



LHSAA 2018 State Indoor Championships

February 17 · Carl Maddox Fieldhouse

Important Dates & Deadlines

All times listed are Central Time (CST)

Monday, February 12th	6:00pm	Final descending order list available on Rankings page at www.DirectAthletics.com
Tuesday, February 13th	6:00am	Declaration period begins on www.DirectAthletics.com *Please be aware this is during the Mardi Gras Holiday so plan accordingly!
Tuesday, February 13th	11:30pm	Deadline for declaring athletes for the LHSAA Indoor Championship
Wednesday, February 14th	9:00pm	Accepted athletes & relay teams in heat sheet form will be posted at www.LSUsports.net/meetinfo
Saturday, February 17th	8am-2pm	Packet pickup available at the Bernie Moore Stadium Ticket Office

Qualifying & Entry Information

Eligibility	This meet is open to any member school of the LHSAA in good standing. Competing athletes must be eligible to compete under LHSAA rules, have attained the qualifying standard in that event, and must compete with a school affiliation.								
Descending	<u>It is the school's responsibility to examine the LHSAA performance list after each eligible competition during the indoor season to make sure their athlete's marks have been posted.</u> The list can be found at www.DirectAthletics.com , Rankings, High School, LHSAA Division 1 or 2 (2018). The descending order list shows all athletes and relay teams eligible for the championship. There will be more athletes/relay teams on the list than will be accepted. This is so spots can be filled if athletes scratch. The athletes/relay teams with the best marks in each event who declare will be accepted into the meet.								
Legal Qualifying Meets	Entry marks must be achieved at the 2018 High School Classic (January 6), 2018 LSU High School Qualifier (January 20), 2018 LSU High School Last Chance Qualifier (February 3), and McNeese State Meets. Marks from any other meets will not be accepted. All entry times must be fully automatic. The only converted marks that will be accepted are 55m Dash and 55m Hurdle times from McNeese State. These marks will automatically be converted to 60m and 60m Hurdle times on the descending order list using the standard track conversions used by the NCAA.								
Entry Limitations	Individual Events: 2 athletes per school. An athlete may not be entered in more than 4 events. Relay Events: Each school may only enter one relay team in each relay event. 1600 & 3200: An athlete may not be entered in more than one of these races. If an athlete is entered in both, we will scratch the athlete from the event of our choice.								
Field Size	Field sizes will be as follows, for each gender and division: <table border="0" style="margin-left: 40px;"> <tr> <td>60 Meters - 16</td> <td>3200 Meters - 12</td> </tr> <tr> <td>400 Meters - 12</td> <td>60 Hurdles - 16</td> </tr> <tr> <td>800 Meters - 12</td> <td>All Relays - 12</td> </tr> <tr> <td>1600 Meters - 12</td> <td>All Field Events - 16</td> </tr> </table> <p>Meet management will determine participants and may change the above numbers slightly in case of ties.</p>	60 Meters - 16	3200 Meters - 12	400 Meters - 12	60 Hurdles - 16	800 Meters - 12	All Relays - 12	1600 Meters - 12	All Field Events - 16
60 Meters - 16	3200 Meters - 12								
400 Meters - 12	60 Hurdles - 16								
800 Meters - 12	All Relays - 12								
1600 Meters - 12	All Field Events - 16								

Declaration Procedure

All declarations will be done through www.DirectAthletics.com. Using the normal DirectAthletics entry procedure, enter any athlete/relay who desires to compete at the meet, regardless of their position on the descending order list. You will not be able to enter athletes/relays who are not on the performance list and are not eligible to be entered. Athletes or relays that have no intent to compete in an event can be scratched simply by failing to enter them.

An athlete/relay who is ranked at a position below the cutoff for designated field sizes but who wishes to compete should be entered. The athlete/relay may be able to compete if other, higher ranking athletes/relays scratch or fail to declare.

Athletes/relays who are not entered during this time will be considered scratched and will be replaced immediately.

If you plan to bring alternates for a relay, you must list their names as one of the possibilities on the relay when you declare.

The declaration period is mandatory and your athletes will be scratched and replaced immediately if not declared. We will not have your contact information so we will have no way to remind you.

Accepted Entries & Heat Sheets

The heat sheets posted on www.LSUsports.net/meetinfo serve as the accepted entry list. Double check to see which of your athletes was accepted into the meet. Names or relay teams that fail to appear on the list were rejected. **We will not provide free entrance to any athlete who is not qualified to run or has not been properly declared.**

Entry Fees

Entry fees are calculated by the number of athletes entered in the meet at the entry deadline, including those on relay teams and alternates. Entry fees will NOT be adjusted if you fail to bring entered athletes to the meet. Relay team members and alternates must be included on your entry list.

