



## Invited Teams

Alabama, Ole Miss

*Only full teams are invited to this meet*

## Important Dates & Deadlines

*All times listed are Central Time (CST)*

<b>Wednesday, April 24<sup>th</sup></b>	<b>3:00pm</b>	Deadline to enter the 2019 LSU Invitational
<b>Thursday, April 25<sup>th</sup></b>	<b>3:00pm</b>	Performance list & final schedule posted at <a href="http://www.LSUsports.net/meetinfo">www.LSUsports.net/meetinfo</a>
<b>Friday, April 26<sup>th</sup></b>	<b>4:00-6:00pm</b>	Bernie Moore Track is open for practice; packet pickup will also be available

## Meet Information

- Athlete Check-In** Running Events: Athletes must check in before the start of the preceding event at Clerk of Course (near Gate 11). Relay teams must turn in a relay card when they check in at the Clerk of Course. All athletes must have their spikes checked prior to check-in.
- Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge at the event site. All athletes must have their spikes checked prior to check-in.
- Bags** All bags will be searched and checked at each entrance. Spectators & teams/athletes have different bag policies.
- Teams/Athletes** Team backpacks and other necessary team supplies are only permitted in the team camp area in Carl Maddox Fieldhouse.
- Spectators** LSU has implemented the Geaux Clear bag policy for all athletic venues. For the safety and security of everyone in attendance, all patrons entering the Bernie Moore Stadium must abide by the clear bag policy. Please visit [www.LSUSports.net/GeauxClear](http://www.LSUSports.net/GeauxClear) for additional information.
- Coaching Access** Field event coaches will have access to designated coaching boxes on the infield.
- Electronic Devices** NCAA rules pertaining to electronic equipment will be strictly enforced on Bernie Moore Track. Please refrain from using electronic devices on the rubber surface in Carl Maddox Fieldhouse for safety purposes.
- Entry Fees** Entry fees are \$200 per team (men and women are considered separate teams). Entry fees will be collected at packet pickup. Checks should be made payable to the **LSU Athletic Department**. Please do not mail payment.
- Unattached students will pay a \$5 entry fee with a student ID at packet pickup. Unattached post-collegiate entries will be \$20 and must be paid online with a credit card at [www.DirectAthletics.com](http://www.DirectAthletics.com) at the time of entry.
- Entry Procedure** All entries will be done through [www.DirectAthletics.com](http://www.DirectAthletics.com). Only 2019 TFRRS verified marks will be able to be entered. Athletes/relays that do not have a 2019 mark must be entered as "No Mark." No faxed, emailed or phoned entries will be accepted. Please be aware that DirectAthletics marks do not automatically update after you enter. If your athlete improves their performance between the time you enter and the entry deadline, you need to re-enter them in order to update the mark.
- Unattached athletes must request permission from meet management to enter the meet. The deadline to request permission is 24 hours prior to the close of entries.

