



# SEC Relays April 28-29, 2017 Bernie Moore Track Stadium, Louisiana State University

## Invited Teams

Only Southeastern Conference Schools may participate

## Important Dates & Deadlines

*All times listed are Central Time (CST)*

<b>Monday, April 24<sup>th</sup></b>	<b>6:00pm</b>	Deadline to enter the 2017 SEC Relays
<b>Tuesday, April 25<sup>th</sup></b>	<b>6:00pm</b>	Performance list and final time schedule will be posted at <a href="http://www.LSUsports.net/meetinfo">www.LSUsports.net/meetinfo</a>
<b>Wednesday, April 26<sup>th</sup></b>	<b>12:00pm</b>	Deadline to email scratches to Andrea at <a href="mailto:tepeal@lsu.edu">tepeal@lsu.edu</a>
<b>Thursday, April 27<sup>th</sup></b>	<b>4:00-6:00pm</b>	Bernie Moore Track is open for practice
<b>Friday, April 28<sup>th</sup></b>	<b>11:00am-1:00pm</b>	Bernie Moore Track is open for practice
<b>Friday, April 28<sup>th</sup></b>	<b>11:00am-3:00pm</b>	Packet pickup available at the Carl Maddox Fieldhouse Ticket Office

## Meet Information

- Athlete Check-In** Running Events: Athletes must check in before the start of the preceding event at Clerk of Course (near Gate 11). Relay teams must turn in a relay card when they check in at the Clerk of Course. All athletes must have their spikes checked prior to check-in.
- Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge at the event site. All athletes must have their spikes checked prior to check-in.
- Awards** Each Running Relay Championship Team will receive a trophy; each relay team member will receive a watch. Each individual winner of a running or field event will receive a watch.
- Bags** All bags will be searched and checked at each entrance. Spectators & teams/athletes have different bag policies, new for the 2017 season.
- Teams/Athletes** Team backpacks and other necessary team supplies are only permitted in the team camp area in Carl Maddox Fieldhouse or in the grass field adjacent to Carl Maddox Fieldhouse.
- Spectators** LSU has implemented the Geaux Clear bag policy for all athletic venues. For the safety and security of everyone in attendance, all patrons entering the Bernie Moore Stadium must abide by the clear bag policy. Please visit [www.LSUSports.net/GeauxClear](http://www.LSUSports.net/GeauxClear) for additional information.
- Coaching Access** Field event coaches will have access to designated coaching boxes on the infield during the competition. Coaches are not permitted to be on the infield unless they are inside a designated coaching box.

- Electronic Devices** NCAA rules pertaining to electronic equipment will be strictly enforced on Bernie Moore Track. Please refrain from using electronic devices on the rubber surface in Carl Maddox Fieldhouse for safety purposes.
- Entry Fees** There will be no team entry fee
- Entry Limitations** There is no limit on individual event entries. Only 1 relay team per institution may be entered except in the 4x400 relay where 2 teams may be entered.
- Entry Procedure** All entries will be done through [www.DirectAthletics.com](http://www.DirectAthletics.com). Only TFRRS verified marks will be able to be entered. No faxed, emailed or phoned entries will be accepted.
- Facility** Bernie Moore Track Stadium on the campus of LSU is a 5,280-seat, lighted facility that was renovated in 2011. It is surfaced with Mondo FTX, the same surface used in the Beijing Olympics. The facility contains a 400 meter oval and an interior sprint/hurdle straightaway, both with nine 48-inch wide lanes.

Field event areas include two dual directional horizontal jump runways, four dual directional Pole Vault runways, two Shot Put areas including six circles, and a multi-purpose High Jump area within the oval capable of contesting three High Jump competitions at once. Both the southwest and southeast corners of the facility contain a Javelin runway and a Hammer/Discus ring and cage.

<u>Horizontal Jumps</u>	<u>Take Off Boards</u>	<u>Runway Lengths</u>
Long Jump:	9' 10" (3.00m)	203'0" (62.00m)
Women's Triple Jump:	34'0" (10.36m)	177'0" (54.00m)
Men's Triple Jump:	42'8" (13.00m)	170'0" (52.00m)

<u>Javelin</u>	<u>Runway Lengths</u>
East runway:	117'0" (35.70m)
West runway:	110'0" (35.00m)

