

2005 MEN'S OUTDOOR BESTS

Final

<p>100 Meters (10.50)</p> <p>10.26 r Kelly Willie Texas Relays (4/6-9)</p> <p>10.66 Richard Thompson SEC Championships (5/12-15)</p> <p>10.75 John Thompson LSU Alumni Gold (4/23)</p> <p>10.82 dec Alleyne Lett SEC Championships (5/12-15)</p> <p>10.97 dec Kwami Roberts SEC Championships (5/12-15)</p> <p>11.09 Ryan Fontenot Tiger Relays (3/24-26)</p> <p>11.56 dec Gavin Fleming SEC Championships (5/12-15)</p> <p>Top Wind-aided Times</p> <p>10.11 w/r Kelly Willie Texas Relays (4/6-9)</p> <p>10.61 w Richard Thompson Bulldog Invitational (4/2)</p> <p>10.63 w John Thompson Bulldog Invitational (4/2)</p> <p>10.88 w/dec Alleyne Lett Tiger Relays (3/24-26)</p> <p>10.90 w Kwami Roberts LSU Alumni Gold (4/23)</p> <p>11.49 w/dec Gavin Fleming Tiger Relays (3/24-26)</p> <p>200 Meters (21.19)</p> <p>20.02 sr/s Xavier Carter NCAA Mideast Regional (5/27-28)</p> <p>21.00 r Marvin Stevenson Sun Angel Classic (4/16)</p> <p>21.73 Richard Thompson LSU Alumni Gold (4/23)</p> <p>21.77 Siraj Williams LSU Alumni Gold (4/23)</p> <p>21.94 Ryan Fontenot Sun Angel Classic (4/16)</p> <p>22.57 Alleyne Lett LSU Alumni Gold (4/23)</p> <p>Top Wind-aided Times</p> <p>20.45 w/r Kelly Willie LSU Alumni Gold (4/23)</p> <p>20.98 w/r Marvin Stevenson Bulldog Invitational (4/2)</p> <p>21.62 w Siraj Williams Bulldog Invitational (4/2)</p> <p>21.68 w Austin Benton Bulldog Invitational (4/2)</p> <p>21.86 w Richard Thompson Bulldog Invitational (4/2)</p> <p>21.95 w Reginald Dardar Bulldog Invitational (4/2)</p> <p>22.03 w Kwami Roberts LSU Alumni Gold (4/23)</p> <p>22.06 w Ryan Fontenot Bulldog Invitational (4/2)</p> <p>400 Meters (47.26)</p> <p>44.97 r Kelly Willie Sun Angel Classic (4/16)</p> <p>45.65 r Xavier Carter LSU Alumni Gold (4/23)</p> <p>46.52 r Reginald Dardar Tiger Relays (3/24-26)</p> <p>46.67 r Siraj Williams Sun Angel Classic (4/16)</p> <p>46.95 r Austin Benton SEC Championships (5/12-15)</p> <p>47.20 r Marvin Stevenson Tiger Relays (3/24-26)</p> <p>48.36 Jamison Carter Tiger Relays (3/24-26)</p> <p>49.59 dec Kwami Roberts SEC Championships (5/12-15)</p> <p>50.30 dec Alleyne Lett SEC Championships (5/12-15)</p> <p>53.22 dec Gavin Fleming SEC Championships (5/12-15)</p> <p>800 Meters (1:50.40)</p> <p>1:51.96 Jamison Carter SEC Championships (5/12-15)</p> <p>1:53.43 Michael Hendry SEC Championships (5/12-15)</p> <p>2:00.59 Nick Accardo Bulldog Invitational (4/2)</p> <p>2:01.04 Andrew Huston Bulldog Invitational (4/2)</p> <p>2:01.85 Patrick Gavin Bulldog Invitational (4/2)</p> <p>2:07.04 Drew Haro Bulldog Invitational (4/2)</p> <p>2:07.34 Ryan Lenaghan LSU Alumni Gold (4/23)</p> <p>1,500 Meters (3:48.21)</p> <p>3:46.42 r Patrick Gavin Tiger Relays (3/24-26)</p> <p>3:49.46 Andrew Huston SEC Championships (5/12-15)</p> <p>3:58.45 Michael Hendry SEC Championships (5/12-15)</p> <p>4:00.47 Nick Accardo Tiger Relays (3/24-26)</p> <p>4:10.63 Drew Haro Bulldog Invitational (4/2)</p> <p>4:16.56 Josh Cusimano Tiger Relays (3/24-26)</p> <p>4:17.71 Ryan Lenaghan Tiger Relays (3/24-26)</p> <p>4:56.46 dec Kwami Roberts SEC Championships (5/12-15)</p> <p>4:56.79 dec Alleyne Lett NCAA Championships (6/8-11)</p> <p>5:05.45 dec Gavin Fleming SEC Championships (5/12-15)</p> <p>5,000 Meters (14:15.75)</p> <p>14:34.03 Sam Mwape SEC Championships (5/12-15)</p> <p>14:46.36 Patrick Gavin LSU Alumni Gold (4/23)</p> <p>15:07.10 Drew Haro LSU Alumni Gold (4/23)</p> <p>15:32.05 Jimmy Wiggins SEC Championships (5/12-15)</p> <p>10,000 Meters (29:00.00/29:45.00)</p> <p>29:50.94 Jimmy Wiggins Stanford Invitational (3/26)</p> <p>29:54.13 Sam Mwape SEC Championships (5/12-15)</p> <p>110-Meter Hurdles (14.33)</p> <p>13.68 r Alleyne Lett Penn Relays (4/28-30)</p> <p>14.17 r Ryan Fontenot Sun Angel Classic (4/16)</p> <p>14.60 Chris Jackson Tiger Relays (3/24-26)</p> <p>15.30 dec Gavin Fleming SEC Championships (5/12-15)</p> <p>15.78 dec Kwami Roberts SEC Championships (5/12-15)</p> <p>Top Wind-aided Times</p> <p>14.13 w/r Ryan Fontenot Bulldog Invitational (4/2)</p> <p>14.15 w/r Alleyne Lett Tiger Relays (3/24-26)</p> <p>14.47 w Chris Jackson LSU Alumni Gold (4/23)</p> <p>15.67 w/dec Kwami Roberts SEC Championships (5/12-15)</p> <p>400-Meter Hurdles (52.51)</p> <p>47.67 sr Bennie Brazell NCAA Championships (6/8-11)</p> <p>57.54 Ryan Fontenot LSU Alumni Gold (4/23)</p> <p>4x100-Meter Relay (40.66)</p> <p>38.77 Thompson, X. Carter, Willie, Brazell NCAA Mideast Regional (5/27-28)</p> <p>38.90 r Stevenson, Thompson, Willie, Brazell Sun Angel Classic (4/16)</p> <p>38.94 r X. Carter, Stevenson, Willie, Brazell Texas Relays (4/6-9)</p> <p>40.11 r Thompson, Stevenson, Willie, Brazell Tiger Relays (3/24-26)</p> <p>41.43 Thompson, Stevenson, Williams, Dardar Bulldog Invitational (4/2)</p> <p>4x200-Meter Relay</p> <p>1:21.06 Dardar, Brazell, Willie, X. Carter Penn Relays (4/28-30)</p> <p>1:24.25 Fontenot, Williams, Willie, Dardar Penn Relays (4/28-30)</p>	<p>4x400-Meter Relay (3:10.00)</p> <p>3:02.95 r X. Carter, Brazell, Dardar, Willie SEC Championships (5/12-15)</p> <p>3:03.08 Brazell, X. Carter, Dardar, Willie NCAA Championships (6/8-11)</p> <p>3:03.30 Dardar, Brazell, X. Carter, Willie NCAA Mideast Regional (5/27-28)</p> <p>3:04.95 r Willie, Brazell, Benton, Dardar Penn Relays (4/28-30)</p> <p>3:05.35 r Willie, X. Carter, Brazell, Dardar LSU Alumni Gold (4/23)</p> <p>3:05.37 r Williams, Benton, Stevenson, Dardar Sun Angel Classic (4/16)</p> <p>3:07.46 r X. Carter, Benton, Brazell, Dardar Penn Relays (4/28-30)</p> <p>3:08.17 r Dardar, Stevenson, Williams, Benton Bulldog Invitational (4/2)</p> <p>3:13.39 LSU B Tiger Relays (3/24-26)</p> <p>3:15.13 LSU B LSU Alumni Gold (4/23)</p> <p>3:28.33 J. Carter, Hendry, Huston, Accardo Bulldog Invitational (4/2)</p> <p>4x800-Meter Relay</p> <p>7:36.54 Benton, Hendry, Jamison, Gavin Texas Relays (4/6-9)</p> <p>4x1,500-Meter Relay</p> <p>15:55.94 Huston, Hendry, Accardo, Gavin Texas Relays (4/6-9)</p> <p>800-Meter Sprint Medley Relay</p> <p>1:29.91 Brazell, Stevenson, Thompson, Williams Tiger Relays (3/24-26)</p> <p>1,600-Meter Sprint Medley Relay</p> <p>3:22.01 Williams, Stevenson, Dardar, J. Carter Texas Relays (4/6-9)</p> <p>3:24.64 Williams, Dardar, Benton, J. Carter Penn Relays (4/28-30)</p> <p>Distance Medley Relay</p> <p>9:52.58 Hendry, Benton, J. Carter, Gavin Tiger Relays (3/24-26)</p> <p>9:54.99 Huston, Williams, Hendry, Gavin Penn Relays (4/28-30)</p> <p>10:08.41 Gavin, Williams, Jamison, Huston Texas Relays (4/6-9)</p> <p>10:20.57 Accardo, Dardar, Huston, Cusimano Tiger Relays (3/24-26)</p> <p>High Jump (6-10 3/4 [2.10])</p> <p>6-4 3/4 (1.95) Phillip Malcolm Tiger Relays (3/24-26)</p> <p>6-3 1/2 (1.92) dec Gavin Fleming SEC Championships (5/12-15)</p> <p>6-3 1/2 (1.92) dec Kwami Roberts SEC Championships (5/12-15)</p> <p>5-10 1/2 (1.79) dec Alleyne Lett SEC Championships (5/12-15)</p> <p>Pole Vault (16-6 3/4 [5.05])</p> <p>14-11 (4.55) dec Gavin Fleming SEC Championships (5/12-15)</p> <p>14-9 (4.50) Brandon Conine LSU Alumni Gold (4/23)</p> <p>12-1 1/2 (3.70) dec Alleyne Lett Tiger Relays (3/24-26), NCAA Championships (6/8-11)</p> <p>Long Jump (24-1 [7.34])</p> <p>24-4 1/4 (7.42) r Alleyne Lett Texas Relays (4/6-9)</p> <p>23-6 1/4 (7.17) John Thompson LSU Alumni Gold (4/23)</p> <p>23-4 1/2 (7.12) Willie Bradley Penn Relays (4/28-30), SEC Champ. (5/12-15)</p> <p>23-4 (7.11) Felipe Reyes Sun Angel Classic (4/16)</p> <p>21-11 3/4 (6.70) dec Kwami Roberts SEC Championships (5/12-15)</p> <p>20-10 3/4 (6.37) dec Gavin Fleming SEC Championships (5/12-15)</p> <p>Top Wind-aided Marks</p> <p>23-10 1/4 (7.27) w/dec Alleyne Lett NCAA Championships (6/8-11)</p> <p>23-4 1/2 (7.12) w+ Felipe Reyes LSU Alumni Gold (4/23)</p> <p>22-7 (6.88) w John Thompson Bulldog Invitational (4/2)</p> <p>20-10 1/2 (6.36) w/dec Gavin Fleming Tiger Relays (3/24-26)</p> <p>20-9 3/4 (6.34) w/dec Kwami Roberts Tiger Relays (3/24-26)</p> <p>Triple Jump (49-5 3/4 [15.08])</p> <p>52-2 (15.90) r Willie Bradley Texas Relays (4/6-9)</p> <p>45-11 1/4 (14.00) John Thompson SEC Championships (5/12-15)</p> <p>43-1 (13.13) Felipe Reyes SEC Championships (5/12-15)</p> <p>Shot Put (54-6 [16.61])</p> <p>57-0 (17.37) r Matt Vincent SEC Championships (5/12-15)</p> <p>51-3 3/4 (15.64) Jon Chretien Tiger Relays (3/24-26)</p> <p>49-1 3/4 (14.98) dec Alleyne Lett NCAA Championships (6/8-11)</p> <p>45-4 1/4 (13.82) dec Kwami Roberts Tiger Relays (3/24-26)</p> <p>34-0 (10.36) dec Gavin Fleming Tiger Relays (3/24-26)</p> <p>Discus (165-3 [50.37])</p> <p>178-4 (54.36) r Alleyne Lett Texas Relays (4/6-9)</p> <p>175-4 (53.45) r Matt Vincent Sun Angel Classic (4/16)</p> <p>153-1 (46.67) Jon Chretien Tiger Relays (3/24-26)</p> <p>141-3 (43.06) Patrick Frischhertz LSU Alumni Gold (4/23)</p> <p>133-11 (40.82) Hunter Smith Bulldog Invitational (4/2)</p> <p>127-3 (38.79) Kwami Roberts Tiger Relays (3/24-26)</p> <p>126-11 (38.68) Alex Lewis Bulldog Invitational (4/2)</p> <p>105-11 (32.29) dec Gavin Fleming SEC Championships (5/12-15)</p> <p>Javelin (202-2 [61.62])</p> <p>206-8 (63.00) r Pat Perrien Texas Relays (4/6-9)</p> <p>198-1 (60.39) Brandon Racca SEC Championships (5/12-15)</p> <p>191-8 (58.43) dec Alleyne Lett SEC Championships (5/12-15)</p> <p>138-10 (42.32) dec Kwami Roberts SEC Championships (5/12-15)</p> <p>130-9 (39.86) dec Gavin Fleming SEC Championships (5/12-15)</p> <p>Hammer (182-6 [55.63])</p> <p>188-2 (57.36) r Rabun Fox LSU Alumni Gold (4/23)</p> <p>174-7 (53.21) Matt Vincent Tiger Relays (3/24-26)</p> <p>Decathlon (7,500/7,000)</p> <p>7,550 a Alleyne Lett SEC Championships (5/12-15)</p> <p>6,365 Gavin Fleming SEC Championships (5/12-15)</p> <p>6,301 Kwami Roberts SEC Championships (5/12-15)</p> <p>Symbol Key</p> <p>a = NCAA automatic qualifying mark</p> <p>dec = Mark earned during decathlon competition</p> <p>r = NCAA Regional qualifying mark</p> <p>s = Stadium record</p> <p>sr = School record</p> <p>w = Wind-aided mark</p> <p>w+ = Wind reading over the NCAA allowable limit if 4.0</p>
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2005 WOMEN'S OUTDOOR BESTS

