



LSU CHEERLEADING

Prospective Recruit Form

Email to:

LSUcheerreruits@gmail.com

Mail to:

LSU Athletics
Attn: Pauline Zernott – Spirit
Program
P.O. Box 25095
Baton Rouge, LA 70894

Thank you for your interest in the nationally-respected LSU cheerleading program. If possible, please include a copy of your acceptance letter and a headshot or photo of yourself for our files. Please complete the following form and return it to one of the contacts provided above.

Please Print Clearly

Contact Information:

Name: _____ Age: _____

Mailing Address: _____
Street Address

_____ City State Zip

Home Phone: _____ Cell Phone: _____

Email Address: _____

Emergency Contact: _____
Name/Relationship Phone Number

School Information:

High School (if currently attending): _____
Name of School City/State

College (if transferring): _____
Name of College City/State

Current Year in School / Grade: _____ Expected Graduation Date: _____

Current Unweighted G.P.A.: _____ ACT / SAT Score: _____

Current Number of Hours Enrolled (College Transfers): _____

Have you already applied to LSU? _____ Yes _____ No

If yes: When? _____ Have you already been accepted? _____ Yes _____ No

Have your transcripts been sent? _____ Yes _____ No If Yes: When? _____

If attending from out of state, would you require an Out-of-State Waiver to attend? _____ Yes _____ No

Skills Check List:

Place an "X" next to the skills that you already have on your own.
Place a "W" next to the tumbling skills you are working on with a spot.

Standing Tumbling:

_____ Back Handspring
_____ Back Tuck
_____ Back Handspring Back Tuck
_____ Back Handspring Full
_____ Standing Full

Running Tumbling:

_____ Series Tuck
_____ Series Layout
_____ Other: _____
_____ Series Full
_____ Series Arabian

Co-Ed Stunts:

_____ Hands Liberty
_____ Toss Extension
_____ Full-Up Liberty
_____ Rewind Liberty
_____ Other: _____
_____ Hands Stretch
_____ Toss Liberty
_____ Full-Up Arabesque
_____ Rewind Stretch
_____ Hands Cupie
_____ Toss Cupie
_____ Full-Up Cupie
_____ Rewind Cupie

Cradles:

From Liberty, Stretch or Arabesque:
_____ Full Down _____ Double Down _____ 900 Down (Arabesque Down)

Basket Toss Experience: (Females Only)

Please list basket tosses you are capable of performing below:

For Office Use Only	
• Recruit Form Received	Date _____
• Application Received	Date _____
• Official Transcripts Received	Date _____
• Test Scores Confirmed	
○ ACT _____	Date _____
○ SAT _____	Date _____
Camps/Clinics/Visits Attended	
• Fall Stunt Clinic	Date _____
• Spring Stunt Clinic	Date _____
• Campus Visit	Date _____
Comments: _____	