- Facility Access** Team access to Bernie Moore Track and Carl Maddox Fieldhouse will begin 2 hours prior to the first event.
- Field Events** The A Section Men's High Jump & Women's Pole Vault will consist of the top 8-10 entries. The A Section Long & Triple Jump will be the top 9 entries.
- Food & Drink** Teams may bring food and drink into the team camp area on the glittered floor of Carl Maddox Fieldhouse. Only water is allowed on the rubber surface inside Carl Maddox Fieldhouse and on Bernie Moore Track.
- Heat Sheets & Live Results** Heat sheets will be in your packet at check in. Live results will be posted at [results.deltatiming.com/lsu](http://results.deltatiming.com/lsu). Final results will be available from the press box after the meet and will be posted on [www.LSUsports.net/meetinfo](http://www.LSUsports.net/meetinfo).
- Media Contact** All sports information and media credential requests should be done through Will Stafford at [wstaff2@lsu.edu](mailto:wstaff2@lsu.edu). These can be picked up from the Press Box inside Bernie Moore Stadium. There will be no video permitted on the infield of Bernie Moore Track. Photographers will be permitted on the track surface.
- Meet Admission** Athletes and Coaches: Enter at Gate 2 by presenting your wristband. Spectators: Enter at Gate 3. Admission is free of charge.
- Parking** Parking is available at the Bernie Moore Lot (lot 104) off Nicholson Drive. Buses may drop off and pick up along Chimes Street North of Carl Maddox Fieldhouse in the designated area. Buses may not stage along Chimes Street, please call your bus driver when your team is ready to be picked up. Bus parking will be in the Soccer Complex (lot 406) due to university construction; see separate "Visitors Guide" on the meet information page for bus traffic flow. Any illegally parked vehicles may be subject to ticketing and towing.

- Pole Shipping** Please do not have pole vault poles shipped to LSU. Poles must be shipped to your hotel.
- Preferred Lanes** 5-6-4-7-3-8-2-9-1
- Pre-Meet Practice** Bernie Moore Track will be available for team practice from 4-6pm on Thursday, April 27. Hammer and Discus may be thrown from the West cage (near Nicholson Drive) from 4-5pm. Javelin may be thrown from the West Runway between 5-6pm. Carl Maddox Fieldhouse will not be open for practice.
- Bernie Moore Track will be available for team practice from 11am-1pm on Friday, April 28. Hammer and Discus may be thrown from the West cage (near Nicholson Drive) from 11am-12pm. Javelin may be thrown from the West Runway between 12-1pm. Carl Maddox Fieldhouse will be open from 11am-9pm.
- Restrooms** Available for teams inside Carl Maddox Fieldhouse in the Southeast corner. Portable restrooms will be available outside the Southwest portals of Carl Maddox Fieldhouse. There are no shower or changing facilities available.
- Running Events** The running events will be contested as final sections against time. The 100m A Section will be the top 18 entries. The 4x400 A section will be the top 9 entries.
- Scoring** One relay per institution per gender will score in the following events:
- |                       |                                      |
|-----------------------|--------------------------------------|
| Men's & Women's 4x100 | Men's & Women's SMR                  |
| Men's & Women's 4x200 | Men's & Women's DMR                  |
| Men's & Women's 4x400 | Men's & Women's Shuttle Hurdle Relay |
| Men's & Women's 4x800 | Men's & Women's Jumps Relay          |
|                       | Men's & Women's Throws Relay         |
- The top eight teams will score (10-8-6-5-4-3-2-1) in each event listed above. Team scores will be tallied by institution without separation by gender.
- Field Events will be scored "relay style." The single highest mark from each institution in each discipline will be added together for a combined four event total.
- Jumps Relay = High Jump + Pole Vault + Long Jump + Triple Jump  
 Throws Relay = Shot Put + Discus + Javelin + Hammer
- Spike Check** Only 1/4" pyramid spikes are permitted (3/8" recessed pyramid spikes are permitted for High Jump and Javelin). All spikes must be presented and checked at the spike check window inside Gate 13. Spikes must be checked prior to accessing Bernie Moore Track or entering Carl Maddox Fieldhouse. Athletes will not be allowed to compete without having their spikes tagged. Any athletes competing with non-tagged spikes will be disqualified.
- Sports Medicine** Trainers will be in Carl Maddox Fieldhouse just inside the Southwest portal. Team trainers may set up in the designated team camp areas of Carl Maddox Fieldhouse.
- Starting Heights** Starting heights are approximate and will be finalized after the close of entries.
- |                                     |                                 |
|-------------------------------------|---------------------------------|
| Women's High Jump: 5'4"             | Men's High Jump B Section: 6'4" |
| Women's Pole Vault B Section: 12'0" | Men's High Jump A Section: 6'6" |
| Women's Pole Vault A Section: 13'0" | Men's Pole Vault: 15'6"         |
- Tape** Tape for any marking on the track must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified.
- Team Camps** Team camps will be inside Carl Maddox Fieldhouse. Athletes and coaches can enter the Fieldhouse through the Southwest Portal near Gate 11 of Bernie Moore Track. **SPIKES ARE ONLY PERMITTED ON THE RUBBER INSIDE THE FIELDHOUSE.** Athletes must change into and out of their spikes on the rubber surface; no spikes are permitted in the team areas on the glittered floor.

**Track Access** Wristbands for athletes and 5 additional wristbands for coaches and support staff per gender will be included in the packets. Athletes and coaches will not be permitted to access the facility without a wristband. Anyone that is unable to pick up their packet during the designated time can pick it up from the event management staff at Gate 11.

**Unattached Entries** Only two types of unattached athletes will be considered for this meet: current college students and post-collegiate athletes. Unattached athletes will compete in exhibition.

