

Meet Information



2016
LSU Purple Tiger
January 8 • Carl Maddox Fieldhouse

LSU TRACK AND FIELD

LSU Purple Tiger
January 8, 2016
Carl Maddox Fieldhouse -- Baton Rouge, Louisiana

Important Dates & Deadlines

All times listed are Central Time (CST)

Tuesday, January 5th	3:00pm	Deadline to enter the 2016 LSU Purple Tiger
Wednesday, January 6th	3:00pm	Performance list and final time schedule will be posted at www.LSUsports.net/meetinfo
Friday, January 8th	1:30-3pm	Packet pickup available at the Carl Maddox Fieldhouse Ticket Office

Entry Information & Instructions

Invited Teams	Hinds, Louisiana Lafayette, Louisiana Tech, Meridian, Mississippi State, New Orleans, Nicholls State, Northwestern State, McNeese State, Sam Houston State, Southeastern Louisiana, Stephen F. Austin, Texas Southern, Tulane
Entry Procedure	All entries will be done through www.DirectAthletics.com . No faxed, emailed or phoned entries will be accepted.
Entry Fees	Entry fees are \$200 per team (men and women are considered separate teams). Entry fees will be collected at packet pickup. Checks should be made payable to the LSU Athletic Department . A team with fewer than 10 competitors will be charged \$20 per athlete.
Heat Sheets & Results	Heat sheets will be in your packet at check in. Individual event results will be posted at results.deltatiming.com . Final results will be available from the press box after the meet and will be posted on www.LSUsports.net/meetinfo .
Unattached College Student Entries	Email Andrea Tepe at tepeal@lsu.edu before Tuesday, January 5 th at 3:00pm with the following information: a. Event(s) you wish to enter (include gender) b. Entry mark from 2015 or 2016 c. Name of school you currently attend Your request will be reviewed by meet management. You will receive an email confirmation as to whether your entry is accepted. Do not attempt to enter online. Online entry fees will not be refunded. A meet entry fee of \$5 will be collected at packet pickup with a student ID. An entry fee of \$20 will be charged if no student ID is shown.

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General Information & Policies

- Facility** Carl Maddox Fieldhouse on the campus of LSU is a 1,500-seat facility that was renovated in 2014. It is a flat 200-meter Mondo track surface with six 42" wide lanes on the oval and eight lanes on the straightaway. The facility contains two wooden horizontal jumps runways. The throwing circles are plywood.
- Preferred Lanes** Straightaway: 5-6-4-3-7-2-8-1
Oval: 5-6-4-3-2-1
- Parking** Parking is available at the Bernie Moore Lot (lot 104) off Nicholson Drive. Buses may park in Lot 107 or 102 (gravel parking lot- former Alex Box Stadium lot). Any illegally parked vehicles may be subject to ticketing and towing.
- Meet Admission** Athletes and Coaches: Enter at Northwest portal by presenting your wristband.
Spectators: Enter at Southwest or Southeast portal. There is no charge for admission.
- Media Contact** All sports information and media credential requests should be done through Will Stafford at wstaff2@lsu.edu. These can be picked up from the Press Box inside the Fieldhouse.
- Sports Medicine** Trainers will be available in the Northeast Portal of Carl Maddox Fieldhouse for emergencies. Team trainers may set up on a first come, first served basis in the designated area in the Northwest Portal of Carl Maddox Fieldhouse.
- Electronic Devices** NCAA rules pertaining to electronic equipment will be strictly enforced on the arena floor of the Fieldhouse.
- Further Information** For further information, contact the LSU Track & Field Office at (225) 578-8627.

Louisiana State University, the Athletics Department, and Event Management are not responsible for any lost or stolen items. Please leave all valuables and personal items at home. LSU Athletics does not provide security for monitoring personal belongings.

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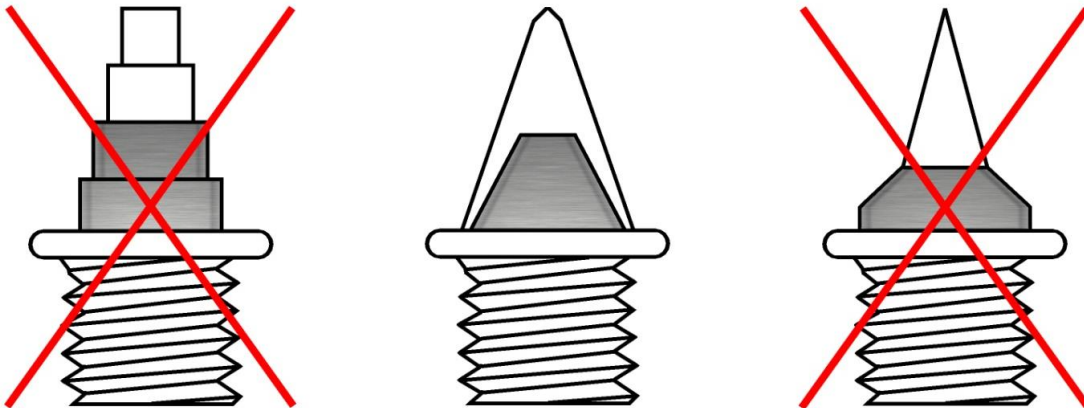
Meet Information