Final

100 Meters (11.75)

11.17		Kelly BaptisteSaginor National Championships (6/25-26)
11.47	r	Ashley OwensSEC Championships (5/12-15)
12.20		Jessica OhanajaTiger Relays (3/24-26)
12.24		Angel BoydTiger Relays (3/24-26)
12.25		Tenisha GriggsTiger Relays (3/24-26)
<i>Top Wind-Aided Times</i>			
11.04	w+	Kelly BaptisteTexas Relays (4/6-9)
11.08	w+	Ashley OwensTexas Relays (4/6-9)

200 Meters (23.96)

22.93	r	Kelly BaptisteNCAA Mideast Regional (5/27-28)
23.76	r	Ashley OwensSun Angel Classic (4/16)
23.79	r	Brooklyn MorrisSun Angel Classic (4/16)
24.49		Tenisha GriggsSun Angel Classic (4/16)
24.80		Megan AkreSEC Championships (5/12-15)
24.81		Sade' NeroLSU Alumni Gold (4/23)
24.97		Jessica OhanajaSun Angel Classic (4/16)
26.48	hep	Dianne HarrisonTiger Relays (3/24-26)
26.76		Shontae HarrisLSU Alumni Gold (4/23)
28.45	hep	Julie BertrandTiger Relays (3/24-26)
<i>Top Wind-Aided Times</i>			
23.37	w/r	Kelly BaptisteLSU Alumni Gold (4/23)
23.56	w/r	Ashley OwensLSU Alumni Gold (4/23)
23.59	w/r	Brooklyn MorrisLSU Alumni Gold (4/23)
23.88	w/r	Deonna LawrenceBulldog Invitational (4/2)
24.49	w	Brittany HarrisBulldog Invitational (4/2)
24.50	w/r	Tenisha GriggsLSU Alumni Gold (4/23)
24.94	w	Jessica OhanajaLSU Alumni Gold (4/23)
24.98	w+	LaToya PayneLSU Alumni Gold (4/23)
25.04	w	Megan AkreLSU Alumni Gold (4/23)
25.38	w+	Tina HarrisLSU Alumni Gold (4/23)

400 Meters (54.61)

52.95	r	Deonna LawrenceSEC Championships (5/12-15)
54.14	r	Brittany HarrisLSU Alumni Gold (4/23)
54.22	r	Tanya OsbourneLSU Alumni Gold (4/23)
54.90		Meisue FrancisTiger Relays (3/24-26)
55.32		Sade' NeroSun Angel Classic (4/16)
58.77		Whitney MitchellTiger Relays (3/24-26)

800 Meters (2:09.80)

2:04.97		Tanya OsbourneUSA Championships (6/23-26)
2:08.41	r	Meisue FrancisSEC Championships (5/12-15)
2:09.35	r	Ruth NanyinzaSEC Championships (5/12-15)
2:13.15		Lindsay DaySEC Championships (5/12-15)
2:17.44		Katie DawsonSun Angel Classic (4/16)
2:17.65		Whitney MitchellSun Angel Classic (4/16)
2:23.62	hep	Megan AkreTiger Relays (3/24-26)
2:27.00		Katie DentonBulldog Invitational (4/2)
2:30.71		Megan KliebertBulldog Invitational (4/2)
2:39.82	hep	Dianne HarrisonTiger Relays (3/24-26)
2:41.89	hep	Julie BertrandTiger Relays (3/24-26)

1,500 Meters (4:27.80)

4:30.16		Ruth NanyinzaTiger Relays (3/24-26)
4:40.73		Katie DentonLSU Alumni Gold (4/23)
4:44.53		Katie DawsonTiger Relays (3/24-26)
4:44.83		Lindsay DaySEC Championships (5/12-15)
5:09.07		Lynley Roche'LSU Alumni Gold (4/23)
5:09.81		Rachael GrahamBulldog Invitational (4/2)
5:09.96		Megan KliebertTiger Relays (3/24-26)

5,000 Meters (16:52.00)

17:10.47		Katie DentonSun Angel Classic (4/16)
18:26.41		Rachael GrahamLSU Alumni Gold (4/23)
18:54.80		Katherine AccardoLSU Alumni Gold (4/23)
19:07.87		Megan BroussardTiger Relays (3/24-26)
19:47.86		Sarah ColosimoTiger Relays (3/24-26)
20:25.63		Lynley Roche'Tiger Relays (3/24-26)

10,000 Meters (34:10.00/35:15.00)

35:39.94		Katie DentonPenn Relays (4/28-30)
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100-Meter Hurdles (13.95)

13.37	r	RaNysha LeBlancTexas Relays (4/6-9)
13.46	r	Jessica OhanajaSEC Championships (5/12-15)
13.62	r	Angel BoydSEC Championships (5/12-15)
14.08	hep	Megan AkreSEC Championships (5/12-15)
14.24		Tenisha GriggsBulldog Invitational (4/2)
15.84	hep	Dianne HarrisonSEC Championships (5/12-15)
<i>Top Wind-Aided Times</i>			
13.23	w/r	RaNysha LeBlancLSU Alumni Gold (4/23)
13.38	w/r	Jessica OhanajaLSU Alumni Gold (4/23)
13.76	w+	Angel BoydLSU Alumni Gold (4/23)
13.80	w+	Tenisha GriggsLSU Alumni Gold (4/23)
14.35	w/hep	Megan AkreTiger Relays (3/24-26)
15.27	w/hep	Dianne HarrisonTiger Relays (3/24-26)
16.68	w/hep	Julie BertrandTiger Relays (3/24-26)

400-Meter Hurdles (1:00.82)

1:09.26		Julie BertrandLSU Alumni Gold (4/23)
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4x100-Meter Relay (45.80)

43.67		Owens, Lawrence, Ohanaja, BaptisteNCAA Championships (6/8-11)
44.07	r	Owens, Lawrence, Morris, BaptistePenn Relays (4/28-30)

4x200-Meter Relay

1:32.77		Owens, Lawrence, Morris, BaptistePenn Relays (4/28-30)
1:34.94		Owens, B. Harris, Morris, BaptistePenn Relays (4/28-30)

4x400-Meter Relay (3:42.00)

3:33.94	r	Morris, Osbourne, Francis, LawrenceTiger Relays (3/24-26)
3:36.37		Morris, Francis, Osbourne, LawrenceNCAA Championships (6/8-11)
3:36.78	r	Harris, Morris, Osbourne, LawrencePenn Relays (4/28-30)
3:46.77		LSU BTiger Relays (3/24-26)
3:52.51		Harris, Nero, Mitchell, DawsonBulldog Invitational (4/2)
3:53.17		LSU BLSU Alumni Gold (4/23)
3:57.18		Nero, Mitchell, Day, DawsonSun Angel Classic (4/16)

4x800-Meter Relay

8:43.81		Nanyinza, Francis, Day, OsbournePenn Relays (4/28-30)
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800-Meter Sprint Medley Relay

1:40.53		Morris, LeBlanc, Lawrence, HarrisTiger Relays (3/24-26)
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1,600-Meter Sprint Medley Relay

3:49.48		Morris, Baptiste, Lawrence, OsbourneTexas Relays (4/6-9)
3:50.57		Harris, Morris, Francis, OsbournePenn Relays (4/28-30)

4x100-Meter Shuttle Hurdle Relay

53.90		Ohanaja, Akre, Boyd, LeBlancPenn Relays (4/28-30)
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Distance Medley Relay

11:52.51		Dawson, Osbourne, Francis, NanyinzaTiger Relays (3/24-26)
12:09.27		Dawson, Harris, Francis, DayTexas Relays (4/6-9)
12:26.57		Day, Nero, Mitchell, KliebertTiger Relays (3/24-26)
12:30.37		Broussard, Accardo, Graham, DentonTiger Relays (3/24-26)

High Jump (5-8 3/4 [1.75])

5-8 3/4 (1.75)	r	Shontae HarrisTiger Relays (3/24-26)
5-8 3/4 (1.75)	hep/r	Dianne HarrisonSEC Championships (5/12-15)
5-7 3/4 (1.72)	hep	Megan AkreSEC Championships (5/12-15)
5-7 1/4 (1.71)		Tina HarrisTiger Relays (3/24-26)
5-4 1/4 (1.63)		Nedra GrossLSU Alumni Gold (4/23)
5-0 1/4 (1.53)	hep	Julie BertrandTiger Relays (3/24-26)

Pole Vault (12-5 1/2 [3.80])

11-11 3/4 (3.65)	sr	Calah YoungLSU Alumni Gold (4/23)
11-5 3/4 (3.50)		Megan DuetLSU Alumni Gold (4/23)
9-6 1/4 (2.90)		Jackie DoveLSU Alumni Gold (4/23)

Long Jump (19-6 1/4 [5.95])

21-4 3/4 (6.52)	s/r	Tina HarrisSEC Championships (5/12-15)
20-3 3/4 (6.19)	r	LaToya PayneTiger Relays (3/24-26)
19-0 1/2 (5.80)		Andrea LintonSEC Championships (5/12-15)
18-10 3/4 (5.75)		Megan AkreLSU Alumni Gold (4/23)
17-10 3/4 (5.45)	hep	Dianne HarrisonTiger Relays (3/24-26)
14-9 1/4 (4.50)	hep	Julie BertrandTiger Relays (3/24-26)

Top Wind-Aided Marks

20-11 1/4 (6.38)	w/r	Tina HarrisBulldog Invitational (4/2)
20-8 (6.30)	w/r	LaToya PayneLSU Alumni Gold (4/23)
19-4 1/4 (5.90)	w+	Andrea LintonTiger Relays (3/24-26)
18-0 1/2 (5.50)	w	Megan AkreTiger Relays (3/24-26)

Triple Jump (40-2 3/4 [12.26])

41-10 3/4 (12.77)	r	Andrea LintonSEC Championships (5/12-15)
40-11 3/4 (12.49)	r	Tina HarrisPenn Relays (4/28-30)
40-6 3/4 (12.36)	r	Nedra GrossSEC Championships (5/12-15)

Top Wind-Aided Marks

42-5 1/4 (12.93)	w/r	Tina HarrisTexas Relays (4/6-9)
42-3 1/4 (12.88)	w+	Andrea LintonLSU Alumni Gold (4/23)
39-7 3/4 (12.08)	w+	Nedra GrossLSU Alumni Gold (4/23)

Shot Put (46-11 [14.30])

51-7 3/4 (15.74)	r	Katie McKeeverBulldog Invitational (4/2)
44-2 3/4 (13.48)	hep	Dianne HarrisonTiger Relays (3/24-26)
34-9 (10.59)	hep	Julie BertrandTiger Relays (3/24-26)
33-6 3/4 (10.23)	hep	Megan AkreTiger Relays (3/24-26)

Discus (155-2 [47.30])

168-0 (51.20)	r	Katie McKeeverTiger Relays (3/24-26)
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Javelin (141-7 [43.15])

153-8 (46.85)	r	Amanda HarmataTiger Relays (3/24-26)
130-7 (39.80)		Milene MirantiMississippi Invitational (4/9)
111-1 (33.87)	hep	Julie BertrandTiger Relays (3/24-26)
90-4 (27.54)	hep	Dianne HarrisonTiger Relays (3/24-26)
85-2 (25.96)	hep	Megan AkreTiger Relays (3/24-26)

Hammer (177-8 [54.15])

No Marks			
<i>Heptathlon (5,500/5,000)</i>			
5,067	p	Megan AkreTiger Relays (3/24-26)
4,842		Dianne HarrisonTiger Relays (3/24-26)
3,981		Julie BertrandTiger Relays (3/24-26)