The entry fee is \$150 per school (boys and girls count separately) or \$15 per athlete for schools with less than ten athletes entered.

Payment will be accepted at packet pickup. Only school checks, cash, and money orders will be accepted; purchase orders and personal checks will not be accepted. Make checks payable to **LSU Track & Field Officials Association**. Please do not mail payment.

Late Declarations

A school may submit late declarations on Wednesday, February 14th between 8:00am and 12:00pm to Andrea Tepe at tepeal@lsu.edu. Declarations during this late period shall incur a \$30 fine per entry, including alternates, in addition to the standard entry fee. The late declaration should include the school, gender, athlete's name and event. Relays should include the names of all athletes AND any alternates who may run. The \$30 fine will apply to EACH athlete and alternate entered on the relay. Late declarations should be made in the following format:

School	Gender	Athlete	Event
Louisiana High School	Male	Tommy Jumpfar	Long Jump

Meet Information

Awards	<p>Awards will be given as follows:</p> <ul style="list-style-type: none"> • Team Championship and Team Runner-Up trophies will be presented for boys and girls in Division I and Division II • Individual awards will be presented to the top 3 places in each event and members of the top 3 relays for both boys and girls divisions <p>Individual awards may be picked up at the awards station 10 minutes after the conclusion of your event. The awards station is located on the infield near the midpoint of the sprint straightaway. Team awards will be presented at the end of the meet.</p>
Bags	<p>All bags will be searched and checked at each entrance. Spectators & teams/athletes have different bag policies.</p> <p>DO NOT LEAVE VALUABLE ITEMS UNATTENDED AT ANY TIME.</p>
<i>Teams/Athletes</i>	<p>Only shoe bags & drawstring bags are permitted inside Carl Maddox Fieldhouse through the team entrance. No bags of excessive size (backpacks, duffel bags, suitcases, coolers) are permitted inside the Fieldhouse. Please only bring minimal items necessary to competition; necessary team supplies may be brought into Bernie Moore Stadium through Gate 1.</p>
<i>Spectators</i>	<p>LSU has implemented the Geaux Clear bag policy for all athletic venues. For the safety and security of everyone in attendance, all patrons entering the Maddox Fieldhouse must abide by the clear bag policy. Please visit www.LSUSports.net/GeauxClear for additional information.</p>
Check-In	<p>Running & Relay Events: Athletes must check in before the start of the preceding event at the Clerk of Course, accessible through the Northwest Portal of Carl Maddox Fieldhouse. All athletes must have their spikes checked prior to check-in. Relay teams must turn in a relay card when they check in at the Clerk of Course. 4x200 teams must check in 20 minutes prior to the scheduled start of the race</p> <p>Field events: Athletes must check in 30 minutes prior to the start of their event with the Head Judge at the event site. All athletes must have their spikes checked prior to check-in.</p>
Coaching Access	<p>Coaches will be able to coach from outside the perimeter of the track everywhere except the start/finish areas and the homestretch. <u>ATHLETES ARE NOT PERMITTED TO CROSS THE TRACK AT ANY TIME TO RECEIVE COACHING.</u> Only coaches with a coach lanyard may coach from the purple bleachers on the homestretch.</p> <p>Coaches with a Pole Vault Coach wristband may sit in the first row of purple bleachers near the Pole Vault pit. <u>No coaches, including Pole Vault coaches, are permitted on the infield at any time.</u></p>
Coaches Wristbands	<p>Coaches and support staff must present the LHSAA card at the Bernie Moore Ticket Office to receive a wristband.</p>
Electronic Devices	<p>No headphones or mobile phones will be allowed on the infield or track area.</p>
Facility	<p>Carl Maddox Fieldhouse on the campus of LSU is a 1,500-seat facility that was renovated in 2014. It is a flat 200-meter Mondo track surface with six 42" wide lanes on the oval and eight lanes on the straightaway. The facility contains two wooden horizontal jumps runways. The throwing circles are plywood.</p>
Food/Drink	<p>No outside food or drink will be permitted in Carl Maddox Fieldhouse. All team food and drink must be kept in the bleachers at Bernie Moore Stadium. Only water is permitted on the rubber surface at both the indoor and outdoor track.</p>
Heat Sheets & Live Results	<p>Heat sheets will be posted at www.LSUsports.net/meetinfo and will serve as the accepted entry list. A copy will also be in your packet at check in. Individual event results will be posted at results.deltatiming.com/lisu. Final results will be available from the press box after the meet and will be posted on results.deltatiming.com/lisu.</p>