- Scoring** Non-scored
- Track Access** Wristbands for athletes and 5 additional wristbands for coaches and support staff per gender will be included in the packets. Athletes and coaches will not be permitted to access the facility without a wristband. Anyone that is unable to pick up their packet during the designated time can pick it up from the event management staff inside the Northwest Portal of Carl Maddox Fieldhouse.
- Team Camps** Visiting teams may set up camps in the aluminum bleachers outside the perimeter of the track. No coolers are permitted inside Carl Maddox Fieldhouse.
- Warm-ups** Bernie Moore Track and the grass field adjacent to Carl Maddox Fieldhouse will be available for warm ups.
- Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event.
- Athlete Check-In** Running Events: Athletes must check in one event prior to their event at the Clerk of Course, accessible through the Northwest Portal of Carl Maddox Fieldhouse. Relay teams must turn in a relay card when they check in at the Clerk of Course. All athletes must have their spikes checked prior to check-in.
- Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge at the event site. All athletes must have their spikes checked prior to check-in.
- Coaching Access** Coaches will be able to coach from outside the perimeter of the track. Coaches are not allowed on the infield of the track. Athletes are not to cross the track to receive coaching at any time.
- Implement Weigh-In** Implement inspections will be held in the Implement Weigh In Room inside the Northwest Portal of Carl Maddox Fieldhouse. Inspections for all throwing events will begin 2 hours prior to the scheduled start of competition and will terminate 60 minutes prior to the scheduled start of competition in each throwing event. Implements will be transported to the event site 60 minutes prior to the scheduled start of competition.
- Minimum Marks & Starting Heights** Minimum marks and approximate starting heights are listed below. In the horizontal jumps and throws, the first legal mark will be measured; all further marks must meet the minimums.
- | | Men | Women |
|--------------|------------|--------------|
| High Jump | 1.93m | 1.63m |
| | 6-4 | 5-4.25 |
| Pole Vault | 4.57m | 3.66m |
| | 15-0 | 12-0 |
| Long Jump | 7.01m | 5.49m |
| | 23-0 | 18-0 |
| Shot Put | 14.00m | 12.00m |
| | 45-11.25 | 39-4.5 |
| Weight Throw | 16.00m | 14.00m |
| | 52-6 | 45-11.25 |
- Please do not bring athletes who cannot meet the opening height. Exact starting heights will be determined by meet management after all entries are received.

FACILITY REGULATIONS

SPIKES

- All spikes must be checked outside at Gate 13 of Bernie Moore Track. Spikes must be checked prior to accessing Bernie Moore Track or entering Carl Maddox Fieldhouse. Athletes will not be allowed to compete without having their spikes tagged. Any athletes competing with non-tagged spikes will be disqualified.
- Acceptable spikes:
 - ¼" pyramids



TAPE

- Tape for any marking on the track (relay exchange zones, jumpers'/throwers' markings) must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified

HYDRATION

- Water is the only permitted drink allowed on the rubber surface at Bernie Moore Stadium and inside Carl Maddox Fieldhouse

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FINAL Time Schedule

Field Events

<u>Time</u>	<u>Event</u>	<u>Division</u>	<u>Round</u>	<u>Advance</u>
2:30pm	Weight Throw	Men	Trials & Final	9
3:30pm	Weight Throw	Women	Trials & Final	9
4:00pm	Pole Vault	Women	Final	
4:30pm	Shot Put	Men	Trials & Final	9
5:00pm	High Jump	Women	Final	
5:00pm	Long Jump	Men	Trials & Final	9
5:15pm	Long Jump	Women	Trials & Final	9
6:00pm	Shot Put	Women	Trials & Final	9
6:30pm	Pole Vault	Men	Final	
7:30pm	High Jump	Men	Final	

Running Events

<u>Time</u>	<u>Event</u>	<u>Division</u>	<u>Round</u>	<u>Advance</u>
3:30pm	60 Meter Hurdles	Men	Preliminaries	8
3:45pm	60 Meter Hurdles	Women	Preliminaries	8
4:10pm	60 Meters	Women	Preliminaries	8
4:30pm	60 Meters	Men	Preliminaries	8
4:50pm	4x800 Meter Relay	Women	Final	
5:00pm	4x800 Meter Relay	Men	Final	
5:10pm	Mile	Women	Final	
5:25pm	Mile	Men	Final	
5:40pm	60 Meter Hurdles	Women	Final	
5:45pm	60 Meter Hurdles	Men	Final	
5:50pm	600 Meters	Women	Final (Sections against time)	
6:00pm	600 Meters	Men	Final (Sections against time)	
6:15pm	400 Meters	Women	Final (Sections against time)	
6:35pm	400 Meters	Men	Final (Sections against time)	
6:55pm	60 Meters	Women	Final	
7:00pm	60 Meters	Men	Final	
7:05pm	800 Meters	Women	Final (Sections against time)	
7:15pm	800 Meters	Men	Final (Sections against time)	
7:25pm	200 Meters	Women	Final (Sections against time)	
7:45pm	200 Meters	Men	Final (Sections against time)	
8:05pm	3000 Meters	Women	Final	
8:20pm	3000 Meters	Men	Final	
8:45pm	4x400 Meter Relay	Women	Final (Sections against time)	
9:05pm	4x400 Meter Relay	Men	Final (Sections against time)	
9:20pm	Distance Medley Relay	Women	Final	
9:35pm	Distance Medley Relay	Men	Final	