<b>Facility Access</b>	Team access to Bernie Moore Track and Carl Maddox Fieldhouse will begin 2 hours prior to the first event.	
<b>Facility</b>	Bernie Moore Track Stadium is a 5,280-seat, lighted facility that was renovated in 2017. The facility contains a 400 meter oval and an interior sprint/hurdle straightaway, both with Mondo surface and nine 48-inch wide lanes. Field event areas include dual directional horizontal jump & Pole Vault runways, two Shot Put areas, and a multi-purpose High Jump area within the oval. Both the southwest and southeast corners of the facility contain a Javelin runway and a Hammer/Discus ring and cage.	
	<b>Take Off Boards</b>	<b>Runway Lengths</b>
	Long Jump:	9' 10" (3.00m) 203'0" (62.00m)
	Women's Triple Jump:	34'0" (10.36m) 177'0" (54.00m)
	Men's Triple Jump:	42'8" (13.00m) 170'0" (52.00m)
	East Javelin runway:	117'0" (35.70m)
	West Javelin runway:	110'0" (35.00m)
<b>Finals</b>	The running events will be contested as final sections against time. The top 9 competitors will advance to the final in the horizontal field events.	
<b>Food &amp; Drink</b>	Teams may bring food and drink into the team camp area on the glittered floor of Carl Maddox Fieldhouse. Only water is allowed on the rubber surface inside Carl Maddox Fieldhouse and on Bernie Moore Track.	
<b>Heat Sheets &amp; Live Results</b>	Heat sheets will be in your packet at check in. Live results will be posted at <a href="http://results.deltatiming.com/lsu">results.deltatiming.com/lsu</a> . Final results will be available from the press box after the meet and will be posted on <a href="http://results.deltatiming.com/lsu">results.deltatiming.com/lsu</a> .	
<b>Media Contact</b>	All sports information and media credential requests should be done through Aaron Hyder at <a href="mailto:ahyder@lsu.edu">ahyder@lsu.edu</a> . These can be picked up from the Press Box inside Bernie Moore Stadium.	
<b>Meet Admission</b>	Athletes and Coaches: Enter at Gate 2 by presenting your wristband. Spectators: Enter at Gate 3. Admission is free of charge.	
<b>Parking</b>	Parking is available at the Bernie Moore Lot (lot 104) off Nicholson Drive. Buses may drop off and pick up along Chimes Street North of the Fieldhouse in the designated area. Buses may not stage along Chimes Street, please call your bus driver when your team is ready to be picked up. Bus parking will be in the designated lot off Skip Bertman Drive. Any illegally parked vehicles may be subject to ticketing and towing.	
<b>Pole Shipping</b>	Please do not have pole vault poles shipped to LSU. Poles must be shipped to your hotel.	
<b>Preferred Lanes</b>	5-6-4-7-3-8-2-9-1	
<b>Pre-Meet Practice</b>	Bernie Moore Track will be available for team practice from 4-6pm on Friday, April 26. Carl Maddox Fieldhouse will not be open for practice. All long throws must be done from the circle and runway nearest Nicholson Drive (West) during the following times: Hammer 4:00-4:40pm Discus 4:40-5:20pm Javelin 5:20-6:00pm	
<b>Restrooms</b>	Available for teams inside Carl Maddox Fieldhouse in the Southeast corner. Portable restrooms will be available outside the Southwest portal of Carl Maddox Fieldhouse.	
<b>Scoring</b>	TBD	
<b>Spike Check</b>	Only 1/4" pyramid spikes are permitted (3/8" recessed pyramid spikes are permitted for High Jump and Javelin). All spikes must be checked at the spike check window inside Gate 13 prior to accessing Bernie Moore Track or entering Carl Maddox Fieldhouse. Athletes will not be allowed to compete without having their spikes tagged. Any athletes competing with non-tagged spikes will be disqualified.	

- Sports Medicine** Trainers will be in Carl Maddox Fieldhouse just inside the Southwest portal. Team trainers may set up in the designated team camp areas of Carl Maddox Fieldhouse.
- Starting Heights** Exact starting heights will be determined by meet management after all entries are received.
- Tape** Tape for any marking on the track must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified.
- Team Camps** Team camps will be inside Carl Maddox Fieldhouse. Athletes and coaches can enter the Fieldhouse through the Southwest Portal near Gate 11 of Bernie Moore Track. **SPIKES ARE ONLY PERMITTED ON THE RUBBER INSIDE THE FIELDHOUSE.** Athletes must change into and out of their spikes on the rubber surface; no spikes are permitted in the team areas on the glittered floor.
- Track Access** Wristbands for athletes and additional wristbands for coaches and support staff will be included in the packets. Athletes and coaches will not be permitted to access the facility without a wristband. Anyone that is unable to pick up their packet during pre-meet practice can pick it up at the spike check window at Gate 13.
- Unattached Entries** Only two types of unattached athletes will be considered for this meet: students and post-collegiate athletes. Unattached athletes must request permission from meet management to enter the meet. The deadline to request permission is 24 hours prior to the close of entries. Unattached athlete entry requests must be made online using the form available at [www.LSUsports.net/meetinfo](http://www.LSUsports.net/meetinfo). If permission is granted, the athlete will receive an email before 10:30am on Wednesday, April 24<sup>th</sup> with further instructions about entering the meet.
- The online request form is not entry into the meet. All meet entries will be done through [www.DirectAthletics.com](http://www.DirectAthletics.com).** You will need an individual account; please set this up in advance of the entry deadline as it takes several days to process. NO PHONE or EMAIL entries will be accepted. A \$20 entry fee must be paid online with a credit card at the time of entry for post-collegiate entries. Check the performance list online to make sure you don't miss your event.
- Warm-ups** Carl Maddox Fieldhouse will be available for warm ups.
- Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition (Pole Vault will have access 60 minutes and High Jump 45 minutes prior to the scheduled start). Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event.
- Weather Policy** In the event the stadium must be cleared, everyone with a wristband may take shelter in Carl Maddox Fieldhouse. All spectators will need to go to their vehicles. Please follow all PA instructions regarding weather.
- Weigh-Ins** Implement inspections will be held in the LSU Track & Field Equipment Building, accessible through Gate 14. Inspections for all throwing events will begin 2 hours prior to the scheduled start of competition on Saturday, and will terminate 60 minutes prior to the scheduled start of competition in each throwing event. Implements will be transported to the event site 60 minutes prior to the scheduled start of competition.
- Further Information** For further information, contact the LSU Track & Field Office at (225) 578-8627.