Symbol Key

- hep = Mark earned during heptathlon competition
- p = NCAA provisional qualifying mark
- r = NCAA Regional qualifying mark
- s = Stadium record
- sr = School record
- w = Wind-aided mark
- w+ = Wind reading over the NCAA allowable limit of 4.0

2005 MEN'S PERFORMANCE LIST

Final

NICK ACCARDO

800 Meters

2:00.59 Bulldog Invitational (4/2) 11th

1,500 Meters

4:00.47 Tiger Relays (3/24-26) 16th
 4:08.17 Bulldog Invitational (4/2) 4th
 4:06.09 LSU Alumni Gold (4/23) 20th

AUSTIN BENTON

200 Meters

21.68 w Bulldog Invitational (4/2) 6th

400 Meters

48.70 Bulldog Invitational (4/2) 3rd
 47.26 r Sun Angel Classic (4/16) 14th
 47.29 LSU Alumni Gold (4/23) 8th
 46.95 r SEC Championships (5/12-15) 13th
 47.95 NCAA Mideast Regional (5/27-28) 19th

BENNIE BRAZELL

400 Hurdles

49.40 r Tiger Relays (3/24-26) 1st
 48.54 r/s Sun Angel Classic (4/16) 1st
 50.44 r SEC Championships (5/12-15) 3rd-prelims
 49.70 r SEC Championships (5/12-15) 3rd
 50.88 NCAA Mideast Regional (5/27-28) 5th
 49.55 NCAA Mideast Regional (5/27-28) 2nd
 50.45 NCAA Championships (6/8-11) 5th-prelims
 48.33 NCAA Championships (6/8-11) 1st-semifinals
 47.67 sr NCAA Championships (6/8-11) 2nd

WILLIE BRADLEY

Long Jump

23-4 1/2 (7.12) Penn Relays (4/28-30) 7th - College Division
 23-4 1/2 (7.12) SEC Championships (5/12-15) 13th

Triple Jump

51-9 (15.77) r Texas Relays (4/6-9) 5th
 51-4 1/4 (15.65) r Sun Angel Classic (4/16) 2nd
 52-2 (15.90) r SEC Championships (5/12-15) 3rd
 50-1 3/4 (15.28) NCAA Mideast Regional (5/27-28) 11th

BJ BROOKS

Pole Vault

NH Tiger Relays (3/24-26) N/A
 NH Bulldog Invitational (4/2) N/A
 NH LSU Alumni Gold (4/23) N/A

JAMISON CARTER

400 Meters

48.36 r Tiger Relays (3/24-26) 13th

800 Meters

1:55.18 Bulldog Invitational (4/2) 3rd
 1:52.25 Sun Angel Classic (4/16) 7th
 1:52.89 LSU Alumni Gold (4/23) 5th
 1:51.96 SEC Championships (5/12-15) 16th

XAVIER CARTER

200 Meters

20.35 r SEC Championships (5/12-15) 4th-prelims
 20.16 s/r SEC Championships (5/12-15) 1st
 20.02 sr/s NCAA Mideast Regional (5/27-28) 1st
 20.50 NCAA Championships (6/8-11) 5th-prelims
 20.14 NCAA Championships (6/8-11) 2nd-semifinals
 20.08 NCAA Championships (6/8-11) 2nd

400 Meters

45.65 r LSU Alumni Gold (4/23) 1st

BRANDON CONINE

Pole Vault

NH Tiger Relays (3/24-26) N/A
 14-6 (4.41) Bulldog Invitational (4/2) 2nd
 14-9 (4.50) LSU Alumni Gold (4/23) 17th

JON CHRETIEN

Discus

153-1 (46.67) Tiger Relays (3/24-26) 8th

Shot Put

51-3 1/4 (15.64) Tiger Relays (3/24-26) 4th
 50-6 3/4 (15.41) Bulldog Invitational (4/2) 4th
 49-3 3/4 (15.03) Sun Angel Classic (4/16) 15th

JOSH CUSIMANO

1,500 Meters

4:16.56 Tiger Relays (3/24-26) 35th

5,000 Meters

DNF Tiger Relays (3/24-26) N/A

REGINALD DARDAR

200 Meters

21.95 w Bulldog Invitational (4/2) 10th

400 Meters

46.52 r Tiger Relays (3/24-26) 3rd
 46.77 r Sun Angel Classic (4/16) 11th
 47.91 LSU Alumni Gold (4/23) 9th
 47.57 SEC Championships (5/12-15) 18th
 47.04 NCAA Mideast Regional (5/27-28) 13th

GAVIN FLEMING

100 Meters

11.49 w/dec Tiger Relays (3/24-26) 7th
 11.56 dec SEC Championships (5/12-15) 8th

400 Meters

53.64 dec Tiger Relays (3/24-26) 8th
 53.22 dec SEC Championships (5/12-15) 9th

1,500 Meters

5:06.60 dec Tiger Relays (3/24-26) 2nd
 5:05.45 dec SEC Championships (5/12-15) 8th

110 Hurdles

16.15 dec Tiger Relays (3/24-26) 6th
 15.67 Sun Angel Classic (4/16) 16th
 15.30 dec SEC Championships (5/12-15) 4th

High Jump

6-1 1/2 (1.87) dec Tiger Relays (3/24-26) 2nd
 6-3 1/2 (1.92) dec SEC Championships (5/12-15) 12nd

2005 MEN'S PERFORMANCE LIST

Final

Pole Vault

NH	dec	Tiger Relays (3/24-26)	N/A
NH		Sun Angel Classic (4/16)	N/A
14-9 (4.50)		LSU Alumni Gold (4/23)	t17th
14-11 (4.55)	dec	SEC Championships (5/12-15)	3rd

Long Jump

20-10 1/2 (6.36)	w/dec	Tiger Relays (3/24-26)	5th
20-10 3/4 (6.37)	dec	SEC Championships (5/12-15)	7th

Shot Put

34-0 (10.36)	dec	Tiger Relays (3/24-26)	8th
32-10 1/4 (10.01)	dec	SEC Championships (5/12-15)	10th

Discus

56-10 (17.32)	dec	Tiger Relays (3/24-26)	9th
105-11 (32.29)	dec	SEC Championships (5/12-15)	8th

Javelin

126-0 (38.41)	dec	Tiger Relays (3/24-26)	6th
130-9 (39.86)	dec	SEC Championships (5/12-15)	9TH

Decathlon

5,149		Tiger Relays (3/24-26)	7th
6,365		SEC Championships (5/12-15)	7th

RYAN FONTENOT

100 Meters

11.09		Tiger Relays (3/24-26)	1st-prelims
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200 Meters

22.06	w	Bulldog Invitational (4/2)	11th
21.94		Sun Angel Classic (4/16)	15th

110 Hurdles

14.20	r	Tiger Relays (3/24-26)	1st-prelims
14.42		Tiger Relays (3/24-26)	5th
14.13	w/r	Bulldog Invitational (4/2)	1st
14.25	r	Texas Relays (4/6-9)	15th
14.17	r	Sun Angel Classic (4/16)	5th
13.91	w+	LSU Alumni Gold (4/23)	1st
14.44		SEC Championships (5/12-15)	15th
14.35		NCAA Mideast Regional (5/27-28)	18th

400 Hurdles

57.54		LSU Alumni Gold (4/23)	16th
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RABUN FOX

Hammer Throw

174-0 (53.04)		Tiger Relays (3/24-26)	4th
80-7 (24.56)		Bulldog Invitational (4/2)	5th
180-1 (54.90)		Sun Angel Classic (4/16)	8th
188-2 (57.36)		LSU Alumni Gold (4/23)	1st
FOUL		SEC Championships (5/12-15)	N/A
178-2 (54.30)		NCAA Mideast Regional (5/27-28)	20th

PATRICK FRISCHHERTZ

Discus

138-1 (42.09)		Tiger Relays (3/24-26)	16th
137-9 (42.00)		Bulldog Invitational (4/2)	4th
141-3 (43.06)		LSU Alumni Gold (4/23)	14th

PATRICK GAVIN

800 Meters

2:01.85		Bulldog Invitational (4/2)	14th
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1,500 Meters

3:46.42	r	Tiger Relays (3/24-26)	2nd
3:47.51	r	SEC Championships (5/12-15)	3rd-prelims
3:52.96		SEC Championships (5/12-15)	10th
3:50.03		NCAA Mideast Regional (5/27-28)	18th

5,000 Meters

14:46.36		LSU Alumni Gold (4/23)	3rd
DNF		SEC Championships (5/12-15)	N/A

DREW HARO

800 Meters

2:07.04		Bulldog Invitational (4/2)	18th
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1,500 Meters

4:10.63		Bulldog Invitational (4/2)	7th
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5,000 Meters

15:43.42		Texas Relays (4/6-9)	10th
15:11.20		Sun Angel Classic (4/16)	9th
14:46.36		LSU Alumni Gold (4/23)	7th
15:08.00		SEC Championships (5/12-15)	29th

MICHAEL HENDRY

800 Meters

2:05.92		Bulldog Invitational (4/2)	17th
1:53.43		SEC Championships (5/12-15)	22nd

1,500 Meters

4:08.75		Tiger Relays (3/24-26)	23rd
4:04.66		Bulldog Invitational (4/2)	1st
4:03.02		Sun Angel Classic (4/16)	23rd
4:01.92		LSU Alumni Gold (4/23)	13th
3:58.45		SEC Championships (5/12-15)	17th

5,000 Meters

DNF		LSU Alumni Gold (4/23)	N/A
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ANDREW HUSTON

800 Meters

2:01.04		Bulldog Invitational (4/2)	12th
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1,500 Meters

3:50.71		Tiger Relays (3/24-26)	7th
4:04.93		Bulldog Invitational (4/2)	2nd
3:50.73		Sun Angel Classic (4/16)	16th
3:53.37		LSU Alumni Gold (4/23)	8th
3:50.17		SEC Championships (5/12-15)	10th-prelims
3:52.96		SEC Championships (5/12-15)	6th

5,000 Meters

DNF		LSU Alumni Gold (4/23)	N/A
DNF		SEC Championships (5/12-15)	N/A

CHRIS JACKSON

100 Hurdles

14.60		Tiger Relays (3/24-26)	8th-prelims
DNF		Tiger Relays (3/24-26)	N/A
14.76		Bulldog Invitational (4/2)	3rd
14.84		Sun Angel Classic (4/16)	14th
14.47	w+	LSU Alumni Gold (4/23)	8th
14.72		SEC Championships (5/12-15)	18th

2005 MEN'S PERFORMANCE LIST

Final

RYAN LENAGHAN

800 Meters

2:07.34 LSU Alumni Gold (4/23) 32nd

1,500 Meters

4:17.71 Tiger Relays (3/24-26) 36th
4:24.37 LSU Alumni Gold (4/23) 36th

ALLEYNE LETT

100 Meters

10.88 w/dec Tiger Relays (3/24-26) 1st
10.82 dec SEC Championships (5/12-15) 1st
11.25 dec NCAA Championships (6/8-11) 5th

200 Meters

22.57 w LSU Alumni Gold (4/23) 40th

400 Meters

51.68 dec Tiger Relays (3/24-26) 4th
50.08 Sun Angel Classic (4/16) 35th
50.30 dec SEC Championships (5/12-15) 5th
50.92 dec NCAA Championships (6/8-11) 11th

1,500 Meters

5:10.38 dec Tiger Relays (3/24-26) 3rd
5:12.98 dec SEC Championships (5/12-15) 9th

110 Hurdles

14.15 w/r/dec Tiger Relays (3/24-26) 1st
13.93 r Texas Relays (4/6-9) 4th-prelims
13.96 r Texas Relays (4/6-9) 7th
13.94 r Sun Angel Classic (4/16) 2nd
13.68 r Penn Relays (4/28-30) 1st-prelims
13.84 r Penn Relays (4/28-30) 3rd
13.88 r/dec SEC Championships (5/12-15) 1st
13.88 NCAA Mideast Regional (5/27-28) 4th-prelims
13.80 NCAA Mideast Regional (5/27-28) 3rd
14.36 NCAA Championships (6/8-11) 3rd

High Jump

NH dec Tiger Relays (3/24-26) N/A
5-10 1/2 (1.79) dec SEC Championships (5/12-15) 8th
5-8 (1.73) dec NCAA Championships (6/8-11) 23rd

Pole Vault

12-1 1/2 (3.70) dec Tiger Relays (3/24-26) 5th
11-11 3/4 (3.65) dec SEC Championships (5/12-15) 8th
12-1 1/2 (3.70) dec NCAA Championships (6/8-11) 18th

Long Jump

23-8 1/4 (7.22) dec Tiger Relays (3/24-26) 1st
23-9 (7.24) Penn Relays (4/28-30) 8th
23-11 (7.29) dec SEC Championships (5/12-15) 1st
23-10 1/4 (7.37) dec NCAA Championships (6/8-11) 2nd

Shot Put

47-7 3/4 (14.52) dec Tiger Relays (3/24-26) 1st
47-11 3/4 (14.62) dec SEC Championships (5/12-15) 1st
49-1 3/4 (14.98) dec NCAA Championships (6/8-11) 2nd