*College Students* Email Andrea Tepe at [tepeal@lsu.edu](mailto:tepeal@lsu.edu) before Monday, April 24<sup>th</sup> at 6:00pm with the following information:

- a. Event(s) you wish to enter (include gender)
- b. Entry mark from 2017 season
- c. Name of school you currently attend

Your request will be reviewed by meet management. You will receive an email confirmation as to whether your entry is accepted. Do not attempt to enter online. Online entry fees will not be refunded. A meet entry fee of \$5 will be collected at packet pickup with a student ID. An entry fee of \$20 will be charged if no student ID is shown.

*Post-Collegiate* Email Andrea Tepe at [tepeal@lsu.edu](mailto:tepeal@lsu.edu) with the following information:

- a. Event(s) you wish to enter (include gender)
- b. Entry mark from 2017 season
- c. Link with proof of performance

**THIS EMAIL IS NOT YOUR ENTRY INTO THE MEET.** Your request will be reviewed by meet management. A password will be emailed to you on Monday, April 24<sup>th</sup> by 10:30am if your entry is accepted.

All entries must be done through [www.DirectAthletics.com](http://www.DirectAthletics.com). You will need an individual account; please set this up in advance of the entry deadline as it takes several days to process. NO PHONE or EMAIL entries will be accepted.

Enter online at DirectAthletics prior to the entry deadline using the provided password. **Entry Deadline is Monday, April 24<sup>th</sup> by 6:00pm.** A \$20 entry fee must be paid online with a credit card at the time of entry. Please plan accordingly to meet entry deadlines.

**Warm-ups** Carl Maddox Fieldhouse and the adjacent grass field will be available for warm ups.

Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition (Pole Vault will have access 90 minutes and High Jump 75 minutes prior to the scheduled start). Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event.

**Weather Policy** In the event the stadium must be cleared, everyone with a wristband may take shelter in Carl Maddox Fieldhouse. All spectators will need to go to their vehicles. Please follow all PA instructions regarding weather.

**Weigh-Ins** Implement inspections will be held in the LSU Track & Field Equipment Building, accessible through Gate 14. Inspections for all throwing events will begin 2 hours prior to the scheduled start of competition on Saturday, and will terminate 60 minutes prior to the scheduled start of competition in each throwing event. Implements will be transported to the event site 60 minutes prior to the scheduled start of competition.

**Further Information** For further information, contact the LSU Track & Field Office at (225) 578-8627.

*Louisiana State University, the Athletics Department, and Event Management are not responsible for any lost or stolen items. Please leave all valuables and personal items at home. LSU Athletics does not provide security for monitoring personal belongings.*



## REVISED FINAL Time Schedule

### Friday, April 28

Field Events

3:00pm Women's Discus  
 4:30pm Men's Discus  
 5:30pm Women's High Jump  
 6:00pm Men's Long Jump  
 6:00pm Women's Long Jump  
 6:00pm Women's Hammer  
 6:30pm Men's Pole Vault

Running Events

5:30pm Women's Sprint Medley Relay  
 5:40pm Men's Sprint Medley Relay  
 5:50pm Women's 100 Hurdles  
 6:00pm Men's 110 Hurdles  
 6:10pm Women's 400 Meters  
 6:20pm Men's 400 Meters  
 6:30pm Women's 4x800 Meters  
 6:40pm Men's 4x800 Meters  
 6:50pm Women's 400 Hurdles  
 7:00pm Men's 400 Hurdles  
 7:10pm Women's 3000 Steeplechase  
 7:25pm Men's 3000 Steeplechase  
 7:40pm Women's 200 Meters  
 7:55pm Men's 200 Meters  
 8:05pm Women's 5000 Meters  
 8:25pm Men's 5000 Meters

### Saturday, April 29

Field Events

10:30am Men's Hammer  
 10:45am Women's Shot Put  
 11:30am Women's Pole Vault  
 11:30am Men's High Jump  
 12:00pm Men's Javelin  
 12:00pm Women's Javelin  
 12:15pm Men's Shot Put  
 1:00pm Women's Triple Jump  
 1:15pm Men's Triple Jump  
 1:25pm Elementary School Sit Ups  
 1:30pm Elementary School Push Ups  
 1:45pm Elementary School Softball Throw  
 2:00pm Elementary School Long Jump

Running Events

11:55am *National Anthem*  
 12:00pm Elementary School 100 Meters  
 12:02pm Women's 4x100 Relay  
 12:09pm Men's 4x100 Relay  
 12:16pm Women's 1500 Meters  
 12:28pm Men's 1500 Meters  
 12:40pm Women's 4x200 Relay  
 12:50pm Men's 4x200 Relay  
 1:00pm Women's Shuttle Hurdle Relay  
 1:10pm Men's Shuttle Hurdle Relay  
 1:20pm Women's Distance Medley Relay  
 1:35pm Men's Distance Medley Relay  
 1:47pm Women's 100 Meters  
 1:55pm Men's 100 Meters  
 2:03pm Women's 4x400 Relay  
 2:15pm Men's 4x400 Relay  
 2:20pm Elementary School 4x100 Relay

# SEC Relays Bus Parking