Meet Admission	<p>Athletes: Enter at Northwest portal by presenting your wristband.</p> <p>Coaches: Enter at Northwest portal by presenting your wristband. Only coaches with the Pole Vault wristband or the coach lanyard may enter the Southwest or Southeast portals.</p> <p>Spectators: Tickets must be purchased at the ticket window at the Southwest Portal. Spectators may enter the Southwest or Southeast Portal with a ticket. Admission cost is \$10, \$3 for children aged 12 and under.</p>
Packets	<p>Team packets will include heat sheets, time schedule, wristbands for athletes, a Pole Vault Coach wristband, and a coach lanyard for access to the purple bleachers. <u>Wristbands serve as entry into the facility. Athletes, coaches, and support staff will be charged \$15 to replace a lost wristband.</u></p>
Parking	<p>Parking is available at the Bernie Moore Lot (lot 104) off Nicholson Drive. Buses may drop off and pick up along Chimes Street North of the Fieldhouse in the designated area. Buses may not stage along Chimes Street, please call your bus driver when your team is ready to be picked up. Bus parking will be in the Soccer Complex (lot 406) due to university construction; see separate "Visitors Guide" on the meet information page for bus traffic flow. Any illegally parked vehicles may be subject to ticketing and towing.</p>
Pole Vault Certification	<p>Pole certification will take place in the Northwest Portal of Carl Maddox Fieldhouse. It will begin 90 minutes prior to the start of the respective competition and terminate 10 minutes prior to the start of the event. Certification will only take place for the current event.</p>
New in 2018	<p>Beginning with the LSU High School Qualifier in January 2018, pole vault athletes will need to bring the LHSAA approved Pole Vaulters' Weight Verification Form signed by the coach, athletic director, and the principal. The form is located on the last page of this meet information.</p> <p>After certification, the athlete will be permitted to bring poles to the competition site. Coaches are not allowed on the infield at any time. Poles may be stored in the Northwest Portal on the pole vault rack.</p>
Preferred Lanes	<p>For the 200m/400m, preferred lanes are 4-5-6-3-2-1. For the 60m/60m Hurdles, preferred lanes are 5-6-4-3-7-2-8-1.</p>
Qualifying	<p>Running Events: In the 60 Meter and 60 Meter Hurdles, there will be 2 rounds (semifinal and final) of competition. The top 8 times from the semifinals will advance to the final round. All other events will be contested on a basis of sections by time.</p> <p>Field Events: In the Long Jump, Triple Jump, and Shot Put, each athlete will be given 3 attempts in the trials. The top 7 from the trials will be taken to a final immediately following for 3 additional attempts.</p>
Restrooms	<p>Portable restrooms will be available outside the Northwest and Southwest portals of Carl Maddox Fieldhouse. There are no shower or changing facilities available. Coaches wearing the lanyard can access the permanent restrooms in the Southeast corner of the facility.</p>
Running Events	<p>In all races 800 Meters and further, an athlete will be removed from the track if they are lapped. A minimum of 10 runners will remain in the race at all times. No runners will be removed from the track during the last two laps.</p>
Scoring	<p>Two divisions: Division I (classes 4A and 5A) and Division II (classes 3A, 2A, A, B, and C). Each division will have scored boys and girls sections. For individual and relay events, 6 places will score points as follows: 10-8-6-4-2-1.</p>