Discus

165-1 (50.32) dec Tiger Relays (3/24-26) 1st
178-4 (54.36) r Texas Relays (4/6-9) 4th
152-7 (46.50) SEC Championships (5/12-15) 13th
163-7 (49.86) dec SEC Championships (5/12-15) 1st
FOUL NCAA Mideast Regional (5/27-28) N/A
174-10 cr/dec NCAA Championships (6/8-11) 1st

Javelin

179-9 (54.80) dec Tiger Relays (3/24-26) 1st
182-7 (55.65) LSU Alumni Gold (4/23) 13th
191-8 (58.43) dec SEC Championships (5/12-15) 3rd
184-5 (56.22) dec NCAA Championships (6/8-11) 7th

Decathlon

6,781 Tiger Relays (3/24-26) 1st
7,550 a SEC Championships (5/12-15) 2nd
7,476 NCAA Championships (6/8-11) 7th

ALEXIS LEWIS

Discus

126-11 (38.68) Bulldog Invitational (4/2) 6th

PHILLIP MALCOLM

High Jump

6-4 3/4 (1.95) Tiger Relays (3/24-26) 10th
6-0 (1.82) Bulldog Invitational (4/2) 5th

SAM MWAPE

5,000 Meters

14:58.52 Sun Angel Classic (4/16) 3rd
14:39.13 LSU Alumni Gold (4/23) 2nd
14:52.42 Penn Relays (4/28-30) 30th
14:34.03 SEC Championships (5/12-15) 14th

10,000 Meters

30:02.83 Stanford Invitational (3/26) 41st-Section 2
29:54.16 SEC Championships (5/12-15) 4th

PAT PERRIEN

Javelin

195-5 (59.57) Tiger Relays (3/24-26) 5th
189-9 (57.84) Bulldog Invitational (4/2) 1st
206-8 (63.00) r Texas Relays (4/6-9) 3rd
185-6 (56.55) Sun Angel Classic (4/16) 7th
200-11 (61.23) LSU Alumni Gold (4/23) 6th
179-6 (54.72) Penn Relays (4/28-30) 8th
192-2 (58.57) SEC Championships (5/12-15) 9th
190-6 (58.06) NCAA Mideast Regional (5/27-28) 13th

BRANDON RACCA

Javelin

178-9 (54.49) Tiger Relays (3/24-26) 10th
172-11 (52.71) Bulldog Invitational (4/2) 2nd
195-8 (59.65) Texas Relays (4/6-9) 12th
181-9 (55.39) Sun Angel Classic (4/16) 8th
177-3 (54.04) Penn Relays (4/28-30) 9th
198-1 (60.39) SEC Championships (5/12-15) 5th

FELIPE REYES

Long Jump

23-4 (7.11) Sun Angel Classic (4/16) 8th
23-4 1/2 (7.12) w+ LSU Alumni Gold (4/23) 18th
22-0 3/4 (6.72) SEC Championships (5/12-15) 17th

Triple Jump

43-1 (13.13) SEC Championships (5/12-15) 13th

2005 MEN'S PERFORMANCE LIST

Final

KWAMI ROBERTS

100 Meters

11.05	w/dec	Tiger Relays (3/24-26)	2nd
10.90	w	LSU Alumni Gold (4/23)	31st
10.97	dec	SEC Championships (5/12-15)	2nd

200 Meters

22.03	w	LSU Alumni Gold (4/23)	30th
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400 Meters

51.02	dec	Tiger Relays (3/24-26)	3rd
52.41		Sun Angel Classic (4/16)	36th
49.59	dec	SEC Championships (5/12-15)	3rd

1,500 Meters

5:12.75	dec	Tiger Relays (3/24-26)	5th
4:56.46	dec	SEC Championships (5/12-15)	7th

110 Hurdles

16.72	dec	Tiger Relays (3/24-26)	8th
15.78		Sun Angel Classic (4/16)	17th
15.67	w/dec	SEC Championships (5/12-15)	6th

High Jump

5-11 1/4 (1.81)	dec	Tiger Relays (3/24-26)	4th
6-3 1/2 (1.92)	dec	SEC Championships (5/12-15)	2nd

Pole Vault

NH	dec	Tiger Relays (3/24-26)	N/A
NH	dec	SEC Championships (5/12-15)	N/A

Long Jump

20-9 3/4 (6.34)	w/dec	Tiger Relays (3/24-26)	7th
21-11 3/4 (6.70)	dec	SEC Championships (5/12-15)	4th

Shot Put

45-4 1/4 (13.82)	dec	Tiger Relays (3/24-26)	2nd
43-0 1/4 (13.11)	dec	SEC Championships (5/12-15)	4th

Discus

127-3 (38.79)	dec	Tiger Relays (3/24-26)	2nd
125-0 (38.10)	dec	SEC Championships (5/12-15)	4th

Javelin

114-3 (34.83)	dec	Tiger Relays (3/24-26)	7th
138-10 (42.32)	dec	SEC Championships (5/12-15)	8th

Decathlon

5,783		Tiger Relays (3/24-26)	5th
6,301		SEC Championships (5/12-15)	8th

HUNTER SMITH

Discus

133-3 (40.61)		Tiger Relays (3/24-26)	18th
133-11 (40.82)		Bulldog Invitational (4/2)	5th

MARVIN STEVENSON

200 Meters

20.98	w/r	Bulldog Invitational (4/2)	4th
21.00	r	Sun Angel Classic (4/16)	6th
21.27		SEC Championships (5/12-15)	19th
21.18		NCAA Mideast Regional (5/27-28)	14th

400 Meters

47.20	r	Tiger Relays (3/24-26)	4th
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JOHN THOMPSON

100 Meters

10.63	w	Bulldog Invitational (4/2)	4th
10.75		LSU Alumni Gold (4/23)	15th

Long Jump

23-4 1/2 (7.12)		Tiger Relays (3/24-26)	5th
22-7 (6.88)	w	Bulldog Invitational (4/2)	7th
23-6 1/4 (7.17)		LSU Alumni Gold (4/23)	14th
22-1 3/4 (6.75)		SEC Championships (5/12-15)	16th

Triple Jump

FOUL		LSU Alumni Gold (4/23)	N/A
45-11 1/3 (14.00)		SEC Championships (5/12-15)	10th

RICHARD THOMPSON

100 Meters

10.80		Tiger Relays (3/24-26)	1st-prelims
10.61	w	Bulldog Invitational (4/2)	3rd
10.73		Texas Relays (4/6-9)	25th
10.78		Sun Angel Classic (4/16)	9th
10.66		SEC Championships (5/12-15)	15th

200 Meters

21.86	w	Bulldog Invitational (4/2)	9th
21.73		LSU Alumni Gold (4/23)	22nd

MATT VINCENT

Discus

159-10 (48.71)		Tiger Relays (3/24-26)	5th
167-6 (51.05)	r	Bulldog Invitational (4/2)	1st
172-2 (52.49)	r	Texas Relays (4/6-9)	7th
175-4 (53.45)	r	Sun Angel Classic (4/16)	3rd
168-6 (51.35)	r	LSU Alumni Gold (4/23)	3rd
171-9 (52.36)	r	SEC Championships (5/12-15)	6th
160-10 (49.03)		NCAA Mideast Regional (5/27-28)	21st

Shot Put

55-4 1/4 (16.87)	r	Tiger Relays (3/24-26)	1st
55-3 1/2 (16.85)	r	Bulldog Invitational (4/2)	1st
54-7 1/4 (16.64)	r	Texas Relays (4/6-9)	3rd
56-3 1/4 (17.15)	r	Sun Angel Classic (4/16)	7th
54-6 1/2 (16.62)	r	LSU Alumni Gold (4/23)	3rd
56-5 3/4 (17.21)	r	Penn Relays (4/28-30)	2nd - College Division
57-0 (17.37)	r	SEC Championships (5/12-15)	7th
56-2 1/2 (17.13)		NCAA Mideast Regional (5/27-28)	14th

Hammer Throw

174-7 (53.21)		Tiger Relays (3/24-26)	3rd
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JIMMY WIGGINS

5,000 Meters

DNF		LSU Alumni Gold (4/23)	N/A
15:32.05		Penn Relays (4/28-30)	35th
15:42.15		SEC Championships (5/12-15)	34th

10,000 Meters

29:50.94		Stanford Invitational (3/26)	29th-Section 2
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SIRAJ WILLIAMS

200 Meters

21.62	w	Bulldog Invitational (4/2)	6th
21.77		LSU Alumni Gold (4/23)	24th

400 Meters

46.67	r	Sun Angel Classic (4/16)	8th
47.22	r	SEC Championships (5/12-15)	17th
47.13		NCAA Mideast Regional (5/27-28)	15th

2005 MEN'S PERFORMANCE LIST

Final

KELLY WILLIE

100 Meters

10.30	r	Tiger Relays (3/24-26) 1st-prelims
10.32	r	Tiger Relays (3/24-26) 1st
10.26	r	Texas Relays (4/6-9) 1st-prelims
10.11	w/r	Texas Relays (4/6-9) 2nd

200 Meters

20.45	w/r	LSU Alumni Gold (4/23) 2nd
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400 Meters

44.97	r	Sun Angel Classic (4/16) 1st
45.92	r	SEC Championships (5/12-15) 2nd-prelims
45.51	r	SEC Championships (5/12-15) 1st
46.51		NCAA Mideast Regional (5/27-28) 6th-prelims
45.32		NCAA Mideast Regional (5/27-28) 2nd
45.88		NCAA Championships (6/8-11) 5th-prelims
45.12		NCAA Championships (6/8-11) 5th-semifinals
45.17		NCAA Championships (6/8-11) 6th

4X100-METER RELAY

40.11	r	Thompson, Stevenson, Willie, Brazell Tiger Relays (3/24-26) - 1st
41.43		Thompson, Stevenson, Williams, Dardar Bulldog Invitational (4/2) - 2nd
38.94	r	Carter, Stevenson, Willie, Brazell Texas Relays (4/6-9) - 1st
39.25	r	Carter, Stevenson, Willie, Brazell Texas Relays (4/6-9) - 2nd-prelims
38.90	r	Stevenson, Thompson, Willie, Brazell Sun Angel Classic (4/16) - 1st
39.33	r	Thompson, X. Carter, Willie, Brazell LSU Alumni Gold (4/23) - 1st
39.50	r	Thompson, X. Carter, Willie, Brazell Penn Relays (4/28-30) - 1st-prelims
39.06	r	Thompson, X. Carter, Willie, Brazell Penn Relays (4/28-30) - 1st
39.31	r	Thompson, X. Carter, Willie, Brazell SEC Championships (5/12-15) - 2nd
39.26		Thompson, X. Carter, Willie, Brazell NCAA ME Reg. (5/27-28) - 1st-prelims
38.77		Thompson, X. Carter, Willie, Brazell NCAA ME Reg. (5/27-28) - 2nd
39.21		Thompson, X. Carter, Willie, Brazell NCAA Champ. (6/8-11) - 6th-prelims
38.86		Thompson, X. Carter, Willie, Brazell NCAA Championships (6/8-11) - 4th

4X200-METER RELAY

1:24.25		Fontenot, Williams, Willie, Dardar Penn Relays (4/28-30) - 4th-prelims
1:21.06		Dardar, Brazell, Willie, X. Carter Penn Relays (4/28-30) - 2nd

4X400-METER RELAY

3:05.87	r	Dardar, Benton, Brazell, Willie Tiger Relays (3/24-26) - 1st
3:13.39		LSU B Tiger Relays (3/24-26) - 5th
3:08.17	r	Dardar, Stevenson, Williams, Benton Bulldog Invitational (4/2) - 1st
3:28.33		Carter, Hendry, Huston, Accardo Bulldog Invitational (4/2) - 6th
3:05.19	r	Dardar, Benton, Brazell, Willie Texas Relays (4/6-9) - 4th
3:05.37	r	Williams, Benton, Stevenson, Dardar Sun Angel Classic (4/16) - 1st
3:05.35	r	Willie, Carter, Brazell, Dardar LSU Alumni Gold (4/23) - 1st
3:15.13		LSU B LSU Alumni Gold (4/23) - 1st
3:07.46	r	X. Carter, Benton, Brazell, Willie Penn Relays (4/28-30) - 2nd-prelims
3:04.95	r	Willie, Brazell, Dardar, Benton Penn Relays (4/28-30) - 4th
3:02.95	r	X. Carter, Brazell, Dardar, Willie SEC Championships (5/12-15) - 2nd
3:03.30		Dardar, Brazell, X. Carter, Willie NCAA Mideast Regional (5/27-28) - 1st
3:03.08		Brazell, X. Carter, Dardar, Willie NCAA Champ. (6/8-11) - 2nd-prelims
2:59.59	cr/mr/sr	Dardar, Willie, Brazell, X. Carter NCAA Championships (6/8-11) - 1st

4X800-METER RELAY

7:36.54	r	Benton, Hendry, Jamison, Gavin Texas Relays (4/6-9) - 10th
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4X1,500-METER RELAY

15:55.94		Huston, Hendry, Accardo, Gavin Texas Relays (4/6-9) - 5th
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800-METER SPRINT MEDLEY RELAY

1:29.91		Brazell, Stevenson, Willie, Brazell Tiger Relays (3/24-26) - 1st
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1,600-METER SPRINT MEDLEY RELAY

3:22.01		Williams, Stevenson, Dardar, Carter Texas Relays (4/6-9) - 2nd
3:24.64		Williams, Dardar, Benton, J. Carter Penn Relays (4/28-30) - 13th

DISTANCE MEDLEY RELAY

9:52.58		Hendry, Benton, Carter, Gavin Tiger Relays (3/24-26) - 1st
10:20.57		Accardo, Dardar, Huston, Cusimano Tiger Relays (3/24-26) - 2nd
10:08.41		Gavin, Williams, Jamison, Carter Texas Relays (4/6-9) - 11th
9:54.99		Huston, Williams, Hendry, Gavin Penn Relays (4/28-30) - 4th (Coll. Div.)

