

LSU Alumni Gold
April 19, 2014
Bernie Moore Track Stadium-- Baton Rouge, Louisiana

FINAL Time Schedule

Time Event Division Round Advance
SATURDAY, April 19

Field Events*****

9:00 AM	Discus (West Ring)	Men	Trials & Finals	9
9:00 AM	Discus (East Ring)	Women	Trials & Finals	9
10:00 AM	Long Jump	Men	Trials & Finals	9
10:00 AM	Long Jump	Women	Trials & Finals	9
11:00 AM	Pole Vault	Men	Final	
11:00 AM	High Jump	Men	Final	
11:00 AM	Javelin (West Runway)	Men	Trials & Finals	9
11:00 AM	Javelin (East Runway)	Women	Trials & Finals	9
12:00 PM	Triple Jump	Women	Trials & Finals	9
1:00 PM	Hammer (West Ring)	Women	Trials & Finals	9
1:00 PM	Shot Put	Men	Trials & Finals	9
1:15 PM	High Jump	Women	Final	
1:45 PM	Long Jump Invitational	Women	Trials & Final	9
2:00 PM	Pole Vault	Women	Final	
2:00 PM	Long Jump Invitational	Men	Trials & Final	9
3:00 PM	Shot Put	Women	Trials & Finals	9
3:00 PM	Hammer (West Ring)	Men	Trials & Finals	9
3:30 PM	Triple Jump Invitational	Women	Trials & Finals	9
3:30 PM	The LeJuan Simon			
	Triple Jump Invitational	Men	Trials & Finals	9

Running Events*****

EARLY SESSION (B Sections)

10:00 AM	3000 Steeplechase	Men	Final	
10:15 AM	100 Meters	Women	Final (B Sections)	
10:20 AM	100 Meters	Men	Final (B Sections)	
10:30 AM	1500 Meters	Women	Final (B Sections)	
10:40 AM	1500 Meters	Men	Final (B Sections)	
10:50 AM	110 Hurdles	Men	Final (B Sections)	
11:05 AM	100 Hurdles	Women	Final (B Sections)	
11:15 AM	400 Meters	Women	Final (B Sections)	
11:25 AM	400 Meters	Men	Final (B Sections)	
11:40 AM	200 Meters	Women	Final (B Sections)	
11:50 PM	200 Meters	Men	Final (B Sections)	
12:05 PM	800 Meters	Women	Final (B Sections)	
12:15 PM	800 Meters	Men	Final (B Sections)	
12:25 PM	400 Hurdles	Men	Final (B Sections)	
12:35 PM	400 Hurdles	Women	Final (B Sections)	

EVENING SESSION (A Sections)

1:00 PM	Alumni Recognition			
1:25 PM	National Anthem			
1:30 PM	4x100 Meter Relay	Women	Final -- (Heats against time)	
1:40 PM	4x100 Meter Relay	Men	Final -- (Heats against time)	
1:50 PM	1500 Meters	Women	Final	
2:00 PM	1500 Meters	Men	Final	
2:10 PM	400 Meters	Women	Final	
2:15 PM	400 Meters	Men	Final	
2:20 PM	100 Hurdles	Women	Final	
2:30 PM	110 Hurdles	Men	Final	
2:35 PM	800 Meters	Women	Final	
2:40 PM	800 Meters	Men	Final	
2:50 PM	100 Meters	Women	Final (Top 18)	
3:00 PM	100 Meters	Men	Final (Top 18)	
3:05 PM	400 Hurdles	Women	Final	
3:10 PM	400 Hurdles	Men	Final	
3:15 PM	200 Meters	Women	Final (Top 18)	
3:20 PM	200 Meters	Men	Final (Top 18)	
3:25 PM	5000 Meter Run	Women	Final	
3:50 PM	5000 Meter Run	Men	Final	
4:10 PM	4x400 Meter Relay	Women	Final (Heats Against Time)	
4:25 PM	4x400 Meter Relay	Men	Final (Heats Against Time)	