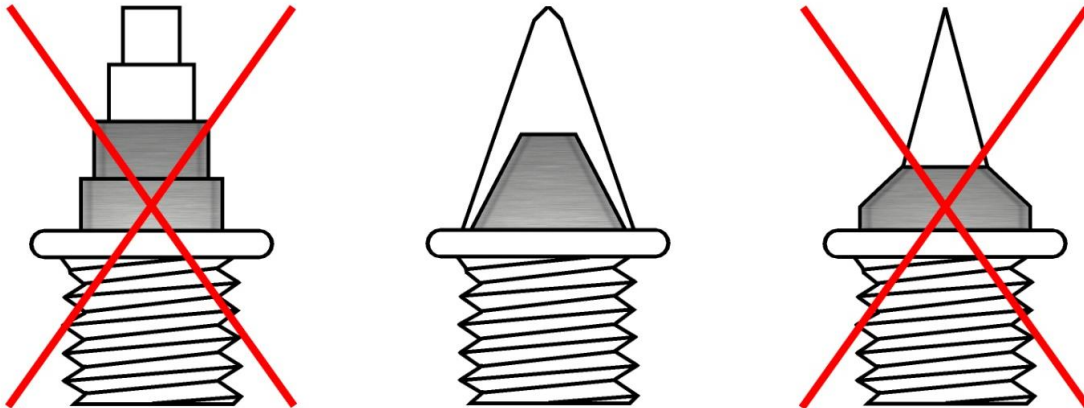
- Shot Put Weigh-In** Shot Put inspections will be held in the Implement Weigh In Room inside the Northwest Portal of Carl Maddox Fieldhouse on Saturday during the following times:
- | | | | |
|---------------------|----------------|------------------|-----------------|
| Girls (4 kilograms) | | Boys (12 pounds) | |
| Division I | 9:30am-10:30am | Division I | 10:45am-11:45am |
| Division II | 12:00pm-1:00pm | Division II | 1:15pm-2:15pm |
- Implements will be transported to the event site 30 minutes prior to the scheduled start of competition. **Athletes will only be permitted to use soft type shots. LSU will not provide any shots.**
- Sports Medicine** Trainers will be available in the Northwest Portal of Carl Maddox Fieldhouse for emergencies only. No other athletic training services will be provided. Team trainers may set up on a first come, first served basis in the designated area in the Northwest Portal of Carl Maddox Fieldhouse.
- Starting Heights** Starting heights and vertical jump progressions will be determined by meet management after examining entries.
- Tape** Tape for any marking on the track must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified.
- Team Camps** Team camps may be set up in the bleachers at Bernie Moore Stadium or the grass field adjacent to the Fieldhouse. Access to Bernie Moore Stadium will be available through Gate 1 near packet pickup. Teams will not be allowed to set up tents in the seating areas of Bernie Moore Stadium. Teams wishing to set up tents may do so on the grass field adjacent to the Fieldhouse. **DO NOT LEAVE VALUABLE ITEMS UNATTENDED AT ANY TIME.**
- Team Seating** All coach and athlete seating will be located in the bleachers outside the perimeter of the indoor track. No athletes will be permitted in the purple bleachers along the homestretch.
- Time Schedule** Running event times published on the final time schedule are approximate; a rolling time schedule will be run. Coaches should prepare their athletes for this rolling schedule and for possible advances or delays.
- Uniform Rules** The uniform rules of the LHSAA will be enforced. According to these rules, athletes are not permitted to wear any jewelry and will be disqualified without warning.
- Warm Ups** With the exception of the Pole Vault area, the Carl Maddox Fieldhouse will be available for practice on Saturday, February 17 from 8:45-9:30am. No coaches will be permitted on the infield. Bernie Moore Track and the grass field adjacent to Carl Maddox Fieldhouse will be available for warm ups throughout the remainder of the meet.
- Field Events: Athletes will have access to field event venues for warm ups approximately 30 minutes prior to the scheduled start of competition. Warm ups for field events will be terminated 10 minutes prior to the scheduled start of the event.
- Further Information** For further information, contact the LSU Track & Field Office at (225) 578-8627.

*Louisiana State University, the Athletics Department, and Event Management are not responsible for any lost or stolen items. **Please leave all valuables and personal items at home.** LSU Athletics does not provide security for monitoring personal belongings.*

FACILITY REGULATIONS

SPIKES

- All spikes must be checked outside at Gate 13 of Bernie Moore Track. Spikes must be checked prior to accessing Bernie Moore Track or entering Carl Maddox Fieldhouse. Athletes will not be allowed to compete without having their spikes tagged. Any athletes competing with non-tagged spikes will be disqualified.
- Acceptable spikes:
 - ¼" pyramids



TAPE

- Tape for any marking on the track surface must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified

HYDRATION

- Water is the only permitted drink allowed on the rubber surface at Bernie Moore Stadium and inside Carl Maddox Fieldhouse

BAGS

- Only shoe bags/drawstring bags are permitted inside Carl Maddox Fieldhouse. No bags of excessive size (backpacks, duffel bags, suitcases, coolers) are permitted inside the Fieldhouse.