2005 WOMEN'S PERFORMANCE LIST

Final

KATE ACCARDO

5,000 Meters

19:35.84		Tiger Relays (3/24-26)	13th
18:54.80		LSU Alumni Gold (4/23)	6th

MEGAN AKRE

200 Meters

25.39	hep	Tiger Relays (3/24-26)	1st
25.04	w	LSU Alumni Gold (4/23)	26th
24.80	hep	SEC Championships (5/12-15)	4th

800 Meters

2:23.62	hep	Tiger Relays (3/24-26)	3rd
2:25.20	hep	SEC Championships (5/12-15)	7th

100 Hurdles

14.35	w/hep	Tiger Relays (3/24-26)	1st
14.16		Sun Angel Classic (4/16)	8th
14.08	hep	SEC Championships (5/12-15)	3rd

High Jump

5-7 1/4 (1.71)	hep	Tiger Relays (3/24-26)	1st
5-7 (1.70)		Texas Relays (4/6-9)	13rd
5-3 (1.60)		SEC Championships (5/12-15)	14th
5-7 3/4 (1.72)	hep	SEC Championships (5/12-15)	4th

Long Jump

18-0 1/2 (5.50)	w/hep	Tiger Relays (3/24-26)	1st
16-11 1/2 (5.17)		Sun Angel Classic (4/16)	13th
18-10 3/4 (5.76)		LSU Alumni Gold (4/23)	14th
17-5 1/2 (5.32)	w/hep	SEC Championships (5/12-15)	8th

Shot Put

33-6 3/4 (10.23)	hep	Tiger Relays (3/24-26)	7th
33-4 (10.16)	hep	SEC Championships (5/12-15)	11th

Javelin

85-2 (25.96)	hep	Tiger Relays (3/24-26)	7th
69-2 (21.09)	hep	SEC Championships (5/12-15)	14th

Heptathlon

5,067	p	Tiger Relays (3/24-26)	1st
5,002	p	SEC Championships (5/12-15)	5th

KELLY BAPTISTE

100 Meters

11.52	r	Carifta Games (3/26-28)	1st-prelims
11.39	r	Carifta Games (3/26-28)	1st
FS		Texas Relays (4/6-9)	N/A
11.04	w+	Texas Relays (4/6-9)	1st (Invit.)
11.52	r	Penn Relays (4/28-30)	2nd-prelims
11.44	r	Penn Relays (4/28-30)	3rd
11.46	r	SEC Championships (5/12-15)	4th-prelims
11.41	r	SEC Championships (5/12-15)	3rd
11.44		NCAA Mideast Regional (5/27-28)	1st-prelims
11.26		NCAA Mideast Regional (5/27-28)	1st
11.54		NCAA Championships (6/8-11)	18th-prelims
11.49		NCAA Championships (6/8-11)	8th-semifinals
11.37		NCAA Championships (6/8-11)	4th

200 Meters

23.77	r	Carifta Games (3/26-28)	1st-prelims
23.25	r	Carifta Games (3/26-28)	1st
23.18	r	Sun Angel Classic (4/16)	2nd
23.37	w/r	LSU Alumni Gold (4/23)	1st
23.27	r	SEC Championships (5/12-15)	3rd-prelims
23.79	r	SEC Championships (5/12-15)	6th
23.25		NCAA Mideast Regional (5/27-28)	1st-prelims
22.93		NCAA Mideast Regional (5/27-28)	2nd
23.36		NCAA Championships (6/8-11)	16th-prelims
23.23		NCAA Championships (6/8-11)	9th-semifinals
23.42		NCAA Championships (6/8-11)	8th

JULIE BERTRAND

200 Meters

28.45	hep	Tiger Relays (3/24-26)	8th
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800 Meters

2:41.89	hep	Tiger Relays (3/24-26)	7th
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100 Hurdles

16.68	w/hep	Tiger Relays (3/24-26)	8th
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400 Hurdles

1:09.26		LSU Alumni Gold (4/23)	19th
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High Jump

5-0 1/4 (1.53)	hep	Tiger Relays (3/24-26)	16th
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Long Jump

14-9 1/4 (4.50)	hep	Tiger Relays (3/24-26)	8th
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Shot Put

34-9 (10.59)	hep	Tiger Relays (3/24-26)	5th
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Javelin

111-1 (33.87)	hep	Tiger Relays (3/24-26)	2nd
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Heptathlon

3,981		Tiger Relays (3/24-26)	7th
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ANGEL BOYD

100 Meters

12.24		Tiger Relays (3/24-26)	13th
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100 Hurdles

14.46		Tiger Relays (3/24-26)	7th-prelims
15.07		Tiger Relays (3/24-26)	7th
14.09		Texas Relays (4/6-9)	124th
13.96		Sun Angel Classic (4/16)	4th
13.76	w+	LSU Alumni Gold (4/23)	10th
13.62	r	SEC Championships (5/12-15)	16th-prelims
DQ		SEC Championships (5/12-15)	N/A
DNF		NCAA Mideast Regional (5/27-28)	N/A

MEGAN BROUSSARD

5,000 Meters

19:07.87		Tiger Relays (3/24-26)	10th
19:08.58		LSU Alumni Gold (4/23)	7th

SARAH COLOSIMO

5,000 Meters

19:47.86		Tiger Relays (3/24-26)	17th
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KATIE DAWSON

800 Meters

2:17.44		Sun Angel Classic (4/16)	12th
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1,500 Meters

4:44.53		Tiger Relays (3/24-26)	6th
5:03.48		Bulldog Invitational (4/2)	9th
4:45.97		Sun Angel Classic (4/16)	10th
5:04.22		LSU Alumni Gold (4/23)	24th
4:48.52		SEC Championships (5/12-15)	22nd

2005 WOMEN'S PERFORMANCE LIST

Final

LINDSAY DAY

800 Meters

2:23.25	Bulldog Invitational (4/2)	8th
2:13.82	Sun Angel Classic (4/16)	8th
2:14.14	LSU Alumni Gold (4/23)	8th
2:13.15	SEC Championships (5/12-15)	22nd

1,500 Meters

4:45.72	Tiger Relays (3/24-26)	8th
4:56.61	Bulldog Invitational (4/2)	7th
4:52.25	Sun Angel Classic (4/16)	14th
4:44.83	SEC Championships (5/12-15)	20th

KATIE DENTON

800 Meters

2:27.00	Bulldog Invitational (4/2)	15th
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1,500 Meters

4:53.62	Bulldog Invitational (4/2)	6th
4:40.73	LSU Alumni Gold (4/23)	10th

5,000 Meters

17:40.18	Tiger Relays (3/24-26)	1st
17:40.98	Texas Relays (4/6-9)	9th
17:10.47	Sun Angel Classic (4/16)	1st
17:39.95	SEC Championships (5/12-15)	22nd

10,000 Meters

35:39.94	Penn Relays (4/28-30)	14th
38:13.35	SEC Championships (5/12-15)	13th

JACKIE DOVE

Pole Vault

NH	Tiger Relays (3/24-26)	N/A
9-6 1/4 (2.90)	LSU Alumni Gold (4/23)	16th

MEGAN DUET

Pole Vault

10-6 (3.20)	Tiger Relays (3/24-26)	6th
11-0 (3.35)	Bulldog Invitational (4/2)	3rd
11-5 3/4 (3.50)	LSU Alumni Gold (4/23)	5th

MEISUE FRANCIS

400 Meters

54.90	Tiger Relays (3/24-26)	4th
56.19	LSU Alumni Gold (4/23)	12th

800 Meters

2:13.44	Bulldog Invitational (4/2)	2nd
2:09.13	r Sun Angel Classic (4/16)	2nd
2:08.41	SEC Championships (5/12-15)	8th-prelims
2:09.10	SEC Championships (5/12-15)	7th
2:13.51	NCAA Mideast Regional (5/27-28)	18th

RACHAEL GRAHAM

1,500 Meters

5:09.81	Bulldog Invitational (4/2)	11th
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5,000 Meters

18:36.77	Tiger Relays (3/24-26)	5th
18:26.41	LSU Alumni Gold (4/23)	4th
18:47.70	SEC Championships (5/12-15)	29th

TENISHA GRIGGS

100 Meters

12.25	Tiger Relays (3/24-26)	14th
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100 Hurdles

15.29	Tiger Relays (3/24-26)	20th
14.24	Bulldog Invitational (4/2)	5th
14.71	Sun Angel Classic (4/16)	12th
13.80	w+ LSU Alumni Gold (4/23)	11th
14.27	SEC Championships (5/12-15)	12th

200 Meters

24.49	Sun Angel Classic (4/16)	16th
24.50	w LSU Alumni Gold (4/23)	17th

NEDRA GROSS

200 Meters

5-4 1/4 (1.63)	LSU Alumni Gold (4/23)	11th
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Triple Jump

NH	SEC Championships (5/12-15)	N/A
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Triple Jump

FOUL	Texas Relays (4/6-9)	N/A
38-6 1/4 (11.74)	Sun Angel Classic (4/16)	4th
39-7 3/4 (12.08)	w+ LSU Alumni Gold (4/23)	7th
40-6 3/4 (12.36)	r SEC Championships (5/12-15)	8th
FOUL	NCAA Mideast Regional (5/27-28)	N/A

AMANDA HARMATA

Javelin

153-8 (46.85)	r Tiger Relays (3/24-26)	18th
131-2 (39.97)	Bulldog Invitational (4/2)	1st
149-8 (45.63)	r Texas Relays (4/6-9)	4th
140-4 (42.77)	Sun Angel Classic (4/16)	1st
137-10 (42.01)	LSU Alumni Gold (4/23)	10th
146-3 (44.58)	r Penn Relays (4/28-30)	5th
152-7 (46.50)	r SEC Championships (5/12-15)	2nd
146-10 (44.76)	NCAA Mideast Regional (5/27-28)	9th

BRITTANY HARRIS

200 Meters

24.49	w Bulldog Invitational (4/2)	10th
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400 Meters

54.55	r Tiger Relays (3/24-26)	3rd
54.97	Sun Angel Classic (4/16)	5th
54.14	r LSU Alumni Gold (4/23)	5th
55.39	SEC Championships (5/12-15)	12th
54.84	NCAA Mideast Regional (5/27-28)	11th

SHONTAE HARRIS

200 Meters

26.76	LSU Alumni Gold (4/23)	41st
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High Jump

5-8 3/4 (1.75)	r Tiger Relays (3/24-26)	1st
5-4 (1.62)	Bulldog Invitational (4/2)	3rd
5-7 (1.70)	Texas Relays (4/6-9)	3rd
5-7 (1.70)	Sun Angel Classic (4/16)	15th
5-7 1/4 (1.71)	LSU Alumni Gold (4/23)	3rd
5-7 (1.70)	Penn Relays (4/28-30)	7th
5-7 (1.70)	SEC Championships (5/12-15)	2nd
5-7 1/4 (1.71)	NCAA Mideast Regional (5/27-28)	11th

2005 WOMEN'S PERFORMANCE LIST

Final

TINA HARRIS

200 Meters

25.38 w+ LSU Alumni Gold (4/23) 34th

High Jump

5-7 1/4 (1.71) Tiger Relays (3/24-26) 2nd
 5-7 (1.70) Sun Angel Classic (4/16) 7th
 5-5 (1.65) SEC Championships (5/12-15) 11th

Long Jump

20-11 1/4 (6.38) w/r Bulldog Invitational (4/2) 1st
 21-2 (6.45) r Texas Relays (4/6-9) 2nd
 19-10 3/4 (6.06) r Sun Angel Classic (4/16) 4th
 20-8 3/4 (6.32) r Penn Relays (4/28-30) 2nd
 21-4 3/4 (6.52) r SEC Championships (5/12-15) 2nd
 21-4 1/2 (6.51) NCAA Mideast Regional (5/27-28) 2nd
 19-6 1/4 (5.95) NCAA Championships (6/8-11) t20th

Triple Jump

41-0 1/4 (12.50) w/r Bulldog Invitational (4/2) 2nd
 42-5 1/4 (12.93) w/r Texas Relays (4/6-9) 5th
 40-11 1/2 (12.48) w/r LSU Alumni Gold (4/23) 4th
 40-11 3/4 (12.49) r Penn Relays (4/28-30) 2nd-College Division
 38-10 1/2 (11.85) SEC Championships (5/12-15) 10th
 39-7 1/4 (12.07) NCAA Mideast Regional (5/27-28) 17th