*Louisiana State University, the Athletics Department, and Event Management are not responsible for any lost or stolen items. Please leave all valuables and personal items at home. LSU Athletics does not provide security for monitoring personal belongings.*



## Tentative Time Schedule

### Field Events

- 10:00 AM Women's Discus (West Cage)
- 11:00 AM Men's Discus (West Cage)
- 11:00 AM Women's Pole Vault
- 11:45 AM Women's High Jump
- 12:00 PM Women's Hammer (West Cage)
- 12:00 PM Men's Shot Put
- 12:00 PM Women's Long Jump
- 12:15 PM Men's Long Jump
- 1:00 PM Men's Hammer (West Cage)
- 1:00 PM Women's Shot Put
- 1:15 PM Men's Pole Vault
- 1:45 PM Men's High Jump
- 2:00 PM Women's Triple Jump
- 2:00 PM Men's Triple Jump
- 2:00 PM Women's Javelin (West Runway)
- 2:00 PM Men's Javelin (East Runway)

### Running Events

- 11:30 AM Women's Steeplechase
- 11:45 AM Men's Steeplechase
- 12:00 PM Men's 5,000 Meters
- 12:25 PM *National Anthem*
- 12:30 PM Women's 4 x 100 Relay
- 12:35 PM Men's 4 x 100 Relay
- 12:40 PM Women's 800 Meters
- 12:50 PM Men's 800 Meters
- 1:00 PM Women's 100 Hurdles
- 1:10 PM Men's 110 Hurdles
- 1:15 PM Women's 400 Meters
- 1:25 PM Men's 400 Meters
- 1:30 PM Women's 100 Meters
- 1:35 PM Men's 100 Meters
- 1:40 PM Women's 1500 Meters
- 1:50 PM Men's 1500 Meters
- 2:00 PM Women's 400 Hurdles
- 2:05 PM Men's 400 Hurdles
- 2:15 PM Women's 200 Meters
- 2:25 PM Men's 200 Meters
- 2:35 PM Women's 5,000 Meters  
*LSU Senior Recognition will take place during the 5,000m*
- 3:00 PM Women's 4 x 400 Relay
- 3:10 PM Men's 4 x 400 Relay



## Parking Map & Bus Traffic Flow



Coming from West on Interstate 10:

Take I-10 to the Nicholson Drive/Highland Road exit (Exit 155A). Keep right and turn right onto Terrace Street. Turn left onto Nicholson Drive and proceed 1.5 miles and turn left on West Chimes Street. If you reach North Stadium Drive (and Tiger Stadium) you have gone too far. Bus drop off is on West Chimes Street at the entrance to Lot 105.

Coming from East on Interstate 10:

1) Take I-10 to Highland Road (La. 42, exit 166). Turn left onto Highland Road and proceed 10.5 miles until reaching South Quad Drive on the left. Drive 0.9 miles until reaching Nicholson Drive (La. 30). Turn right onto Nicholson Drive and proceed 0.3 miles just past North Stadium Drive (and Tiger Stadium). Go past Bernie Moore Stadium and Carl Maddox Fieldhouse and turn right on West Chimes Street. Bus drop off is on West Chimes Street at the entrance to Lot 105.

2) Take I-10 to Acadian Thruway (La. 427, exit 157B). Turn left onto Acadian Thwy. and proceed 2.0 miles until reaching Highland Rd. (note that Acadian becomes Stanford Ave. and then LSU Ave.). Turn right onto Highland Road and proceed 0.4 miles until reaching South Quad Drive on the left. Drive 0.9 miles until reaching Nicholson Drive (La. 30). Turn right onto Nicholson Drive and proceed 0.3 miles just past North Stadium Drive (and Tiger Stadium). Go past Bernie Moore Stadium and Carl Maddox Fieldhouse and turn right on West Chimes Street. Bus drop off is on West Chimes Street at the entrance to Lot 105.