FINAL Time Schedule

The only schedule change made was the correction of a typo on the Girls' 4x400

Time	Event	Division	Round	Advance
Field Events *****				
10:00 AM	Pole Vault	Girls Division I	Final	
11:00 AM	High Jump	Girls Division II	Final	
11:00 AM	Shot Put	Girls Division I	Trials & Final	7
12:00 PM	Long Jump	Boys Division II	Trials & Final	7
12:00 PM	Long Jump	Girls Division II	Trials & Final	7
12:15 PM	Shot Put	Boys Division I	Trials & Final	7
12:30 PM	Pole Vault	Girls Division II	Final	
1:00 PM	High Jump	Boys Division II	Final	
1:15 PM	Long Jump	Boys Division I	Trials & Final	7
1:15 PM	Long Jump	Girls Division I	Trials & Final	7
1:30 PM	Shot Put	Girls Division II	Trials & Final	7
2:45 PM	Shot Put	Boys Division II	Trials & Final	7
2:45 PM	Triple Jump	Boys Division II	Trials & Final	7
2:45 PM	Triple Jump	Girls Division II	Trials & Final	7
3:00 PM	High Jump	Girls Division I	Final	
3:00 PM	Pole Vault	Boys Division I	Final	
4:00 PM	Triple Jump	Boys Division I	Trials & Final	7
4:00 PM	Triple Jump	Girls Division I	Trials & Final	7
5:00 PM	High Jump	Boys Division I	Final	
6:00 PM	Pole Vault	Boys Division II	Final	
Track Events *****				
2:00 PM	4x200 Meter Relay	Girls Division II	Final	(Sections Against Time)
2:09 PM	4x200 Meter Relay	Girls Division I	Final	(Sections Against Time)
2:18 PM	4x200 Meter Relay	Boys Division II	Final	(Sections Against Time)
2:27 PM	4x200 Meter Relay	Boys Division I	Final	(Sections Against Time)
2:35 PM	1600 Meters	Girls Division II	Final	
2:43 PM	1600 Meters	Girls Division I	Final	
2:50 PM	1600 Meters	Boys Division II	Final	
2:57 PM	1600 Meters	Boys Division I	Final	
3:05 PM	60 Meter Hurdles (33")	Girls Division II	Semifinals	8
3:11 PM	60 Meter Hurdles (33")	Girls Division I	Semifinals	8
3:19 PM	60 Meter Hurdles (39")	Boys Division II	Semifinals	8
3:25 PM	60 Meter Hurdles (39")	Boys Division I	Semifinals	8
3:32 PM	60 Meter Dash	Girls Division II	Semifinals	8
3:38 PM	60 Meter Dash	Girls Division I	Semifinals	8
3:44 PM	60 Meter Dash	Boys Division II	Semifinals	8
3:50 PM	60 Meter Dash	Boys Division I	Semifinals	8
3:56 PM	800 Meters	Girls Division II	Final	
4:00 PM	800 Meters	Girls Division I	Final	
4:05 PM	800 Meters	Boys Division II	Final	
4:09 PM	800 Meters	Boys Division I	Final	
4:14 PM	400 Meters	Girls Division II	Final	(Sections Against Time)
4:19 PM	400 Meters	Girls Division I	Final	(Sections Against Time)
4:24 PM	400 Meters	Boys Division II	Final	(Sections Against Time)
4:29 PM	400 Meters	Boys Division I	Final	(Sections Against Time)
4:34 PM	4 x 800 Meter Relay	Girls Division II	Final	
4:49 PM	4 x 800 Meter Relay	Girls Division I	Final	
5:04 PM	4 x 800 Meter Relay	Boys Division II	Final	
5:16 PM	4 x 800 Meter Relay	Boys Division I	Final	
5:28 PM	60 Meter Hurdles (33")	Girls Division II	Final	
5:31 PM	60 Meter Hurdles (33")	Girls Division I	Final	
5:35 PM	60 Meter Hurdles (39")	Boys Division II	Final	
5:38 PM	60 Meter Hurdles (39")	Boys Division I	Final	
5:42 PM	60 Meter Dash	Girls Division II	Final	
5:45 PM	60 Meter Dash	Girls Division I	Final	
5:48 PM	60 Meter Dash	Boys Division II	Final	
5:51 PM	60 Meter Dash	Boys Division I	Final	
5:54 PM	3200 Meters	Girls Division II	Final	
6:09 PM	3200 Meters	Girls Division I	Final	
6:24 PM	3200 Meters	Boys Division II	Final	
6:36 PM	3200 Meters	Boys Division I	Final	
6:48 PM	4 x 400 Meter Relay	Girls Division II	Final	(Sections Against Time)
6:59 PM	4 x 400 Meter Relay	Girls Division I	Final	(Sections Against Time)
7:10 PM	4 x 400 Meter Relay	Boys Division II	Final	(Sections Against Time)
7:21 PM	4 x 400 Meter Relay	Boys Division I	Final	(Sections Against Time)