DIANNE HARRISON

200 Meters

26.48 hep Tiger Relays (3/24-26) 4th
 26.63 hep SEC Championships (5/12-15) 14th

800 Meters

2:39.82 hep Tiger Relays (3/24-26) 5th
 2:42.82 hep SEC Championships (5/12-15) 13th

100 Hurdles

15.27 w/hep Tiger Relays (3/24-26) 3rd
 17.74 Sun Angel Classic (4/16) 14th
 15.84 hep SEC Championships (5/12-15) 14th

High Jump

5-6 (1.68) hep Tiger Relays (3/24-26) t2nd
 5-5 (1.65) Texas Relays (4/6-9) t12th
 5-3 (1.60) SEC Championships (5/12-15) t14th
 5-8 3/4 (1.75) hep/r SEC Championships (5/12-15) t2nd
 5-7 1/4 (1.71) NCAA Mideast Regional (5/27-28) t11th

Long Jump

17-10 3/4 (5.45) hep Tiger Relays (3/24-26) 2nd
 16-10 3/4 (5.15) Sun Angel Classic (4/16) 14th
 17-6 1/4 (5.34) hep SEC Championships (5/12-15) 7th

Shot Put

44-2 3/4 (13.48) hep Tiger Relays (3/24-26) 1st
 44-0 1/2 (13.42) hep SEC Championships (5/12-15) 2nd

Javelin

90-4 (27.54) hep Tiger Relays (3/24-26) 6th
 81-1 (24.71) hep SEC Championships (5/12-15) 12th

Heptathlon

4,842 Tiger Relays (3/24-26) 4th
 4,720 SEC Championships (5/12-15) 10th

MEGAN KLIEBERT

800 Meters

2:30.71 Bulldog Invitational (4/2) 17th

1,500 Meters

5:09.96 Tiger Relays (3/24-26) 31st
 5:15.80 Bulldog Invitational (4/2) 13th
 5:18.81 LSU Alumni Gold (4/23) 30th

DEONNA LAWRENCE

200 Meters

23.88 w/r Bulldog Invitational (4/2) 7th

400 Meters

53.32 r Tiger Relays (3/24-26) 2nd
 53.19 r Sun Angel Classic (4/16) 2nd
 54.73 LSU Alumni Gold (4/23) 9th
 53.17 r SEC Championships (5/12-15) 3rd-prelims
 52.95 r SEC Championships (5/12-15) 3rd
 53.60 NCAA Mideast Regional (5/27-28) 6th-prelims
 53.12 NCAA Mideast Regional (5/27-28) 4th

RaNYSHA LeBLANC

100 Hurdles

13.84 r Tiger Relays (3/24-26) 4th-prelims
 13.45 w/r Texas Relays (4/6-9) 3rd
 13.37 r Texas Relays (4/6-9) 5th
 13.47 r Sun Angel Classic (4/16) 2nd
 13.23 w/r LSU Alumni Gold (4/23) 1st
 13.41 r Penn Relays (4/28-30) 4th-prelims
 DQ Penn Relays (4/28-30) N/A
 13.62 r SEC Championships (5/12-15) t5th-prelims
 13.65 r SEC Championships (5/12-15) 5th
 13.83 NCAA Mideast Regional (5/27-28) 12th

ANDREA LINTON

Long Jump

18-10 (5.74) Tiger Relays (3/24-26) 6th
 19-4 1/4 (5.90) w+ Bulldog Invitational (4/2) 5th
 FOUL Texas Relays (4/6-9) N/A
 18-11 1/2 (5.78) Penn Relays (4/28-30) 7th-College Division
 19-0 1/2 (5.80) SEC Championships (5/12-15) 14th

Triple Jump

40-1 1/2 (12.23) w/r Bulldog Invitational (4/2) 6th
 40-11 1/2 (12.48) w/r Texas Relays (4/6-9) 4th
 41-1 1/2 (12.53) r Sun Angel Classic (4/16) 2nd
 42-3 1/4 (12.88) w+ LSU Alumni Gold (4/23) 3rd
 41-10 3/4 (12.77) w/r LSU Alumni Gold (4/23) best legal jump in series
 41-10 1/2 (12.76) r Penn Relays (4/28-30) 1st-College Division
 41-10 3/4 (12.77) r SEC Championships (5/12-15) 3rd
 41-7 1/4 (12.68) NCAA Mideast Regional (5/27-28) 6th
 40-7 (12.37) NCAA Championships (6/8-11) 25th

KATIE MCKEEVER

Shot Put

ND Tiger Relays (3/24-26) N/A
 51-7 3/4 (15.74) r Bulldog Invitational (4/2) 1st
 45-11 1/4 (14.00) Texas Relays (4/6-9) 10th
 51-1 1/2 (15.58) r LSU Alumni Gold (4/23) 2nd
 51-2 1/4 (15.60) r Penn Relays (4/28-30) 4th
 48-8 (14.83) r SEC Championships (5/12-15) 6th
 FOUL NCAA Mideast Regional (5/27-28) N/A

Discus

168-0 (51.20) r Tiger Relays (3/24-26) 1st
 FOUL Texas Relays (4/6-9) N/A
 157-9 (48.08) r Sun Angel Classic (4/16) 8th
 162-9 (49.60) r LSU Alumni Gold (4/23) 3rd
 167-7 (51.08) r Penn Relays (4/28-30) 5th
 157-6 (48.00) r SEC Championships (5/12-15) 6th
 165-2 (50.34) NCAA Mideast Regional (5/27-28) 9th

2005 WOMEN'S PERFORMANCE LIST

Final

MILENE MIRANTI

Javelin

125-3 (38.18)	Tiger Relays (3/24-26)	9th
123-7 (37.68)	Bulldog Invitational (4/2)	2nd
130-7 (39.80)	Mississippi Invitational (4/9)	3rd
120-3 (36.66)	Charles Lancon Memorial (4/16)	1st
126-3 (38.49)	SEC Championships (5/12-15)	8th

WHITNEY MITCHELL

400 Meters

58.77	Tiger Relays (3/24-26)	26th
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800 Meters

2:17.65	Sun Angel Classic (4/16)	13th
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BROOKLYN MORRIS

200 Meters

23.66	w/r Bulldog Invitational (4/2)	3rd
23.79	r Sun Angel Classic (4/16)	7th
23.59	w/r LSU Alumni Gold (4/23)	5th
23.93	r SEC Championships (5/12-15)	9th
23.96	NCAA Mideast Regional (5/27-28)	9th

RUTH NANYINZA

800 Meters

2:19.29	Bulldog Invitational (4/2)	5th
2:09.57	r LSU Alumni Gold (4/23)	2nd
2:09.35	r SEC Championships (5/12-15)	12th
2:11.84	NCAA Mideast Regional (5/27-28)	15th

1,500 Meters

4:30.16	Tiger Relays (3/24-26)	1st
4:41.68	Bulldog Invitational (4/2)	1st
4:32.31	Texas Relays (4/6-9)	7th
4:34.77	Sun Angel Classic (4/16)	5th
4:31.11	SEC Championships (5/12-15)	8th

5,000 Meters

DNF	LSU Alumni Gold (4/23)	N/A
DNF	Penn Relays (4/28-30)	N/A

SADE' NERO

200 Meters

24.81	LSU Alumni Gold (4/23)	23rd
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400 Meters

55.52	Tiger Relays (3/24-26)	8th
57.12	Bulldog Invitational (4/2)	3rd
55.32	Sun Angel Classic (4/16)	8th
56.27	LSU Alumni Gold (4/23)	13th
56.81	SEC Championships (5/12-15)	15th

JESSICA OHANAJA

100 Meters

12.20	Tiger Relays (3/24-26)	11th
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100 Hurdles

13.74	r Tiger Relays (3/24-26)	2nd-prelims
13.90	r Tiger Relays (3/24-26)	2nd
13.96	Bulldog Invitational (4/2)	3rd
13.82	r Sun Angel Classic (4/16)	4th
13.38	w+ LSU Alumni Gold (4/23)	3rd
DQ	Penn Relays (4/28-30)	N/A
13.46	r SEC Championships (5/12-15)	4th-prelims
13.53	r SEC Championships (5/12-15)	4th
13.58	NCAA Mideast Regional (5/27-28)	3rd
13.47	NCAA Mideast Regional (5/27-28)	3rd
14.38	NCAA Championships (6/8-11)	28th

200 Meters

25.18	w Bulldog Invitational (4/2)	15th
24.97	Sun Angel Classic (4/16)	22nd
24.94	w LSU Alumni Gold (4/23)	24th

TANYA OSBOURNE

400 Meters

54.22	r LSU Alumni Gold (4/23)	7th
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800 Meters

2:09.26	Bulldog Invitational (4/2)	1st
2:08.83	Sun Angel Classic (4/16)	1st
2:07.50	SEC Championships (5/12-15)	5th-prelims
2:05.12	SEC Championships (5/12-15)	2nd
2:06.85	NCAA Mideast Regional (5/27-28)	6th-prelims
2:05.25	NCAA Mideast Regional (5/27-28)	2nd
2:12.50	NCAA Championships (6/8-11)	25th

ASHLEY OWENS

100 Meters

11.54	r Tiger Relays (3/24-26)	1st-prelims
11.52	r Tiger Relays (3/24-26)	1st
11.62	r Texas Relays (4/6-9)	5th-prelims
11.08	w+ Texas Relays (4/6-9)	3rd
11.85	Penn Relays (4/28-30)	10th
11.47	r SEC Championships (5/12-15)	5th-prelims
11.57	r SEC Championships (5/12-15)	7th
11.79	NCAA Mideast Regional (5/27-28)	11th

200 Meters

23.76	r Sun Angel Classic (4/16)	6th
23.56	w/r LSU Alumni Gold (4/23)	4th
23.93	r SEC Championships (5/12-15)	10th

LaTOYA PAYNE

200 Meters

24.98	w+ LSU Alumni Gold (4/23)	25th
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Long Jump

20-3 3/4 (6.19)	r Tiger Relays (3/24-26)	2nd
19-11 (6.07)	w+ Bulldog Invitational (4/2)	2nd
18-10 3/4 (5.76)	w Texas Relays (4/6-9)	11th
19-10 3/4 (6.06)	r Sun Angel Classic (4/16)	5th
20-8 (6.30)	w/r LSU Alumni Gold (4/23)	3rd
19-10 3/4 (6.06)	SEC Championships (5/12-15)	9th
19-7 1/2 (5.98)	NCAA Mideast Regional (5/27-28)	9th

2005 WOMEN'S PERFORMANCE LIST

Final

LYNLEY ROCHE'

1,500 Meters

5:09.07 LSU Alumni Gold (4/23) 27th

5,000 Meters

20:25.63 Tiger Relays (3/24-26) 18th

MEGAN SHARKEY

Pole Vault

NH Tiger Relays (3/24-26) N/A

CALAH YOUNG

Pole Vault

NH Tiger Relays (3/24-26) N/A

11-6 (3.51) Bulldog Invitational (4/2) 2nd

NH Sun Angel Classic (4/16) N/A

11-11 3/4 (3.65) sr LSU Alumni Gold (4/23) t17th

NH SEC Championships (5/12-15) N/A

4X100-METER RELAY

44.89 r Owens, Lawrence,
Morris, Baptiste Texas Relays (4/6-9) - 6th-prelims

DQ Owens, Lawrence,
Morris, Baptiste Texas Relays (4/6-9) - N/A

DQ Owens, Lawrence,
Morris, Baptiste Sun Angel Classic (4/16) - N/A

44.68 Owens, Lawrence,
Morris, Baptiste LSU Alumni Gold (4/23) - 2nd

44.29 Owens, Lawrence,
Morris, Baptiste Penn Relays (4/28-30) - 1st-prelims

44.07 Owens, Lawrence,
Morris, Baptiste Penn Relays (4/28-30) - 4th

DQ Owens, Lawrence,
Morris, Baptiste SEC Championships (5/12-15) - N/A

44.33 Owens, Lawrence,
Ohanaja, Baptiste NCAA ME Reg. (5/27-28) - 2nd-prelims

44.01 Owens, Lawrence,
Ohanaja, Baptiste NCAA ME Reg. (5/27-28) - 2nd

44.50 Owens, Lawrence,
Ohanaja, Baptiste . . . NCAA Champ. (6/8-11) - 8th-prelims

43.67 Owens, Lawrence,
Ohanaja, Baptiste . . . NCAA Championships (6/8-11) - 5th

4X200-METER RELAY

1:34.94 Owens, B. Harris,
Morris, Baptiste Penn Relays (4/28-30) - 5th

1:32.77 Owens, Lawrence,
Morris, Baptiste Penn Relays (4/28-30) - 2nd

4X400-METER RELAY

3:33.94 r Morris, Osbourne,
Francis, Lawrence Tiger Relays (3/24-26) - 2nd

3:46.77 LSU B Tiger Relays (3/24-26) - 5th

3:40.65 r Morris, Francis,
Osbourne, Lawrence Bulldog Invitational (4/2) - 1st

3:52.51 Harris, Nero,
Mitchell, Dawson Bulldog Invitational (4/2) - 3rd

3:35.61 r Morris, Osbourne,
Francis, Lawrence Texas Relays (4/6-9) - 8th-prelims

3:35.06 r Morris, Osbourne,
Francis, Lawrence Texas Relays (4/6-9) - 8th

3:35.37 r Morris, Osbourne,
Francis, Lawrence Sun Angel Classic (4/16) - 1st

3:57.18 Nero, Mitchell,
Day, Dawson Sun Angel Classic (4/16) - 6th

3:35.97 r Morris, Osbourne,
Francis, Lawrence LSU Alumni Gold (4/23) - 2nd

3:53.17 LSU B LSU Alumni Gold (4/23) - 7th

3:44.13

Morris, Osbourne,
Francis, Lawrence . . . Penn Relays (4/28-30) - 10th-prelims

3:36.78 r B. Harris, Morris,
Osbourne, Lawrence . . . Penn Relays (4/28-30) - 2nd-Coll. Div.

