



Thursday | All Times ET

Hammer Throw (Men) - 12 p.m.

Jake Norris

High Jump (Women) - 3:30 p.m.

Abby O'Donoghue, Kaitlyn Walker

Long Jump (Men) - 3:30 p.m.

Rayvon Grey, JuVaughn Harrison, Kenan Jones

400m Hurdles (Women)* - 4:30 p.m.

Brittley Humphrey, Jurnee Woodward, Milan Young

Pole Vault (Men) - 4:30 p.m.

Mondo Duplantis, Cameron Reed

400m Hurdles (Men)* - 5 p.m.

Christian Boyd

100 Meters (Women)* - 6:30 p.m.

Ariyonna Augustine, Cassondra Hall, Kortnei Johnson, Sha'Carri Richardson

Long Jump (Women) - 6:45 p.m.

Mercy Abire

100 Meters (Men)* - 6:55 p.m.

Jaron Flournoy, Akanni Hislop, Kary Vincent Jr.

400 Meters (Women)* - 7:20 p.m.

Rachel Misher, Kiya Ovioun

400 Meters (Men)* - 7:45 p.m.

Dorian Camel, Raymond Kibet, Tyler Terry

800 Meters (Women)* - 8:10 p.m.

Ersula Farrow, Katy-Ann McDonald

10,000 Meters (Women) - 9 p.m.

Julia Palin

Friday | All Times ET

Javelin (Men) - 12 p.m.

Eli Gaughan, Andre Girouard

100m Hurdles (Women)* - 4:30 p.m.

Brittley Humphrey, Tonea Marshall, Milan Young

110m Hurdles (Men)* - 5 p.m.

Arthur Price, Damion Thomas

200 Meters (Women)* - 7:30 p.m.

Ariyonna Augustine, Sha'Carri Richardson

NCAA East Prelims Competition Guide May 23-25

200 Meters (Men)* - 7:55 p.m.

Jaron Flournoy, Akanni Hislop, Correion Mosby

Saturday | All Times ET

Triple Jump (Women) - 3 p.m.

Kyndal McKnight, Mercy Abire

High Jump (Men) - 4 p.m.

JuVaughn Harrison

4x1 Relays - Women (6 p.m.) - Men (6:15 p.m.)

Triple Jump (Men) - 6:30 p.m.

Da'Quan Bellard, Christian Miller

4x4 Relays - Women (9:25 p.m.) - Men (9:45 p.m.)

*All events that have an asterisks besides them are the first round of the event with 48 athletes competing. If athletes run good enough, the following day they will run in the quarterfinal round that features 24 athletes. The most up to date info on who is competing when can be found at lsusports.net after each day of competition.