Louisiana State High School Indoor Championships

Composite Girls Meet Records

Event	Mark	Athlete(s)	School	Year
55 Meters	6.98	Teresa Foster	Huntington (Shreveport)	1991
60 Meters	7.31	Mikiah Brisco	Baton Rouge Magnet	2014
400 Meters	55.99	Tahja Mitchell	West Jefferson	2017
500 Meters	1:18.22	Troquel Eden	Huntington (Shreveport)	1988
800 Meters	2:15.21	Chelsey Jones	Mandeville	2015
1000 Meters	3:12.00	Tiffany Cross	Barbe (Lake Charles)	1988
1500 Meters	4:52.01	Staci Cusimano	Mt. Carmel	1999
1600 Meters	5:03.82	Gabrielle Jennings	First Baptist	2015
3000 Meters	10:39.38	Jackie John	Iowa	1998
3200 Meters	10:51.81	Malia Cali	St. Thomas Aquinas	2008
55 Meter Hurdles (30")	8.03h 8.07	Paulette Calhoun April Sams	John McDonogh (New Orleans) Mandeville	1983 1995
55 Meter Hurdles (33")	8.07	April Sams	Mandeville	1997
60 Meter Hurdles	8.45	Mikiah Brisco	Baton Rouge Magnet	2014
4x200	1:42.49	B. Bargeman S. Richard S. Zenon K. Francis	Northside	2008
4x400	3:59.44	Kim Kador Katara Rosby Katrina Taylor Brittany Harris	Baton Rouge Magnet	2002
4x800	9:47.71	Claire Crosby Olivia Murphy Isabel Baird Chelsey Jones	Mandeville	2016
High Jump	5-9.5	Abigail O'Donoghue	Denham Springs	2017
Pole Vault	13-9.25	Rachel Laurent	Vandebilt Catholic (Houma)	2008
Long Jump	19-6	Myra Combs	Southern Lab	1997
Triple Jump	39-8.50	Danielle Brown	McMain (New Orleans)	1997
Shot Put	46-1.75	Kristian Jackson	Zachary	2017

Louisiana State High School Indoor Championships

Composite Boys Meet Records

Event	Mark	Athlete(s)	School	Year
55 Meters	6.22	Jonathon Wade	Evangel Academy (Shreveport)	2002
60 Meters	6.81	Chris Lewis	Lakeside	2014
400 Meters	48.15	Ashton Collins	J.S. Clark (New Orleans)	2001
500 Meters	1:06.71	Kevin Cox	West Jefferson (Harvey)	1988
800 Meters	1:55.33	Cyril Grayson	Archbishop Rummel (New Orleans)	2012
1000 Meters	2:36.83	Todd Waguespack	Woodlawn (Baton Rouge)	1989
1500 Meters	4:01.4hc 4:02.02	Paul Arceneaux Mike Moran	Ben Franklin (New Orleans) Sulphur	1983 1990
1600 Meters	4:15.90	Zachary Albright	St. Paul's	2014
3000 Meters	8:34.05	Donnie Bernard	Comeaux (Lafayette)	1990
3200 Meters	9:25.44	Eric Coston	St. Paul's	2016
55 Meter Hurdles	7.24	Ubeja Anderson	Eunice	1992
60 Meter Hurdles	7.96	Tyler Hughes	Dutchtown	2014
4x200	1:28.99	Kendrick Shranklin Travis Minor Calvin Williams Aaron Boone	Catholic (Baton Rouge)	1997
4x400	3:22.90	Ronald Marshall Aaron Collins Myron Weaver Ashton Collins	J.S. Clark (New Orleans)	2002
4x800	8:06.9hc 8:08.37	John Duplessis Henry Gallon Gerald Hebert Anthony Smith Michael Comeaux Ryan Palmisano Matthew Rhorer Joseph St. Cyr	O. Perry Walker (New Orleans) Catholic (Baton Rouge)	1982 2013
High Jump	7-1	J.J. Barton	Lafayette	1996
Pole Vault	18-8.25	Armand Duplantis	Lafayette	2017
Long Jump	24-11.5	Troy Twillie	Slidell	1991
Triple Jump	50-1	Sidnie Celestine	St. Amant	1988
Shot Put	68-6	Arnold Campbell	Airline (Bossier City)	1984