DQ B. Harris, Lawrence,
Osbourne, Morris . . . SEC Championships (5/12-15) - N/A

3:36.33 Morris, Osbourne,
Francis, Lawrence . . . NCAA Mideast Reg. (5/27-28) - 6th

3:36.37 Morris, Francis,
Osbourne, Lawrence NCAA Champ. (6/8-11) - 13th

4X800-METER RELAY

8:43.81 Nanyinza, Francis,
Day, Osbourne Penn Relays (4/28-30) - 9th

800-METER SPRINT MEDLEY RELAY

1:40.53 Lawrence, LeBlanc,
Lawrence, Harris Tiger Relays (3/24-26) - 1st

1,600-METER SPRINT MEDLEY RELAY

3:49.48 Morris, Baptiste,
Lawrence, Osbourne Texas Relays (4/6-9) - 2nd

3:50.57 B. Harris, Morris,
Francis, Osbourne Penn Relays (4/28-30) - 4th

DISTANCE MEDLEY RELAY

11:52.51 Dawson, Osbourne,
Francis, Nanyinza Tiger Relays (3/24-26) - 1st

12:26.57 Day, Nero,
Mitchell, Kliebert Tiger Relays (3/24-26) - 3rd

12:30.37 Broussard, Accardo,
Graham, Denton Tiger Relays (3/24-26) - 5th

12:09.27 Dawson, Harris,
Francis, Day Texas Relays (4/6-9) - 14th

4X100-METER SHUTTLE HURDLE RELAY

53.90 Ohanaja, Akre,
Boyd, LeBlanc Penn Relays (4/28-30) - 3rd

MEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

100 Meters

1.	Slip Watkins	1989	10.15
	Fabian Muyaba	1993	10.15
	Byron Logan	1998	10.15
4.	Glenroy Gilbert	1993	10.16
5.	Chris Cummings	1996	10.17
6.	Reggie Jones	1993	10.25
	Kirk Cummins	1996	10.25
8.	Bryant Williams	1992	10.26
9.	Jason Sanders	1992	10.27
10.	Efram Coley	1980	10.29

200 Meters

1.	Xavier Carter	2005	20.02
2.	Rohsaan Griffin	1996	20.21
3.	Curtis Perry	1997	20.25
4.	Efram Coley	1980	20.35
5.	Dino Napier	1989	20.37
	Glenroy Gilbert	1993	20.37
7.	Derrick Brew	1999	20.38
8.	Slip Watkins	1989	20.40
9.	Byron Logan	1998	20.41
10.	Robert Parham	2002	20.44

400 Meters

1.	Derrick Brew	1999	44.29
2.	Kelly Willie	2004	44.63
3.	Alleyne Francique	2002	44.87
4.	Pete Coley	2002	44.89
5.	Al Coffee	1969	45.44c
6.	Lloyd Willis	1972	45.54c
7.	Mike Alridge	1998	45.64
8.	Xavier Carter	2005	45.65
9.	Robert Parham	2001	45.74ht
10.	Derrick Thymes	1994	45.93

800 Meters

1.	Robin van Helden	1987	1:45.53
2.	David Singoei	1993	1:45.64
3.	Bob Smith	1972	1:46.9c
4.	Passmore Furusa	1995	1:47.91
5.	Mark Fowler	1988	1:48.19
6.	Rod Green	1984	1:48.34
7.	Maurice Horton	1991	1:48.47
8.	James Epps	1972	1:48.8c
9.	Darrin Browder	1989	1:49.0
10.	Marlon Greensword	2002	1:49.38

1,500 Meters

1.	Passmore Furusa	1995	3:39.71
2.	Bobby Beck	1984	3:41.8
3.	Terry Thornton	1989	3:42.20
4.	Mike Quigley	1980	3:42.36
5.	Robin van Helden	1989	3:42.37
6.	John Stewart	1972	3:44.2c
7.	Bob Smith	1974	3:44.3c
8.	Mark Elliott	1989	3:44.52
9.	John Sauerhage	1982	3:45.35
10.	Fran Schimper	2000	3:45.39

3,000-Meter Steeplechase

1.	Magnus Bengtsson	1990	8:38.14
2.	Mark Dobbins	1979	8:39.72
3.	Terry Thornton	1991	8:44.19
4.	Passmore Furusa	1994	8:45.33
5.	Bobby Beck	1981	8:47.35
6.	Paul Marmaro	1987	8:47.83
7.	Stuart Mee	1987	8:48.26
8.	David Hall	1986	8:56.01
9.	Bob Wyman	1993	9:00.40
10.	Jaime Bastidas	1998	9:02.64

5,000 Meters

1.	Mark Elliott	1989	13:33.10
2.	Terry Thornton	1989	13:49.69
3.	John Stewart	1971	14:04.0c
4.	Mike Smith	1986	14:10.74
5.	Abderzak Merchoud	1997	14:12.79
6.	Mike Quigley	1980	14:13.43
7.	Tom Douple	1974	14:13.4
8.	Sam Mwape	2004	14:14.52
9.	Jimmy Wiggins	2004	14:14.90
10.	Mark Dobbins	1979	14:23.23

10,000 Meters

1.	Terry Thornton	1990	28:18.68
2.	Mark Elliott	1989	28:32.44
3.	Likhaya Dayile	2001	29:16.82
4.	Mike Smith	1986	29:18.88
5.	Jimmy Wiggins	2005	29:50.94
6.	Sam Mwape	2005	30:02.83
7.	Pablo Presedo	1988	30:12.65
8.	Tom Douple	1974	30:40.8c
9.	Ryan Gallup	2003	31:05.71
10.	Jeff Miller	1977	31:21.0

110-Meter Hurdles

1.	Eric Reid	1987	13.50
2.	Larry Shipp	1975	13.55
3.	Orlando McDaniel	1980	13.64
4.	Charles James	1984	13.67
5.	Alleyne Lett	2005	13.68
6.	Allen Mishler	1973	13.73
	Bernard Williams	1985	13.73
8.	Greg Scott	1999	13.74
9.	Bert Rareshide	1996	13.81
10.	James Rainey	1993	13.88

400-Meter Hurdles

1.	Bennie Brazell	2005	47.67
2.	Lueroy Colquhoun	2002	48.91
3.	Regan Nichols	1996	49.43
4.	Bernard Williams	1986	49.65
5.	Billy Hardin	1964	49.94c
6.	Carey Schimph	1975	50.44c
7.	David Singoei	1992	50.69
8.	Slats Hardin	1934	50.74c
9.	John Duhon	1984	51.38
10.	David Herbert	1987	51.47

High Jump

1.	Tom Lange	1990	7-5 3/4
2.	J.J. Barton	1997	7-4 1/2
3.	Larey Weaver	1982	7-3 3/4
4.	Alain Metellus	1986	7-3 1/4
5.	Louis Callaway	1986	7-1
6.	Claston Bernard	2002	7-2 1/4
7.	Bruce Reid	1988	7-0 1/4
8.	John Dupont	1995	6-11 3/4
9.	Juan Thomas	1994	6-11 1/2
10.	Ted Heroman	1972	6-11

Pole Vault

1.	Russ Buller	2000	18-8 3/4
2.	Greg Duplantis	1986	18-5 1/4
3.	Grey Rappe	1983	18-0 1/2
	Derrick Prentice	1996	18-0 1/2
5.	Edgar Daiz	1991	17-9
6.	Ricky Wright	1986	17-8 1/2
7.	Mark Rose	1983	17-5
8.	Daniel Troclair	2002	17-4 3/4
9.	Mario Sategna	1995	17-2 3/4
10.	Bob Anding	1975	17-2

Long Jump

1.	John Moffitt	2004	27-2 1/2
2.	Llewellyn Starks	1990	27-0 1/2
3.	Walter Davis	2001	26-8 1/4
4.	Reggie Jones	1993	26-5 3/4
5.	LeJuan Simon	2004	26-3 1/2
6.	Lotfi Khaida	1992	26-2 1/4
	Matthew Rose	1989	26-2 1/4
8.	Eugene McCain	1979	26-1 1/2
	Marcus Thomas	2000	26-1 1/2
10.	Mike Alridge	1996	25-10

Triple Jump

1.	Walter Davis	2002	57-8 1/2
2.	Reggie Jones	1992	56-2
3.	Lotfi Khaida	1993	55-6 1/4
4.	Marcus Thomas	2000	54-6 3/4
5.	LeJuan Simon	2004	54-4 1/2
6.	John Moffitt	2003	54-2 3/4
	LeVar Anderson	1999	54-2 3/4
8.	Jermaine Grant	1995	53-1 3/4
9.	Willie Bradley	2004	53-1
10.	Ernest Marvin	1981	52-10 1/2

Shot Put

1.	Joe Maciejczyk	1982	65-7
2.	Simon Williams	1991	62-10 3/4
3.	Gunnar Pfingsten	1997	62-4 1/2
4.	Rolf Kahles	1997	62-3
5.	Scott Petersen	1993	62-1
6.	Alex Forst	2000	60-10 3/4
7.	John Dermody	1996	60-7 1/4
8.	Frank Mazza	1989	60-4 1/2
9.	Tom Marshall	1980	59-8
10.	Christian Nehme	1998	59-7

Discus

1.	John Nichols	1989	209-1
2.	Simon Williams	1992	200-7
3.	Alex Forst	1998	195-7
4.	Mike Yasolsky	1989	193-4
5.	Derrick Farrell	1993	192-5
6.	Dave Paddison	1991	183-11
7.	Dave Grant	1995	183-10
8.	Rolf Kahles	1997	181-3
9.	Frank Mazza	1989	180-2
10.	Alleyne Lett	2005	178-4

Hammer

1.	Dave Paddison	1994	222-3
2.	Javier Nieto	1999	216-5
3.	John Woosley	1998	202-1
4.	Nigel Green	1996	201-8
5.	Dave Galvan	1996	193-10
6.	Nathan Turner	1997	193-0
7.	Rabun Fox	2005	188-2
8.	Gunnar Pfingsten	1998	187-9
9.	Matt Vincent	2004	174-9
10.	Paul Gardner	2000	174-0

Javelin

1.	Mikael Olander	1987	247-11
2.	Mark Morris	1992	236-1
3.	Willie Boudloche	1993	231-11
4.	Blake Theriot	2000	231-8
5.	Craig Nall	2000	229-6
6.	Enno Tjepkema	1988	220-9
7.	Keith Nunez	2003	218-7
8.	Blake Theriot	1999	213-5
9.	Mike Williamson	1995	213-3
10.	Delyle Woods	1995	213-0

Decathlon (1985 IAAF Tables)

1.	Mario Sategna	1995	8,172
2.	Mikael Olander	1988	8,126
3.	Claston Bernard	2002	8,094
4.	Sheldon Blockburger	1987	7,964
5.	Bruce Reid	1988	7,900w
6.	Bengt Jarlso	1989	7,733
7.	Alleyne Lett	2005	7,550
8.	Kanon Vanderhoff	1992	7,449w
9.	Chip Troclair	1978	7,052w*
10.	Kwami Roberts	2004	6,995

4x100-Meter Relay

1.	Jermaine Grant, Mike Alridge, Byron Logan, Curtis Perry	1998	38.24
2.	Walter Davis, Robert Parham, Pete Coley, Bennie Brazell	2002	38.32
3.	Jermaine Grant, Chris Cummings, Eddie Kennison, Rohsaan Griffin	1995	38.64
4.	Kelly Willie, Robert Parham, Pete Coley, Bennie Brazell	2003	38.65
5.	Reggie Jones, Bryant Williams, Chris King, Jason Sanders	1992	38.70
	(tie)Reggie Jones, Glenroy Gilbert, Chris King, Fabian Muyaba	1993	38.70
7.	Richard Thompson, Xavier Carter, Kelly Willie, Bennie Brazell	2005	38.77
8.	Chris Cummings, Kirk Cummins, Byron Logan, Rohsaan Griffin	1996	38.86
9.	Marvin Stevenson, Richard Thompson, Kelly Willie, Bennie Brazell	2005	38.90
10.	Eddie Kennison, Bryant Williams, Derrick Thymes, Fabian Muyaba	1994	38.91
	(tie) Eddie Kennison, Chris Cummings, Milton Mallard, Rohsaan Griffin	1995	38.91
	(tie) Chris Cummings, Jermaine Grant, Byron Logan, Curtis Perry	1998	38.91

