-4
3.	Kim Williams	2007	194-2
4.	Candice Gonzalez	2002	188-1
5.	Jill Lipp	2001	147-8
6.	Jennifer Wolfinger	2000	142-0
7.	Teresa Williford	1986	108-4

Heptathlon

1.	Sharon Jaklofsky	1992	6,013w
2.	Cheryl Wilson	1989	5,855
3.	Jovonnie McDuffie	1991	5,778
4.	Lana Zimmerman	1985	5,606w
5.	Kym Carter	1987	5,545
6.	Camilla Strid	1991	5,532
7.	Katarina Hallberg	1990	5,506w
8.	Loren Leaverton	2000	5,366
9.	Rhonda Phillips	1988	5,363w
10.	Megan Akre	2006	5,352

4x100-Meter Relay

1.	Tananjalyn Stanley, Dawn Sowell, Cinnamon Sheffield, Esther Jones	1989	42.50
2.	Stephanie Durst, Monique Hall, Lolo Jones, Muna Lee	2003	42.55
3.	Brooklynn Morris, Samantha Henry, Juanita Broadus, Kelly Baptiste	2008	42.59
4.	Lolo Jones, Monique Hall, Stephanie Durst, Muna Lee	2004	42.61
5.	Astia Walker, Kwajalein Butler, Zundra Feagin, D'Andre Hill	1996	42.76
6.	Brooklynn Morris, Samantha Henry, Juanita Broadus, Kelly Baptiste	2008	42.80
7.	Brooklynn Morris, Samantha Henry, Juanita Broadus, Kelly Baptiste	2008	42.84
8.	Kenyanna Wilson, Samantha Henry, Brooklynn Morris, Kelly Baptiste	2008	42.85
9.	Astia Walker, Kwajalein Butler, Sa'Donna Thornton, Peta-Gaye Dowdie	1997	42.92
	Lolo Jones, Monique Hall, Nadia Davy, Muna Lee	2004	42.92

4x400-Meter Relay

1.	Neisha Bernard-Thomas, Hazelann Regis, Monique Hall, Nadia Davy	2004	3:25.26
2.	Brooklynn Morris, Meisue Francis, Cynetheia Rooks, Deonna Lawrence	2006	3:25.78
3.	Nadia Davy, Neisha Bernard-Thomas, Monique Hall, Hazelann Regis	2003	3:27.04
4.	Nadia Davy, Monique Hall, Neisha Bernard-Thomas, Hazelann Regis	2003	3:27.88
5.	Brooklynn Morris, Meisue Francis, Deonna Lawrence, Cynetheia Rooks	2006	3:27.85
6.	Debbie Parris, Indira Hamilton, Heather Van Norman, Youlanda Warren	1993	3:27.97
7.	Nickiesha Wilson, Cynetheia Rooks, LaTavia Thomas, Deonna Lawrence	2007	3:28.07
8.	Meisue Francis, Brooklynn Morris, Cynetheia Rooks, Deonna Lawrence	2006	3:28.23
9.	LaTarsha Stroman, Sheila Powell, Charlene Maulseed, Youlanda Warren	1995	3:28.26
10.	Brooklynn Morris, Kelly Baptiste, LaTavia Thomas, Deonna Lawrence	2008	3:28.33