4x400-Meter Relay

1.	Reginald Dardar, Kelly Willie, Bennie Brazell, Xavier Carter	2005	2:59.59
2.	Marvin Stevenson, Bennie Brazell, Kelly Willie, Pete Coley	2004	3:01.39
3.	Robert Parham, Lueroy Colquhoun, Pete Coley, Alleyne Francique	2001	3:01.66
4.	Robert Parham, Bennie Brazell, Pete Coley, Kelly Willie	2003	3:02.01
5.	Marvin Stevenson, Pete Coley, Bennie Brazell, Kelly Willie	2004	3:02.30
6.	Lueroy Colquhoun, Marlon Greensword, Bennie Brazell, Pete Coley	2002	3:02.33
7.	Pete Simon, Pete Coley, Lueroy Colquhoun, Alleyne Francique	2002	3:02.70
8.	Lueroy Colquhoun, Pete Coley, Bennie Brazell, Alleyne Francique	2002	3:02.88
9.	Xavier Carter, Bennie Brazell, Reginald Dardar, Kelly Willie	2005	3:02.95
10.	Kelly Willie, Austin Benton, Bennie Brazell, Pete Coley	2004	3:03.22

WOMEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

100 Meters

1.	Dawn Sowell	1989	10.78
2.	D'Andre Hill	1996	10.92
3.	Peta-Gaye Dowdie	1999	11.03
4.	Muna Lee	2003	11.04
5.	Cheryl Taplin	1994	11.07
6.	Sheila Echols	1987	11.09
7.	Esther Jones	1991	11.11
8.	Kelly Baptiste	2005	11.17
9.	Zundra Feagin	1996	11.18
10.	Kwajalein Butler	1995	11.25

200 Meters

1.	Dawn Sowell	1989	22.04
2.	Zundra Feagin	1996	22.30
3.	Muna Lee	2004	22.47
4.	Stephanie Durst	2002	22.48
5.	D'Andre Hill	1996	22.49
	Esther Jones	1990	22.49
7.	Peta-Gaye Dowdie	2000	22.51
8.	Astia Walker	1997	22.69
9.	Myra Combs	1998	22.73
10.	Kwajalein Butler	1998	22.75

400 Meters

1.	LaTarsha Stroman	1997	50.60
2.	Hazelann Regis	2004	50.64
3.	Nadia Davy	2003	50.66
4.	Claudine Williams	1999	51.40
5.	Youlanda Warren	1992	51.55
6.	Ronetta Smith	2002	51.62
7.	Monique Hall	2004	51.93
8.	Charlene Maulseed	1995	52.03
9.	Debbie Parris	1994	52.14
10.	Opal Cunningham	1989	52.44

800 Meters

1.	Neisha Bernard-Thomas	2003	2:01.75
2.	Claudine Williams	1999	2:02.52
3.	Camille Cato	1987	2:02.73
4.	Sylvia Brydson	1989	2:03.02
5.	Lee Ann Van Landingham	1982	2:03.54
6.	Christine Slythe	1985	2:03.57
7.	Kathi Harris	1987	2:04.70
8.	Tanya Osbourne	2005	2:04.97
9.	Marian Burnett	2002	2:05.52
10.	Jackie Bobien	1987	2:05.69

1,500 Meters

1.	Christine Slythe	1985	4:17.14
2.	Charlotte Mayoock	1997	4:18.68
3.	Muffy McLeod	1985	4:20.25
4.	Silje Rasmussen	1996	4:20.96
5.	Lisa Reed	1987	4:27.1
6.	Ruth Nanyinza	2005	4:30.16
7.	Susanne Strunz	2001	4:30.19
8.	Tina Bengtson	1981	4:32.8
9.	Michelle Gross	1981	4:37.2
10.	Ann Quigley	1980	4:39.35

3,000 Meters

1.	Lisa Reed	1987	9:22.04
2.	Charlotte Mayoock	1997	9:25.58
3.	Muffy McLeod	1985	9:32.28
4.	Suzanne Strunz	2000	9:52.50
5.	Michelle Gross	1981	9:56.1
6.	Colleen Scanlan	1986	9:57.4
7.	Bridget Cusack	2000	9:58.61
8.	Ann Quigley	1980	10:03.92
9.	Elaine Gomez	1984	10:15.90
10.	Katie Denton	2003	10:24.83

5,000 Meters

1.	Muffy McLeod	1985	16:18.89
2.	Lisa Reed	1988	16:27.65
3.	Ruth Nanyinza	2004	17:03.02
4.	Katie Denton	2004	17:10.47
5.	Ann Quigley	1980	17:22.0
6.	Suzanne Strunz	2000	17:22.02
7.	Bridget Cusack	2000	17:27.43
8.	Elaine Gomez	1984	17:28.45
9.	Michelle Gross	1981	18:05.0
10.	Rachael Graham	2005	18:26.41

10,000 Meters

1.	Lisa Reed	1988	35:27.94
2.	Katie Denton	2005	35:39.94
3.	Bridget Cusack	2001	36:32.79
4.	Elaine Gomez	1984	36:37.25
5.	Emily Blake	1997	37:12.76

100-Meter Hurdles

1.	Tananjalyn Stanley	1989	12.70
2.	Kim Carson	1996	12.72
3.	Lolo Jones	2004	12.77
4.	Dawn Bowles	1991	12.82
	Astia Walker	1997	12.82
6.	Joyce Bates	2000	12.85
7.	Cinnamon Sheffield	1989	12.95
8.	Brittany Littlejohn	2004	13.04
9.	Mary Cobb	1991	13.05
10.	Selena Lewis	1999	13.06

400-Meter Hurdles

1.	Schowonda Williams	1987	54.82
2.	Debbie Parris	1994	55.17
3.	Donalda Duprey	1991	56.29
4.	Sylvia Brydson	1989	57.69
5.	Doria Appleberry	2002	58.16
6.	Leslie Nixon	1988	58.25
7.	Althea Thomas	2003	58.30
8.	Celena Clarke	1998	58.34
9.	Wendy Truvillion	1987	58.40
10.	Rhonda Phillips	1988	58.69

3,000-Meter Steeplechase

1.	Susanne Strunz	2001	10:18.54ht
2.	Sandra Smith	2003	11:57.98

High Jump

1.	Gai Kapernick	1994	6-2 1/4
2.	Kym Carter	1987	6-0 1/2
	Kelli Flynn	1993	6-0 1/2
4.	Hareldau Argyle	1997	6-0
5.	Gretchen Francois	1998	5-11 1/4
6.	Kim Fenton	1989	5-10 3/4
7.	Sharon Jaklofsky	1991	5-10 1/2
8.	Leslie Nixon	1988	5-10
9.	Lana Zimmerman	1983	5-8 3/4
	Shontae Harris	2005	5-8 3/4
	Dianne Harrison	2005	5-8 3/4

Pole Vault

1.	Calah Young	2005	11-11 3/4
2.	Randi Opperman	2002	11-5 3/4
	Megan Duet	2005	11-5 3/4
4.	Margaret Reaves	2001	10-2
5.	Jackie Dove	2004	9-10
	Megan Sharkey	2004	9-10
7.	Jessica Biggerstaff	2002	9-6 1/4
	Candice Sigur	2001	9-6 1/4

Long Jump

1.	Sheila Echols	1987	22-9 1/4
2.	Daphnie Saunders	1993	22-2 1/2
3.	Claire Connor	1988	21-9
4.	Keisha Spencer	2000	21-8 1/4
5.	Marita Hunt	1995	21-5 1/2
6.	Tina Harris	2005	21-4 3/4
7.	Dahlia Duhaney	1991	21-3 1/2
	Camille Jackson	1993	21-3 1/2
9.	Julie Lewis	1988	21-1 1/4
10.	Monique Freeman	1999	20-10 3/4

Triple Jump

1.	Keisha Spencer	2000	45-10
2.	Suzette Lee	1997	45-8
3.	Nicole Toney	2003	44-6 3/4
4.	Sharon Clarke	1986	43-11 3/4
5.	Camille Jackson	1993	43-6
6.	Bianca Rockett	1999	43-0 1/4
7.	Daphnie Saunders	1993	42-10
8.	Andria Booker	2002	42-7
9.	Julie Lewis	1988	42-0
10.	Andrea Linton	2005	41-10 3/4

Shot Put

1.	Danyel Mitchell	1994	54-6 1/2
2.	Teresa Williford	1986	53-5
3.	Katie McKeever	2003	51-9 3/4
4.	Laurie Trapp	1992	49-0 3/4
5.	Kym Carter	1987	48-7 1/4
6.	Lavern Eve	1986	48-2
7.	Jacqui Sheffield	1984	47-8 1/2
8.	Jill Lipp	2000	47-0 3/4
9.	Maria Pettersson	1998	46-5
10.	Sharon Jaklofsky	1992	45-4 1/2

Discus

1.	Danyel Mitchell	1994	194-4
2.	Laurie Trapp	1992	175-11
3.	Katie McKeever	2003	173-10
4.	Teresa Williford	1987	172-10
5.	Mallory McDonald	2002	162-9
6.	Lavern Eve	1987	161-1
7.	Anysa Olivarez	1986	157-8
8.	Maria Pettersson	1997	156-6
9.	Mattie Cymek	1994	155-1
10.	Stacy Shaw	1986	152-8

Javelin

1.	Lavern Eve	1987	204-9
2.	Cheryl Coker	1988	179-1
3.	Wanda Ferster	1989	169-11
4.	Maria Romero	2003	157-4
5.	Amada Harmata	2005	153-8
6.	Kim Poche	1996	153-0
7.	Neely Falgout	2002	150-5
8.	Jacqui Sheffield	1984	150-3
9.	Camilla Strid	1991	145-11
10.	Amy Higginbotham	2001	145-9

Hammer

1.	Britney Henry	2004	205-11
2.	Mallory McDonald	2003	197-4
3.	Candice Gonzalez	2002	188-1
4.	Jill Lipp	2001	147-8
5.	Jennifer Wolfinger	2000	142-0
6.	Teresa Williford	1986	108-4

Heptathlon

1.	Sharon Jaklofsky	1992	6,013w
2.	Cheryl Wilson	1989	5,855
3.	Jovennie McDuffie	1991	5,778
4.	Lana Zimmerman	1985	5,606w
5.	Kym Carter	1987	5,545
6.	Camilla Strid	1991	5,532
7.	Katarina Hallberg	1990	5,506w
8.	Loren Leaverton	2000	5,366
9.	Rhonda Phillips	1988	5,363w
10.	Martha Harris	1995	5,336

4x100-Meter Relay

1.	Tananjalyn Stanley, Dawn Sowell, Cinnamon Sheffield, Esther Jones	1989	42.50
2.	Stephanie Durst, Monique Hall, Lolo Jones, Muna Lee	2003	42.55
3.	Lolo Jones, Monique Hall, Stephanie Durst, Muna Lee	2004	42.61
4.	Astia Walker, Kwajalein Butler Zundra Feagin, D'Andre Hill	1996	42.76
5.	Astia Walker, Kwajalein Butler Sa'Donna Thornton, Peta-Gaye Dowdie	1997	42.92
	Lolo Jones, Monique Hall, Nadia Davy, Muna Lee	2004	42.92
7.	Cheryl Taplin, Dahlia Duhaney, Dawn Bowles, Esther Jones	1991	42.96
8.	Dawn Bowles, Cheryl Taplin, Cinnamon Sheffield, Dahlia Duhaney	1992	43.00
9.	Sa'Donna Thornton, Kwajalein Butler Myra Combs, Peta-Gaye Dowdie	1998	43.02
10.	Doria Appleberry, Lolo Jones, Stephanie Durst, Muna Lee	2002	43.06

4x400-Meter Relay

1.	Neisha Bernard-Thomas, Hazelann Regis, Monique Hall, Nadia Davy	2004	3:25.26
2.	Nadia Davy, Neisha Bernard-Thomas, Monique Hall, Hazelann Regis	2003	3:27.04
3.	Nadia Davy, Monique Hall, Neisha Bernard-Thomas, Hazelann Regis	2003	3:27.88
4.	Debbie Parris, Indira Hamilton, Heather Van Norman, Youlanda Warren	1993	3:27.97
5.	LaTarsha Stroman, Sheila Powell, Charlene Maulseed, Youlanda Warren	1995	3:28.26
6.	Nadia Davy, Neisha Bernard-Thomas, Monique Hall, Hazelann Regis	2004	3:29.64
7.	Opal Cunningham, Danyel Wofford, Sylvia Brydson, Schowonda Williams	1988	3:29.93
8.	Stephanie Durst, Xyllena Lynch, Myra Combs, Ronetta Smith	2001	3:30.20
9.	Neisha Bernard-Thomas, Monique Hall, Tanya Osbourne, Hazelann Regis	2004	3:30.21
10.	Wendy Truvillion, Schowonda Williams, Michele Morris, Danyel Wofford	1985	3:30.39